Lawrance Cup Regatta

Kitsilano Yacht Club, Vancouver, BC Canada
October 4, 2026

NOTICE OF RACE

Kitsilano Yacht Club invites you to compete in the Lawrance Cup – a race starting at KYC, around the Bell Buoy, and back – anything goes!

1 RULES

1.1 The event is governed by the rules as defined in The Racing Rules of Sailing (RRS).

1.2 The organizational Authority (OA) is Kitsilano Yacht Club (KYC)

2 NOTICE TO COMPETITORS

2.1 The Official Notice Board (ONB) is located outside the KYC office and online on the event's ClubSpot page.

3 SAILING INSTRUCTIONS

3.1 There will be no further sailing instructions. Any changes to the running of this race will be posted on the official notice board at least one-half hour before the start of the race.

4 ELIGIBILITY AND ENTRY

4.1 The event is open to all non-motorized vessels.

4.2 Eligible competitors may enter by completing the online registration form available on the event webpage.

4.3 Competitors shall register no later than 1800 hrs on Saturday, October 3, 2026. Registration is available at www.kitsilanoyachtclub.com.

4.4 To be considered an entry in the event, a competitor shall complete all registration requirements.

4.5 No entry fee is required.

5 SCHEDULE

5.1 The warning signal for the race will be made at 1200 hrs on Sunday, October 4, 2026.

5.2 There will be a single start for all vessels. Vessels shall not hoist spinnakers before starting.

5.3 Race signals will be displayed from the floating dock at the end of the KYC pier or from a race committee vessel moored alongside the floating dock.

5.4 The race will be started as follows:

- **5 minutes:** X Class Flag raised (one sound signal)
- **4 minutes:** Preparatory ("P") Flag raised (one sound signal)
- **1 minute:** Preparatory ("P") Flag lowered (one sound signal)
- **Start:** X Class Flag lowered (one sound signal)

6 COURSE

6.1 The Start/Finish Line will be between an orange starting mark and a Race Committee vessel displaying an orange flag and positioned at or near the KYC floating dock.

6.2 The large red Point Grey bell buoy (Q62) is the only rounding mark of the course, which shall be rounded to Port. The final leg of the course is directly to the finish line at KYC, which is between an Orange pin and the Northwest corner of the KYC floating dock.

6.3 The orange buoys located northwest of the KYC floating dock are not marks of the course. They indicate underwater hazards and competitors are advised to keep clear and exercise caution in their vicinity.

7 OBSTRUCTIONS

7.1 The area lying south of a line running from the northwest corner of the RVYC Jericho breakwater, through the series of special-purpose orange marks, to the westernmost orange mark north of the Jericho Sailing Centre pier shall be designated as an obstruction. Boats may not enter City of Vancouver swim areas off Jericho Beach, Kitsilano and Spanish Banks. These are designated as an obstruction.

7.2 Competitors shall not enter the obstruction area. Any competitor that enters the obstruction area(s) may be disqualified without a hearing.

8 SCORING

8.1 The scoring system is as follows: To be scored for this event, competitors must complete the race no later than 1800 and submit their elapsed time between start and finish (HH:MM:SS) to the KYC Office no later than 1845 on race day. Email **admin@kitsilanoyachtclub.com** with your finish time. In addition to your finish time, please include the following:

- Boat name;
- Sail number (if applicable);
- Boat class; and
- Skipper's name.

8.2 Sailboats and paddlecraft will be scored as separate classes.

8.3 Competitors who do not submit a finish report by the deadline may be scored DNF.

9 RISK STATEMENT

9.1 RRS 3 states: “The responsibility for a boat’s decision to participate in a race or to continue racing is hers alone.”

9.2 By participating in this event, each competitor agrees and acknowledges that sailing and paddling are potentially dangerous activities with inherent risks. These risks include, but are not limited to, severe weather, equipment failure, vessel-handling errors, poor seamanship by other vessels, loss of balance on an unstable platform, fatigue, injury, hypothermia, drowning, trauma, and death.

9.3 Competitors voluntarily assume these risks. Each competitor is responsible for ensuring that their vessel is seaworthy, properly equipped, and suitable for the event, and that all crew members are adequately trained and equipped for the anticipated conditions.

9.4 The decision to participate, continue racing, or withdraw from the event rests solely with the competitor. Any safety procedures established by Kitsilano Yacht Club, or any information provided by the Organizing Authority, are not a substitute for the competitor’s responsibilities and obligations. Competitors shall not rely upon such procedures or information as a guarantee of safety. Compliance with any vessel, equipment, or safety requirements does not constitute a representation or warranty by the Organizing Authority that a vessel is fit or safe to participate. Any modification or waiver of such requirements for a particular vessel or class does not constitute a representation or warranty of safety.

9.5 Competitors are responsible for ensuring that their vessel and crew comply with all applicable laws, regulations, and requirements in force in Canada.

10 MEDIA RIGHTS AND PRIVACY

10.1 By participating in the event, competitors grant the Organizing Authority, Kitsilano Yacht Club, its sponsors, and affiliated organizations the unrestricted right and permission, in perpetuity, to make, use,

publish, and distribute photographs, audio recordings, video recordings, and other reproductions of them taken during the event, both ashore and on the water, without compensation.

11 FOOD AND SOCIAL

11.1 A post-race social will be held at Kitsilano Yacht Club

11.2 Competitors are encouraged to purchase tickets in advance via the link on the event page of the KYC website. A very limited number of tickets will be available for purchase from the KYC bar on October 4.

12 SAFETY & COMMERCIAL TRAFFIC

12.1 This is a distance race, with the race course located within and nearby to active commercial shipping areas. Competitors are encouraged to familiarize themselves with the navigation charts and depths, shipping lanes and commercial anchorages near the race area prior to the race

12.2 Competitors shall not impede commercial vessels and shall give way to any vessel restricted in its ability to manoeuvre.

12.3 As this is a distance race, competitors are strongly encouraged to carry a charged mobile phone and a VHF marine radio while racing.

12.4 Please be aware of the tides and weather conditions. In previous years experienced sailors have been grounded on Spanish Banks; it is very shallow and depth can be deceiving, please familiarize yourself with the depth charts and stay outside the marker buoys.

12.5 For race-related assistance, competitors may contact the KYC Safety Boat on VHF Channel 68. In an emergency, competitors shall contact the Canadian Coast Guard on VHF Channel 16 or by dialing *16 on supported mobile phone networks.

13 FURTHER INFORMATION

Please direct any questions to admin@kitsilanoyachtclub.com