



BAMSE CUP REGATTA

Sponsored by the Convoy Cup Foundation



Dartmouth Yacht Club
July 29 – July 30, 2026
Dartmouth, Nova Scotia

NOTICE OF RACE

The notation '[NP]' in a rule means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

1 Rules

- 1.1 The event is governed by the rules as defined in the 2025-2028 Racing Rules of Sailing.
- 1.2 The Sail Canada Code of Conduct shall apply to all athletes, and all support person(s).

2 Sailing Instructions

- 2.1 Sailing Instructions will be made available at the Dartmouth Yacht Club website no later than Wednesday, July 29 at 0900.

3 Communication

- 3.1 The official noticeboard is located at [Bamse Cup 2026](#).
- 3.2 [NP][DP] From the first warning signal until the end of the last race of the day, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.
- 3.3 [NP][DP]Coaches shall carry a VHF radio capable of communicating on channel 72.

4 Eligibility

- 4.1 The Regatta will be open to the Optimist Class, Club 420 Class, and ILCA 4,6,7 fleets.
- 4.2 Boats can register electronically via this [link](#).
- 4.3 On-site check-in will be available on Wednesday, July 29th from 0830-1000.
- 4.4 A minimum of five (5) boats are required to constitute a fleet.
- 4.5 [NP] Every boat registered shall carry a unique sail number or symbol to identify it. Boats with duplicate sail numbers shall be asked to change their sail number based on the time registered.

5 FEES

- 5.1 **Free for all Sail Canada registered sailors.**

6 Advertising

- 6.1 By participating in this event, competitors grant the organizing authority and Dartmouth Yacht Club, in perpetuity, the unrestricted right and permission to make, use, and show, in their sole discretion, their name and/or image for any text, photograph, audio or video recording and footage or other reproductions of either themselves or the boat in which they are sailing during the event to be published or broadcast, without limitation, in any media whatsoever, for any purpose whatsoever. In this respect, competitors' names and biographical information may be used or reproduced in any format.

7 Schedule

- 7.1 Racing will occur on July 29 to July 30, 2026.

7.2 Number of Races:

Class	Number of races	Races per day Scheduled
ILCA 4-6	7	4
Club 420	7	4
Optimist	7	4

7.3 The first Warning Signal is scheduled for 1100 hrs on each scheduled race day.

7.4 No initial Warning Signal will be given after 1430 on the last day of racing.

7.5 A daily coaches meeting will be held at 0930 in the Dartmouth Yacht Club Clubhouse.

7.6 A prize presentation will be hosted on the back deck of the Dartmouth Yacht Club Clubhouse on July 30th at 1630.

8 Courses

8.1 The course will be Windward/Leeward in the vicinity of Bedford Basin.

9 Penalty System

9.1 Appendix P will apply.

10 Scoring

10.1 One race must be completed to constitute a series.

10.2 When less than 5 races have been completed, a boat's series score will be the total of her race scores. When 5 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

11 Diving Equipment and Plastic Pools

11.1 [NP][DP] Underwater breathing apparatus and plastic pools or their equivalent shall not be used around keelboats between the preparatory signal of the first race and the end of the regatta.

12 Risk Statement

12.1 RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. **Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.**

13 Insurance

13.1 [NP]Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$1,000,000 CDN per incident or the equivalent. The organizing authority does not accept any responsibility in validating that a competitor is insured.

14 Prizes

14.1 Prizes will be given at the discretion of the Organizing Authority.

15 Further Information

15.1 For further information, please contact Daniel Conrod at Daniel.conrod91@gmail.com or 902-221-4486.