

54th Southeast Dinghy Championship

Key Biscayne Yacht Club

Classes: ILCA 4, Optimist RWB & Green Fleets

September 26-27, 2026

Sailing Instructions

The notation '[NP]' in a rule of the Sailing Instructions (SIs) means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

1. Rules

- 1.1. The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2. Green Fleet Rules are attached as Addendum 3, which will take precedence.
- 1.3. RRS Appendix P, Special Procedures for Rule 42, shall apply. Appendix P2.3 does not apply and P2.2 is changed so that it applies to any penalty after the first one.
- 1.4. RRS Appendix T1 shall apply as modified in these SIs.
- 1.5. The US Sailing prescriptions to the RRS Preamble to Part 5, Section B and to RRS 63.1(b) shall not apply. A copy of the entire text of the Applicable US Sailing Prescriptions will be posted on the Official Notice Board.
- 1.6. If there is a conflict between languages, the English text will take precedence.

2. Changes to Sailing Instructions

- 2.1. Any change to the Sailing Instructions will be posted on the Official Notice Board (<https://theclubspot.com/regatta/Ga2mujAmu1/#notice-board>) before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

3. Notices To Competitors

- 3.1. Notices to competitors will be posted on the online Official Notice Board.

4. Code of Conduct

- 4.1. Competitors and support persons shall comply with reasonable requests from race officials.

5. Format for the RWB Class

- 5.1. The RWB Class will be divided into divisions.
- 5.2. The RWB Class will race in "Sets" of races where a "Set" is a group of scored races in which all divisions have competed. The Race Committee will endeavor to run complete "Sets" of races each day, and at its discretion may abandon incomplete "Sets".



- 5.3. For the first day of racing competitors will be assigned based randomly.
- 5.4. At the end of each day's racing, provided that at least two complete "Sets" have been sailed and scored, competitors will be assigned to divisions for the next day on the basis of the cumulative regatta results as of the posted protest time limit without regard to any unfinished after-race actions by any Committee. Assignment will be with a system like 1-2-2-1, etc.
- 5.5. Division assignments will be made at the discretion of the Organizing Authority and Race Committee whose decision will be final and shall not be grounds for a boat to request redress. Following racing on day 1 new divisions assignments will be posted on the Official Notice Board. This changes RRS 61.4(b)(1).
- 5.6. [DP]The Organizing Authority will provide each boat with colored streamers identifying division assignments. While on the water, each boat shall at all times display the colored streamer corresponding to her daily division assignment. The streamer shall be attached securely to the sprit loop at the top of the sail, and its size shall not be changed.

6. Signals Made Ashore

- 6.1. Signals made ashore will be displayed on the Club flagpole west of the pool deck and on the Official Notice Board. Failure to see the Official Notice Board will not be grounds for redress. This changes RRS 61.2(b)(1).
- 6.2. When Flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes.' This changes Race Signals - AP.

7. Schedule of Races

7.1.

Date	Activity	Time	Location
Fri, Sept 25			
	Competitor & Coach Check-in	1600 - 1830	KBYC Patio
Sat. Sept 26			
	Competitor & Coach Check-in	0730 – 0830	KBYC Patio
	Continental Breakfast	0800 – 1000	KBYC Patio
	Coaches Meeting	0830	Flagpole Lawn
	Competitor's Meetings	0900	Flagpole Lawn
	First Warning (RWB / ILCA) Subsequent races to follow	1100	Biscayne Bay
	First Warning (Green Fleet)	1130	Biscayne Bay
	After Sailing Snacks (Poolside)		
Sun, Sep 27			
	Continental Breakfast	0800 – 0900	KBYC Patio
	Coaches Meeting	0830	Flagpole Lawn
	First Warning (RWB / ILCA) Subsequent races to follow	1030	Biscayne Bay
	First Warning (Green Fleet)	1100	Biscayne Bay
	No Warning Signal after this time	1430	
	After Sailing Snacks (Poolside)		
	Closing Ceremony and Awards to follow at KBYC		



- 7.2. No more than (4) set of four races per fleet will be scheduled for each day, excepting if fewer than three sets of races have been completed on a prior race day, then a fifth set of races may be attempted. Furthermore, the OA may decide to attempt a fifth set of races on any day, provided that the regatta will not get more than one race ahead of schedule.
- 7.3. A minimum of one (1) race shall constitute a regatta. A maximum of eight (8) races, in total, are scheduled for the entire regatta.

8. Class Flags and Additional Identification [NP]

- 8.1. The Class Flag for single fleets will be:
- 8.1.1. For Optimist RWB, Division Colors or White flag with the Class insignia for the entire Class
 - 8.1.2. For ILCA 6 and ILCA 6 a green flag with the class insignia
 - 8.1.3. For ILCA 4 and ILCA 4 a yellow flag with the class insignia
 - 8.1.4. For the Green Fleet Green flag with the Class insignia

9. Racing Area

- 9.1. The racing area will be in Biscayne Bay. See Addendum 2 for approximate location of courses.

10. Courses

- 10.1. The diagrams in Addendum 1 show the courses, they include the order in which marks are to be passed, and the side on which each mark is to be left.
- 10.2. The course designation, the approximate distance, and the bearing to the first mark may be displayed on boards from the RC signal boat no later than the warning signal for each start.

11. Marks

- 11.1. For the Opti RWB class marks will be orange cylinders. If either Mark 3s or 3p is missing, the remaining Mark shall be left to port.
- 11.2. For ILCA Class windward mark 1 and downwind gates 2S & 2P will be orange tomatoes. Windward mark 1X will be an orange tetrahedron. Marks 1a and 1Xa will be red buoys.

12. The Start

- 12.1. The starting line for the Optimist RWB classes will be between a staff displaying an orange flag on the RC signal boat at the starboard end of the starting line and a Pin boat displaying a RC and orange flag at the port end.
- 12.2. The starting line for the ILCA and Optimist Green Fleet will be between a staff displaying an orange flag on the RC signal boat at the starboard end of the starting line and a yellow mark at the port side of the line.
- 12.3. A boat that does not start within 3 minutes of her starting signal will be scored DNS without a hearing. This changes RRS A5.1 and A5.2.

13. Change of The Next Leg of The Course

- 13.1. To change the next leg of the course, the Race Committee will move the original mark (or the finish line) to the new position.

14. The Finish

- 14.1. The finishing for Opti RWB line will be between a staff displaying a blue flag on the RC finishing boat at the starboard end and a yellow mark on the port end of the line.



- 14.2. The finishing for the ILCA line will be between a staff displaying a blue flag on the RC finishing boat at the starboard end and a yellow mark on the port end of the line.
- 14.3. Opti Green Fleet the finish line will be the same as the start line. Between a staff displaying a blue flag and a yellow mark.

15. Time Limits

- 15.1. The time limit for the first boat to round the first windward mark shall be 30 minutes.
- 15.2. The time limit for the first boat in each class or division to finish a race will be 90 minutes.
- 15.3. Boats sailing the course and failing to finish within 20 minutes after the first boat in its class has sailed the course and finished (the "Finish Window") will be scored TLE without a hearing. (See SI 18.3) This changes RRS 35, A4 and A5.

16. Measurement & Equipment

- 16.1. Each competitor is responsible for ensuring their equipment is in compliance with the ILCA or IODA class rules. Failure to do so may result in penalties up to and including disqualification from the regatta. Section 7 of the NoR will be enforced and other measurement and equipment checks may be made at any time during the regatta.

17. Hearing Requests and Scoring Inquiries

- 17.1. Protests, Requests for Redress and Scoring Inquiries shall be submitted at the Hearing Desk at the KBYC
- 17.2. The protest time limit for a class will be posted on the Official Notice Board on the event website. Protests shall be submitted within 45 minutes after the dock time of the RC Signal Boat. The Docking time will be posted in the electronic Notice Board.
- 17.3. The schedule of hearings will be posted on the Protest Hearing Schedule on the Official Notice Board within 20 minutes after the end of the protest time limit. Parties to a hearing, with their witnesses, should report to the Hearing Desk by the hearing time listed and remain in that vicinity. The Hearing Desk is located at the KBYC club house 1st floor veranda south side.
- 17.4. Notices of protests by the Race Committee, technical committee or protest committee will be posted on the Official Notice Board to inform boats under rule 61.1(a).
- 17.5. Appendix T1 (Post-Race Penalties) applies, except that the post-race penalty is changed to 20%. A request to take the penalty may be completed by submitting a "scoring inquiry" from the sailor in-person at the protest desk and requesting to take the post-race penalty with a brief description of where and when the incident occurred and the boat number of the other boat involved, or the protest number.
- 17.6. After a hearing, a protest committee may impose penalties less than disqualification for breaking a rule other than those of Part 2 and 3 of the RRS, in accordance with RRS 64.
- 17.7. A Scoring Inquiry shall be submitted within the protest time limit, or 30 minutes after the scores are posted, whichever is later.
- 17.8. Scoring Inquiries, if not resolved by the Race Committee, may be considered requests for redress per RRS 61.4(b)(1).
- 17.9. Protests or requests for redress in the Green Fleet shall be submitted to the Green Fleet PRO for adjudication. This changes RRS 60 for Green Fleet.



18. Scoring

- 18.1. The Low Point scoring system, RRS Appendix A, will apply modified so that each boat's regatta score will be the total of her race scores, with her worst score discarded only when five or more races have been completed. This changes RRS A2.1
- 18.2. Eight races are anticipated of which one race shall be completed to constitute a regatta.
- 18.3. Boats scored TLE will be scored points equal to the average of the scores of boats still *Sailing the Course* at the close of the Finish Window by the Race Committee without a hearing, not to exceed the points for DNF. This changes RRS 35, A5.1, A5.2 and A10.
- 18.4. There will be Class Scoring ILCA 4, 6, (youth up to age 19) and ILCA 6 (adult over 19), RWB & Green Fleet for Trophy awards.
- 18.5. The number of boats entered in the event will be defined as the number of boats which complete registration at the regatta venue. RWB Race scores will be based on the number of registered boats in the largest division. This changes RRS A5.2.

19. Safety and Accountability [NP]

- 19.1. Safety [NP]
 - 19.1.1. RRS 40.1 applies at all times while afloat.
- 19.2. Accountability
 - 19.2.1. On each day of racing, prior to proceeding on the water, each competitor shall personally check-out with the staff on shore at the Key Biscayne Yacht Club Check-out/in desk (poolside under a tent), as well as check-in when coming ashore. Unless prior alternate arrangements are approved by the OA, failure to do so could result in a scoring penalty.
 - 19.2.2. If a boat retires before the end of racing for the day, such boat shall attempt to report their retirement to a Race Committee or Safety boat on the racecourse. They may also report their retirement, promptly after arriving ashore.

20. Coach and Support Boats [NP]

- 20.1. Support boats with team leaders, coaches, and other support personnel shall stay at least 75 meters outside the course and any racing sailboat and shall not be between the outer and inner trapezoid 'loops' from the time of the preparatory signal for the first fleet or class to start until all boats have finished or the Race Committee signals a postponement or abandonment. Support boats intending to watch a start shall also stay to leeward of the line of buoys and its extensions set approximately 75 meters below the start line (from the warning signal until the start or a postponement is signaled). RWB Support Vessels shall observe all Coach and Support Vessel Zones and the Waiting Area as marked on Addendum 1, including the upwind laylines of each upwind leg.

21. Radio Communications

- 21.1. The Race Committee will monitor VHF channels 69 for RWB, 71 for Green Fleet, and 72 for ILCA. Coach/support boats shall monitor that channel at all times afloat and respond to any reasonable request from the Race Committee to stand by or otherwise assist in the safe conduct of this event.
- 21.2. In the interest of competitor safety, coach/support boats are also requested to report any potentially dangerous situations they observe to the Safety Committee on VHF channel 69 for RWB, 71 For Green Fleet, and 72 for ILCA.



22.Trash Disposal [NP]

22.1. RRS 47 will be enforced. Trash may be placed aboard support and Race Committee boats.

23.Risk Statement

23.1. RRS 3 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is his or hers alone."

24.Key Biscayne Yacht Club Perpetual Trophies [NP]

The Larimore Trophy

The Larimore Trophy is awarded to the first-place competitor in the RWB Class.

The Corinthian Award

The Corinthian Award honors the Youth Sailor selected by his or her peers at the KBYC Southeast Dinghy Championship in recognition of the highest level of sportsmanship, fairness, and concern for others.

The Stickney Trophy

The Stickney Trophy is awarded to the first placed Optimist RWB class dinghy sailor from the best class of competition, who is a member of the Key Biscayne Yacht Club, a member of the Key Biscayne Sailing Team, being coached by Key Biscayne Yacht Club Coach(es) at this Southeast Dinghy Championship and is participating in the Southeast Dinghy Championship under the Key Biscayne Yacht Club burgee.

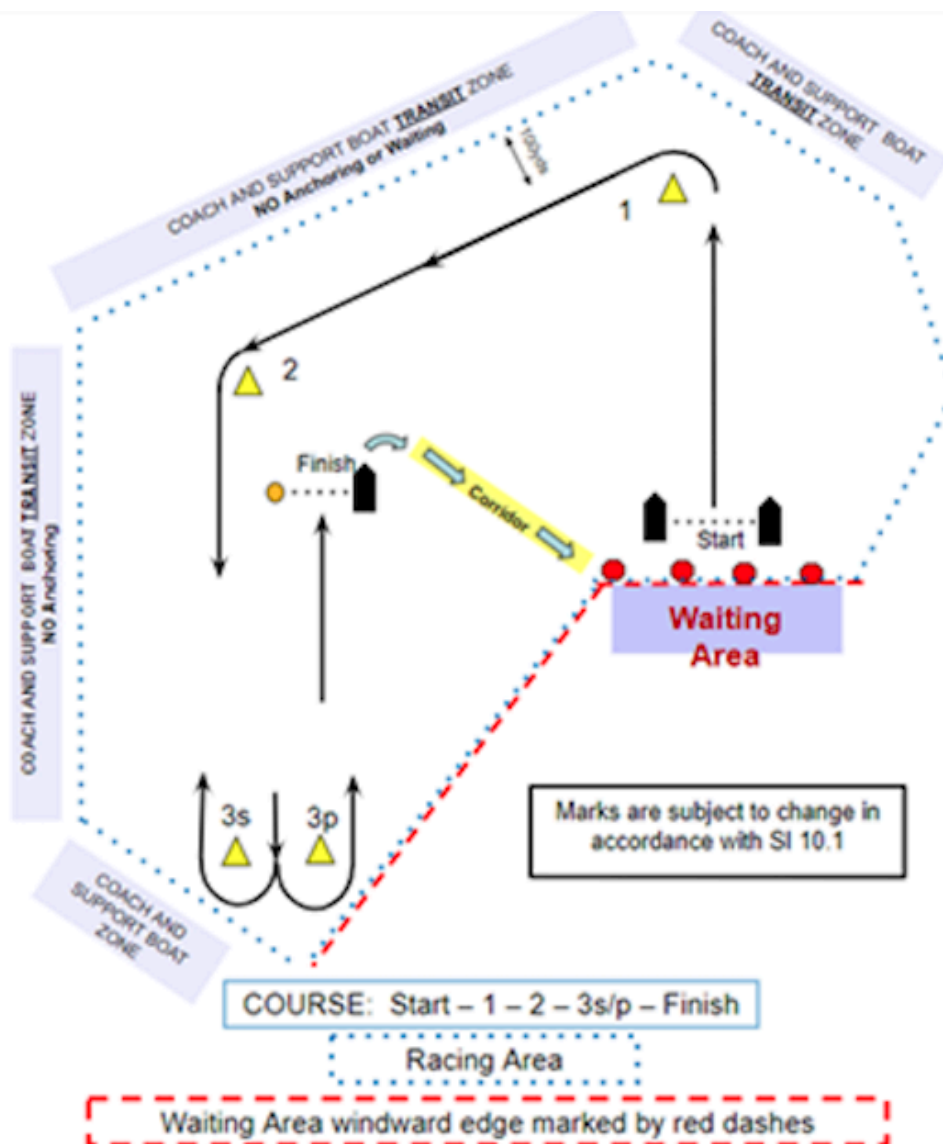
The ILCA 4 and ILCA 6 classes will not be eligible for SEDC Championship prizes or KBYC Perpetual Trophies.



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Addendum 1 - COURSES

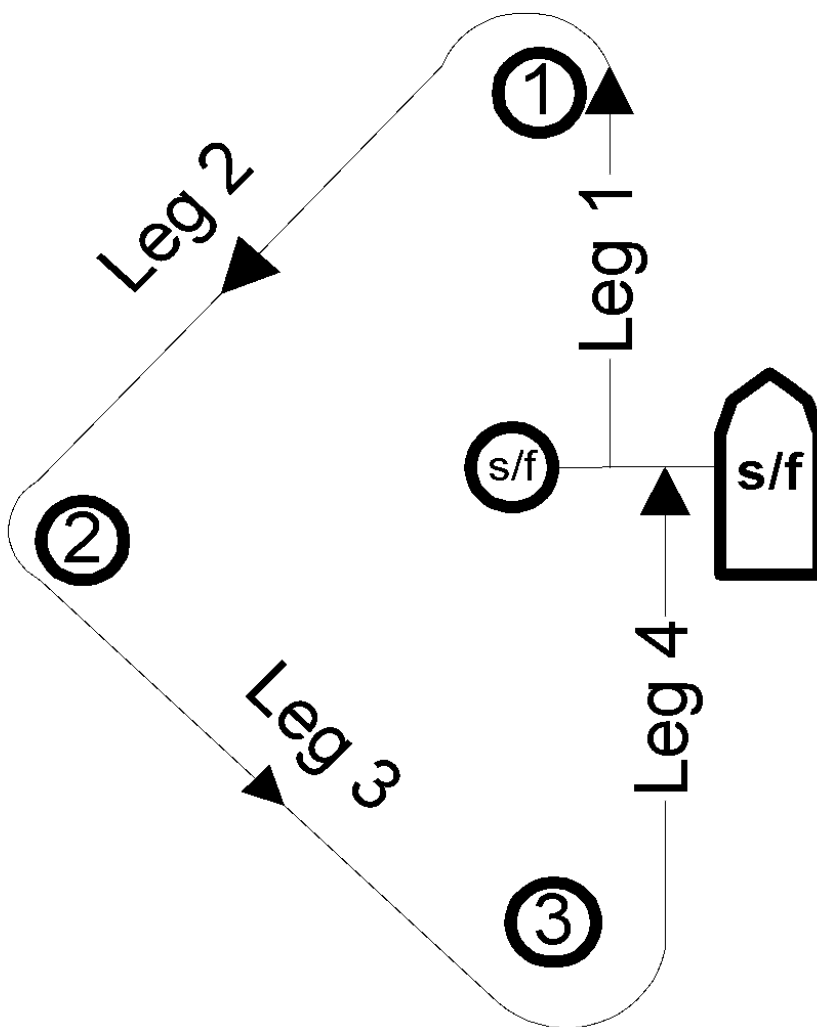
Optimist Modified Trapezoid





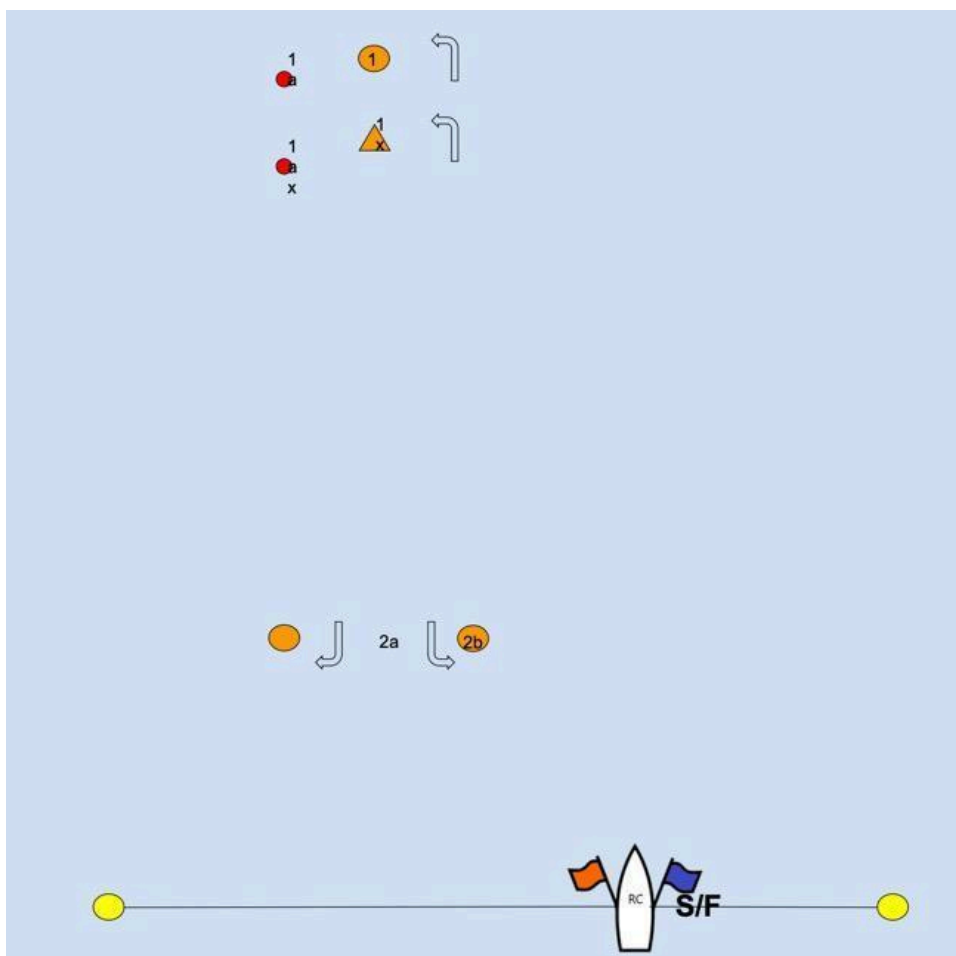
Note: Support Vessel Zones and Waiting Area will be strictly enforced. Failure to observe these zones will be subject to Protest.

Optimist Green Fleet Modified Triangle Course





ILCA Course



LA 1 - 1a - 2s/2p - Finish.

LA2 Start - 1 - 1a - 2s/2p - 1 - 1a - Finish.

LA4 Start - 1 - 1a - 2s/2p - 1 - 1a - 2s/2p - 1 - 1a - 2s/2p - 1 - 1a - Finish.

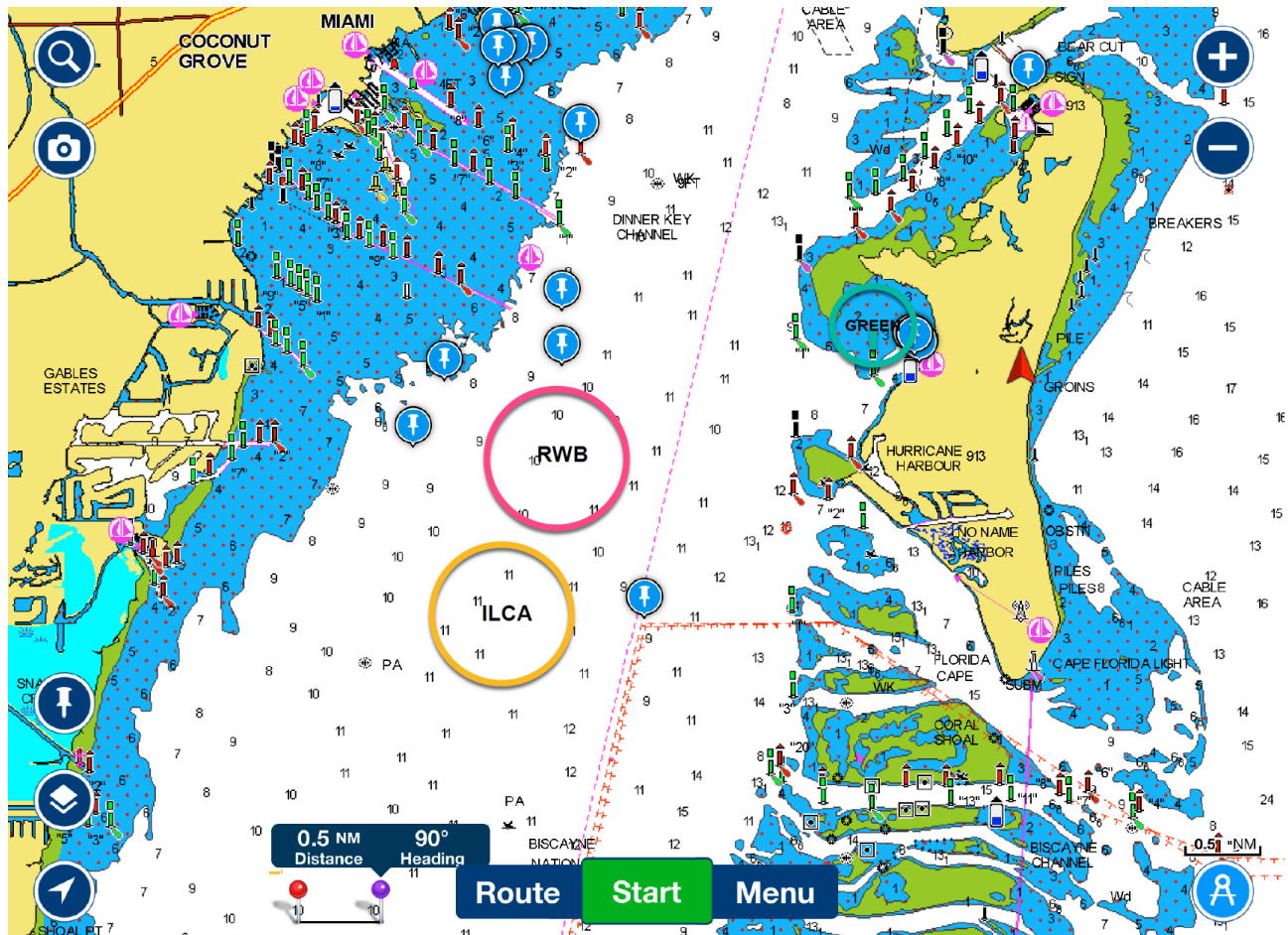
LAX 1x - 1ax - 2s/2p - Finish.

LA2x Start - 1x - 1ax - 2s/2p - 1x - 1ax - Finish.



LA4x Start – 1x - 1ax - 2s/2p – 1x - 1ax - 2s/2p – 1x - 1ax - 2s/2p – 1x - 1ax- Finish.

Addendum 2





SI Addendum 3 - GREEN FLEET SAILING INSTRUCTIONS

Opti Class Philosophy: Green Fleet is a teaching class and GREEN FLEET is its introductory fleet for novice sailors. The Rules of Sailing are important and taught but learning to race while having fun is equally stressed. These sailing instructions are structured within *The Racing Rules of Sailing* to provide a flexible, less structured and less formal racing environment. Who places first is less important than learning, improving, and having fun along the way. Parents and competitors who are looking for a more competitive environment should consider the Championship Fleet red, white and blue racing divisions.

1. CHANGES TO THE SAILING INSTRUCTIONS

- 1.1. Any change to the sailing instructions will be posted on the official notice board and/or announced at the Green Fleet Competitors' Meeting.

2. CODE OF CONDUCT

- 2.1. Competitors and Support Persons shall comply with reasonable requests from Race Officials.

3. SIGNALS MADE ASHORE

- 3.1. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in race signal AP.

4. SCHEDULE OF RACING

- 4.1. Green Fleet sails an informal schedule. After the competitors' meeting for all sailors at 0900 near the KBYC Flagpole, a separate Green Fleet Competitors' Meeting will take place in the same vicinity. At this meeting, the Green Fleet PRO will announce the plan for the day and the time of the first warning. This information may be posted on the notice board. The schedule may change based on conditions and the requirements of the sailors.

5. CLASS FLAG

- 5.1. The class flag will be a green flag.

6. RACING AREA

- 6.1. The racing area will be announced at the Green Fleet meeting. This may change each day based on conditions.

7. THE COURSES

- 7.1. The courses may be windward/leeward, triangles or other courses as described by the PRO at each day's Green Fleet Meeting. On the water, the course will be hailed by the Race Committee.

8. MARKS

- 8.1. Green Fleet Windward and leeward marks will be orange inflatable Markset marks.



9. THE START AND FINISH

- 9.1. Races will be started according to RRS 26. The Race Committee may verbally hail the countdown. The signal flags will be displayed on the signal boat during the start sequence.
- 9.2. The starting and finishing line will be between a staff on the signal boat displaying an orange flag and the nearby inflatable mark. The FINISH line may be shorter than the start line at the discretion of the Opti Green Fleet PRO.
- 9.3. The start-finish line will not be an "obstruction" and will be open to boats sailing downwind.
- 9.4. Sailors on the Green Fleet course are required to stay clear of the racing area between races to allow sailors at or near the back of the fleet a fair opportunity to sail the course unimpeded by sailors who finish before them.

10.CHANGE OF THE NEXT LEG OF THE COURSE

- 10.1. To change the next leg of the course, the Race Committee will move the original mark (or move the finishing line) before the first boat has rounded the previous mark. No signals are required for this change. This changes rule 33.

11. TIME LIMITS

- 11.1. The time limit for the first boat in the Opti Green Fleet to finish a race will be 60 minutes.
- 11.2. Boats sailing the course and failing to finish within 30 minutes after the first boat in its class has sailed the course and finished (the "Finish Window") may be scored TLE without a hearing. Boats in the Opti Green Fleet may be finished in place at the discretion of the Opti Green Fleet PRO. Boats scored TLE will be scored points equal to the average of the scores of boats still *Sailing the Course* at the close of the Finish Window by the Race Committee without a hearing. This changes RRS 35, A4, A5, and A10.

12.PENALTY SYSTEM

- 12.1. The penalty system described in rule 44.1 and 44.2 is changed so that only one-turn, including one tack and one jibe is required. This changes rule 44.1.

13.PROTESTS AND REQUESTS FOR REDRESS

- 13.1. Other than in connection with actual or alleged breaches of the Code of Conduct, protests are not allowed in Green Fleet, although the Green Fleet PRO will make him/herself available on shore after sailing for brief, informal discussions with sailors regarding issues that could have been subject to protest except for this Section for educational purposes, provided, however, that a sailor's coach must attend all such discussions. All protests or requests for redress in the Green Fleet shall be submitted to the Green Fleet PRO for adjudication in his/her sole and absolute discretion. This changes RRS 63 and 64 for Green Fleet.

14.SCORING

- 14.1. There will be prizes for the top 5 and top girl. All participants receive participation awards. While placement and progress may be tracked, scores are less important than learning, improving, and having fun along the way.



15.COACHING

- 15.1. **Coaching is required by the Race Committee for boats *sailing the course* in the second half of the fleet, and not permitted for competitors in the first half.** Coaches not actively coaching shall remain outside the race course.
- 15.2. All coaches shall assist any sailors in an emergency, not only those on their team.
- 15.3. All coaches shall prominently display their coach flag and to have VHF radios on and operating on the Green Fleet Race Committee **VHF channel 71**, at all times afloat.
- 15.4. Coaches shall respond as soon as practicable when hailed by a member of the Race Committee. The PRO has the right to remove from the Green Fleet course any coach who disregards the instructions of any Race Committee member.

16.SAFETY

- 16.1. All boats may be inspected for proper rigging and safety prior to racing.
- 16.2. All Green Fleet sailors, NOT PARENTS, shall personally Check-Out at the Check-out/in desk (poolside under a tent), indicating their departure to the race course. If a competitor will not be racing that day, he or she shall notify a volunteer at the safety table. Immediately upon returning to shore, but not later than 30 minutes after the Race Committee signal boat docks, competitors shall personally Check-In at the Check-out/in desk (poolside under a tent) indicating their safe return to shore.
- 16.3. An adult (parent, guardian or designated adult) is responsible for the safety of their sailor. It is the responsibility of this adult to decide if the sailor should sail in the weather and sea conditions that might arise during the event. The parent(s), guardian(s) or designated adult(s) supervising the competitors are ultimately responsible for the risks.
- 16.4. Parents not personally attending any part of the event shall ensure that another adult is authorized and designated to make these decisions for their sailor, and each competitor shall indicate in writing at Competitor Registration the parent or adult representative that will be responsible for the competitor throughout the event.
- 16.5. The designated adult shall accept full responsibility for all actions of the competitor during any activity related to the event. This includes on-shore activities before, during, and after the regatta.
- 16.6. Any sailor retiring from a race shall notify a Race Committee boat or safety boat before leaving the course.
- 16.7. Except in cases of emergency, Support Vessels will not operate at a speed which creates wake unless they are at least three-hundred (300) yards from the course and from any racing sailboat from the time of the preparatory signal for the first class/fleet to start until all boats have finished or the Race Committee signals a postponement or abandonment.
- 16.8. The Organizing Authority requires that each competitor in the Opti Green Fleet has a support (coach or spectator) vessel adjacent to the race course throughout the event. Furthermore, the Organizing Authority requires that each coach and team ensures that there is at least one support vessel for every 8 sailors for each team in the Green Fleet.