



District 1 ILCA Championships

August 8-9, 2026

Rothesay Yacht Club

Rothesay, New Brunswick

Sailing Instructions

The notation '[NP]' in a rule of the Sailing Instructions (SIs) means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1 and 63.2 (a).

1 Rules

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing.
- 1.2 In RRS 44.2 insert after the first sentence: "However, if Mark 1a is set, a boat may take a penalty for an incident in the zone around Mark 1 or on the leg between Mark 1 and Mark 1a, as soon as possible after leaving the zone around Mark 1a".

2 Changes to Sailing Instructions

- 2.1 Any change to the Sailing Instructions will be posted on the official notice board before 0800 on the day it will take effect, except that any change to the schedule of races will be posted by 1800 on the day before it will take effect.

3 Notices to Competitors

- 3.1 Notices to competitors will be posted on the online Official Notice Board located at:
<https://theclubspot.com/regatta/MsjBE4YMj5>

4 Signals Made Ashore

- 4.1 Signals made ashore will be displayed from the flagpole at Rothesay Yacht Club. When a signal is displayed over a class flag, it applies to that fleet only.
- 4.2 When Flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes.' This changes Race Signals - AP.



5 Schedule of Races

5.1 Schedule is as follows:

Date.	Time.	Event
Thursday, August 6.	6pm-8pm.	Early arrival, boat drop for practice day
Friday, August 7.	8am-5pm.	Early arrival, boat drop, practice day
	3pm-7pm.	Check in
Saturday, August 8.	7:30am	Late check in, continental breakfast
	9:15am.	Competitors meeting, coaches meeting
	10:30am	First Warning
	After races.	BBQ and beverages
Sunday, August 9.	8am.	Continental breakfast
	10am.	First Warning (up to 4 races)
	2:30pm.	No warning signal after this time
	After races.	Pizza and beverages, Awards Ceremony

5.2 No Warning Signal will be made after 1430 on Sunday, August 9, 2026.

5.3 A minimum of three (3) races per fleet shall constitute a regatta. A maximum of 8 races per fleet, in total, are scheduled for the entire regatta.

6 Class Flags and Additional Identification [NP]

The Class Flag for single fleets will be:

ILCA 7, a white flag with the class insignia

ILCA 4, a yellow flag with the class insignia

ILCA 6, a green flag with the class insignia

7 Racing Area

The racing area will be in Kennebecasis Bay. See Addendum B.

8 Course

- 8.1 The diagram in Addendum A1 shows the course, the order in which marks are to be passed, and the side on which each mark is to be left.
- 8.2 The course designation, and the bearing to the first mark will be displayed on boards from the RC signal boat no later than the warning signal for each start.

9 Marks

- 9.1 Original marks 1, 2a, 2b will be yellow cylinders. Mark 1a will be an orange ball. In the event that only one mark is in place for a gate, it shall be left to port. The starting marks will be an RC signal boat at the starboard end and an orange starting pin at the port end. The finishing marks will be an RC boat displaying a blue flag at the starboard end and a blue finishing pin at the port end.
- 9.2 New rounding marks, when used in accordance with instruction 11, Change of Course will be orange cylinders.
- 9.3 Channel marks in Kennebecasis Bay are not considered race marks.
- 9.4 The race course may be inside or outside of the red spar buoy A8.

10 The Start

- 10.1 The starting line for the ILCA 7, ILCA 6 and ILCA 4 classes will be between a staff displaying an orange flag on the RC signal boat at the starboard end of the starting line and an orange starting pin at the port end.
- 10.2 To alert boats that a race or sequence of races begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.
- 10.3 [NP] During a starting sequence, all boats whose warning signal has not been made shall stay approximately 100 meters to leeward of the starting line.



- 10.4 A boat that does not start within 4 minutes of her starting signal will be scored DNS without a hearing. This changes RRS A5.1 and A5.2.

11 Change of the Next Leg of the Course

- 11.1 To change the next leg of the course, the race committee will lay a new mark and remove the original mark as soon as practicable. Changes in direction and length will be signaled according to RRS 33.
- 11.2 Gate marks may be moved (without signal) to maintain the configuration of the course.

12 The Finish

- 12.1 The finishing line will be between a staff displaying a blue flag on the RC finishing boat at the starboard end and the course side of the port end finishing mark. The port end finishing mark will be a blue pin.

13 Time Limits

- 13.1 The time limit for the first boat to finish a race will be 75 minutes. In addition, any boat sailing the course and failing to finish within 20 minutes of the first boat in her class (which sails the course and finishes) will be scored TLE without a hearing. (See SI 16.5) This changes rules 35, A4 and A5.

14 Measurement & Equipment

Each competitor is responsible for ensuring their equipment is in compliance with the ILCA class rules.

15 Hearing Requests and Scoring Inquiries

- 15.1 Protests forms are available at the Rothesay Yacht Clubhouse.
- 15.2 Protests shall be submitted no later than 45 minutes after the Race Committee Signal Boat docking time.
- 15.3 Protest hearings will be held at the Rothesay Yacht Clubhouse.
- 15.4 Notices of protests by the race committee, technical committee or protest committee will be posted on the Official Notice Board to inform boats under rule 61.1(a).
- 15.5 After a hearing, a protest committee may impose penalties less than disqualification for breaking a rule other than those of Part 2 and 3 of the RRS, in accordance with RRS 64.2
- 15.6 Scoring Inquires shall be submitted using the scoring inquire form link on the official notice board. A scoring inquiry concerning starting penalties (OCS, UFD, BFD) shall be submitted within the protest time limit, or within 30 minutes after the scores are posted, whichever is later.
- 15.7 Scoring inquiries may be submitted as a request for redress by a competitor with a time limit of 30 minutes after being informed of the scoring inquiry decision. This changes rule 61.2(b)(1).
- 15.8 For the ILCA 6 fleets, the following RRS are changed: RRS 61.2(b)(2) is changed by deleting "on the last scheduled day of racing" and replacing it with "on the last day of the qualifying round, or on the last scheduled day of racing". RRS 63.7(b) is changed by deleting "on the last scheduled day of racing" and replacing it with "on the last day of the qualifying round, or on the last scheduled day of racing".

16 Penalty System

- 16.1 RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

17 Scoring

- 17.1 The Low Point scoring system, RRS Appendix A, will be modified so that each boat's regatta score will be the total of her race scores, with her worst score discarded only when five or more races have been completed. This changes RRS A2.1
- 17.2 8 races are scheduled of which three races shall be completed to constitute a regatta.



18 Safety and Accountability [NP]

- 18.1 RRS 40.1 applies.
- 18.2 If a boat retires before the end of racing for the day, she shall attempt to report their retirement to a Race Committee or Safety boat on the racecourse.
- 18.3 All boats shall check in with the Race Committee boat when arriving at the race area.

19 Coach and Support Boats [NP]

- 19.1 Support boats with team leaders, coaches, and other support personnel shall stay at least 100 meters outside the course from the time of the preparatory signal for the first fleet or class to start until all boats have finished or the race committee signals a postponement or abandonment. Support boats intending to watch a start shall also stay 100 meters to leeward of the start line from the warning signal until the start or a postponement is signaled).
- 19.2 All support vessels shall be equipped with a functioning engine safety cut-out switch (kill switch), which shall remain attached to the support person at all times while the engine is running.

20 Radio Communications

- 20.1. The race committee will monitor VHF channel 71 Coach/support boats are asked to monitor that channel and to respond to any reasonable request from the race committee to stand by or otherwise assist in the safe conduct of this event. See RRS 37.
- 20.2 In the interest of competitor safety, coach/support boats are also requested to report any potentially dangerous situations they observe to the Safety Committee on VHF channel 71.

21 Risk Statement

RS 3 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone." Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, and their boat to such inherent risk whilst taking part in the event;
- b) They are responsible for the safety of themselves, their boat and their other property whether afloat or ashore;
- c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omission; Their boat is in good order, equipped to sail in the event and they are fit to participate;
- d) The provision of a race management team, patrol boats and other officials and volunteers by the event organizer does not relieve them of their own responsibilities; and
- e) The provision of safety boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.



Sailors for the Sea

This regatta will be running as a clean regatta on behalf of Sailors for the Sea – the world's leading sustainability certification for all water-loving events. The Rothesay Yacht club is asking you to help us achieve our goals by participating in this initiative. We ask that you help us out by:

- Using our water refill station on land to refill your reusable water bottle
- Avoid using plastic straws
- Ensuring all your garbage is placed in the correct garbage bins.

As the host, we will also commit to reducing single use plastics, offer vegetarian food options and spread the word about the importance of environmental sustainability.

Water bottles will be available to sailors from support Boats before and in between races.

Thank you to our corporate sponsors and partners

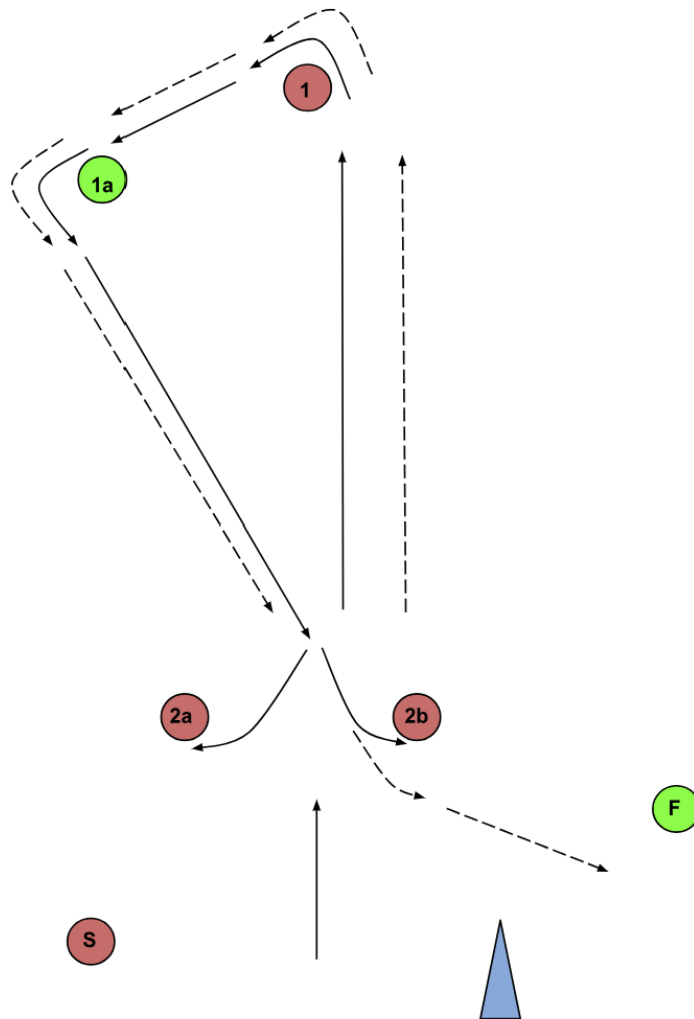




Addendum A1 Course Diagram Windward Leeward

"W-2" Start, 1 (port), 1a (port),
between 2a (starboard if present) and
2b (port), 1(port), 1a (port), 2b (port),
finish

"W-3" Start, 1(port), 1a (port), between 2a
(starboard) and 2b (port), 1 (port), 1a (port),
between 2a (starboard if present) and 2b (port),
1 (port), 1a (port), 2b (port), finish.





Addendum B

