



106TH ANNUAL STRATFORD SHOAL RACE

Saturday, September 5, 2026

PHRF SPINNAKER • PHRF NON-SPINNAKER

Qualifier for YRA of LIS PHRF Trophies and the Stratford Shoal Lighthouse Trophy

SAILING INSTRUCTIONS

1. RULES AND ADVERTISING

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing* (RRS), the AMALGAMATED INTERNATIONAL & U.S. INLAND NAVIGATION RULES as published by the US Coast Guard, the PHRF Regulations, as administered by the YRA of Long Island Sound (YRALIS), and United States Sailing Safety Equipment Recommendations, with this event classified as a “Nearshore” event.
- 1.2 USCG approved personal floatation devices (PFDs) shall be available to competitors at all times while on the water by competitors. All competitors must supply their own PFDs, which shall be worn outside of all clothing when worn.
- 1.3 Advertising will be restricted to ISAF Category A.
- 1.4 The results will be handicapped using the PHRF Time on Distance format.

2. ELIGIBILITY AND ENTRY

Eligible competitors shall be yachts who have a valid YRALIS PHRF Certificate, who have completed an entry form, and paid the entry fee prior to 1200 on Friday, September 4, 2026. Late entries may be accepted at the sole discretion of the Race Committee.

3. NOTICE TO COMPETITORS

Notices to competitors will be posted on the official notice board located online at <https://theclubspot.com/regatta/HFED3svZWz>.

4. CHANGES IN SAILING INSTRUCTIONS

Any change in the sailing instructions will be posted before 1300 hours on the day it will take effect, except that any change in the schedule of the races will be posted by 1900 hours on the day before it will take effect.

5. SCHEDULE OF RACES

There will be one race from Seawanhaka Club Mark “S” to Stratford Shoal and return for Class 1 and one race for Class 2 to Cable and Anchor Reef for Class 2. The starting sequence will begin at 1800 hours.

6. CLASS DESIGNATIONS

Boats will be assigned to a class by the Race Committee. Boats shall start and race in their assigned class. The classes are as follows:

CLASS 1	PHRF, SPINNAKER(including Double Handed Division*)
CLASS 2	PHRF, NON-SPINNAKER

*A Double Handed division shall be created where three or more double-handed boats register AND start. Should such division be created, they shall start with Class 1 and sail the “Spinnaker/Stratford Shoal Division” Course. A Double Handed Division will not be offered for the “Non-Spinnaker/Cable and Anchor Division” Course.

7. RACING AREA

The racing area will be Oyster Bay and Long Island Sound.

8. COURSES

8.1 Course 1 shall be:

- a. Seawanhaka Club Mark "S" and the signal boat, to Lloyd Point Shoal Lighted Gong Buoy 15, leaving the mark to starboard;
 - b. Stratford Shoal Middle Ground Lighted Bell Buoy 2, leaving to the mark to port;
 - c. Stratford Shoal Bell Buoy 1, leaving the mark to port,
 - d. Stratford Shoal Buoy 3, leaving the mark to port,
 - e. Lloyd Point Shoal Lighted Gong Buoy 15, leaving the mark to port,
 - f. Finish between at the line between Seawanhaka Club Mark "S" and the signal boat.
- The calculated distance for this course is 43.15 NM.

8.2 Course 2 shall be: Cable and Anchor Reef buoy "28C" to Port, Finish at the line between Seawanhaka Club Mark "S" and RC the boat. The calculated distance for this course is 12.2 NM.

9. THE START

9.1 Races will be started in accordance R.R.S. 26. For all starts, RRS 30.1 shall be in effect.

9.2 The starting line will be between a staff displaying a yellow or orange flag on the Race Committee boat in the vicinity of Class Mark S near where Oyster Bay meets Long Island Sound.

9.3 Boats whose preparatory signal has not been made shall keep clear of the starting area.

9.4 A boat shall not start later than ten (10) minutes after her starting signal.

9.5 All boats shall check in with the Race Committee either by radio or by sailing close by and hailing and receive an acknowledgement to their signal. Communications shall be made on VHF Channel 68.

10. RECALLS

The recall number shall be the boat's sail number. If R.R.S. 30.1 is in effect, boats which cross the starting line in the minute prior to the start may be notified before the starting signal. The following shall not be grounds for redress [This modifies R.R.S. 62]:

- a) Failure of a boat to hear or receive a recall broadcast.
- b) A boat's position in the sequence of recall numbers broadcast;
- c) Promptness of the broadcast.

11. THE FINISH

11.1 The finishing line will be between a staff displaying a yellow flag on a Race Committee boat and Seawanhaka Club Mark "S".

11.2 When finishing at night or in poor visibility, boats are requested to hail the Race Committee when they are one mile from the finish and, as finishing, shine a light on their racing number and hail the Race Committee giving their sail number.

11.3 Boats will record their own finish time and make that information available to the Race Committee upon request.

11.4 In the event the Race Committee is not on station to finish boats, each boat is requested to take her own time when their bow crosses a line between the finish mark and the night signal or the flagpole of Seawanhaka Corinthian Yacht Club.

12. PROTESTS

In addition to the requirements of RRS 61.1, a boat intending to protest shall notify the Race Committee, within twenty minutes after finishing, of their intent to protest or request redress with the identity of the boat(s) they intend to protest. Protests shall be written on Hearing Request forms and lodged with the Race Committee no later than 1200 hours on Sunday, August 31, 2025. The protest committee will notify the parties to the protest of the date, time and place of the hearing.

13. SCORING

The Low-Point scoring system will apply. Time on Distance for Div. 1 & 2 will be used to handicap PHRF.

14. ALTERNATIVE PENALTIES

Competitors are advised that RRS 44.3 is available to them. They shall illuminate their yellow flag if finishing in the dark and notify the Race Committee as per SI 12.

15. COMMUNICATIONS

A boat shall neither make radio, telephone or electronic transmissions while racing nor receive special radio, telephone or electronic communications not available to all boats. The Race Committee shall monitor and communicate with the competitors on VHF Channel 68. Competitors shall attempt to hail the Race Committee on VHF 68 when they get within 1 NM of the finish. A light should be shined on the sail number(s) so that the boat can be correctly identified.

16. PRIZES

All prizes will be awarded at the Annual Awards Dinner of the Seawanhaka Corinthian Yacht Club on October 24, 2026. All competitors are invited to attend the dinner.

17. ABANDONMENT

Any boat retiring from the race must notify the Race Committee by telephone at (516) 922-6200 or over Channel 68 as soon thereafter as practical.

18. SAILOR'S RESPONSIBILITIES

By participation in racing, a person acknowledges that he or she is solely responsible for his or her own safety and that of the boat; each participant represents that the boat and its equipment are in sound condition and all required safety equipment is aboard, accessible for use and in operable condition; that the decision to race, not to race, or to withdraw after starting is solely his or hers to make; and he or she releases and agrees to indemnify the SCYC and YRA of LIS and the US Sailing, their officers, trustees and all members of the Race Committee, whether or not members of SCYC, from any and all liability or claims for personal or bodily injury or property damage or loss resulting from participation in this event to the fullest extent permitted by law. The skipper of each boat shall be responsible for the behavior of each member of the crew.

19. FURTHER INFORMATION

For further information or to submit registration documents and fees please contact:
Seawanhaka Corinthian Yacht Club
314 Yacht Club Road, Centre Island, Oyster Bay, New York 11771
Tel: (516) 922-6200 Fax: (516) 922-6203

Race Committee Chair: Tina Blaise, RaceCommittee@seawanhaka.org
Dated : August 12, 2026