



BARRINGTON YACHT CLUB

2026 OLE' LADIES CUP

Monday August 10, 2026

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PRO: Clare McMillan (claremcmillan@mac.com)

SAILING INSTRUCTIONS (SIs)

The notation '[NP]' in a rule means that a boat may not protest another boat for breaking that rule.

This changes RRS 60.1.

1. RULES

- 1.1. The event is governed by the rules as defined in The Racing Rules of Sailing (RRS).

2. CHANGES TO SAILING INSTRUCTIONS

- 2.1. Any change to the sailing instructions will be posted before 1600 hours on the day it will take effect.

3. COMMUNICATIONS WITH COMPETITORS

- 3.1. The online official notice board is located on the Clubspot event page.
- 3.2. On the water, the race committee will monitor and communicate with competitors on VHF radio channel 72.
- 3.3. [NP] From the first warning signal until the end of the last race of the day, except in an emergency, a boat shall not make or receive voice or data communication that is not available to all boats.

4. ELIGIBILITY

- 4.1. Eligibility requirements are described in the NOR.

5. SIGNALS MADE ASHORE

- 5.1. Signals made ashore will be displayed on the main flagpole at Barrington Yacht Club.
- 5.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in Race Signals.

- 5.3. Code flag “N” hoisted shall mean racing for that day has been canceled. See the NOR regarding the published rain date.
- 5.4. The race committee intends to make the decision to cancel by 1700 hours on race day.

6. SCHEDULE OF RACES

- 6.1. The first warning signal is scheduled for 1830.

7. CLASS FLAGS

- 7.1. The class flag is Pennant One.

8. RACING AREA

- 8.1. The racing area is the Northeastern quadrant of Narragansett Bay, north of Prudence Island and South of Barrington, in the area of Barrington Flasher 1.

9. COURSES

- 9.1. Courses will use either drop marks, fixed (government) marks or a combination thereof.
- 9.2. Appendix A of the SIs shows a list of government aids to navigation which may be used as marks.
- 9.3. The race committee signal vessel will display, by no later than the warning signal, the approximate compass bearing and distance of the first leg for drop mark courses or the government marks to be used and the order in which they are to be rounded for fixed mark courses.

10. MARKS

- 10.1. Government mark courses. All rounding marks will be government marks.
 - (a) However, if an inflatable mark is used as the starting mark (as described in SI 10.2), it may also be used as a rounding mark or as the finishing mark. If it is used as a rounding and/or finish mark, it will be designated as mark “X”. X will be a yellow tetrahedron.
 - (b) Marks shall be rounded in the order displayed on the course board. Marks with their letter circled shall be rounded to starboard; all other marks shall be rounded to port.
- 10.2. Inflatable marks will be used for drop mark courses:
 - (a) Rounding marks: orange tetrahedrons.
 - (b) Start/finish marks: yellow marks. The start/finish mark may also be used as the leeward mark.
 - (c) New marks: yellow tetrahedrons as provided in SI 12.

11. THE START

- 11.1. Races will be started in accordance with RRS 26.

- 11.2. The starting line is between the staff or halyard displaying an orange flag on the race committee signal vessel at one end and the course side of the starting mark at the other end.
- 11.3. Boats racing in a class whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 11.4. If any part of a boat's hull is on the course side of the starting line at her starting signal and she is identified, the race committee will attempt to hail her sail number. Failure to hail her number, failure of her to hear such a hail, or the order in which boats are hailed are not grounds for a request for redress. This changes RRS 62.1(a).
- 11.5. A boat that does not start within 5 minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS A5.1 and A5.2.

12. COURSE CHANGES

- 12.1. To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as is practicable.
- 12.2. If a new mark is later replaced in a subsequent change, it will be replaced by an original mark.

13. THE FINISH

- 13.1. The finishing line is between the staff or halyard displaying a blue flag on the race committee signal vessel at one end and the course side of the finishing mark at the other end.
- 13.2. If the race committee is absent when a boat finishes, she shall report her finishing time and her position in relation to nearby boats to the race committee at the first reasonable opportunity.

14. PENALTY SYSTEM

- 14.1. Appendix V, Rules V1 and V2, apply.

15. TIME LIMITS

- 15.1. If no boat in a class finishes a race within 2.5 hours of her class start, the race will be abandoned.

16. HEARING REQUESTS

- 16.1. The protest time limit is 45 minutes after the race committee signal boat has docked.
- 16.2. Hearing request forms are available from the race office.
- 16.3. Notices will be posted as soon as possible after a protest has been received to inform competitors of hearings in which they are parties or named as witnesses.
- 16.4. Hearings will be held at Barrington Yacht Club shortly after posting the notice of the hearing.
- 16.5. RRS 63.7(b) does not apply.

17. SCORING

17.1. Race scoring shall be as described in the Notice of Race (NOR).

18. SAFETY REGULATIONS

18.1. [NP] A boat that retires from a race shall notify the race committee at the first reasonable opportunity.

19. BOAT AND EQUIPMENT CHECKS

19.1. Boats or equipment may be inspected at any time for compliance with the class rules, notice of race and sailing instructions.

20. OFFICIAL VESSELS

20.1. Official vessels will be identified as those flying “RC” flags.

21. TRASH DISPOSAL

21.1. Trash shall be retained onboard for proper disposal ashore after racing.

22. AWARDS

22.1. Awards will be given as described in the NOR.

23. RISK STATEMENTS

23.1. RRS 3 states: ‘The responsibility for a boat’s decision to participate in a race or to continue to race is hers alone.’ By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.

23.2. The race area utilizes navigable waters shared by commercial traffic and other stakeholders.

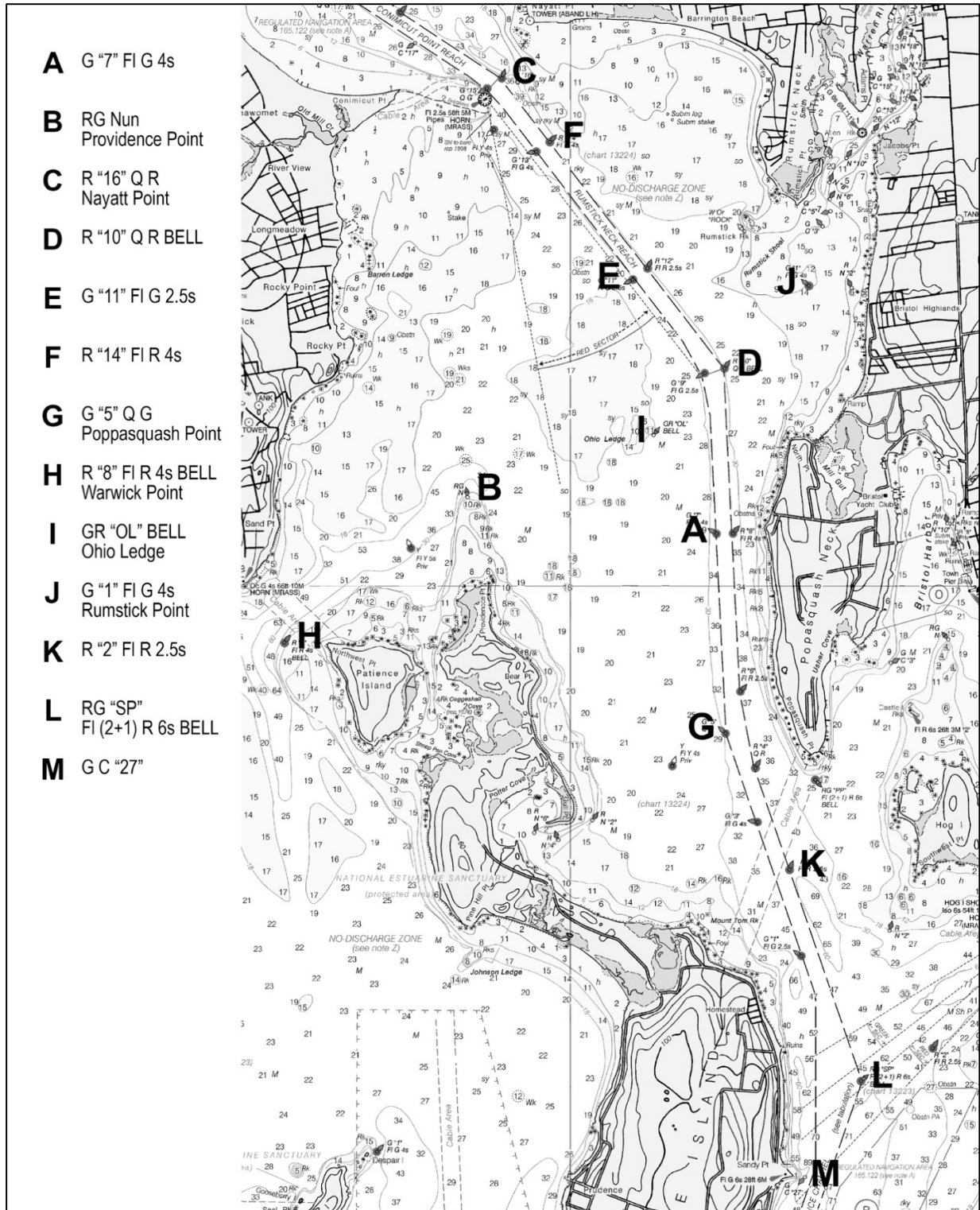
23.3. The right of way of commercial traffic and other vessels restricted in their ability to maneuver is absolute.

23.4. [NP] Any boat causing a commercial vessel to sound a danger signal (5 or more blasts) may be protested by the race committee.

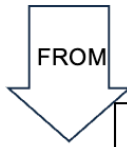
Barrington Yacht Club

Appendix A:

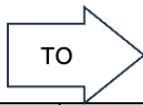
Government Marks for use by Race Committee



Government Marks: Ranges and Bearings



FROM



TO

Over land

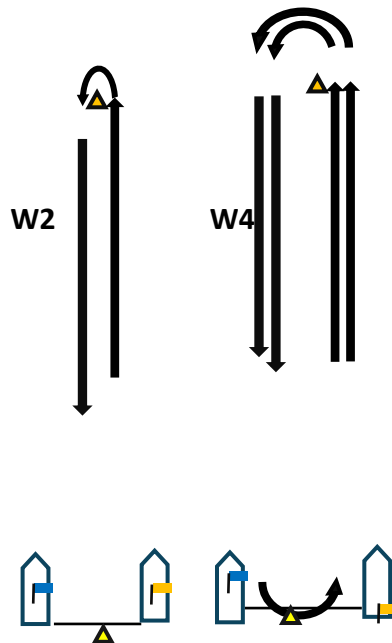
	A	B	C	D	E	F	G	H	I	J	K	L	M
A		294	350	020	358	352	192	270	346	034	182	179	186
		1.6	3.1	1.0	1.7	2.7	1.2	2.8	0.7	1.6	2.1	3.5	4.0
B	114		020	080	054	028	148	246	088	076	154	160	168
	1.6		2.6	1.8	1.7	2.3	2.2	1.4	1.2	2.5	3.1	4.4	4.7
C	170	200		156	162	156	176	214	172	139	174	174	179
	3.1	2.6		2.3	1.5	0.5	4.3	3.7	2.4	2.3	5.2	6.6	7.1
D	020	260	336		328	336	194	252	242	060	187	183	189
	1.0	1.8	2.3		0.8	1.8	2.3	3.2	0.6	0.7	3.2	4.5	5.0
E	178	234	342	148		348	182	236	188	106	179	178	183
	1.7	1.7	1.5	0.8		1.0	2.9	3.1	1.0	1.1	3.8	5.2	5.7
F	172	208	336	156	168		178	224	174	135	176	176	180
	2.7	2.3	0.5	1.8	1.0		3.8	3.5	1.9	1.8	4.8	6.1	6.6
G	012	328	256	014	002	358		296	000	025	169	173	184
	1.2	2.2	4.3	2.3	2.9	3.8		2.8	1.9	2.8	0.9	2.3	2.8
H	090	066	034	72	056	044	116		076	070	129	142	150
	2.8	1.4	3.7	3.2	3.1	3.5	2.8		2.6	3.9	3.5	4.5	4.7
I	166	268	352	062	008	354	180	256		062	177	176	183
	0.7	1.2	2.4	0.6	1.0	1.9	1.9	2.6		1.3	2.8	4.2	4.7
J	214	258	319	240	286	315	205	250	242		196	190	194
	1.6	2.5	2.3	0.7	1.1	1.8	2.8	3.9	1.3		3.6	4.9	5.5
K	002	334	354	007	359	356	349	309	357	016		175	191
	2.1	3.1	5.2	3.2	3.8	4.8	0.9	3.5	2.8	3.6		1.4	1.9
L	359	340	354	003	358	356	354	322	356	010	355		224
	3.5	4.4	6.6	4.5	5.2	6.1	2.3	4.5	4.2	4.9	1.4		0.7
M	006	348	359	009	003	000	004	330	003	014	011	044	
	4.0	4.7	7.1	5.0	5.7	6.6	2.8	4.7	4.7	5.5	1.9	0.7	

Appendix B: Course Diagrams for courses with drop marks

When government mark courses are used (Appendix A), all rounding marks will be government marks. The race committee may use an inflatable mark for the starting/finishing mark.

Windward Leeward

Even number of legs



Odd number of legs

