



Newport Unlimited 2026

August 15-16, 2026
Narraganset Bay, Rhode Island

SAILING INSTRUCTIONS

1 Organizing Authority

- 1.1 Narragansett Adult Athletic Sailing Association ([NAASA](#)) and New England Multihull Association ([NEMA](#))

2 Rules

- 2.1 The Newport Unlimited will be governed by the rules as defined in *The Racing Rules of Sailing (RRS)*.
- 2.2 In the event of a conflict between the Notice of Race and these Sailing Instructions, the Sailing Instructions shall prevail.
- 2.3 Each competing boat shall conform to their Class Rules with the exception that **the F18 Class rule C.3.2 regarding minimum crew weight** shall not be grounds for protests by a boat. This changes RRS 60.1.
- 2.4 Official documents, including sailing instructions and course descriptions, will be available online only at the following location. . Paper copies will not be provided.
<https://newportyachtclub.org/regatta/es1R29jZQH>
- 2.5 Radios may be used for the purposes of safety and receiving pertinent race information. Class rules restricting the use of radios for these purposes shall not be grounds for protests by a boat. This changes RRS 60.1.
- 2.6 Possession and/or consumption of alcohol is not permitted at Fort Adams.

3 Notices to Competitors

- 3.1 Notices will be posted on the Official Notice Board (yachtscoring.com)
- 3.2 Courtesy notices may be made via NAASA Sailing Whatsapp group and for NEMA, shoreside communications will be via email and SMS group text messaging.

4 Changes to the Sailing Instructions

- 4.1 Any change to the Sailing Instructions (SIs) will be posted before 0930 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.
- 4.2 Oral changes may be provided on the water. Code flag L over code flag C will be hoisted to indicate an oral change to the sailing instructions is being communicated.



5 Schedule of Events

5.1 FIRST SIGNAL

5.1.1 Targeted 1st Warning Signal for the NEMA fleet will be at 1130

5.1.2 Targeted 1st Warning Signal for NAASA will be 1200 noon

5.2 Any go/no-go notifications will be made before 0930 of that race day

5.3 Fleet communication on the water will be made using either VHF CH72 or CH68 depending on local traffic. The RC may consult with a designated sailor representative in each racing class as needed.

5.4 Sunday race days will have no warning signals after 1600.

6 Signals Made Ashore

6.1 Visual signals made ashore will be displayed upon the flagpole located by the Sail Newport ramp

6.1.1 Visual signals ashore will also be shared via the NAASA Sailing Whatsapp group, NEMA email list and NEMA SMS group text messaging along with an approximate time the signal was first flown.

6.1.2 Failure of timely transmission or receipt of electronic messages shall not be considered grounds for individual redress.

6.2 When flag AP is displayed ashore "1 minute" is replaced with "not less than 60 minutes" in race signal AP.

7 Race Area

7.1 Rendezvous location is immediately SOUTH of Gould Island in Narragansett Bay.

7.2 Race areas may be adjusted by RC based on conditions, traffic and other events.

7.2.1 Changes to the race area will be announced on shore, through the designated class representative, and/or by radio on the water.

7.2.2 Competitors are encouraged to communicate with the Race Committee by radio if the competitor is confused about the race area.

7.3 Be aware: Narragansett Bay has the following legally restricted areas:

7.3.1 Yachts may only pass under the Newport Bridge via the three center spans. Yachts may only pass under the Jamestown Bridge via the center span. The remainder of both bridges are obstructions.

7.3.2 All yachts must keep clear of the Newport Navy Base Security Zone: Yachts must not pass east of a line starting at a point 200 yards west of the Breakwater light beacon, R14 Fl 4s BELL and the Red and Green Can off Coasters Harbor Island. These are obstructions; competitors shall not interfere with another competitor's ability to avoid them.

8 Courses

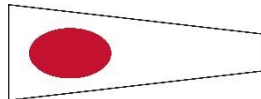
8.1 For Buoy Races, refer to Appendix A.

8.2 Class Distance Races

8.2.1 See NEMA Event Page, Documents & Forms section.

9 Start

- 9.1** Refer to Appendix A for the starting line description.
- 9.2** [NP] Boats whose warning signal has not been made, shall avoid the starting area during the starting sequence for other fleets.
- 9.3** A boat that does not start within four minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.
- 9.4** [NP] As a courtesy, the RC shall attempt to announce OCS boats via VHF. Neither failure of the RC to make the announcement, nor the order of the announcement, nor failure of a boat to hear the announcement shall be grounds for redress by a boat.
- 9.5** Starting sequence for the first race of the day will be as follows:

#	Class	Class Flag
1	NEMA	
2	F18	

10 Marks

- 10.1** Refer to Appendix A for mark descriptions.
- 10.2** Government Marks: If used, government marks will be described using its actual nautical chart notation [Example: R "6", which is a bell south of Castle Hill]. All government marks shall be passed on the side farthest from the next mark, except all 180° roundings will be made leaving the mark to port

11 Shortening or Abandoning

- 11.1** If a race is shortened or abandoned, the RC will follow the procedures per RRS 32.
- 11.2** [NP] As a courtesy, the RC shall attempt to announce this via VHF. Neither failure of the RC to make the announcement, nor failure of a boat to hear the announcement shall be grounds for redress by a boat.

12 Finish

- 12.1** Refer to Appendix A for the finishing line description.
- 12.2** For distance races, the finish line may not be in the same location as the start area. Instructions will be provided when the course is announced.
- 12.3** For all races / formats: The RC intends to have a vessel stationed at the finish line. In the event that this is not possible due to an emergency or breakdown, pursuant to the US Sailing prescription to RRS 34: If a finishing mark is missing but another one remains in place, the finishing line is a line through the remaining mark at a 90° angle to the last leg and of the shortest practicable length. If the RC is absent when a boat finishes, she should report to the RC her finishing time) and her position in relation to nearby boats at the first reasonable opportunity. Finishing time should be reported as time of day, using GPS time, in this format: HH:MM:SS.



13 Prizes

13.1 Prizes may be awarded, at the discretion of the OA.

14 Safety and Safety Equipment

- 14.1 **Restricted Channels:** Competitors are reminded that Narragansett Bay and its approaches are considered restricted channels for commercial traffic and other vessels restricted in their ability to maneuver. Competitors must comply with the government right-of-way rules when in proximity to commercial or privileged marine traffic. **If the Protest Committee decides that a boat has broken this rule, the penalty will be DNE for all races.** This changes RRS 60.5 (c).
- 14.2 All NAASA competitors will be required to wear a properly secured PFD at all times, from the time the boat leaves the dock to the time the boat returns to the dock, unless temporarily adding or removing clothing. Wet suits, dry suits and inflatable PFDs do not constitute adequate personal flotation.

15 Disclaimer of Liability

- 15.1 By participating in this regatta and any related activity sponsored or undertaken by NEMA or NAASA originating at Sail Newport or elsewhere, the owner, helmsman and each crew member agree: that they understand that sailing is an activity that has an inherent risk of serious bodily injury (including permanent disability, paralysis and death by drowning or otherwise), property damage and other economic loss; that the safety of the boat and her crew and the decision whether or not to start or continue to race is solely their responsibility and at their own risk (see RRS 3 – “Decision to Race”); that NEMA, NAASA or Sail Newport, and its volunteers, officers, trustees, members, committees, employees, sponsors or agents will not be responsible for damage to any boat or other property or to any participant, including injury or death; and that each of them releases and waives all claims which he or she or any heir, representative, successor or assignee may have against NEMA, NAASA, Sail Newport and its volunteers, officers, trustees, members, committees, employees, sponsors or agents arising out of or in any way connected with participation in such race or activity.

16 Further Information

Event Chair/F18 Class Contact: Marina Barzaghi 401-484-2990 | mkbarzaghi@gmail.com

NEMA Class Contact: Avram Dorfman 401-225-4545 | dorfman@est.org

Race Committee PRO: Michael Levesque 401-595-5329 | brucat955@yahoo.com

Sail Newport: 401-846-1983 | **U.S. Coast Guard:** VHF Channel 16

APPENDIX A – BOUY COURSES

The course to be sailed will be identified with a number indicating the number of legs.

Examples:

2: S-1-F (downwind)

4: S-1-2 Short-1-F (downwind)

6: S-1-2 Short-1-2 Short-1-F (downwind)

If “L” is displayed, use the longer leeward mark (downwind of the start/finish line)

Examples:

2L: S-1-F (downwind)

4L: S-1-2 Long-1-F (downwind)

6L: S-1-2 Long-1-2 Long-1-F (downwind)

Note: Diagram not to scale, and all angles are approximate. Mark colors and shapes subject to change.

