



Little Egg Harbor Yacht Club
Beach Haven, NJ 0800

SAILING INSTRUCTIONS

Down Bay Regatta, August 15 - 16, 2026

1.0 RULES

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing 2025 - 2028 edition, and the rules of the classes of boats competing.

2.0 NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the notice board at the North Dock, near the launch cranes.

3.0 CHANGES TO THE SAILING INSTRUCTIONS

- 3.1 Changes to the Sailing Instructions will be posted before 0900 on the day they will be in effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.
- 3.2 The Race Committee may, if necessary, make changes to the Sailing Instructions on the water per RRS 90.2(c), and will announce such changes on VHF radio, channel 66A for E Scows, B-Cats and Sandpipers and on 72 for M15's. An L flag will be flown from the boat announcing the changes indication Sailors come within hail.

4.0 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed from the flagpole at the North Dock, near the launching cranes.
- 4.2 When flag AP is displayed ashore, "1 minute" is replaced with "not less than 60 minutes" in the race signal AP. This changes RRS Race Signal AP.

5.0 SCHEDULE OF RACES AND SOCIAL ACTIVITIES

5.1 Saturday, August 15, 2026

0730-0900 Registration
0800 Continental Breakfast at Clubhouse
0930 Competitors Meeting at clubhouse
1000 Harbor gun
1100 First race warning signal
1830 Cocktails, dinner, and dancing (not included in registration fee - MUST PURCHASE TICKETS) - casual attire

5.2 Sunday, August 16, 2026

0800-0930 Continental breakfast at Clubhouse
0930 Harbor gun
1030 First race warning signal - no starting sequence will begin after 1500 Lunch and awards on the Clubhouse deck after racing is complete

6.0 **CLASS FLAGS**

6.1 Class flags will be displayed at the Competitors Meeting.

7.0 **RACING AREA**

7.1 Racing will be done on Little Egg Harbor Bay, about 2 1/2 miles north west of the Clubhouse. There will be two race courses used at this regatta. Actual locations of race courses will be discussed at the Competitors Meeting.

8.0 **COURSES**

8.1 The courses will be designated from the back of the signal / committee boats. They will indicate the class (E, M or C), the magnetic bearing to the windward mark and the number of legs to be sailed. All courses will be windward leeward.

9.0 **MARKS**

9.1 The E Scow's will use yellow Tetrahedron marks and B-Cat's and Sandpipers will be using orange Tetrahedron marks. There will be an offset mark at all windward marks unless it is the finish. M 15's will be using yellow Tetrahedron marks with an offset at the windward mark.

9.2 The leeward end of the course will be gates that will be yellow Tetrahedrons for E Scows, Orange Cylinders for B-Cats and Sandpipers and Yellow Tetrahedron for M 15's.

9.3 The starting Pins will orange or yellow and will be specified at the competitors meeting

10.0 **THE START**

10.1 The following is added to Rule 26: for the first race of each day, and a race following a long postponement, an orange flag will be displayed with a long sound five minutes before the warning signal.

10.2 The starting line will be between the staff displaying an orange flag (on the signal boat) and the mark at the port end of the line.

10.3 Boats not starting must keep clear of the starting line area during a starting sequence.

10.4 A boat not starting within four minutes of her starting signal will be scored DNS.

11.0 **CHANGE OF THE NEXT LEG OF THE COURSE**

11.1 To change the next leg of the course, the race committee will move a mark, move the gate, or set the finishing line.

11.2 If a mark is moved, the rest of the marks, and the finishing line, may be moved to conform the course to the new wind direction without signal.

11.3 The race committee may move the windward mark up to 10 degrees or 10% of the previous length provided that no boat is sailing that leg of the race without notification. This changes RRS 33.

12.0 FINISH

- 12.1 If the finish is to leeward (this will be the preference) for Catboats and E Scows it will be at their leeward gate. For the E Scows, B-Cat's and Sandpipers the committee boat at the gate is simply taking the finish and is not a mark of the finishing line - pass between the gate marks to finish. The boat taking the finishes will be flying a blue flag. For the M15's the finish will be at the RC boat between the pin mark at the starboard end of the line and a hippity hop just off the committee boat..
- 12.2 The windward finishing line is between the staff displaying a Blue flag on a committee boat at the starboard end of the line, and the mark at the port end of the line. If a committee boat cannot anchor, they will be flying a blue flag and the finish will be between two marks one of which will be the weather mark.

13.0 PENALTY SYSTEM

- 13.1 Rule 44.1 and 44.2 are changed so that one turn, including one tack and one gybe is required.

14.0 TIME LIMITS

- 14.1 Boats failing to finish within 20 minutes after the first boat sails the course and finishes will be scored DNF. This changes Rules 35 and A4.

15.0 PROTESTS AND REQUESTS FOR REDRESS

- 15.1 Boats who intend to lodge a protest must notify the committee boat as soon as possible after finishing.
- 15.2 Protest forms are available at the Committee Boat, and shall be delivered there within 45 minutes after the Committee Boat docks at the end of the day's racing.

16.0 SCORING

- 16.1 The low point system, with one throw-out if five races are completed. Rule A5.3 will apply for scoring in this regatta.
- 16.2 The minimum number of races required to constitute a regatta is one (1). The Organizing authority intends to run up to seven (7) races over the two days, three to five on Saturday and two to three on Sunday.

17.0 COMMUNICATION

- 17.1 The Race Committee will communicate with all competitors and the Race Committee on VHF channel 66A for E Scows, B-Cats and Sandpipers, 72 for M15s.. Listening to this channel while coming to the race course, starting, and sailing the course is strongly encouraged.
- 17.2 All hails of boats on the course at the start, or boats needing to round an end to start, will be made on the VHF radio, and not hearing the call, the order of boat numbers called, not having a VHF radio, or the radio not working properly are not cause for redress.
- 17.3 Communication from competitors to the Race Committee is limited to matters of safety and confusion.

18.0 PRIZES

- 18.1 Prizes will be awarded at the Clubhouse Deck, along with lunch, after racing is completed on Sunday.

19.0 DISCLAIMER OF LIABILITY

- 19.1 Competitors participate in the regatta entirely at their own risk. See Rule 3 in the Racing Rules of Sailing.

20.0 **TIDES**

20.1 The tides will be announced at the Competitors Meeting Saturday morning. The time is calculated at the coast guard station south of the clubhouse. If the current is moving the water in opposition to the wind, much care is needed to not be carried onto the course at the start.

21.0 **CLASSES ELIGIBLE TO COMPETE**

21.1 There will be two race courses sailed. One course will be E Scows, B-Cats and Sandpipers. The other course will be M 15's only.

Leah Donat, Tom Cox, Wes Madara PROS - 8/07/26