



**2026 CFJ National Championship
Coronado Yacht Club
SAILING INSTRUCTIONS**

The Organizing Authority (OA) is the Coronado Yacht Club (CYC)

1. RULES

- 1.1. This event will be governed by the rules as defined in The Racing Rules of Sailing (RRS) and by the Club FJ Class Association Rules.
- 1.2. Each entrant must meet the eligibility, entry and fee requirements as outlined in the Notice of Race for this regatta.
- 1.3. A condition of entry and participation in this event is the wearing of a U.S. Coast Guard approved lifejacket or, for international sailors only, a lifejacket approved by their country's corresponding authority, properly secured at all times while on the water, except for brief periods while removing or adding clothing. All life jackets must be suitable for the competitor's weight. Wet suits, dry suits, and inflatable life jackets do not constitute adequate personal buoyancy. These changes are added to RRS 40, and the Preamble to Part 4 will not apply to RRS 40.
- 1.4. Per CFJ Class Rule 8.c, the Race Committee will not require hull and sail number to match for borrowed or chartered boats and sails.

2. NOTICE TO COMPETITORS

- 2.1. Notices to competitors will be posted on the official notice board located on the front porch bulletin board and here
<https://theclubspot.com/regatta/hDpFxqcePA>

3. CHANGES TO THE SAILING INSTRUCTIONS

- 3.1. The Race Committee will post any change in the sailing instructions not fewer than thirty (30) minutes before it will take effect, except that any change to the schedule of races will be made by 2000h on the day before it will take effect.

4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore will be displayed on a flagpole located on the front porch
- 4.2. Flag "L" over a numeral pennant displayed ashore will signal the most recent amendment.

5. SCHEDULE

- 5.1.

Friday July 24

8:30-10:30 Measurements and check-in on grass area in parking lot
11:00 Competitors' Meeting on grass area in parking lot
12:30 First warning signal (subsequent races to start ASAP)
After Racing snack on grass area

Saturday July 25

1200 First warning signal (subsequent races to start ASAP)
After Racing Snacks and Trophies on grass area

6. CLASS FLAG

- 6.1. The class flag will be a white CFJ Class insignia on a blue background.

7. RACING AREA

- 1.1. The racing area will be in South San Diego Bay.

8. MARKS AND COURESE

- 8.1. The marks and courses are described in Addendum A

9. STARTING AND FINISHING

- 9.1. The Starting line will be between the staff displaying an orange flag on the RC signal boat and a red tetrahedron.
- 9.2. The finish line will be a straight line between the course side of a staff with a blue flag on the RC signal boat and a red tetrahedron.
- 9.3. Start/finish line is NOT restricted

10. CHANGE OF THE NEXT LEG OF THE COURSE

- 10.1. The Race Committee can move the weather mark up to 10 degrees without notice. Changes greater than 10 degrees a Green Tetrahedron will be the change mark and notified with a proper change signal at the leeward marks.

11. TIME LIMIT

- 11.1. The time limit will be sixty (60) minutes for the first boat to finish.

- 11.2. Boats failing to finish within fifteen (15) minutes after the first boat sails the course and finishes will be scored the position of the last boat to finish plus one (1). This changes RRS 35, 63.1 and Appendix A5.
- 11.3. Courses will be primarily windward/leeward with some reaching legs if conditions warrant.

12. PENALTY SYSTEM

- 12.1. RRS Appendix P, Special Procedures for RRS 42, applies with the following changes:
 - (a) In P2.1, First Penalty, the word 'first' is deleted
 - (b) P2.2 and P2.3 are deleted
- 12.2. On the water observer boats will be identified by code flag 'J'.

13. PROTESTS AND REQUEST FOR REDRESS

- 13.1. RRS 60.2 is changed by adding this sentence before the word, however: "She shall also notify the race committee at the finish line as soon as practicable after she finishes."
- 13.2. A party shall submit a protest or request for redress at the front desk of Coronado Yacht Club. Regarding an incident observed in the racing area, a boat, the race committee, or the protest committee shall submit a completed form no later than thirty (45) minutes after the RC signal boat has docked. That time will be posted.
- 13.3. The PC will hear protests as soon as possible and in the order it determines. The hearing schedule will be posted on the noticeboard as soon as possible. This posting will constitute the notification required by RRS 63.1.
- 13.4. Notice of any other protest by the race committee or protest committee will also be posted. This will constitute the notification required under 61.2(b).
- 13.5. Only the skipper may represent a boat in a hearing. No coach or other person may represent a boat or file a protest on her behalf. This changes RRS 63.1(a).
- 13.6. It is the sole responsibility of each boat involved to be ready and have witnesses available when the hearing is called.

14. SCORING

- 14.1. Three (3) races must be completed to constitute a regatta.
- 14.2. When five (5) or fewer races have been completed, a boats series score will be the total of her race scores. When six (6) or more races have been completed, a boats series score will be the total of her race scores excluding her worst score.

15. SAFETY

- 15.1. A boat that withdraws from the race prior to finishing shall notify the RC as soon as possible and before leaving the racing area.

16. DESIGNATED ADULT

- 16.1. An adult (parent, guardian or designated adult) is responsible for the safety of each competitor under the age of eighteen (18). It is solely the responsibility of this adult to decide if the competitor should sail in the weather and sea conditions that might arise during the event. The adult supervising the

competitor is ultimately responsible for the risks. Additionally, this adult shall accept full responsibility for all actions of the competitor during any activity related to the event. This includes on-shore activities before, during and after the regatta.

- 16.2. Any parent or guardian not personally attending any part of the event shall provide, during online registration or during Check-in, the name and contact information for the adult who shall be on-site, and who is authorized and designated to be responsible for their child during this event.
- 16.3. Competitors who are eighteen (18) years or older are responsible for their own actions, and for the decision to sail in weather and sea conditions that might arise during the event.

17. SUPPORT PERSON VESSELS (SPVs)

- 17.2. All SPVs shall carry and monitor a VHF radio capable of communicating on normal domestic and international channels.
- 17.3. All SPV's are required to wear PFD's at all times while on the water.
- 17.4. No coach/support boat may be within fifty (50) yards of the course boundaries between the first warning signal for a race and the time that the last competitor has finished the race. However, such boats may enter the racing area at the direction of the RC to assist a competitor or after an abandonment or postponement until a new warning signal has been made. This changes RRS 41.
- 17.5. Coach/Support boats shall neither create wakes nor otherwise interfere with competitors.

18. PRIZES

- 18.1. Prizes will be awarded to the top 3 positions after racing on Saturday. The top finishing team will have their names engraved on the Warmington CFJ National Championship Trophy.

19. DISCLAIMER OF LIABILITY

- 19.1** Competitors in this event are participating entirely at their own risk. See *RRS 3, Decision to Race*. By participating in this event, each competitor agrees to release the race organizers (organizing authority, host yacht club, race committee, protest committee, sponsors, and any others acting in an official capacity for this event) from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.

Course Chart

COURSE	MARKS
1	Start, W, O, G1/G2, Finish
2	Start, W, O, G1/G2, W1, O, G1/G2, Finish

