



ALAMITOS BAY YACHT CLUB

2026 LATHAM BELL DINGHY CHALLENGE

AUGUST 2, 2026

SAILING INSTRUCTIONS

1. RULES

- 1.1. The event will be governed by the *rules* as defined in *The Racing Rules of Sailing*.
- 1.2. The Handicapper will assign a Dinghy Challenge Handicap Rating to each boat based on Portsmouth Yardstick and PHRF and data submitted and/or best available information.
- 1.3. Starting times will be determined from Dinghy Challenge Handicap Ratings assigned by the Handicapper. Separate from these Sailing Instructions, an entry list showing individual starting times will be posted as Appendix B – Dinghy Challenge Start Times on the official notice board.

2. CHANGES TO SAILING INSTRUCTIONS

- 2.1. Any change to the sailing instructions will be posted before 1000 on the day it will take effect.

3. COMMUNICATION WITH COMPETITORS

- 3.1. Notices to competitors will be posted on the official notice board located online at <https://abyc.org/regatta/92qSa7jCcf/#notice-board>.

4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore will be displayed from the Alamitos Bay Yacht Club flagpole.

5. SCHEDULE OF RACES

- 5.1. Sunday, August 2, 2026, one race is scheduled.
- 5.2. The scheduled time of the warning signal for the first start is 1155.

6. CLASS FLAGS

- 6.1. The class flag will be flag W.
- 6.2. Class breaks are established by the Dinghy Challenge Handicapper and will be posted as Appendix B.

7. RACING AREAS

- 7.1. The racing area will be Alamitos Bay.

8. THE COURSE

- 8.1. The diagram in Attachment A shows the course, including the course signals, the order in which marks are to be passed and the side on which each mark is to be left.
- 8.2. No later than the warning signal, the race committee signal boat will display the approximate compass bearing of the first leg.
- 8.3. Courses will not be shortened. This changes RRS 32.
- 8.4. The course shall be signaled by placards displayed on the signal boat.

9. MARKS

- 9.1. Marks will be the standard Bay buoys.

10. THE START

- 10.1. The starting line will be between staffs displaying orange flags on the start marks. One end shall and both ends may be on race committee boats.
- 10.2. RRS 26 is replaced with the following signals. Times shall be taken from the visual signals; the absence of a sound signal shall be disregarded.

<i>Minutes before starting signal</i>	<i>Visual signal</i>	<i>Sound signal</i>	<i>Means</i>
5	W flag	One	Warning signal
4	P flag	One	Preparatory Signal
1	Preparatory flag removed	One long	One Minute
0	W flag removed	One	Starting Signal

10.3. Visual and sound signals will only be made for the first start. Other boats shall start at the time indicated in posting

10.4. To establish when a boat is racing, a boat's preparatory signal time, shall be four minutes prior to her start time.

11. THE FINISH

11.1. The finishing line will be between staffs displaying blue flags on the finishing marks. Either end may be on race committee boats.

12. PROTESTS & REQUESTS FOR REDRESS

12.1. Protest forms are available at the protest office opposite the ABYC Galley. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.

12.2. The protest time limit is 30 minutes after the last boat has finished the race, after instruction 12.3 has been applied to that race, or the race committee signals no more racing today, whichever is later.

12.3. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located within the protest office.

12.4. Notices of protests by the race committee, technical committee or protest committee will be posted to inform boats under RRS 61.1(b).

12.5. Breaches of SIs which are annotated '[NP]' will not be grounds for a protest by a boat. This changes rule RRS. 60.1(a). Penalties for these breaches may be less than disqualification if the jury so decides.

12.6. A request for reopening a hearing shall be delivered:

- a) within the protest time limit if the requesting party was informed of the decision on the previous day.
- b) no later than 30 minutes after the requesting party was informed of the decision on that day. This changes rule 66.

12.7. A request for redress based on a jury decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 64.2.

13. DISCLAIMER OF LIABILITY

13.1. Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

Attachment A - COURSE DIAGRAM

Course 1 Start - Xs - D - Cs - F - Bs - As - V - Xs - D - Cs - F - Bs - As - V - Finish (4.7nm)



Course 2 : Start - X - V - Cs - D - F - Bs - As - X - V - Cs - D - F - Bs - As - Finish (4.7nm)

