



William H. Myers Heritage Regatta **Penguin International Championship**

August 22-23, 2026

Tred Avon Yacht Club

Oxford, MD

SAILING INSTRUCTIONS

PRO Bill Lane



1. RULES

- 1.1. Tred Avon Yacht Club (TAYC) is the Organizing authority (OA)
- 1.2. This Regatta is sanctioned by the International Penguin Class Dinghy Association (IPCDA), and will be conducted by IPCDA, and hosted by the Tred Avon Yacht Club as part of the TAYC Heritage Regatta
- 1.3. The event is governed by the rules as defined in The Racing Rules of Sailing (RRS) and the IPCDA Class rules except as modified by the Notice of Race and these Sailing Instructions

2. CHANGES TO THE SAILING INSTRUCTIONS

- 2.1. Any change to the Sailing Instructions will be posted on the official bulletin board located in the first-floor lobby of the TAYC clubhouse and at www.tayc.com/racing-cal no later than 0900 each race day
- 2.2. Any change to the schedule will be posted by 1800 on the day before it is to take effect

3. COMMUNICATIONS WITH COMPETITORS

- 3.1. Notices to competitors will be posted on the official bulletin board and at www.tayc.com/racing-cal located in the first-floor lobby of the Tred Avon Yacht Club (TAYC) by 0900 each race day
- 3.2. On the water, the race committee intends to monitor and communicate with competitors on VHF channel 80A/1080

4. ELIGIBILITY AND ENTRY

- 4.1. The regatta is open to International Penguin Class boats
- 4.2. **Penguin International Championship**
 - 4.2.1. The skipper shall be a member in good standing of the IPCDA and have acknowledgement of payment of 2026 dues
 - 4.2.2. For skippers sailing with non-family member minor crew (under the age of 19), the name and emergency phone numbers of the parents will be required, or you can complete a Parental Permission Form
- 4.3. Boats must register online at the TAYC website (www.tayc.com/racing)
- 4.4. Entry closes August 22 at 0800

5. FEES

- 5.1. Entry fees are non-refundable within a week of the regatta
- 5.2. Entry fee is \$55

6. MEASUREMENTS FOR PENGUINS

- 6.1. Measurements will be conducted from 8:30 AM to 10:00 AM on Saturday August 22, 2026
- 6.2. Measurements may include but are not limited to hull weight, crew weight, sails, and safety gear
- 6.3. All equipment and measurement items are subject to measurement at any point up to the awards presentation

7. SIGNALS MADE ASHORE

- 7.1. Signals made ashore will be displayed from the signal mast on TAYC's upper deck
- 7.2. When flag "AP" is displayed ashore, "1 minute" is replaced with "not less than 60 minutes" in Race Signal AP



8. SCHEDULE

- 8.1. There will be a competitors' meeting at 1000 on Saturday
- 8.2. Saturday, the warning signal for the 1st race is 1100
- 8.3. Sunday, the 1st warning signal at 1030
- 8.4. No warning after 1330 on Sunday
- 8.5. The race committee will start as many races as possible each day

9. CLASS FLAGS

- 9.1. The signal boat shall display the class flag no later than its warning signal

10. RACING AREA

- 10.1. Races will be sailed in the Tred Avon River or Choptank River using club drop marks
- 10.2. The PRO will identify the location at the competitors' meeting

11. THE COURSES

- 11.1. The courses will be windward leeward courses as shown in the attached Course Diagrams on page 4
- 11.2. Courses may be shortened by the RC at any mark, but not at Mark 1 on the first leg of a race

12. MARKS

- 12.1. For Course 4 the start and finish marks will be orange balls located on opposite sides of the signal boat and are passed as shown on the course diagram. For Course 5 the start mark will be an orange ball and the finish mark will be Mark 1, a yellow tetrahedron.
- 12.2. Marks 1 and 2 will be yellow tetrahedrons, Mark 1a will be a red ball
- 12.3. A race committee starting or finishing boat may set a stand-off buoy, which buoy, the line attaching it to the race committee boat and the race committee boat are all part of the starting or finishing mark

13. THE START

- 13.1. Prior to starting, each boat shall pass astern of the signal boat displaying flag "L", hail her sail number and receive a verbal confirmation by the race committee
- 13.2. Races will start using RRS Appendix U, a three (3) minute Audible Signal Racing System as follows:
 - 3 minutes – 3 long blasts
 - 2 minutes – 2 long blasts
 - 1 minute – 1 long blast
 - 30 seconds – 3 short blasts
 - 20 seconds – 2 short blasts
 - 10 seconds – 1 short blast
 - Start – 1 long blast
- 13.3. The starting line will be between an orange flag on the race committee signal boat and the course side of a nearby pin to port of the signal boat
- 13.4. A boat crossing the starting line later than 5 minutes after her starting signal will be scored "DNS" without a hearing. This changes RRS A4 and A5
- 13.5. The race committee will attempt to hail OCS boats, but the failure to hail, the hail of some but not all OCS boats, the order in which hailed or untimely hailing of boats shall not be grounds for redress. This changes RRS 61.2(a).

14. CHANGE OF THE NEXT LEG OF THE COURSE

- 14.1. A change of the next leg of the course will be accomplished in accordance with RRS 33

15. THE FINISH

- 15.1. The finishing line will be between a blue flag on a race committee boat and the course side of a nearby finish mark. Refer to attached course diagrams.



16. TIME LIMITS

- 16.1. If the first boat fails to round the windward mark within 30 minutes or complete the course within 60 minutes the race will be abandoned
- 16.2. Boats must finish within 30 minutes of the first boat or be scored "DNF" without a hearing. This changes RRS 35, A4 and A5.

17. PENALTIES

- 17.1. The first sentence of RRS 441. Is changed to: "A boat may take a One-Turn Penalty when she may have broken one of more rules in Part 2 while *racing*"
- 17.2. Each turn shall include a tack and a gybe

18. PROTEST AND REQUESTS FOR REDRESS

- 18.1. The protesting yacht must satisfy the requirements of RRS 60.2
- 18.2. A written protest or request for redress must be filed with the PRO or a member of the Protest Committee within one hour after the race committee finishing boat returns to the dock. Docking time will be posted on the official bulletin board. Protest forms are available in the clubhouse.
- 18.3. The time and location of protest hearings will be posted on the official bulletin board

19. SCORING

- 19.1. The low point scoring system from the RRS Appendix A
- 19.2. A minimum of three (3) must be completed to constitute an International Championship
- 19.3. After six (6) races have been completed, a boat's worst score will be excluded

20. SAFETY REGULATIONS

- 20.1. A boat that retires or leaves the racing area between races shall make every effort to notify a committee boat before leaving the area. If this is not possible, she shall notify the race committee immediately after arriving ashore.
- 20.2. The race committee may, in conditions it deems hazardous, require a competitor to accept assistance
- 20.3. Competitors are strongly encouraged to wear a USCG approved PFD while racing

21. ADDITIONAL REQUIREMENTS

- 21.1. Minimum crew weight is 290 lbs. for classic boats and 310 lbs. for modern boats*. Minimum hull weight is 140 lbs. Excess hull weight may be applied towards the crew weight
 - 21.1.1. * Modern boat definition includes Burtis, Innovator, & Freedom hulls. Class measurer or his designate shall make classification decisions
- 21.2. Any boat that capsizes during a race, as defined by the mast hitting the water, shall retire from that race
- 21.3. Anchors are not required
- 21.4. One serviceable paddle is required
- 21.5. A painter not less than 25' in length and 3/16" diameter is required

22. PRIZES

- 22.1. Trophies will be awarded for the Penguin International Championship

23. DISCLAIMER OF LIABILITY

- 23.1. Competitors participate in the regatta entirely at their own risk. See RRS 3, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

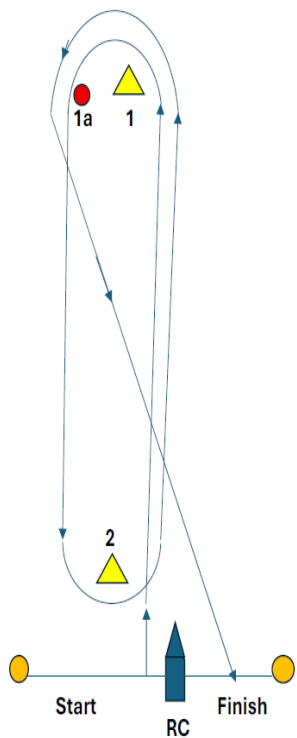
24. FURTHER INFORMATION

- 24.1. For further club information please contact the club manager at 410-226-5269 or manager@tayc.com
- 24.2. Pets: With the exception of service animals, TAYC does not allow dogs or other pets in the clubhouse or on the club's grounds at any time
- 24.3. Alcohol purchased and opened at the club may not be removed from the club property, and outside alcohol may not be brought onto club property, by penalty of Talbot County liquor law



COURSE DIAGRAMS

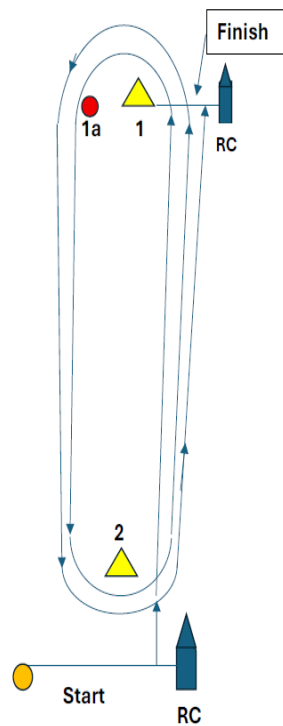
Course 4 – Windward Leeward, 4 Legs



Start -> 1 -> 1a -> 2 -> 1 -> 1a -> Finish

Note: Mark 2 is not a mark of the course for the 1st and Last Legs

Course 5 – Windward Leeward, 5 Legs



Start -> 1 -> 1a -> 2 -> 1 -> 1a -> 2 -> Finish

Note: Mark 2 is not a mark of the course for the 1st Leg