



SAILING INSTRUCTIONS

2026 Steve McBride Fall Dinghies Championship

26-27 September 2026

ROYAL VICTORIA YACHT CLUB

*The notation '[NP]' in a rule means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).
The notation '[SP]' in a rule means that a boat may be subject to a specified penalty without a hearing for breaking that rule.
The penalties are outlined in Section 22*

Version: 1.0.0

1. RULES

- 1.1. Rule 60.4(a)(2) is changed as follows: '(2) if it alleges a breach of a rule of Part 2 or rule 31 and is from a boat that was not involved in, and did not see, the incident, or'.

2. CHANGES TO SAILING INSTRUCTIONS

- 2.1. Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

3. COMMUNICATIONS WITH COMPETITORS

- 3.1. Notices to competitors will be posted on the official notice board located at:
<https://rvyrcracing.ca/regatta/PMP0roczCL/#notice-board>
- 3.2. The race office is located at the sailing office in the dinghy sailing building.
- 3.3. [NP] WhatsApp – the regatta will host a WhatsApp group for the informal distribution of information to competitors and support personnel. QR Code to join is in Addendum D.
- 3.4. Official communication will be through the Official Notice Board.

4. CODE OF CONDUCT

- 4.1. [DP][NP] Competitors and support persons shall comply with reasonable requests from race officials.

5. SIGNALS MADE ASHORE

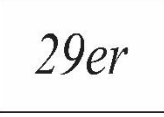
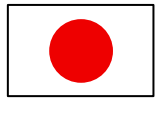
- 5.1. Signals made ashore will be displayed on the main flagstaff adjacent to the clubhouse.
- 5.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in Race Signals A

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6. SCHEDULE

- 6.1. See NoR Section 8
- 6.2. There will be a Coaches debrief at 1630, Saturday, 26 September in the basement of the clubhouse or as soon thereafter as practicable after racing.

7. CLASS FLAGS

BRAVO Course		ALPHA Course	
ILCA 7 (Laser) (red on white)		420 Flying & Non-flying (blue on white)	
ILCA 6 (Radial) (red on green)		Optimist Red,Blue,White (black on white)	
ILCA 4 (Laser 4.7) (red on yellow)		Optimist Green (black or white on green)	
29er (black on white)			
Fireball (White with red ball)			

8. RACING AREAS

- 8.1. Racing will be held in the vicinity of Cadboro Bay and Oak Bay. The Alpha course will be located in Cadboro Bay if possible.

9. THE COURSES

- 9.1. The diagrams in Addendum A and B show the courses, including the order in which marks are to be rounded, and the side on which each mark is to be left.
- 9.2. In the absence of one of the gate marks, the remaining mark is to be left to port.
- 9.3. In the absence of the offset mark 1a, boats are to proceed from mark 1 to mark 4.
- 9.4. The course will be a windward/leeward course for all fleets except Opti Green.
- 9.5. The Opti Green fleet will sail a course Start -1 - Finish.

10. MARKS

- 10.1. When a robotic mark is used as a mark, reasonable movement of the robotic mark on the course will not be grounds for redress. This changes RRS 61.1(a); however, RRS 31 remains

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in effect. Such movement includes movements caused by current, wind, a robotic mark returning to station after contact with a boat

- 10.2. **Course Area “ALPHA”** (420, Optimist, Optimist Green, Signals Boat “*TSONA*”)

10.2.1. The marks are outlined in a table in **Addendum A**

- 10.3. **Course Area “BRAVO”** (ILCA 7, ILCA 6, ILCA 4, 29er, Fireball, Signals Boat, “*SALTY FOX*”)

10.3.1. The marks are outlined in a table in **Addendum B**

11. THE START

- 11.1. The starting line for **all courses** will be between a staff displaying an orange flag on the starboard end mark, and the course side of the port end mark.
- 11.2. [DP][NP] Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races. The starting area is defined as 50 meters from the start line in all directions. This does not apply to boats *sailing the course*.
- 11.3. [NP] A boat starting later than 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.
- 11.4. The start sequence for each race will be identified using class flags. The start order may vary, and multiple fleets may be started together.

12. CHANGE OF THE NEXT LEG OF THE COURSE

- 12.1. The Race Committee is not required to signal the change where the next leg of the course is changed by moving the mark less than 10 degrees in angle or less than 200 metres in length. This changes RRS 33.
- 12.2. To change the next leg of the course to a greater extent than 12.1, the race committee shall signal the change in accordance with RRS 33 and will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.
- 12.3. To change the next leg of the course for the C420 class and the Optimist class, the race committee will move the original mark.

13. THE FINISH

- 13.1. The finishing line for all courses will be between a staff displaying a blue flag on a race committee boat and the course side of the designated finish mark.
- 13.2. If a boat is told they are ‘Scored/finished on Course’ by an official vessel, it shall return to the starting area. That boat will be scored in its last known position. This changes RRS 28.1, A5.1 and A5.2.

14. TIME LIMITS AND TARGET TIMES

- 14.1. Time limits and target times are as follows:

Classes	Time Limit	Target Time
29er, Opti	60 minutes	25 minutes
All other classes	90 minutes	40 minutes

Failure to meet the target time will not be grounds for redress. This changes RRS 61.1(a).

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15. HEARING REQUESTS AND REQUESTS FOR REDRESS

- 15.1. For all classes, the protest time limit is 45 minutes after the Signals boat for the applicable class docks.
- 15.2. Hearing requests and requests for redress **must be filed online** using the Link provided on the official notice board within the protest time limit. This link can also be accessed from the event website.
- 15.3. Notices will be posted online to links on the official notice board within 15 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses (above link is available on the event website).
- 15.4. The protest committee will attempt to resolve all protests by arbitration, if possible, as per Appendix T. Hearings will be held in the protest room, beginning at the time posted.
- 15.5. A list of boats that have been penalized under Appendix P for breaking RRS 42 will be posted online to links on the official notice board.
- 15.6. Notices of protests by the race committee, technical committee or protest committee will be posted to links on the official notice board to inform boats under RRS 60.2(d).

16. DIRECT JUDGING (reproduced from Appendix U)

- 16.1. RRS 44.1 is changed so that the Two-Turns Penalty is replaced by a One-Turn Penalty, except that if the breach is within the *zone* or a judge signals a penalty identifying a boat, it shall be a Two-Turns Penalty.

16.2. JUDGE ACTIONS ON THE WATER

Protests by a boat

- (a) A boat may protest another boat by acting in accordance with RRS 60.2.

A judge may respond by one of the following:

- (1) No signal and remains silent. The judge did not see the incident. The protesting boat may deliver a protest in accordance with RRS 60.3
 - (2) The display of a green flag with a sound signal means “No penalty.”
 - (3) The display of a red flag with a sound signal and identifying a boat by hailing means the identified boat shall take a penalty in accordance with SI 16.1. If the boat does not take the penalty, she shall be scored DSQ without a protest hearing. This changes RRS 60.5(b)(1).
- (b) When a judge decides that a boat has broken RRS 31 and she is not exonerated, the judge will make one sound signal, display a red flag and identify the boat by hailing. The identified boat shall take a penalty by complying with SI 16.1. If the boat does not take a penalty, she shall be scored DSQ without a protest hearing. This changes RRS 60.5(b)(1).
 - (c) Any non-action by a judge under SIs 16.2(a) or (b) shall not be grounds for a request for redress. Jury boats may be positioned anywhere in the course area and this positioning shall not be grounds for a request for redress. This changes RRS 61.1(a).

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17. [DP][NP][SP] SAFETY REGULATIONS

- 17.1. [SP] All sailors are required to perform a daily online check in (just before going sailing) and check out (just after returning from sailing) using the provided QR Codes.
 - 17.1.1. QR Code links can be found at Addendum B at the dock entrances and locations around the club and on the Official Notice Board.
 - 17.1.2. The check in and check out site can be found at:
<https://www.racingrulesofsailing.org/documents/15882/event>
- 17.2. [SP] A boat must carry a towline in compliance with NoR 1.3

18. [DP] REPLACEMENT OF CREW OR EQUIPMENT

- 18.1. Substitution of competitors will not be allowed without prior written approval of the race committee.
- 18.2. Substitution of damaged or lost equipment will not be allowed unless authorized by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.

19. [DP] SUPPORT BOATS

- 19.1. [DP][NP] Attendance by the principal coach embarked in a coach-vessel at the meetings at 1030 and 1630 on Saturday 26 September in the basement of the clubhouse is mandatory.
- 19.2. [DP][NP] All coach-vessels and support-vessels shall monitor their applicable course VHF channel (see Addendum A/B).
- 19.3. If rescue instructions are given, they will be given on the VHF Channel for the racecourse (see Addendum A/B).
- 19.4. [DP][NP] The race committee may issue search and rescue instructions without displaying Flag V.
- 19.5. In an emergency, a coach vessel may, on its own judgment, enter where boats are sailing to aid a boat in an urgent situation or in distress.
- 19.6. [DP][NP] If a coach-vessel delivers athletes to the dock, or they are aware that a boat they are responsible for is retiring, they must inform the Race Officer that they are doing so and report the sail number of the boat retiring.
- 19.7. [DP][NP] Support-vessels shall stay a minimum of 100 metres outside the racing area, unless directed by the RC.
- 19.8. [DP][NP] Coach-vessels' shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or the race committee signals a postponement, general recall or abandonment. The racing area is defined as the area bounded by the lay lines from the start area to the furthest windward mark, and the starting area and the start line extensions. Coach vessels also must maintain a minimum distance of 50 metres distance from a competing boat or any mark of the course (for all classes on the course) with the following exceptions:
 - 19.8.1. Supporting green fleet Optimists
 - 19.8.2. Supporting the back 30% of Opti championship fleet

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- 19.8.3. At the request of the RC, a coach vessel may enter the area where boats are sailing to offer or provide outside assistance to a boat.

20. [DP][SP] TRASH DISPOSAL

- 20.1. As sailors, we seek to protect and restore our oceans and coastal waters. See RRS 47. Trash may be placed aboard support and official boats.
- 20.2. [SP] Boats and support person vessels shall not throw trash in the water.

21. PRIZES

- 21.1. Prizes will be awarded on the lawn or in the main lounge on Sunday as soon after the close of the protest time limit as possible.

22. STANDARD PENALTIES

- 22.1. A breach of SI 17.1 – a one-point penalty per race during the day not checked in/out.
- 22.2. A breach of SI 17.2 – a two-point penalty, or 10% (whichever is greater) per race without a towline.
- 22.3. A breach of SI 20.2 – a three-point penalty, or 30% (whichever is greater) against the race closest in time to the breach.

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Addendum A:

Course Diagrams & Information

- Alpha course (Optis, Opti Greens, 420s)
- VHF Channel 72 All Courses - Windward/Leeward (L)

Course ID	Mark Rounding Order	
L1	Start - 1 – 1a - Finish	
L2	Start - 1 – 1a - 4 - 1 – 1a - Finish	
L3	Start - 1 – 1a - 4 - 1 – 1a – 4 – 1 – 1a - Finish	
LA2	Start - 2 – 3s/3p - 2- 3p Finish	
LA3	Start - 2 – 3s/3p - 2 – 3s/3p – 2 - 3p– Finish	

MARK	ALPHA COURSE	OPTI GREEN
Start Boat	<i>TSONA</i>	<i>TSONA</i>
1	Red Conical with green sleeve	Orange Cylinder
1a	Orange Herring Ball	n/a
2	Red Conical	n/a
3s/3p	Pink Tetrahedrons	n/a
4	Yellow Tetrahedron	n/a
Start	Red Conical	
Finish	Yellow Cylinder	
Alternate (may be laid if there is an issue with a mark)	Orange Tetrahedron	

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Addendum B:

Course Diagrams & Information

Bravo course – 29er, ILCA 7, ILCA 6, ILCA 4, Fireballs

VHF Channel 9

All Courses - Windward/Leeward (L)

Course ID	Mark Rounding Order	
L1	Start - 1 – 3P - Finish	
L2	Start - 1 - 3S/3P - 1 – 3P - Finish	
L3	Start - 1 - 3S/3P - 1 - 3S/3P - 1 – 3P - Finish	

MARK	BRAVO COURSE
Start Boat	<i>SALTY FOX</i>
Finish Boat	<i>MEPHISTO</i>
1 – Double Handed Boats	Orange Robotic Markset Bot
1 – ILCA	Red Conical
3s / 3p	Orange Robotic Markset Bot & Orange Tetrahedron
Start	Yellow Robotic Markset Bot
Finish Mark	Black/White Checkered cylinder
Change – ILCA	Red Tetrahedron
Change – Double Handed	Yellow Tetrahedrom

Addendum C:

Check-in / Check-out



www.racingrulesofsailing.org

Addendum D

WhatsApp QR Codes – For unofficial information between race organisers and participants

