



**31st Annual
Pamela Sintes Memorial Regatta**

Saturday, August 22, 2026

**Hosted by Pamela Sintes Memorial
Foundation & New Orleans Yacht Club**

An annual regatta to empower women and encourage participation in competitive sailing in memory of Pamela Sintes. All proceeds from the fundraiser benefit the Pamela Sintes Memorial Foundation.

1. RULES

- 1.1 Pamela Sintes Memorial Foundation is the Organizing Authority (OA) and the event is sailed under the management of the PSMF Race Committee.
- 1.2 This event is governed by the 2025-2028 *Racing Rules of Sailing* (RRS), the Pamela Sintes Memorial Regatta Sailing Instructions (SI's), this Notice of Regatta (NOR), and applicable class and rating rules. In the event of a conflict the SI's shall govern.
- 1.3 The US Sailing Prescriptions to RRS 63.1(b) and the Prescription to the Preamble to Part 5, Section B are deleted.
- 1.4 Appendix V (Alternative Penalties) of the RRS will apply.

- 1.5 The notation '[NP]' in a rule in the NOR means that the penalty for a breach of that rule may not be protested. This changes RRS 60.1.
- 1.6 Protests alleging a breach of RRS Part 2 or RRS 31, shall not be accepted from a boat that was not involved in, and did not see the incident. This changes RRS 60.4(a)(2)

2. SAILING INSTRUCTIONS

- 2.1 Sailing Instructions will be available on the NOYC website and on the noticeboard at NOYC.
- 2.2 Any changes to the NOR or Sailing Instructions shall either be posted no later than 24 hours before the event or announced at the skippers meeting.
- 2.3 Sailing instructions will be available no later than 48 hours prior to the skippers' meeting and will be located at the NOYC website or by following the link below:

<https://noyc.org/regatta/tLQD6w1t4Y/#notice-board>

3. COMMUNICATION

- 3.1 On the water the race committee will make courtesy broadcasts to competitors on VHF radio channel 69.
- 3.2 The Official Notice Board is located just inside the north harbor entrance of the NOYC club house.

4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore shall be displayed from the flagpole located in dry storage. If a postponement is signaled ashore, the warning signal shall be made not less than 45 minutes after the AP flag is lowered.

5. ELIGIBILITY AND ENTRY

- 5.1 No Yacht Club affiliation required.
- 5.2 All registration shall take place online at <https://www.noyc.org/register/regatta/5L0lzXGIRE/class>
- 5.3 Registration shall be completed by August 21, 2026 at 2000.
- 5.4 To be considered an entry, a boat shall complete all registration requirements and pay all fees.
- 5.5 Boats are strongly encouraged to have a female skipper. One female on board is required.

6. FEES

- 6.1 Registration is \$45. Registration is through Clubspot, but the registration fee will be paid directly to Pamela Sintes Memorial Foundation. Payment can be submitted via cash, check, credit, Venmo, or PayPal.

7. SCHEDULE OF EVENTS

7.1 One race will be attempted.

Date	Time	Description
Sat. 8/22	0745	Breakfast at New Orleans Yacht Club
	0815	Skipper's Meeting at New Orleans Yacht Club
	0955	First Warning Signal
	1155	No Warning signal after this time
	1230	Fund-raising after party at New Orleans Yacht Club
	1300	Music by Side B
	1530	Trophy presentation

8. DIVISIONS

- 8.1 Boats will race in Spinnaker, Non-Spinnaker, and J80. Spinnaker and Non-Spinnaker divisions will be based on EZ rating.
- 8.2 Class breaks, if any, will be posted on Clubspot
- 8.3 Minimum 3 boats per class

9. VENUE

- 9.1 The racing area is located on the South Shore of Lake Pontchartrain.

10. COURSES

- 10.1 The courses shall be fixed or temporary marks and will be described in the sailing instructions and at the skippers' meeting.
- 10.2 If there is one Spinnaker and Non-Spinnaker class, the time limit is 60 minutes after the first boat in each fleet finishes. If there are multiple Spinnaker and Non-Spinnaker classes, the time limit for the race expires 45 minutes after the first boat in each class finishes.
- 10.3 The time limit for the race is three (3) hours.

11. PENALTIES

10.1 See NOR 1.4 above.

12. SCORING

- 12.1 Each class shall be scored using RRS Appendix A, except that no scores shall be excluded. This changes RRS A2.1
- 12.2 Handicap fleet will use eZ rating system. If a boat does not have a current eZ rating, one will be assigned.

13. DISCLAIMER OF LIABILITY

- 11.1 Competitors participate in the regatta at their own risk. See RRS 3, Decision to Race. Neither the Organizing Authority, nor the Host Club, shall accept any liability for material damage, personal injury, or death sustained in conjunction with, prior to, during, or after this regatta.

14. SAFETY

- 13.1 All boats shall comply with US Coast Guard and Louisiana safety equipment regulations. It is the responsibility of each skipper to determine if they should start a race, continue racing, or if wearing a life jacket is appropriate. This does not supersede any class rules or regulations that may require the wearing of life jackets while on the water.
- 13.2 All boats shall have a operational VHF radio.

15. AWARDS

- 15.1 Awards for First, Second, and Third in each class.
- 15.2 Award for top female Skipper.

16. INFORMATION

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