



PAMELA SINTES MEMORIAL REGATTA

August 22, 2026

Organizing Authority: Pamela Sintes Memorial Foundation PSMF

Hosted By: New Orleans Yacht Club NOYC, New Orleans, LA

SAILING INSTRUCTIONS

1. RULES

- 1.1. The regatta shall be governed by the rules as defined in the Racing Rules of Sailing (RRS) and the GYA Regulations for Sanctioned Events.
- 1.2. The US Sailing Prescriptions in the Preamble to Part 5, Section B, and RRS 63.1(b) are deleted.

2. NOTICE TO COMPETITORS

- 2.1. Notices to competitors shall be posted on the official notice board located at the North Entrance of NOYC.

3. CHANGES TO SAILING INSTRUCTIONS

- 3.1. Any change to the SI shall be posted on the official notice board 60 minutes before the scheduled start of the first race, except that any change in the schedule of races shall be posted on the official notice board by 1800 on the day before it will take effect.

4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore will be displayed at the signal mast in NOYC dry storage
- 4.2. When flag 'AP' is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes.' This changes RRS race signals AP.

5. SCHEDULE OF RACES

- 5.1. One (1) completed race constitutes a regatta.

SATURDAY		
Until 0900	Registration and Check-In	New Orleans Yacht Club
0815	Competitors Briefing	New Orleans Yacht Club
0955	Warning Signal All Classes	Lake Pontchartrain
1530	Trophy Presentation	New Orleans Yacht Club

6. CLASS FLAGS

6.1. J80 – J80 Class Flag

6.2. Spinnaker – Spinnaker A/B Class Flag

6.3. Non-Spinnaker – Non-Spinnaker A/B Class Flag

7. RACING AREA

7.1 The racing area shall be the South Shore of Lake Pontchartrain.

8. CHECK IN

8.1 [DP] Prior to the warning signal on race day, a boat shall sail past the stern of the RC signal boat and hail her sail number until acknowledged by the RC. Failure to do so may result in a 20% penalty in the first race of the day. This modifies RRS A5.

9. THE COURSES

9.1. No later than the warning signal, the RC will display the course to be sailed.

10. MARKS

10.1. The courses shall be fixed or temporary marks and will be described in the sailing instructions and at the skippers' meeting.

11. THE START

11.1. All classes will start using RRS 26.

11.2. The starting line will be between a staff displaying an Orange flag on the race committee vessel and the course side of the starting mark.

11.3. If any part of a boat's hull is on the course side of the starting line at her starting signal and she is identified, the RC may broadcast her sail number on a VHF radio channel provided at the competitor's meeting. The failure of any boat to hear the hail, the untimely hail of some or all OCS boats, the order of the hail, or the failure to hail any or all boats shall not be grounds for redress. This changes RRS 61.4(b)(1).

11.4. Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.

12. THE FINISH

- 12.1. The finish line will be between a staff displaying an Blue flag on the race committee vessel and the course side of the starting mark.

13. PENALTY SYSTEM

- 13.1. Appendix V will apply.

14. TIME LIMITS

- 14.1. The time limit expires 45 minutes after the first boat in each class finishes
- 14.2. The time limit for the race is 3 hours.

15. PROTESTS & REQUESTS FOR REDRESS

- 15.1. Protests forms shall be available at the regatta official notice board. Protests, request for redress and request for reopening shall be delivered there within the posted protest time limit.
- 15.2. The protest time limit for each day of racing is 60 minutes after the Race Committee signal boat docks. The protest time limit shall be posted on the official notice board.

16. SCORING

- 15.1 Low point scoring system shall be used.
- 15.2 A score of TLE will be two points more than the last boat to finish within the time limit, but not worse than last place. This changes RRS A4 and A10.

17. SAFETY REGULATIONS

- 17.1. All boats shall comply with USCG and State safety equipment regulations. It is the responsibility of each skipper to determine if they should start a race or continue racing. This does not supersede any class rules or regulations that may require wearing life jackets while on the water. A boat which retires from a race shall notify the RC before leaving the racing area, or if that is not possible, at the first reasonable opportunity.
- 17.2. All boats shall have an operational VHF radio.

18. RESPONSIBILITY

- 17.1 Competitors participate in the regatta entirely at their own risk. See RRS 3, Decision to Race. Neither the Organizing Authority, nor the host club, nor the race officials, shall accept any liability for material damage or personal injury or death sustained in conjunction with, prior to, during, or after the regatta.

19. RADIO COMMUNICATIONS

- 19.1. On the water, the race committee will make broadcasts to competitors on VHF radio. The channel will be VHF CHANNEL 69.