

Sailing Instructions

39th ANNUAL FLYING SCOT FLEET 161 REGATTA

August 8 – 9, 2026

Saratoga Lake Sailing Club, Ballston Spa, NY

1. **Rules:** Racing will be governed by the Racing Rules of Sailing (RRS), the prescriptions of the United States Sailing Association (US Sailing), and the rules of the Flying Scot Sailing Association (FSSA), except as any of these are altered by these sailing instructions. The regatta is designated Category A, in accordance with ISAF Regulation 20.

2. **Eligibility:** Competitors may register with, and have all fees paid to, the organizing authority before racing. Competitors shall elect to sail in either the Championship division or the Challenger division; the regatta chairmen may reassign competitors.

3. Schedule

Saturday August 8

8:30 AM – 9:00 AM	Registration
9:30 AM	Skippers Meeting
10:00 AM – 4:30 PM	Racing (weather permitting)

Sunday August 9

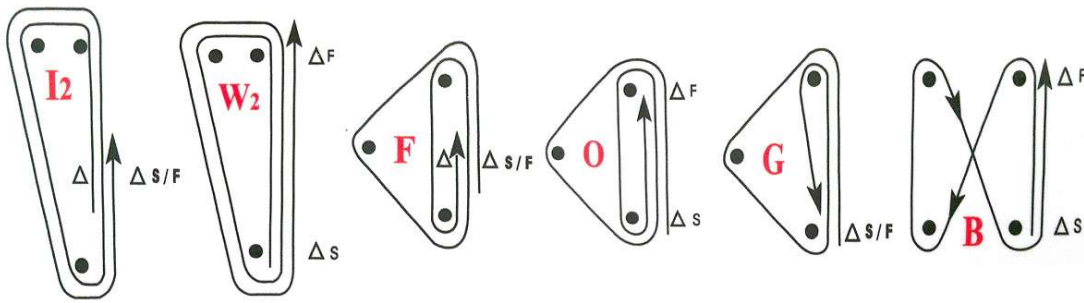
9:30 AM	Harbor Gun
10:00 AM – 1:00 PM	Racing (weather permitting)
2:00 PM	Awards Ceremony

3. **Notices to Competitors** will be posted on the Race Committee Bulletin Board, whose location will be noted at the skippers' meeting.

4. **Signals made ashore** will be displayed from a docked race committee boat.

Code flag "AP" Answering Pendant with two audible signals (one when lowered) means "The race is postponed". The thirty minute harbor signal for the next race will be the same signal for the lowering of the AP.

5. **Courses:** The courses will be as shown in the diagram below:



Shortened courses: The race committee may shorten a race in progress in accordance with RRS 32.

Change of courses after the start: The race committee may change the course of a race in progress. When changing the course, the race committee will display code flag "C" from a race committee boat near the mark beginning the leg being changed and make periodic audible signals. The change will be signaled before the lead boat has begun the leg.

When changing the course after the start, the race committee will move the mark affected by the change as soon as possible. Any mark to be rounded after the "moved" mark may be relocated to maintain the original course configuration. The C flag (mark position changed), Red Flag (rotate port), Green Flag (rotate starboard) and plaques of similar colors and appropriate shape with "+" and "-" to show lengthening and shortening of a leg will be used when changes are made to the course after the start.

The Race Committee may change the angle of a gate without making any signals.

6. **Marks of the course** will be described at the skippers' meeting.

7. **Starting:** Races will be started in accordance with RRS 26. Championship and Challenger divisions may have separate starts. Each Division may sail a different course. The Championship division will be indicated by flag "I" (Roman 1) and Challenger division will be indicated by flag "II" (Roman 2). A combined start will be indicated by flag "FS" (white with blue letters).

The starting line will be between a yellow or orange shape on a race committee boat and the starting mark. The starting mark will be located to leeward of the leeward course mark. In the case that both divisions have a single start the starting mark may be the leeward mark. A race official may be anchored at the starting mark, and may hail premature starters.

Competitors shall check in with the Race Committee before their first race of each day by sailing on starboard tack past the stern of the Race Committee boat, hailing their sail number, and being acknowledged.

Competitors shall notify the Race Committee if they leave the sailing area prior to the completion of races. If the Race Committee cannot be notified prior to leaving the sailing area, it should be notified as soon as possible after returning to shore by reporting to the shore officer.

Round the ends rule: The race committee may invoke RRS 30.1 at its discretion.

8. **Recalls:** Individual recalls will be signaled in accordance with RRS 29.1. The race committee will endeavor to notify any premature starters by hailing of their sail number or other clearly distinguishing feature. The Race Committee will attempt to hail boats OCS on Channel 19 Lo using Marine VHF. Failure of the race committee to hail an OCS boat will not be grounds for redress.

General recalls will be signaled in accordance with RRS 29.2.

9. **Abandonment:** The race committee may *abandon* a race in progress in accordance with RRS 32. Abandonment will be signaled by display of code flag "N" and three audible signals. Code flag "N over H" means the current race is abandoned and further instructions will be made ashore.

The Race Committee may, at its discretion *abandon* a race in progress because of dangerous weather conditions. The race may be *abandoned* even if some competitors have *finished* the race. Competitors shall not request redress under RRS 60.1b from a protest committee for this action. This instruction alters RRS 32.

10. **The finish** line will be between a yellow or orange shape on a race committee boat and the finishing mark. The finishing mark will be located to windward of the windward course mark. In the case that both divisions had a single start the finishing mark may be the windward mark.
11. **Time Limit:** The time limit for the first yacht to finish will be two hours. Yachts failing to finish within 30 minutes after the first yacht finishes may be assigned a finishing position by the race committee. This instruction alters RRS 35. ***No race will be started after 1630 on Saturday, or after 1300 on Sunday.***
12. **Action by the Race or Protest Committee:** Action by the Race or Protest Committee without a hearing will be allowed as prescribed in RRS 63.1.
13. **Protests:** All protests must comply with RRS 61. Protests shall be lodged with a member of the race committee within one hour of the time the race committee boat docks. When the race committee boat docks, there may be one audible signal indicating the start of protest filing time. This time will also be posted on the Race Committee bulletin Board.
14. **Scoring:** The low point scoring system, Appendix A4 of the RRS will apply, with five races or more scheduled, of which one shall be completed to constitute a series, except that each yacht's total score will be the sum of her score for all races. No scores will be excluded. Each Division shall be scored separately.
15. **Safety equipment:** Each yacht must carry the safety equipment prescribed in the FSSA

rules. Failure to carry the required gear may result in disqualification. Race officials may ask to inspect safety gear on the water.

16. **Divisions:** Competitors in the Challenger Division shall indicate their status by display of colored pennants provided at registration from the leech of their mainsail approximately one foot above the foot of the sail.