



WINDSURFER

SAILING INSTRUCTIONS

NSW SUMMER SERIES 2026/2027

NSW STATE COURSE RACING CHAMPIONSHIP

Heat 1 Summer Series		Saturday 17 October 2026 St George Sailing Club 2 Riverside Dr, Sans Souci NSW 2219	
Heat 2 Summer Series		Saturday 14 November 2026 Saratoga Sailing Club 10 Willaroo Rd, Saratoga NSW 2251	
Heat 3 Summer Series	Day 1 State Championship	Saturday 5 December 2026 Toronto Amateur Sailing Club 27 Victory Drive, Toronto NSW 2283	
Heat 4 Summer Series	Day 2 State Championship	Sunday 6 December 2026 Toronto Amateur Sailing Club 27 Victory Drive, Toronto NSW 2283	
Heat 5 Summer Series		Saturday 6 February 2027 DAC - Dobroyd Aquatic Club, Rodd Park Henley Marine Drive, Rodd Point NSW 2046	

With Thanks to our Sponsor



SAILING INSTRUCTIONS

If an instruction is marked [DP], a Protest Committee may impose a penalty less than disqualification for a breach of that instruction if the Committee considers it appropriate to do so.

The scoring abbreviation for a discretionary penalty imposed under this Instruction will be 'DPI'

1. Rules & Definitions

- 1.1. The regatta will be governed by the rules as defined in the ***Racing Rules of Sailing (RRS) (2025 – 2028)*** and the ***Windsurfer Class Rules (WCR)***, except where these are changed by the Notice of Race (NOR) or by these Sailing Instructions (SIs).
Note: (*The Windsurfing Fleet Racing Rules (Appendix B of the RRS)* does not apply.)
- 1.2. If there is conflict between the NOR and the SIs, the SIs will take precedence.
- 1.3. **RRS 31. - Touching a Mark** - is changed to: While racing, a board shall not touch a starting mark before starting or a finishing mark after finishing. A board may touch a mark that begins, bounds or ends the leg of the course on which she is sailing, but shall not hold on to it.
- 1.4. **RRS 42. - Propulsion (Pumping)** As per Windsurfer Class rules, RRS 42 is changed to:
"A board shall be propelled only by the action of the wind on the sail, by the action of the water on the hull and by the unassisted actions of the competitor except that when:
Course Racing and competitors are sailing to windward or on a close-hauled course, pumping (continuous and/or repetitive movement of the rig to induce wind-flow over the sail) is prohibited except from the preparatory start signal to the first 30 seconds after the starting signal.
One long sound signal may be made to indicate 30 seconds after the starting signal.
- 1.5. **RRS 44. - Penalties at the Time of Incident** - is changed to:
 - 1.5.1. **44.1 Taking a Penalty** - A board may take a 360°-Turn Penalty when she may have broken one or more rules of Part 2 in an incident while racing or when she may have broken RRS 31. However, if the board caused injury or serious damage or, despite taking a penalty, gained a significant advantage in the race or series by her breach, her penalty shall be to retire.
 - 1.5.2. **44.2 360°-Turn Penalty** - After getting well clear of other boards as soon after the incident as possible, a board takes a 360°-Turn Penalty by promptly making a 360° turn with no requirement for a tack or a gybe. When a board takes the penalty at or near the finishing line, her hull shall be completely on the course side of the line before she finishes.
- 1.6. **Definition - Tack, Starboard or Port** - is changed to:
A board is on the tack, starboard or port, corresponding to the competitor's hand that would be nearer the mast if the competitor were in normal sailing position with both hands on the wishbone and arms not crossed. A board is on starboard tack when the competitor's right hand would be nearer the mast and is on port tack when the competitor's left hand would be nearer the mast.
- 1.7. **Definition – Capsized** - is changed to:
A board is capsized when she is not under control because her sail or the competitor is in the water.

2. Notices to Competitors

- 2.1. Notices to competitors will be posted on the official race notice board at Host Club.

3. Changes to Sailing Instructions

- 3.1. Any change to the sailing instructions will be posted on the official notice board at least 30 minutes before the scheduled start time of the first race of the session it will take effect.

4. Signals made Ashore

- 4.1. Signals made ashore will be displayed on Host Club's flagpole.
- 4.2. When flag AP is displayed ashore '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP instruction.
- 4.3. When Code Flag 'Q' is displayed ashore, no boards are permitted to leave the shore.

5. Racing Area

- 5.1. The competition area will be in the waters in the immediate vicinity of the Host Club.

6. Schedule of Events

- 6.1. The competition schedule includes the format of Course Racing.
 - 6.2. The event will be run on an 'on call' basis.
Competitors are strongly advised not to leave the vicinity of Host Club during racing sessions as decisions to race may be made quickly based on changing conditions or racing requirements.
 - 6.3. Decisions will be made by the Organising Authority based on safety, conditions and requirements to complete the competition format.
- 6.4.** Multiple briefings may be held each day, and changes may be made through verbal instructions or notices to competitors.

Day/Date	Event
Saturday 17/10/2026	SS Heat 1 – individual entry fee \$30 St George Sailing Club, 2 Riverside Dr, Sans Souci NSW 2219 Registration from 10:30 AM 1st race not before 2:00 PM
Saturday 14/11/2026	SS Heat 2 – individual entry fee \$40 Saratoga Sailing Club, 10 Willaroo Rd, Saratoga NSW 2251 Registration from 9:00 AM 1st race not before 10:00 AM
Saturday 5/12/2026	SS Heat 3 & States day 1 – individual entry fee \$55 Toronto Sailing Amateur Club, 27 Victory Drive, Toronto, NSW 2283 Registration from 9:00 AM 1st race not before 11:00 AM
Sunday 6/12/2026	SS Heat 4 & States day 2 – individual entry fee \$55 Toronto Sailing Club, 27 Victory Drive, Toronto, NSW 2283 Briefing 9:30 AM Racing Session 1 – Warning signal not before 10:00AM Racing Session 2 – No warning after 3:30PM Presentation for the States will be ASAP after racing
Saturday 6/2/2027	SS Heat 5 – individual entry fee \$30 includes post-race sausage sizzle. DAC - Dobroyd Aquatic Club, Rodd Park, Henley Marine Drive, Rodd Point NSW 2046 Registration from 9:00 AM 1st race not before 10:00 AM Presentation for the Sumer Series will be ASAP after racing

7. Identification

- 7.1. All competitors must display a unique sail number in accordance with Class Rules. Failure to comply with this Instruction will result in a board scored as a 'Did Not Compete' (DNC) without a hearing for all races it does not have a complying sail number. This changes rules A4 and A5.
- 7.2. If two sailors have the same number at registration, preference will be given to the sailor whose number matches the LT hull number.
The other sailor will be required to add another digit to construct a unique number.

8. Course Racing

- 8.1. A maximum of 6 course races will be conducted at a Summer Series event.
- 8.2. A maximum of 10 course races will be conducted at the NSW State Course Racing Championships.

9. Competition Divisions

- 9.1. Racing will be held in three categories: Open, Women, and Cruiser.
- 9.2. Cruiser is for returning, progressing or relaxed sailors who prefer a shorter course.
- 9.3. Women may enter the Women's Division without being weighed, or be weighed and race in the Open Division.
 - 9.3.1. Open competitors, including Youth, Juniors, and women who choose Open, will be split into up to four weight divisions of equal numbers.
 - 9.3.2. The official weigh-in for the series is on Day 1 of the State Championships, 5 December 2026, at Toronto. Weights will also be recorded at the Summer Series heats so competitors who cannot attend that day still have a weight on file. Scores for Heats 1 and 2 stay provisional until the official divisions are set. Those results will then be finalised and assigned to the correct division.
 - 9.3.3. After the official weigh-in, the fleet will be divided as evenly as possible into four weight divisions. If the cut-off weights differ sharply, or several competitors sit close to a division boundary, the Organising Authority may move competitors between divisions, so the racing is closer and fairer.
 - 9.3.4. Before the start of the first race, a second weighing procedure may be called by the Organising Authority for the athletes close to the limits of the categories, to recheck the correct registered weight.
- 9.4. Weighing Procedure
 - 9.4.1. Weighing is done during registration on the Organising Authority's official scales.
 - 9.4.2. Competitors weigh in a T-shirt and shorts only, with no footwear and pockets empty.
 - 9.4.3. The Organising Authority may re-weigh a competitor at any time during the event.
 - 9.4.4. If a later weigh-in differs by more than 2 kg from the original weight and that difference would change the competitor's division, the Organising Authority will review the circumstances and may move the competitor to the correct division.
- 9.5. After the official weigh-in, a competitor may not ask for a reweigh.

10. Fleet Class Flags

10.1. All divisions will start as one for Summer Series Heats 1 & 2 with a yellow Windsurfer Class flag as the warning signal.

10.2. Divisions may be divided into two fleets as below for the State Championship; flags will be as follows:

Class/Event/Fleet	Description	Background Colour
Yellow Fleet (Category A , B, W)	Windsurfer class insignia	Yellow
Blue Fleet (Category C, D, N)	Windsurfer class insignia	Blue

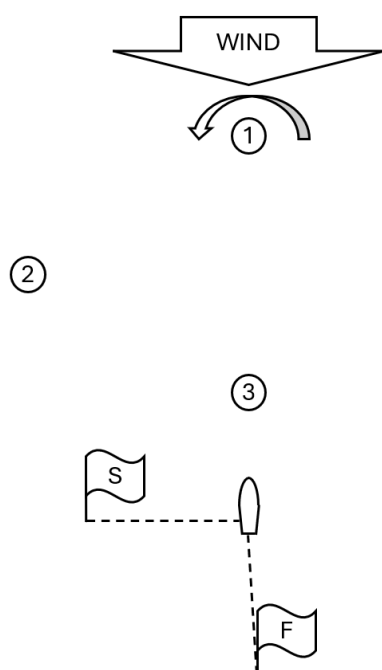
A – Light, B- Medium, C-Medium Heavy, D-Heavy, W-Women, N- Cruisers

10.3. When divided into two fleets the Yellow Fleet will be the first to start.

11. Course

11.1 Where possible the course will be as shown below. However, some clubs like DAC have different courses due to the geography at their location. These courses will be explained in the pre-race briefing.

11.1. Course Diagram - shows the course for course racing, the order in which marks are to be passed and the side on which each mark is to be left.



Course – Triangle / Windward / Leeward

Open Men / Women:

Start – 1 (Port) – 2 (P) – 3 (P) – 1 (P) – S (P) – Finish

Cruiser:

Start – 1 (Port) – 2 (P) – S (P) – Finish

11.2. In each course race, competitors in Cruiser divisions will finish after completing one lap of the course instead of the full two laps.

11.3. All divisions will race on the same course.

11.4. Course racing sessions may consist of multiple races back-to-back.

12. Course Racing & Start / Finish Marks

12.1. All course and start / finish marks will be described at the pre-race briefing

13. Course Racing Start

- 13.1. Course races will be started by using Rule 26, with the warning signal made at 5 or 3 minutes before the starting signal. The sequence used will be confirmed in the pre-race briefing:

5 Minute Count Down

<i>Minutes relative to starting signal</i>	<i>Flag Signal</i>	<i>Sound Signal</i>	<i>Means</i>
- 5	Class Division Flag and /or Numeral Flags	One	Warning signal
- 4	Code Flag P or I, U or Black Flag	One	Preparatory signal
- 1	Preparatory Flag removed	One Long	One minute
0	Division Flag and / or Numeral Flags removed	One	Starting Signal
+ 30 Seconds		One	Cease Pumping

3 Minute Count Down

<i>Minutes relative to starting signal</i>	<i>Flag Signal</i>	<i>Sound Signal</i>	<i>Means</i>
- 3	Class Division Flag and /or Numeral Flags	One	Warning signal
- 2	Code Flag P or I, U or Black Flag	One	Preparatory signal
- 1	Preparatory Flag removed	One Long	One minute
0	Division Flag and / or Numeral Flags removed	One	Starting Signal
+ 30 Seconds		One	Cease Pumping

- 13.2. A board starting later than 3 minutes after her starting signal will be scored 'Did Not Start'.
- 13.3. When a general recall is signalled, a new warning signal will be made 30 seconds after the general recall signal is lowered. This changes RRS 29.2 and Race Signals.
- 13.4. The warning signal for each succeeding division(s) (if applicable) shall be made with or after the starting signal of the preceding division.
- 13.5. Boards whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.

14. Course Racing Finish

- 14.1. Boards who have finished shall sail well clear of the finishing line (more than 20 board lengths past the line) and unless advising the Race Committee of their intention to protest or retire will remain well clear until the last board still racing has finished.
[DP] Boards who breach this instruction may be subject to protest by the Race Committee.

15. Course Racing Time Limit

- 15.1. The target time for the first finisher is 25 minutes
- 15.2. The time limit for the first board in each fleet (regardless of division) to reach the first mark is 10 minutes.
- 15.3. The time limit for the first board in a fleet (regardless of division) to finish a race is 40 minutes.
If the time limits in SI's #15.2 and #15.3 are exceeded the race shall be abandoned.
- 15.4. Boards failing to finish within 15 minutes after the first finisher in their respective division shall be scored DNF.
This changes RRS 35, A4 and A5
- 15.5. Failure to meet the Target Time will not be grounds for redress. This changes RRS 61.

16. Course Racing Protests and Requests for Redress

- 16.1. The protesting board shall inform the other board at the first reasonable opportunity. When her protest will concern an incident in the racing area, she shall hail 'Protest' at the first reasonable opportunity. No red flag need be displayed. She shall also inform the race committee of her intention to protest as soon as practicable after she finishes or retires.
- 16.2. However:
- (1) if the other board is beyond hailing distance, the protesting board need not hail but she shall inform the other board at the first reasonable opportunity.
 - (2) if the incident was an error by the other board in sailing the course, she need not hail but she shall inform the other board either before or at the first reasonable opportunity after the other board finishes.
 - (3) if at the time of the incident it is obvious to the protesting board that either competitor is in danger, or that injury or serious damage resulted, the requirements of this rule do not apply to her, but she shall inform the other board at the first reasonable opportunity, which may be after the finish.
- 16.3. Protest forms will be available from the Host Club on the official notice board. Protests and requests for redress or reopening shall be delivered to the race officer within the appropriate time limit.
- 16.4. The protest time limit for each division is 60 minutes after the last board in that division has finished the last race of the applicable race session.
- 16.5. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the race office beginning at the time posted.
- 16.6. Notices of protests by the race committee will be posted to inform competitors under RRS 61.1(b).
- 16.7. Breaches of Instructions 7 - *Identification*, 20 - *Equipment and Measurement* and 23 - *Support Boats* will not be grounds for protest by a board. This changes RRS 60.1(a). Penalties for these breaches may be less than disqualification if the Protest Committee so decides. The scoring abbreviation for a discretionary penalty imposed under this Instruction will be 'DPI'.

17. Arbitration

- 17.1. RRS Appendix T Arbitration may apply, see Attachment A.

18. Scoring for each event

- 18.1. The Low Point System - RRS Appendix A Scoring will apply.
- 18.2. If multiple divisions are raced in a fleet, the across the line results will be rescored into divisional results.
- 18.3. For example, if Category A and Category B raced in the same fleet and the first Category B board finishes third across the line, it is rescored to 1st for the Category B division.
- 18.4. Heats 3 & 4 are both Summer Series heats and State Course Racing Championship days 1 & 2. These two heats will be scored separately for the purpose of the Summer Series point score as detailed in points 19 & 20.

19. Scoring for the NSW Summer Series

- 19.1. The Low Point System - RRS Appendix A Scoring will apply.
- 19.2. One (1) course race is required to be completed to constitute an event.
- 19.3. When 4 races or less have been completed a board's event course racing score will be the total of her divisional race scores.
- 19.4. When 5 or 6 course races have been completed, a board's event course racing score will be the total of her divisional event scores excluding her worst score ("one drop").
- 19.5. Series divisional placings shall be calculated by ranking competitors within their respective divisions based on their overall event result at each event.
- 19.6. Three (3) events are required to be completed to constitute a series.
- 19.7. When 4 events or less have been completed a board's series course racing score will be the total of her divisional event scores.
- 19.8. When 5 events have been completed, a board's series course racing score will be the total of her divisional event scores excluding her worst divisional event score ("one drop").

20. Scoring for the NSW State Course Racing Championship

- 20.1. The Low Point System - RRS Appendix A Scoring will apply.
- 20.2. Three (3) course races are required to be completed to constitute a series.
- 20.3. When fewer than 5 course races have been completed a board's series course racing score will be the total of her divisional race scores.
When between 5 and 7 course races have been completed, a board's series course racing score will be the total of her divisional race scores excluding her worst score ("one drop").
When 8 or more course races have been completed, a board's series course racing score will be the total of her divisional race scores excluding her two worst scores ("two drops").

21. Safety – Sign On & Sign Off / Buoyancy

- 21.1. Paper sign on and sign off sheets will be used.
- 21.2. For each Course race session each board intending to race shall personally sign-on prior to the warning signal of the race session, and shall personally sign-off as soon as practicable upon returning to shore after each session, but no later than 30 minutes after the last finisher of that session.
[DP] Failure to comply with this Instruction may result in a board being penalised without a hearing:
 - For not signing on - a penalty of 5 points will be added to the score in the first race of that race session
 - For not signing off - a penalty of 5 points will be added to the score in the last race of that race session
- 21.3. A competitor that retires from a race shall notify the Race Committee before leaving the racing area, or if that is not possible, shall notify the scorer, race officer or start finish boat.
- 21.4. All competitors whilst competing in Course Racing shall wear personal flotation devices which are in good condition and are in accordance with the specifications approved by the National Authority at or above the minimum level required (ie L50/ level 50) or as approved by the Organiser.
Failure to comply with this Instruction will result in a board being scored as a 'Did Not Compete' (DNC) without a hearing for all races the competitor did not wear a complying personal floatation device.
This changes RRS A4, and A5.

22. Equipment and Measurement

- 22.1. [DP] A board or equipment may be inspected at any time by a member of the Organising Authority and/or Windsurfer Class representative for compliance with the Windsurfer Class Rules and Sailing Instructions. On the water, a board can be instructed by a Race Committee equipment inspector or measurer to proceed immediately to a designated area for inspection.
- 22.2. [DP] Competitors shall not wear or carry clothing or equipment for the purpose of increasing their weight. However, a competitor may wear a drinking container that may have a capacity of up to 1.5 litres and weigh no more than 1.75 kilograms when full.

23. Event Advertising

- 23.1. [DP] All competitors shall display event advertising supplied by the Organizing Authority and in the manner described.
If this Instruction is broken, World Sailing Regulation 20.9.2 applies.

24. Official Boats

- 24.1. Official boats will be marked by flying the host club's Burgee or Windsurfer Class Association Flag.

25. Support Boats

- 25.1. [DP] Team leaders, coaches and other support persons shall stay outside areas where boards are racing from the time of the preparatory signal for the first start until all boats have finished or retired or the race committee signals a postponement or abandonment.
- 25.2. [DP] During any start sequence support boats shall stay at least 50 meters below the starting line and its extensions.

26. Rubbish Disposal

- 26.1. [DP] Sailors shall not put rubbish in the water. Rubbish may be placed aboard support and race committee boats.

27. Race Results

- 27.1. Race results will be posted on the official notice board when available.
Results may also be published online.

28. Prizes

- 28.1. Prizes will be awarded at the discretion of the Organising Authority.

29. Responsibility and Disclaimer of Liability

- 29.1. Competitors who participate in competition at Host Club do so entirely at their own risk and responsibility.
- 29.2. Attention is drawn to Fundamental Rule 3 - Decision to Race, which states; "The responsibility for a board's decision to participate in a race or to continue racing is hers alone".
- 29.3. By participating in this event each competitor agrees and acknowledges that windsurfing is a potentially dangerous activity with inherent risks.
These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, board handling errors, poor seamanship by other boards or boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury.
Inherent in the sport of windsurfing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.
- 29.4. It is the competitor's sole decision to enter this event and to start and or to continue to compete.
By way of entering, competitors acknowledge and agree that participation in this event can be dangerous and accept that their participation is at their exclusive risk in every respect.
In addition, by way of entering competitors shall hold harmless the Organising Authority, its officers, members, servants and agents and all other competitors in respect of all liability for injury to their person and or loss or damage to their property howsoever arising from their participation or intended participation in this event and acknowledge and accept that the Organising Authority, its officers, members, servants, agents and other competitors accept no responsibility in respect to loss of life, personal injury or loss or damage to property which may be sustained by reason of a competitor's participation or intended participation in this event or arising for whatever reason in connection with this event.
- 29.5. All competitors shall complete and sign an entry form at registration that includes an entry disclaimer.

30. Insurance

- 30.1. Every competitor shall be a member of the Windsurfer Class Association of Australia.
- 30.2. Every competitor shall have current Australian Windsurfing Association (AWA) 3rd party liability insurance obtained through WCAA membership with insurance or membership of Windsurfing NSW (WNSW) or another affiliated Australian Windsurfing Association (AWA) state or club-based organisation.
Every competitor who enters the event is deemed to have confirmed that they have such insurance.
Competitors found not to have such insurance shall have their entry revoked.

Attachment A – RRS APPENDIX T - ARBITRATION

Arbitration adds an extra step to the protest resolution process but can eliminate the need for some protest hearings, thus speeding up the process for events in which many protests are expected.

T1 POST-RACE PENALTIES

(a) Provided that rule 44.1(b) does not apply, a board that may have broken one or more rules of Part 2 or rule 31 in an incident may take a Post-Race Penalty at any time after the race until the beginning of a protest hearing involving the incident.

(b) A Post-Race Penalty is a 30% Scoring Penalty calculated as stated in rule 44.3(c). However, rule 44.1(a) applies.

(c) A board takes a Post-Race Penalty by delivering to the arbitrator or a member of the protest committee a written statement that she accepts the penalty and that identifies the race number and where and when the incident occurred.

T2 ARBITRATION MEETING

An arbitration meeting will be held prior to a protest hearing for each incident resulting in a protest by a boat involving one or more rules of Part 2 or rule 31, but only if each party is represented by a person who was on the board at the time of the incident. No witnesses will be permitted.

However, if the arbitrator decides that rule 44.1(b) may apply or that arbitration is not appropriate, the meeting will not be held, and if a meeting is in progress, it will be closed.

T3 ARBITRATOR'S OPINION

Based on the evidence given by the sailors, the arbitrator will offer an opinion as to what the protest committee is likely to decide:

(a) the protest is invalid,

(b) no board will be penalized for breaking a rule, or

(c) one or more boards will be penalized for breaking a rule, identifying the boards and the penalties.

T4 ARBITRATION MEETING OUTCOMES

After the arbitrator offers an opinion,

(a) a board may take a Post-Race Penalty, and

(b) a board may ask to withdraw her protest.

The arbitrator may then act on behalf of the protest committee in accordance with rule 63.1 to allow the withdrawal.

Unless all protests involving the incident are withdrawn, a protest hearing will be held.