

Sailing Instructions
Bellingham Youth Regatta
Bellingham Yacht Club
August 5-6, 2023

1 RULES

- 1.1 The regatta will be governed by the rules as defined by the current Racing Rules of Sailing, as modified by the NWYRC Notice of Series, the Notice of Race, and these Sailing Instructions.
- 1.2 Class rules shall be observed and enforced by the competitors, except that competitors may use a “club sail” in place of a class legal sail, provided it is of the same dimensions and provides no added advantage.

2 CHANGES TO SAILING INSTRUCTIONS

- 2.1 Any change to the Sailing Instructions will be posted before 1000 on the day it will take effect, except that any change to the schedule of races will be posted by 1700 the day before it will take effect.
- 2.2 Changes to a sailing instruction may be made on the water by raising the L Flag with one signal and verbally communicating the instructions to sailors. The information will also be hailed to coaches and support boats over the radio.

3 NOTICES TO COMPETITORS

- 3.1 Notices to competitors will be posted on the electronic notice board:
<https://theclubspot.com/regatta/crtDo7feqa/#notice-board>
- 3.2 On the water, the race committee intends to monitor and communicate with competitors on VHF radio channel 72 for the Alpha Course and channel 69 for the Bravo Course.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed from the race committee boat at the Squalicum Marina boat launch dock.
- 4.2 When flag AP is displayed ashore, ‘1 minute’ is replaced with ‘not less than 30 minutes’ in Race Signals AP.

5 SCHEDULE

Saturday, August 5, 2023		Sunday, August 6, 2023	
10:00am – 11:00am	Registration and Check-in at the Bellingham Yacht Club, Rigging / Launch at public boat ramp	9am-10:30am	Rigging / Launch @ public boat ramp
10:30am	Safety/Support Boat Meeting @ Public Boat Launch	10:00am	Coach’s Meeting @ Public Boat Launch
11:00am	Competitors Meeting (Mandatory @ Public Boat Launch	11:00am	First Warning
Noon	First Warning	3:00pm	No Starts after this time
6pm (Approx.)	Dinner @ BYC	4:00pm	Awards Ceremony @ BYC

*Any changes to the schedule above will be directly communicated to competitors 24 hours prior to said change.

6 CLASS FLAGS

- 6.1 The Opti Green Fleet Class flag is a green flag with a white Opti emblem.
- 6.2 The c420 Fleet Class flag is a white flag with a blue 420 written on it.

- 6.3 The ILCA 6 (Radial) Class flag is red flag with a white fireburst.
- 6.4 The ILCA 4 (4.7) Class flag is the numeral one pennant.
- 6.4 The Opti Championship Fleet Class flag is a white flag with a blue Opti emblem.
- 6.5 The CFJ Class flag is a white flag with blue FJ emblem.

7 RACING AREA

- 7.1 Racing will take place on Bellingham Bay just south of Zuanich Park.
- 7.2 Green Fleet racing will take place on Bellingham Bay just south of Zuanich Park.

8 NUMBER OF RACES

- 8.1 For all classes, a maximum of eight (8) races may be completed in one day.
- 8.2 A minimum of one race shall constitute a regatta.

9 STARTS and RACE TIME LIMITS

- 9.1 Starts shall be conducted in accordance with Rule 26 (5 Minute Sequence), except that the fleets on Bravo Course will use the 3-Minute Start Sequence as described in Appendix U.
- 9.2 The Race Committee will attempt to hail boats that are over early. This is only a courtesy and will not be grounds for redress. Redress shall not be granted if the Race Committee fails to hail a sail number, is tardy in hailing a sail number, or if a competitor does not hear the hail.
- 9.3 Boats failing to finish within 15 minutes after the first boat finishes shall be scored Did Not Finish without a hearing. However, if there is a clear order among boats that fail to finish within the time limit, then those remaining boats may be finished in place by the Race Committee. This changes Rule 35.

10 COURSES ASSIGNMENTS

- 10.1 **Alpha Course**
C420
ILCA 4, 6, 7 (Laser 4.7, Radial, Standard)- May start together, but shall be scored separately
Opti Championship Fleet
CFJ Fleet
- 10.2 **Bravo Course**
Optimist Green Fleet

11 COURSES

- 11.1 See "Attachment A" for course diagrams
- 11.2 Bravo Course will only be sailing courses 1 or 3.
- 11.3 The target race length on Alpha Course is approximately 30-45 minutes. The target race length on Bravo Course is approximately 10-15 minutes. A race which runs significantly longer or shorter than the target times shall not be grounds for redress.
- 11.4 Course numbers will be displayed by placards.

12 MARKS AND START/FINISH LINES (see Attachment A)

- 12.1 *Alpha Course*: Marks will be orange pyramids. There will be a shorter alternate windward mark ("SW"). Mark "SW" shall be a yellow cylinder set at approximately 60% the length of mark "SW." The start will be between the signal boat with an orange flag and either a committee boat with an

orange flag or an orange ball. The finish will be between a committee boat with an orange flag and a red ball.

- 12.2 *Bravo Course*: Marks will be orange balls. The start will be between the signal boat with an orange flag and an orange mark. The finish will be between a committee boat with an orange flag and an orange mark. The Bravo Course will not have marks labeled as SW, LW, 2, or 3, on Attachment A.
- 12.3 There will be no signals made if the course axis changes less than 20 degrees or the length of the leg is changed less than 20%. This changes RRS 33.

13 PROTESTS AND APPEALS

- 13.1 A boat intending to protest about an incident that occurs in the racing area shall notify the race committee finish boat of her intention as soon as possible after finishing, including the sail number of the boat(s) being protested. This adds to RRS 61.1(a).
- 13.2 Protest forms are available at the registration table. Completed protest forms shall be delivered there within the protest time limit.
- 13.3 The protest time limit is 30 mins after the race committee arrives back at the dock after each day's racing.
- 13.4 Notices will be posted within 10 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the jury room located downstairs in the BYC.

14 SCORING & PENALTY SYSTEMS

- 14.1 The Low-Point scoring system of Appendix A will apply.
- 14.1(a) When fewer than 5 races have been completed, a boat's overall score will be the total of her race scores.
- 14.1(b) When between 5 and 9 races have been completed, a boat's overall score will be the total of her race scores excluding her worst score.
- 14.1(c) When 10 or more races have been completed, a boat's overall score will be the total of her race scores excluding her worst two scores.
- 14.1(d) If a competitor is disqualified, they may discard that score, provided they were not disqualified for poor sportsmanship (Rule 69) and they did not gain significant advantage by breaking a rule (Rule 2). Only in cases where one of these rules was broken shall their next worse score be excluded instead. This modifies Rule 90.3(b)
- 14.2 Results of this regatta will count toward the 2023 NWYRC Summer Series.

15 COACHING

- 15.1 Coaching on the water is permitted between races. At the warning signal for a given race, all coaching shall cease until a competitor has finished that race. To avoid any interference with boats still racing, competitors shall be required to sail to an area at least 150 feet away from the start/finish line when meeting with coach/support boats between races.
- 15.2 Coaching the back 25% during races is permitted in cases where novice racers are slowing the progress of the regatta. Coaches must avoid interfering with the race of other sailors. This changes RRS 41.

16 SUPPORT & SPECTATOR BOATS

- 16.1 Except in the case of emergencies, support and spectator boats must remain a distance of 200 feet from the racing area at all times, and shall not cause significant wake in the racing area.
- 16.2 Coach, support, and spectator boats are required to carry a working VHF radio. They shall monitor either VHF Channel 72 (Alpha Course) or VHF Channel 69 (Bravo Course) at all times.

17 SAFETY

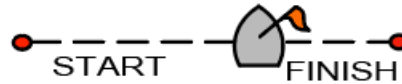
17.1 Competitors shall wear a US Coast Guard (USCG) approved personal flotation device (PFD) while on the water other than for brief periods while adding or removing clothing.

17.2 "Safety and support boats shall come to the aid of a boat or person in danger. A boat perceived to be in danger cannot refuse assistance and may continue racing if she is able." See RRS 1.1 and 41.

Attachment A



- 1. S-1-4-F
- 2. S-SW-LW-F
- 3. S-1-2-3-4-F
- 4. S-1-4-1-4-F
- 5. S-SW-LW-SW-LW-F
- 6. S-1-2-3-2-3-4-F



Notes:

*All marks rounded to port.

*Diagram not drawn to scale, all angles approximate.

*The start line and the finish line may not be crossed, except for when starting or finishing.