

Lewes Yacht Club

CBYRA Youth Regatta

July 22 2026

Hosted by Lewes Yacht Club Lewes, DE

SAILING INSTRUCTIONS

1. Rules

1.1 The regatta will be governed by the rules as defined in the current Racing Rules of Sailing. RRS 60.4(a)(2) is changed as follows: "(2) if it alleges a breach of a rule of Part 2 or rule 31 and is from a boat that was not involved in, and did not see, the incident, or".

2. Changes to Sailing Instructions

2.1 Any changes in the sailing instructions will be posted before 0900 hours on the day it will take effect, except that any change in the schedule of races will be posted by 2000 hours on the day before it will take effect.

3. Communications with Competitors

3.1 Notices to Competitors will be posted on the official regatta notice board located in the Regatta Room on the first floor of LYC and at the online registration URL.

4 Code of Conduct

4.1 [DP] Competitors and support persons shall comply with reasonable requests from the race officials.

5. Signals Made Ashore

5.2 Signals made ashore will be displayed from a Hobie Wave Mast located between the bay and the clubhouse on the beach.

5.3 When flag AP is displayed ashore, "1 minute" is replaced with "not less than 30 minutes" in race signal AP.

6. Schedule of Races

6.1 Wednesday July 23

0800 Light Continental Breakfast

0800 Check in

0930 Competitors meeting

1100 Warning signal for the first race, all courses. Subsequent Races will be held back to back. Lunch on the water

1500 No race will be started after this time

7. Class Flags

Club 420: 420 Class Logo on White Flag

Laser Radial: Red Laser Logo on Green Flag

Sunfish: Sunfish Logo on White flag

Opti: red/white/blue: Opti symbol on white

Opti Green: Opti symbol on green

8. The Courses

8.1 The diagrams in Addendum A show the courses, including the order in which the

marks are to be passed, and the side on which each mark is to be passed. The ratio of leg length and angles are for illustration purposes and not accurate

8.2 The course will be displayed by a visual signal on board the race committee boat that states the letter and the number of the course.

8.3 To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark. This changes rule 33.

8.4 There **may** be an offset mark used at the windward mark

9. Marks

9.1 Marks will be drop marks

10. The Start

10.1 **All fleets** will be started using the audible-signal racing system as described in RRS appendix U.

10.2 If more than one class is starting in the racing circle, the class starting will be displayed on a staff prior to the warning signal.

10.3 Starting Penalty flags may be displayed not later than the attention signal for the class starting and comply with RRS 30. This is not a timed signal.

10.4 [DP] Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.

10.5 If any part of a boat's hull is on the course side of the starting line at her starting signal and she is identified, the RC will attempt to hail her sail number. A boat may not request redress based on failure of the RC to hail her number, failure of her to hear such a hail, or the order in which the boats are hailed. This changes RRS 61.1(a).

10.6 A boat that does not start within 5 minutes after her starting signal shall be scored DNS/DNC without a hearing. **(Except Opti Green fleet)**. This changes RRS A4 and A5.

10.7 The starting line will be between a staff displaying an orange flag on the Race Committee boat and a pin end starting mark.

10.8 A series of short sound signals may precede the warning signal of each race. These are not timed signals.

11. The Finish

11.1 The finishing line will be between a staff displaying a blue flag on the Finish boat or Signal boat (depending on the course) and the course side of the opposite end finishing mark.

12. Time limits

12.1 The time limit for a race on all courses is 40 minutes. If the first boat finishes within the race time limit all other boats in that class not finishing within 15 minutes will be scored time limit expired (TLE) without a hearing.

13. Hearings, requests for redress, and scoring inquires

13.1 A competitor shall not communicate with a coach, parent or other support person before reporting the **intention** to protest to the protest committee.

13.2 Protests shall be in writing, on forms available in the regatta room on the notice board within the protest time limit.

13.3 Protest time limit is 30 minutes after the race committee boat for the protesting boats 'course has docked.

13.4 Protest notices will be posted in the regatta room within 15 minutes of the protest

time limit. This will inform competitors where and when there is a hearing.

14. Safety [DP]

14.1 [DP] A condition of entry and participation in this regatta is the wearing of a U.S. Coast Guard approved personal flotation device (PFD), or for international competitors only, an appropriately sized PFD/buoyancy aid as approved for use in the competitor's country of origin. All PFDs/buoyancy aids shall be properly secured at all times while on the water, except for brief periods while removing or adding clothing. All PFDs must be suitable for the competitor's weight. Wet suits, dry suits, and inflatable PFDs are not approved nor permitted as PFDs. Failure to wear a proper PFD will result in a penalty up to and including disqualification at the discretion of the protest committee. These changes are added to RRS 40, and the Preamble to Part 4 will not apply to RRS 40.

14.2 [DP] All Boats are required to leave the beach through one of two gates flagged on the beach when leaving to participate. All boats are then required to check in with the race committee signal boat before the WARNING SIGNAL of their first race of the day. All boats are then required to check in when returned to the beach at either of two flagged gates on the beach at the end of the day.

14.3 [DP] A competitor leaving the racing area before racing is completed is required to notify a race committee or safety boat as soon as practicable, and notify the beach crew at either of two flagged gates when returned to the beach

14.4 RC starting line boats may use a stand off buoy.

15. Spectators and Coaches

15.1 Coaches, safety and spectator boats shall stay well clear of the racing area, of any racing boat, mark or lay line, as well as race committee boats, from the warning signal for the first race until all competitors have finished or the race committee signals a postponement, general recall or abandonment, except as provided in the Sailing Instructions 14.3 for support boats to assist retired competitors

15.2 Radio channels:

Spectator, coach and safety boats should monitor:

Opti R/W/B Course: VHF channel 78

Laser Course: VHF channel 72

Opti Green: VHF channel 68

15.3 Coaching on the Opti Green course is requested, but shall not interfere with the racing of other sailors on course.

16 Disposal of Trash

16.1 [DP] Boats observed purposefully discharging trash into the water will be disqualified from all races sailed.

17. Disclaimer of Liability

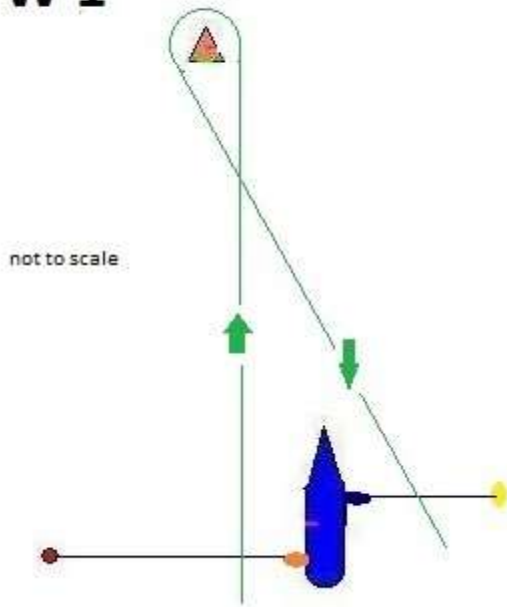
17.1 Competitors participate in the regatta entirely at their own risk. See RRS 3, Decision to Race. The organizing authority or any other party involved in the organization of the regatta will not accept any responsibility or liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

Tides in the racing area:

Times are local DST. Tidal current is *significant* in the racing area, especially the ebb. The ebb tide flows from the Roosevelt Inlet towards the large rock breakwaters.

Wednesday **July 22, 2026 High 1614 Low 0930**

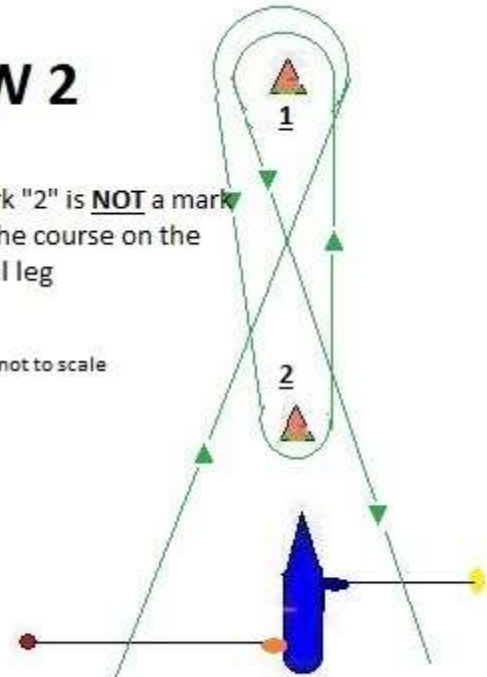
W 1



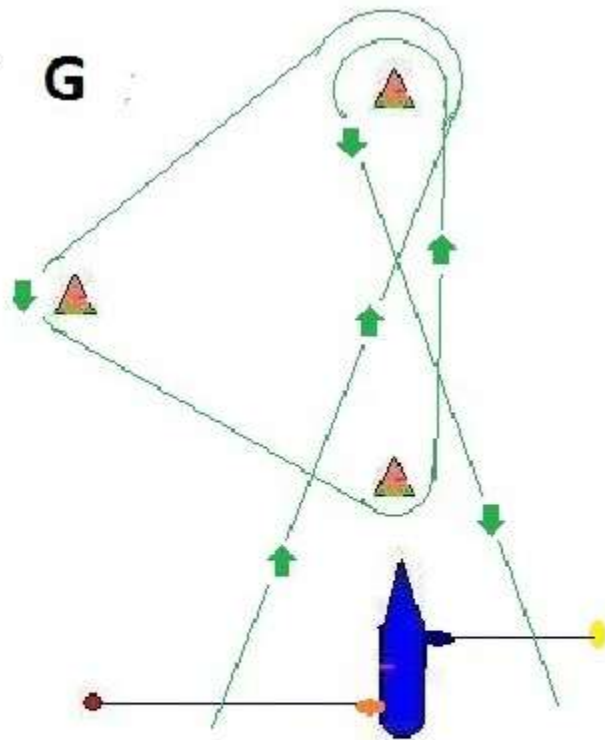
W 2

Mark "2" is **NOT** a mark of the course on the final leg

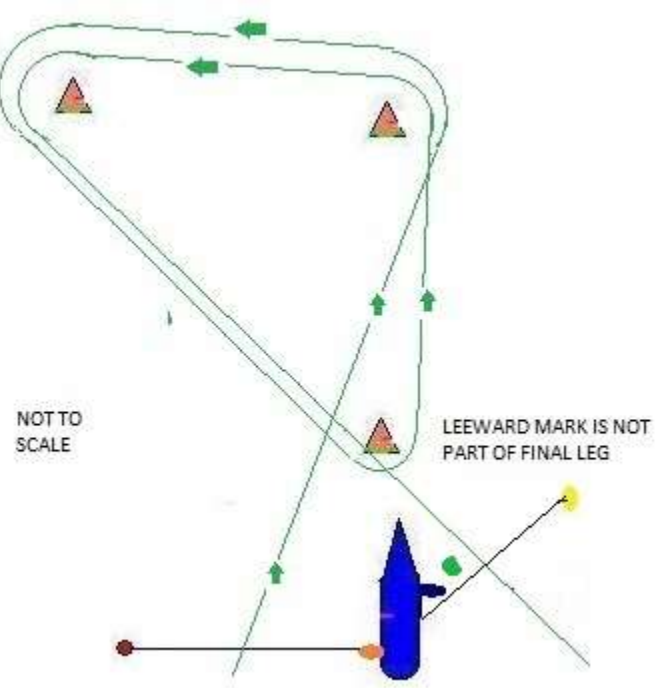
not to scale



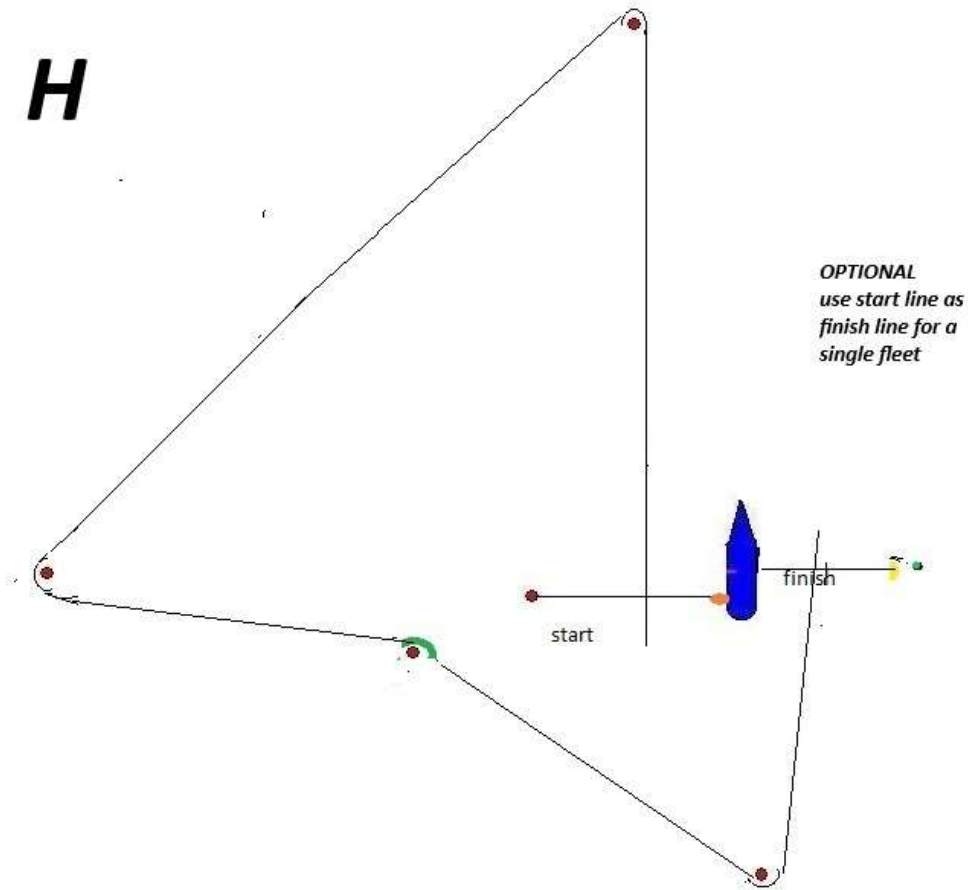
G



T2P



H



W1 Start Windward Finish

Windward Leeward One laps

W2 Start Windward Leeward Windward Finish

Windward Leeward Two laps

G Start Windward Reach Leeward Windward Finish

Gold Cup **** Leeward Mark is not part of course on final leg

T2P Start Windward Reach Leeward Windward Reach Finish between limit mark and Pin

Triangle 2 Lap Parade Finish

H Start Windward Reach Stbd Reach Leeward Finish

Harry Anderson