

Commodore Lynch Handicap Race

July 18, 2026

Mission Bay Yacht Club
1215 El Carmel Place
San Diego, CA 92109
858-488-0501

Sailing Instructions

1. Rules

- 1.1. This race is governed by the rules as defined in the Racing Rules of Sailing.
- 1.2. Racing Rules 33, 35, 44.1, A4 and Racing Signals have been changed in these instructions.
- 1.3. Advertising for this race is designated as Category C.

2. Notices to Competitors

- 2.1 Notices to competitors will be posted on the bulletin board located on the south exterior wall of the MBYC main clubhouse, near the flagpole.

3. Changes to Sailing Instructions

- 3.1 Any change to these sailing instructions will be posted before 1000 on the day of the race.

4. Signals made Ashore

- 4.1 Signals made ashore will be displayed from the flagpole on the porch of the main clubhouse.
- 4.2 When AP is displayed ashore “one minute” is replaced with not less than 45 minutes.

5. Schedule of Races

- 5.1 1000 - Competitors Meeting on the porch of the Bodrero Building.
- 5.2 1155 - Warning Signal for first fleet with subsequent starts to follow.
- 5.3 Starting sequence will be announced at the competitors meeting.

6. Class Flags

- 6.1. The PHRF class flag will be a yellow flag HCK in blue.
- 6.2 Other class flags will be class insignia on a plain field.

7. The Courses

- 7.1 No later than the warning signal the race committee will display the course number and bearing to the first mark.
- 7.2 Course diagrams are illustrated in Appendix 1. They describe the courses, order the marks are to be passed and the side to which each mark is to be left.

- 7.3 The first Windward Mark W will be placed 1 mile to windward of the start line. This may or may not be the precise lat long described in Appendix 1.
- 7.4 Course 3 on the course chart is not in use and mark W2 is not in the water.

8. Marks

- 8.1 Marks R1, R2 and W1 are Orange Tetrahedrons.

9. The Start

- 9.1 Races will be started using RRS26
- 9.2 The start line will be between a staff displaying an orange flag on the signal boat and a float displaying an orange flag on a staff.
- 9.3 Five boats are required to form a separate fleet start.

10. Change of Course

- 10.1 If a race committee boat displays code flag “C” as you approach mark R1 or R2 from the south, round that mark to port and proceed directly to finish. This changes Rule 33 and Race Signals.

11. The Finish

- 11.1 The finish will be between a staff displaying a blue flag on the Finish Boat and an orange flag on a float.

12. Time Limits

12.1 Boats not starting within 4 minutes of their starting signal will be scored Did Not Start (DNS). This changes RRS 35 and A4.

12.2 Time limit for the first boat to finish is 4 hours.

12.3 Boats failing to finish within 90 minutes after the first boat of their fleet sails the course will be scored Did Not Finish (DNF). This changes RRS 35 and A4.

13 Penalty Turns

13.1 The two turn penalty is replaced with a one turn penalty. This changes RRS 44.1.

14. Protests and Requests for Redress

14.1 Protests shall be written on forms available from the MBYC office and submitted not later than one hour after the Signal Boat docks at MBYC. A boat protesting must notify the race committee of its intention shortly after finishing with the identity of the boat being protested.

15. Safety

15.1 All boats are required to check in with the RC Signal Boat sailing by the stern of the Signal Boat on `starboard tack after the RC signals flag "L" and prior to the first warning signal. Boats may check in by radio on channel 71 in lieu of sailing by. In either case the check in is not complete until the RC verbally acknowledges the sail number.

15.2 All participants younger than 14 must wear a Coast Guard approved PFD while afloat.

15.3 Competitors must notify race committee if leaving the race area before finishing. If this is not practical, notify the club office immediately upon return to MBYC.

16. Radio Communications

16.1 Competitors are encouraged to monitor Channel 71 in a listen only mode. Competitors may transmit in an emergency such as crew overboard or if they require assistance due to equipment casualty.

17. Scoring

17.1 Scoring will be in accordance with RRS Appendix A. PHRF will be scored TOT.

Craig Storms
PRO

Joe O'Leary
Regatta Chair

APPENDIX 1

Course #1:
Start, Ws, R1, Finish
Dist. = 7.25 nm

Course #2:
Start, Ws, R1s, R2, R1, Finish
Dist = 11.82 nm

Course #3:
Start, Ws,
R1s, R2s, W2, R2, R1, Finish
Dist = 16.08 nm

Subscript "s" means leave to starboard; else
leave to port

Marks:
W, W2, and R's: Orange Tetrahedrons

W: 32° 46.60' N
117° 17.05' W

R1: 32° 48.90' N
117° 18.40' W

R2: 32° 50.93' N
117° 18.60' W

W2: Near the La Jolla C Mark (see insert)

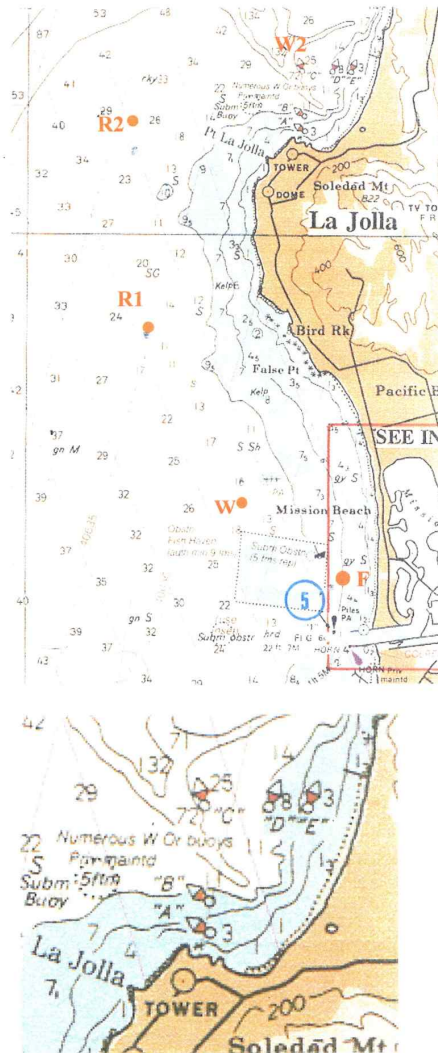
Start: About 1 nm downwind of mark W

Finish: 32° 45.80' N
117° 15.70' W

Approximate Magnetic Headings:

Start to W	As posted at start
W to R1	320°
W to R2	331°
R2 to W2	049°
W2 to R2	229°
R2 to R1	164°
R1 to Finish	129°

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Windward mark "W" is set approximately one mile upwind of start. Lat Long shown for W on this chart is approximate.