SHERIDAN SHORE SAILING

SHERIDAN SHORE SAILING SCHOOL
TACK OR TREAT SCRIMMAGE
October 3, 2026

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SAILING INSTRUCTIONS (SIs)

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1. RULES

1.1 The scrimmage will be governed by the 2025–2028 Racing Rules of Sailing (RRS), US Sailing Prescriptions, NOR, and these Sailing Instructions.

1.2 In the event of a conflict, these Sailing Instructions shall take precedence.

2. CHANGES TO SAILING INSTRUCTIONS

2.1 Any written changes to the SIs will be posted before 09:00 on the Official Notice Board.

2.2 Changes on the water may be made by hailing competitors, flying Flag "L", and communicating via VHF.

3. SIGNALS MADE ASHORE

3.1 Signals made ashore will be displayed at the flagpole on the upper deck.

3.2 When flag AP is displayed ashore, "1 minute" is replaced with "not less than 30 minutes" in Race Signals AP.

4. SCHEDULE OF RACES

08:45 — Coaches' Meeting
09:00 — Competitors' Arrival, Rigging & On the Dock
09:30 — Competitors' Meeting
10:15 — First Warning Signal (Morning Session)
12:00 — Lunch Ashore on the WHC Deck
13:30 — First Warning Signal (Afternoon Session)
15:30 — Mock Protest on WHC Deck (Singlehand Fleet vs Doublehand Fleet)
16:00 — Awards & Autumn Treats

5. RACING AREA & SHORE ETIQUETTE

5.1 The racing area will be Lake Michigan waters directly outside Wilmette Harbor.

5.2 Lunch will take place in a tucked-away corner of the Wilmette Harbor Club deck. All sailors and volunteers must ensure all trash and gear are packed up so we leave the space spotless.

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6. COURSES & MARKS

6.1 Diagrams of course configurations (W-O-G-F) will be reviewed at the Competitors' Meeting.

6.2 Marks will be colored buoys.

7. THE START & FINISH

7.1 The starting line will be between a staff displaying an orange flag on the Race Committee vessel and a mark on the port end.

7.2 The starting sequence will follow Appendix U 3-minute audible starts.

7.3 The finish line will be between a staff displaying a blue flag on the RC boat and the designated finish mark.

8. HEARING REQUESTS

8.1 Protest time limit is 30 minutes after the Race Committee boat docks. Protest forms are available in the main office.

9. SAFETY & COACHING

9.1 Lifejackets (PFDs) must be worn at all times while on the water.

9.2 Coaches and safety craft must monitor VHF channel 69 (420/ILCA) or 68 (Opti) and maintain kill-switch lanyards attached.

10. AWARDS & PRIZES

10.1 Sheridan Shore Sailing School gear and pumpkins/gourds will be awarded at 16:00 on the SSSS deck!

Regatta Host Contact:

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