



Pequot Opti Rumble
Pequot Yacht Club
669 Harbor Road, Southport, CT 06890
July 11th 2026
Classes: Optimist
Open to: JSA Area A,B,C
Qualifier for: JSA Optimist Championships

Notice of Race

- *Pequot Yacht Club (PYC) is the Organizing Authority (OA) in partnership with the Junior Sailing Association of Long Island Sound)*
- **[DP]** *The notation '[DP]' in a rule means that the penalty for a breach of the rule may, at the discretion of the protest committee, be less than disqualification.*

1. RULES

- 1.1. The regatta is governed by:
 - 1.1.1. The rules as defined in the Racing Rules of Sailing (RRS).
 - 1.1.2. Optimist Class Rules.
 - 1.1.3. The Rules for JSA Events.
 - 1.1.4. the JSA Code of Conduct (see last page of this notice).
 - 1.1.5. US Sailing [Athlete Safety Handbook](#).
 - 1.1.6. RRS Appendix V1 Penalty at the Time of an Incident, and Appendix V2 Post-Race Penalties, will apply.
 - 1.1.7. The following RRS is changed: Rule 60.2(a) is changed so that "A boat intending to protest about an incident that occurs in the racing area shall notify the Race Committee (RC) finish boat of her intention as soon as possible after finishing, without consultation with instructors, coaches or support persons, including (if possible) the boat identification number of the boat(s) being protested."

2. SAILING INSTRUCTIONS

- 2.1. The sailing instructions will be available on the link below.

3. COMMUNICATION

- 3.1. This Notice of Race, the Sailing Instructions, results and other information will be available at [clubspot](#). Notices to competitors will be posted on the official notice board located at Pequot Yacht Club on the Senior Clubhouse Notice Board.
- 3.2. Each safety and support vessel shall carry a VHF radio capable of communicating on all US channels.

- 3.3. [DP] All support vessels shall monitor the designated VHF channels for each course. Support persons shall maintain silence on these channels unless safety-related communication with the race committee or safety patrol is necessary.
- 3.4. On the water, the race committee will make courtesy broadcasts to competitors on loudhailers. Courtesy broadcasts to support persons will be made via VHF radio. Designated channels will be listed in the sailing instructions.
- 3.5. [DP] While racing, from the first warning signal until the end of the last race of the day, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication not available to all boats.

4. ELIGIBILITY AND ENTRY

- 4.1. This regatta is open to all competitors who meet JSA and regatta eligibility requirements.
- 4.2. This event is open as a qualifier for JSA Optimist Champs to sailors representing member programs in JSA Area A, B or C only. Sailors from programs outside JSA Area A, B or C may enter as non-champs qualifiers if space permits, in which case entries will be accepted in order of date of receipt.
- 4.3. Eligible boats may enter by registering online at [Clubspot](#). To be considered an entry in the event, a boat shall complete all registration requirements and pay all fees.
- 4.4. Questions regarding eligibility and registration should be directed to Pequot Sailing Director, Maggie Whidden.

5. MEASUREMENT, SAFETY AND EQUIPMENT

- 5.1. Each skipper shall present their self-check boat safety form at registration.
- 5.2. Weight restrictions: Some or all competitors in classes with minimum weight restrictions may be required to weigh in during the registration period.

6. FEES

- 6.1. The entry fee is \$100 per sailor due at 5:00pm on July 9th. The fee for entries submitted after the due date is \$110 per sailor. No refunds of the entry fee will be made after July 6th. There is no fee to send an Instructor. The entry fee includes swap and post racing refreshments.
- 6.2. All skippers, crews, and Instructors are required to check in (in person) on the first day of the event.

7. SCHEDULE

Day	Date	Time	Activity	Location
Saturday	July 11th	7:30 am-9:30 am	Arrival / Registration	Sr. Clubhouse Docks / Lawn
		9:15 am	Instructor's	Sr. Clubhouse

			Meeting	Upper Deck
		9:30 am	Competitor's Meeting	Sr. Clubhouse Lawn
		9:45 am	Harbor Start	Docks
		1:00 pm	Lunch	On the water
		4:30 pm	Post Racing Refreshments and Awards	Sr. Clubhouse Lawn
		5:00 pm	Sailor Pickup / Departure	Sr Clubhouse

7.1. No warning signal will be made after 3:30pm on Saturday July 11th

8. VENUE

8.1. The racing area will be in the waters off Southport Harbor.

9. COURSES

9.1. The courses to be sailed will be as described in the Sailing Instructions.

10. SCORING

10.1. 8 races are scheduled. One race is required to be completed to constitute a series.

10.2. When fewer than six (6) races have been completed, a boat's series score will be the total of her race scores. When six (6) to ten (10) races have been completed, a boat's series score will be the total of her race scores excluding her worst score. When eleven (11) or more races have been completed, a boat's series score will be the total of her race scores excluding her two worst scores.

11. PRIZES

11.1. Prizes will be awarded to the top 3 finishers in each division.

11.2. A sportsmanship trophy may be awarded at the discretion of the race committee.

12. SUPPORT VESSELS

12.1. Any program entering three or more boats shall supply an instructor with a support vessel equipped with a working VHF radio, an anchor and a first aid kit.

12.2. All support vessels shall be equipped with a functioning engine safety cut-out switch (kill switch) which shall remain attached to the operator at all times while the engine is running.

12.3. The instructor shall register with the OA at registration.

12.4. Instructors shall attend the instructors' meeting to receive safety assignments.

- 12.5. Any program entering fewer than three boats that will not supply a support vessel shall arrange with another program to allow the supervising Instructor out onto the water. In no circumstance shall competitors be allowed to sail without a designated instructor on the race course.

13. HAUL-OUT RESTRICTIONS

- 13.1. All boats arriving will be stored as directed by Pequot Yacht Club staff and event volunteers on Saturday morning. If you would like to make arrangements to drop off a boat prior to the day of the event, please contact Maggie Whidden (see below).
- 13.2. As directed by PYC staff and event volunteers, boats arriving by land shall be launched from the Pequot Yacht Club ramp on Saturday morning.

14. DRONE USAGE

- 14.1. Drones are not allowed at the event unless they are authorized by the Organizing Authority (OA). Content from OA authorized drones should not be used for coaching during the event. If the content is used for coaching (or other similar purposes) it shall be made available to all competitors at the same time and not during competition hours. Further, the content shall be made available to the JSA for promotional purposes by promptly emailing said content to news@jsalis.org."

15. SPECTATOR CRAFT

- 15.1 Due to the geographically restrictive nature of Southport Harbor and the limited space at Pequot Yacht Club, spectator vessels shall not be brought to the Pequot Yacht Club either by trailer or by water.
- 15.2 No accommodations will be made for mooring of spectator craft. Spectator vessels are welcome to observe the racing in Long Island Sound. Spectator and support vessels shall stay well clear of the course area including spectator/coaching area boundary marks while boats are racing and must listen to the radio for updates and directives coming from the race committee on a VHF channel to be announced at the Instructor's Meeting.

16. RISK STATEMENT

By registering for this event, the person-in-charge of each boat agrees with the following:

- My crew and I recognize that sailing is an activity that has an inherent risk of damage and injury, sickness and disease associated with it. We have read RRS 3, Decision to Race, and hereby acknowledge and agree that we are participating in this event entirely at our own risk.
- I acknowledge and agree that neither the organizing authority, host club nor the race committee, nor their members will be responsible for: a) any damage to the entered boat or my other property, or b) any injury, sickness or disease to my crew or me, including death, sustained as a result of our participation in this event.
- I hereby waive any rights I may have to sue the race organizers (organizing authority, host club, race committee, protest committee, sponsors or any other

organization or official) with respect to personal injury, sickness or disease or property damage suffered by my crew or me as a result of our participation in this event, whether on the water or on shore, and hereby release the race organizers from any liability for such injury, sickness or disease (including communicable diseases such as Covid-19) or damage to the fullest extent permitted by law.

- I have taken all necessary steps to ensure that my crew and I and my entered boat are adequately prepared for all possible contingencies, including carrying and using appropriate safety equipment as may be required by law, racing rules and that a prudent seaman would consider advisable.

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***I agree to be bound by all rules that govern this event.
I will inform all crewmembers of the conditions***

Regatta Chairpersons: Jerry Ruggieri, Wendy Ryan

Principal Race Officer: Evan Olmstead

Please direct all inquiries via PYC Junior Sailing Director Maggie Whidden:

Email: teampequot@gmail.com

Telephone: 203-255-5740 X 21

Pequot Yacht Club monitors VHF channel 69

Junior Sailing Association of Long Island Sound Code of Conduct

Introduction

The JSA Code of Conduct applies to all JSA Sailors, Parents, Coaches and anyone present in support of a sailor or an event ("Support Person") when attending JSA Sanctioned Events. It applies from the time one arrives at the event to the time of departure, and it applies to conduct both on and off the water. The Code is intended to prescribe appropriate behavior for every aspect of participation in a JSA event. It is not intended to establish a set of rules.

Commitment

I promise:

- I will use my best efforts to learn and follow the Racing Rules of Sailing.
- I will be honest, fair, courteous, respectful and a good sport, whether I am winning or losing.
- I will treat competitors, coaches, regatta officials, parents, hosts and all others with respect, even if I believe that person is wrong.
- I will comply with the reasonable requests of any regatta official, team coach and/or parent chaperone that may be associated with an event.
- I will respect the rules and conditions of the regatta, the Host Club or sailing venue.
- I will follow all regulations governing the operation of support craft.
- I will not use another's property without permission, steal or damage another's property.
- I will not hit, abuse, bully, make fun of or call anyone names.
- I will not swear or curse.
- I will not abuse my equipment in anger.
- I will follow all safety procedures and instructions given by race officials, regatta hosts and other responsible adults. I will promptly notify a race official, coach or responsible adult if another person is in danger.
- I will not engage in any conduct that endangers the health or safety of another competitor.
- I will not use alcohol, tobacco, or any drugs that were not prescribed specifically for me.
- I will respect the grounds of the sailing venue and the waters on which I sail, by being responsible for my items and disposing of my trash responsibly.
- I will demonstrate "Corinthian Spirit", meaning I will place good sportsmanship, fair play and respect for the rules above winning.

Enforcement of the Code

It is expected that a Sailor and his/her support group enters an Event understanding the Code. First and foremost, compliance with this Code is mandatory and, if words or actions result in a breach of the Code, the expectation is that the Sailor will report him or herself to the Organizing Authority. Alternatively, a breach of the Code may be reported by peers or others in attendance who have witnessed such an incident.

Handling of Code Violations

When necessary, enforcement may take the form of disciplinary action as outlined by the RRS, the US Sailing SafeSport Handbook, and the US Sailing Regulations and Bylaws.

If an incident is brought to the attention of the Organizing Authority, Event Host and/or the Protest Committee alleging that a competitor has violated this Code, the Protest Committee shall notify the competitor and conduct a hearing that meets the requirements of Part 5, Section B of the RRS. Under such circumstances, the competitor has the right to voluntarily withdraw from the event rather than proceeding with a hearing.

If the Protest Committee decides that the competitor has violated the Code and is not exonerated, it may:

- a. remove some or all of the competitor's event privileges or benefits,
- b. disqualify the competitor's boat from the race or races sailed nearest in time to that of the incident, or
- c. disqualify the competitor's boat from all races in the event and exclude the competitor from the event or venue.

Further action may be determined by the Protest Committee if warranted including considering calling a hearing under RRS 69.2(b) or remanding it to the US Sailing Review Board or SafeSport.

Under such circumstances, the Host Club Event Chair shall take disciplinary action within 48 hours and shall notify the Chair of the JSA regarding the action.

Scoring

When a competitor withdraws from part of an event pursuant to the Code, the scores of all completed races shall stand for the purposes of determining the seeding of subsequent rounds or stages in the event. However, that competitor's boat/team will no longer be eligible to compete in the event, shall be removed from the final event scores, and each boat/team with a worse finishing place in the event shall be moved up one place. The same scoring applies if a boat is disqualified from the remaining races in an event.

Parents, Coaches & Support Persons

Parents, Coaches and Support Persons are expected to adhere to the Code and the Commitments listed above. It is expected that any violation of the Code and/or Commitments will be reported to the Organizing Authority, Event Host and/or Protest Committee and will be addressed as outlined under "Handling of Code Violations" above.

The actions that a Protest Committee may carry out for Support Person misconduct are defined in RRS 64.4. They include:

- a. issue a warning;
- b. exclude the person from the event or venue or remove any privileges or benefits, or
- c. take any other action within its jurisdiction as provided by the rules.

The protest committee may also penalize a competitor for the breach of a rule by a support person by changing the boat's score in a single race, up to and including DSQ, when the protest committee decides that:

- a. the competitor may have gained a competitive advantage as the result of the breach by the support person, or
- b. that the Parent, Coach or Support Person has committed a further breach after the competitor has been warned by the protest committee that a penalty may be imposed.