



OCTOBER 3 & 4

The 2026 Fontelieu One-Design Regatta

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Sailing Instructions

CPYC FALL RS AERO and ILCA (LASER) REGATTA OCTOBER 3 & 4, 2026

1 Rules

The regatta shall be governed by the *rules* as defined in *The Racing Rules of Sailing 2025 - 2028* and these Sailing Instructions. If the Notice of Race and these Sailing Instructions conflict, these Sailing Instructions shall apply.

2 Notices to Competitors

Notices to competitors shall be posted on the Official Notice Board located on the south wall of the CPYC clubhouse.

3 Changes to Sailing Instructions

Changes to the Sailing Instructions shall be posted on the Official Notice Board before 0900 on the day they will take effect, except that any change in the schedule of races shall be posted by 1900 on the day before it takes effect.

4 Signals Made Ashore

- 4.1 Signals made ashore shall be displayed on CPYC's flagpole.
- 4.2 When flag AP is displayed ashore, removing it means either an abandonment signal will follow immediately, or a race signal will be made on the water not earlier than 45 minutes after removal. This changes race signal AP.

5 Schedule

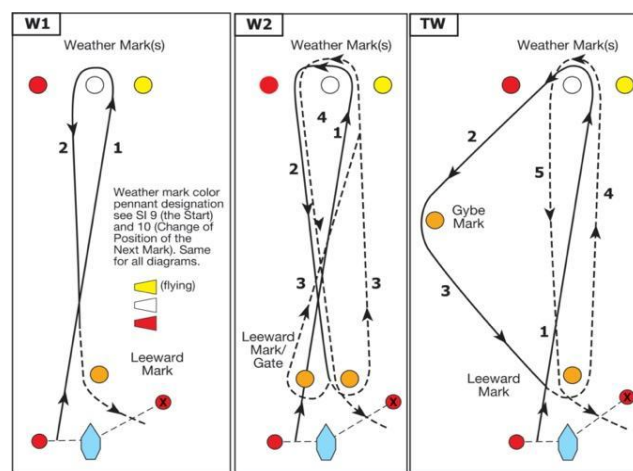
- 5.1 Oct. 3rd 0900-1000 Registration (Governors' Room)
1030 Competitor's Meeting
1100 Harbor Start for ILCA's ("Lasers")
1200 First warning signal for Lasers
1115 Harbor Start for RS Aeros
1215 First warning signal for RS Aeros
- Oct. 4th 1000 Harbor Start for RS Aeros
1100 First warning signal for RS Aeros
1015 Harbor Start for Lasers
1115 First warning signal for Lasers
No initial warning signal after 1500
- 5.2 The number of races conducted shall be at the discretion of the race committee.

6 Racing Area

- 6.1 The racing area shall be in the vicinity of the Saugatuck River mouth.
- 6.2 Tides predicted at Saugatuck River entrance:
- | Day | High | Low |
|--------|---------|----------|
| Oct. 3 | 5:00 AM | 11:16 AM |
| Oct. 4 | 6:07 AM | 12:27 PM |

7 The Courses

- 7.1 Any of three courses may be set: TW, W2, or W1, signified by placards showing those characters.
- 7.2 Course **TW**:
Windward to designated Weather Mark
Reach to Orange Wing Mark
Reach back to Orange Leeward Mark
Windward to designated Weather Mark
Downwind to Orange Leeward Mark, then turn left to reach to Finish.
- 7.3 Course **W2**
Windward to designated Weather Mark
Downwind to Orange Leeward Mark (gate)
Windward to designated Weather Mark
Downwind to Orange Leeward Mark (gate), then turn left to reach to Finish.
- 7.4 Course **W1**
Windward to designated Weather Mark
Downwind to Orange Leeward Mark, then turn left to reach to Finish.



8 Marks

Up to three potential Weather marks--differently colored inflatables--may be in place. The Wing and Leeward turning marks shall be orange inflatables. The starting mark and finishing mark will be orange inflatables or MarkSetBots. The leeward mark may be a gate. If there is a single leeward mark, it shall be rounded to port.



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9 The Start

- 9.1 Prior to the warning for each race the following may be displayed prominently on the race committee signal vessel:
- 9.1.1 The class insignia card or flag
 - 9.1.2 A pennant or placard matching the color of the designated weather mark. The mark designated shall be used for all weather mark roundings in that race, unless changed under Instruction 10.
 - 9.1.3 Placards indicating the type of course: TW, W2, or W1.
- 9.2 The starting line shall be between the staff displaying a rectangular orange flag on the race committee signal vessel and the course side of the starting mark.
- 9.3 Races shall be started using the Audible-Signal Racing System of Appendix U, warning at three minutes.
- 9.4 A boat starting later than two minutes after her starting signal shall be scored Did Not Start (DNS) without a hearing. This changes RRS 61, A4 and A5.

10 Change of Position of the Next Mark

- 10.1 To change the position of the next mark, the RC shall lay a new mark as soon as practicable. The change will be signaled before the leading boat has begun the leg toward the new mark.
- 10.2 A change of course shall be signaled near the mark beginning the leg being changed by an RC vessel that shall display code flag "C" over a pennant matching the color of the new mark. If the change of course applies only to one class, the RC vessel shall also display the flag of that class. This changes RRS 33.

11 Recalls

- 11.1 When an individual recall is signaled, the race committee may attempt to hail the sail numbers of boats on the course side (OCS) by loudhailer
- 11.2 When a starting penalty of rule 30 is in effect, the race committee may attempt to hail sail numbers of boats on the course side during the minute before the start.
- 11.3 The timing and order of such hails or the failure of a boat to hear the hail shall not be grounds for redress.

12 The Finish

The finishing line shall be between a staff displaying a blue flag on the race committee signal boat and the course side of the finishing mark, placed on the opposite side of the RC signal vessel from the starting mark.

13 Time Limit

- 13.1 The time limit for the first boat in each class to finish is 40 minutes.
- 13.2 Boats still racing 15 minutes after the first boat in their class sails the course & finishes shall be scored TLE.

14 Penalties, Protests and Requests for Redress

- 14.1 Rules 44.1 and 44.2 are modified to require a one-turn penalty including one tack and one gybe.
- 14.2 In addition to the requirements of rule 61.1(a), a boat intending to protest about an incident that occurs in the racing area shall notify the race committee of its intention, including the sail number of the boat(s) being protested, at the earliest time reasonably possible after finishing or withdrawing from that race.
- 14.3 Protest forms are available in the breezeway near the club office. Protests shall be delivered there within 60 minutes after the race committee signal boat docks. The docking time shall be posted on the Official Notice Board.
- 14.4 Notices shall be posted within 15 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Protests will be heard in the approximate order of receipt in the race office as soon as practical.
- 14.5 Breaches of instruction 16 shall not be grounds for protest by a boat. This changes rule 60.1(a). Penalties for these breaches may be less than disqualification if the protest committee so decides.

15 Scoring

- 15.1 The Low Point System of Appendix A will be used with the modification that there shall be one throw out if 5 or more races are completed. Boats scored TLE shall receive 2 points more than the number of finishers. This changes RRS A2.1 and A5.1
- 15.2 RS Aero 5, 6, 7, and 9 shall race together and be scored as one fleet overall. Aero 5, 6, and 7 will also be scored separately. Aeros can change rigs during the regatta. However, in order to qualify for the separate scores for Aero 7, 6 or 5, a boat must sail that rig in all races.
- 15.3 ILCA 7 (Laser Standard), ILCA 6 (Laser Radial), and ILCA 4.7 shall race together and be scored separately.
- 15.4 One race must be completed to constitute a regatta.

16 Safety and Health

- 16.1 Prior to the warning signal for the first race of each day in which it intends to compete, each boat shall sail by the race committee signal boat and check in by hailing its sail number, skipper's name, and rig size, and being acknowledged by the race committee.
- 16.2 A boat retiring from a race or leaving the racing area early shall promptly notify and be acknowledged by a race committee vessel. If unable to do so, she shall notify a regatta representative upon returning to shore.
- 16.3 Competitors shall wear USCG Type III PFDs or other approved buoyancy while on the water, except while changing.