STONE HORSE YACHT CLUB OPTI REGATTA

HARWICHPORT, MA

July 20,2026

SAILING INSTRUCTIONS

1. RULES

This regatta will be governed by the Racing Rules of Sailing (RRS) 2025-2028 as adopted by the U.S. Sailing Association, the class rules International Optimist Dinghy Association and these sailing instructions.

2. ENTRIES

Competitors may register and pay the entry fee online through the Stone Horse Yacht Club/ClubSpot website.

3. CHANGES TO THE SAILING INSTRUCTION AND NOTICES TO COMPETITORS

Any changes to the Sailing Instructions or Notices to Competitors will be posted on the official notice board located inside of the SHYC clubhouse by 0845 on July 20, 2026.

4. SIGNALS MADE ASHORE

Signals made ashore will be displayed from the flagpole located on the club lawn. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.

5. SCHEDULE

Check –in	0730-0830
Skippers meeting	0845
Harbor start	0915 Green Fleet
	0925 Champ Fleet (all Fleets)
First warning signal	1000
Last warning signal	Discretion of PRO
BBQ & awards	Post racing

6. SAFETY REGULATIONS

Competitors shall notify the race committee (RC) or a designated support boat of their decision to retire for the day before leaving the racing area.

7. CHECK-IN REQUIRED

Competitors must check in with the RC for the first race of the day by sailing past the stern of the RC boat on starboard tack and hailing their sail number and designated fleet (white/blue/red). A boat that retires from a race shall notify the race committee or a support boat as soon as possible.

8. RACING AREA:

The racing area for the Championship Fleets (Red, Blue, & White) will be located to the southwest of Wychmere's outer harbor. The racing area for the Green Fleet will be located east of the Saquatucket Harbor channel.

9. COURSES and MARKS:

9.1. The course will be indicated by a course designation letter and approximate heading and distance on the stern of the RC boat before the warning signal. Refer to course descriptions.

9.2. For the **Championship Fleet** the "I" Course will use an offset mark that will be used as an additional mark at the windward mark on "I" course. This mark must be rounded to the same side as the windward mark. A "GATE" will be used at the leeward mark. Competitors must pass between the marks of the gate from the direction of the previous mark. Refer to course descriptions for more detail.

9.3. For the **Green Fleet** refer to the course diagrams

10. STARTING AND FINISHING LINES & STARTING SYSTEM:

10.1. Races for the Championship Fleets will be started in accordance with RRS rule 26.

10.2. Races for the **Green Fleet** will use the starting sequence according to RRS Appendix U (Audible signal racing system). *This replaces RRS26.*

10.3. The starting line will be between an orange flag on the RC boat and either a nearby mark or pole displaying an orange flag on a nearby boat unless otherwise specified by the RC.

10.4. The RC will attempt to hail the recall numbers of OCS boats after the starting signal. This modifies rule 29.1. The failure of any boat to hear the hail, promptness of the hail, failure to hail any boats, or the order of boats hailed shall not be grounds for redress. This changes rule 62.1.

10.5. The finish line will be between an orange flag on the RC boat and either a nearby mark or an orange flag on a nearby boat unless the course is shortened in accordance with Rule 32.2.

11. TIME LIMIT

11.1. The time limit for each race will be 1 hour for the first boat to finish.

11.2. Boats not finishing more than 35 minutes after the first boat that sails the course and finishes will be scored TLE (Time Limit Expired). This changes RRS 35.

11.2.1. The RC will notify racers of time limit expiration with three sound signals and display of code flag N denoting race abandonment for all non-finishing competitors.

12. PROTESTS

12.1. Competitors shall notify the race committee of their intent to protest after their finishing the current race.

12.2. Protest forms are available from the registration desk at SHYC. Completed protest forms shall be delivered to the registration desk within 30 minutes after the race committee boat docks. The race committee docking time and a list of properly filed protests will be posted on the notice board. Hearings will be held as soon as possible.

12.3. Notices will be posted no later than 10 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, the main clubhouse of SHYC.

13. SCORING

13.1. The Low Point System of Appendix A of the racing rules will apply except as modified in these Sailing Instructions.

13.2. There are 5 races scheduled.

13.3. One race constitutes a series.

13.4. If 5 races are scored, then each competitor will have their worst race score excluded. If less than 5 races are scored, then there will be no excluded race scores from a competitor's total score. This modifies RRS Appendix A Section A2.1

13.5. Competitors scored TLE will be scored total number of finishers in that race plus 1 place. This modifies Appendix A Section A4.

14. SUPPORT BOATS

14.1. Team leaders, parents, coaches and other support persons shall stay outside areas where boats are racing from the time of the preparatory signal until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment.

14.2. In the Green Fleet, coaching is allowed for those boats in the last half of the Fleet of each race.

14.3. All support boats shall comply with the instructions coming from the Race Committee or designated support boat. Non- compliance may result in disqualification being awarded to entrants associated with the offending support boat.

15. DISCLAIMER OF LIABILITY

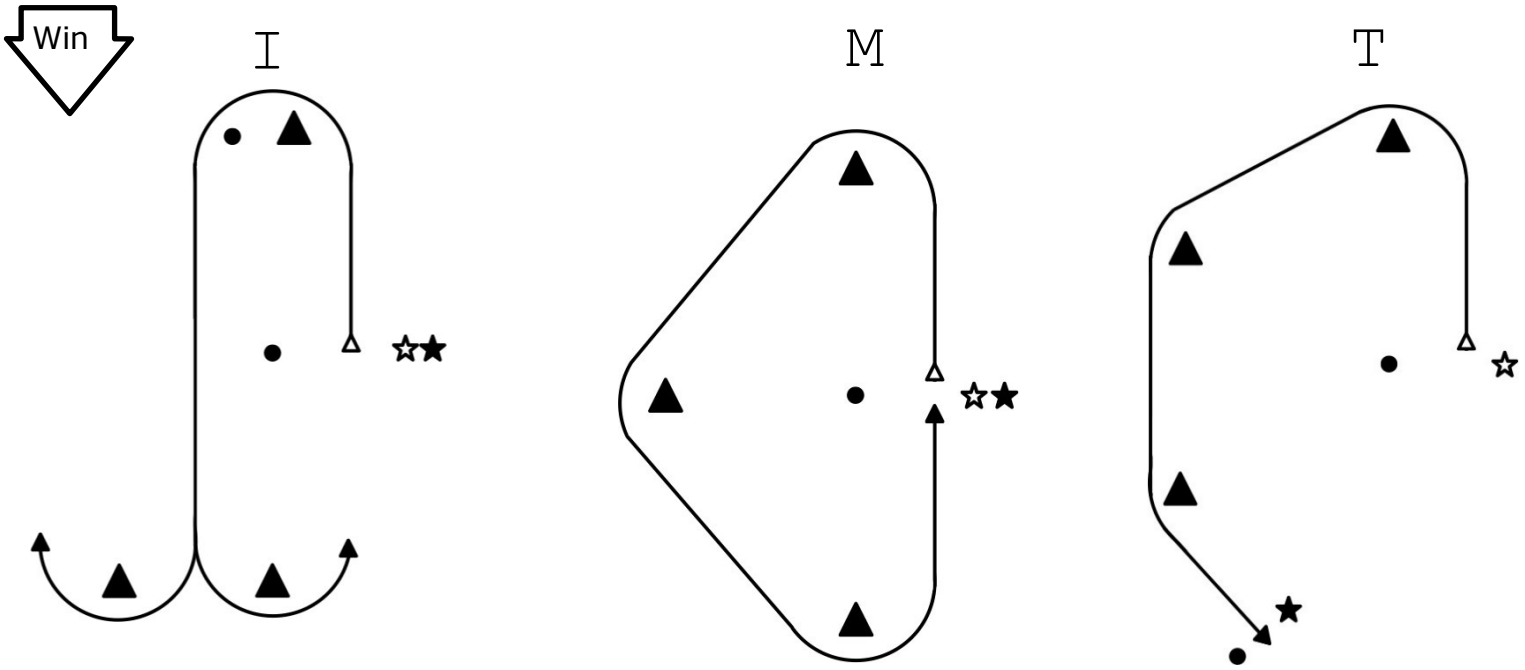
Competitors participate in the regatta entirely at their own risk. See RRS 3, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

16. PRIZES

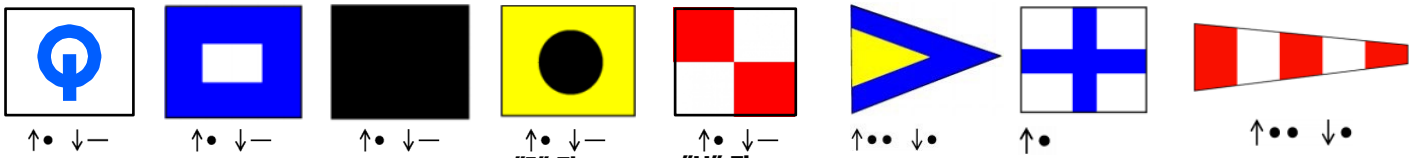
16.1. All Green Fleet participants will receive participation medals. In addition, trophies will be awarded for first through third place in Green Fleet.

16.2. Championship Fleet trophies will be awarded first through third overall. There will also be trophies for first through third in each Championship Fleet (white/blue/red). The Race Committee reserves the right to award special prizes in its discretion.

Championship Fleets
Race Course Diagrams



Flags at the Start



↑• ↓—
Class Flag

↑• ↓—
"U" Flag
Prepatory

↑• ↓—
Black Flag
Rule 30.4

↑• ↓—
"I" Flag
Rule 30.1

↑• ↓—
"U" Flag
Rule 30.3

↑•• ↓•
First Substitute
General Recall

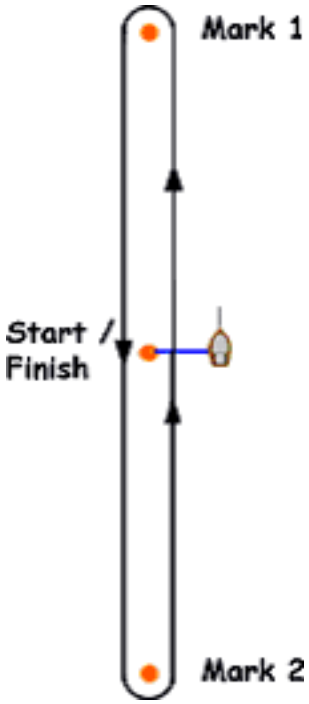
↑•
"X" Flag Individual Recall

↑•• ↓•
AP Flag
Postponement

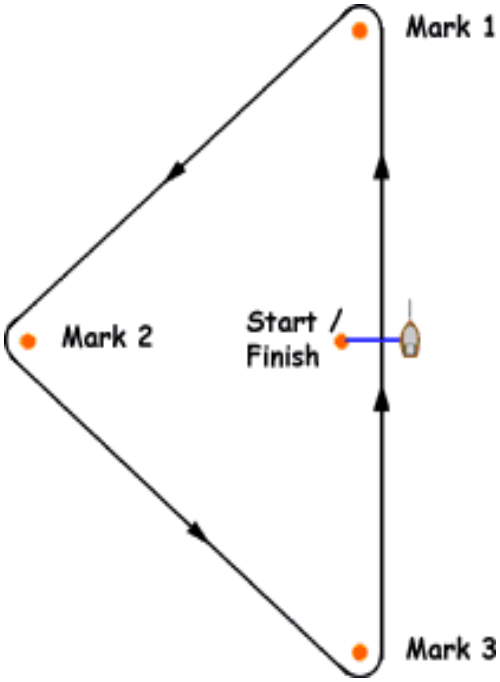
5 Minute Start (RRS Rule 26)

5:00 WARNING	4:00 PREP	1:00 1-MINUTE	0:00 START
1 sound	1 sound	1 sound	1 sound
Class Flag	P, I, U, Z or Black	Prep Flag Removed	Class Flag Removed

Stone Horse Yacht Club Opti Regatta
Green Fleet



I



M

The starting sequence for the Green Fleet will be according to Appendix S, three minute Dinghy Start.

Signal	Sound	Time before start
Warning	3 long	3 minutes
Preparatory	2 long	2 minutes
	1 long, 3 short	1 minute,30 seconds
	1 long	1 minute
	3 short	30 seconds
	2 short	20 seconds
	1 short	10 seconds
	1 short	5 seconds
	1 short	4 seconds
	1 short	3 seconds
	1 short	2 seconds
	1 short	1 second
Starting	1 long	0