



SPRING SPRINT
May 20, 2026 – June 24, 2026

Organizing Authority - **Mystic River Mudheads**

SPRING SPRINT
SAILING
INSTRUCTIONS

1. Rules

- 1.1. The Series will be governed by *The Racing Rules of Sailing*.
- 1.2. **RRS Appendix V Alternative Penalties** will be in effect.
- 1.3. Rule 60.4(a)(2) is changed as follows: **(2) if it alleges a breach of a rule of Part 2 or rule 31 and is from a boat that was not involved in, and did not see, the incident, or**
- 1.4. National letters and sail numbers shall be of a contrasting color to the body of the sail.

2. Communication

- 2.1. The RC will communicate on VHF Ch. 1001 (Formerly 01A.)
- 2.2. The Official Notice Board is on ClubSpot at <https://theclubspot.com/regatta/vkAVzfnejL>
- 2.3. On race nights, all boats shall check in by passing within hailing distance of the Committee Boat on the side opposite the starting line prior to their Warning.
- 2.4. Any changes to the Sailing Instructions will be posted on the Official Notice Board on-line prior to 1200 on the day they will take effect.

3. Signals Made Ashore

- 3.1. Any Postponement or Abandonment prior to 1700 on the day of race will be posted online and will be communicated via VHF starting at 1700.

4. Schedule of Races

- 4.1. The Spring Sprint series is scheduled from May 20 to July June 24, 2026.
- 4.2. The First Warning is scheduled for 1755 each night.

5. Classes and Handicaps

- 5.1. Class Flags are the numeral pennant corresponding to the Scratch Sheet.
- 5.2. Classes will be established using current PHRF-Eastern Connecticut and ORC handicaps verified by the RC. Rating changes during the series will not affect prior results.
- 5.3. Any rating change must be recorded prior to noon on the Tuesday before it takes effect.
- 5.4. Multihulls shall be placed in the appropriate class based on ratings system availability regardless of actual PHRF rating for any given boat.

6. The Racing Area, Courses and Marks

- 6.1. The racing area is in Fishers Island Sound between New London and Ram Island.
- 6.2. Two types of courses are offered: **Round the Buoys or Pre-Defined**.
- 6.3. The **Round the Buoys** course are designated by a series of marks posted on the top row of the course board on the RC Signal Boat in order of rounding.
- 6.4. Refer to **Appendix A** for the list of marks.
- 6.5. The letters P (port) or S (starboard) will indicate which side to round the preceding mark(s).
- 6.6. The **Pre-Defined** Course is Windward/Leeward. The course will be indicated by the number of legs posted on the top row of the course board. All Pre-Defined courses begin with a windward leg. Even numbers indicate a leeward finish. Odd numbers indicate a windward finish. For example, 4 = 2 windward legs and 2 leeward legs. 5 = 3 windward, 2 leeward legs.
- 6.7. The windward mark can be a drop mark or a government mark.

- 6.8. A drop mark position will be indicated by range and bearing from the RC signal boat posted on the bottom row of the course board.
- 6.9. When the windward mark is a government mark, its identifier will be posted after the number of legs. i.e., 4 N = 4 legs using Mark N - North Hill Bell as windward mark.
- 6.10. The windward mark shall be rounded to port.
- 6.11. The leeward mark or gate will be approximately 100 yards to windward of the starting line.
- 6.12. In the absence of a gate, the leeward mark shall be rounded to port.
- 6.13. In the absence of a leeward mark, the Start/Finish ("S/F") mark shall be the leeward mark and shall be rounded to port.

7. Restrictions

- 7.1. Boats shall not pass between Flat Hammock and South Dumpling.
- 7.2. Boats shall pass south of nuns "22", "24", and "26" located south of Groton Long Point.

8. Start

- 8.1. The Starting area will be in the vicinity of Horseshoe Reef. The RC may reposition the Starting Area to accommodate wind conditions. Monitor VHF for any changes.
- 8.2. The Start line will be between the staff flying an Orange flag on the RC and Mark S/F.
- 8.3. The RC may notify OCS boats by sail number or boat name via VHF or loud hail.

9. Changing the Next Leg of the Course

- 9.1. When a change of the next leg of the course is signaled, the RC may identify the new mark with its letter designation as defined in Appendix A. ***RRS 33 is changed.***

10. Finish

- 10.1. The Finish line will be between a staff flying a Orange Flag on the RC and Mark S/F.
- 10.2. The Finish line for Round the Buoys courses will be in the vicinity of the Start line.
- 10.3. The Finish for Pre-Defined course with an even number of legs will be the same as the Start Line.
- 10.4. The Finish for Pre-Defined course with an odd number of legs will be approximately 100 yards upwind of the windward mark.
- 10.5. Boats withdrawing shall notify the RC as soon as possible.

11. Time Limit

- 11.1. The time limit is 20:30.
- 11.2. Any boat not finished by 20:30 will be scored TLE. ***Rule 35 is changed.***

12. Protests

- 12.1. Notify the RC of your intent to protest at the time of finishing and submit protest form by email within 2 hours of finishing to MudheadRC@gmail.com.

13. Scoring

- 13.1. One completed race constitutes a series.
- 13.2. See NOR for Series Scoring.
- 13.3. TLE boats will receive points equal to the number of class finishers plus one.
- 13.4. Rule A5.3 applies.
- 13.5. The End of Season Awards Party is scheduled at Shennecossett Yacht Club on Wednesday, September 23, 2026 at 1755.

14. Additional Information

- 14.1. Contact Matthew Curtiss at MudheadRC@gmail.com.

