



St. Augustine Sailing Sisters

SASS – SAYC 11th Annual Bikini Race

August 1, 2026 Sailing Instructions



1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*, FCSA PHRF Rules and FCSA Bylaws.
- 1.2 If there is a conflict between these instructions and Notice of Race, these instructions shall take precedence.
- 1.3 If there is a conflict between languages the English text will take precedence.
- 1.4 Except in an emergency a woman shall be on the helm at all times.

2 Notices to Competitors

- 2.1 Notice to competitors will be posted on the official [notice board](#).

3 Changes to Sailing Instructions

- 3.1 Any change to the sailing instructions will be posted prior to the end of the skipper's meeting.

4 Signals made Ashore

- 4.1 No signals will be made ashore.
- 4.2 If any race is to be cancelled, it will be posted per SI 2.1

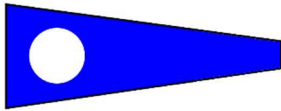
5 Schedule of Races – August 1st, 2026

- 5.1 1000 - Skippers Meeting at Camachee Cove Yacht Harbor
1300 - Mixed Crew Warning Signal (Start 1305)
1310 - All Women Crew Warning Signal (Start 1315)
- 5.2 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with a sequence of sounds at least five minutes before a warning signal is made.
- 5.3 Depending on the number of boats entered, the RC may at their discretion combine the two classes into one start.

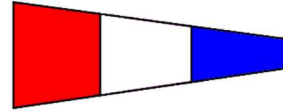
6 Classes and Class Flags

- 6.1 Classes will be Mixed Crew (at least 50% women) and All Women. Spinnaker/Non-Spinnaker Declaration must be made before the Skipper's Meeting ends.
- 6.2 Class Flags will be:

Mixed Crew - Code Flag 2



All Women Crew – Code Flag 3



7. Racing Areas

- 7.1 Racing will be on the Tolomato River, north of the Vilano Bridge, Saint Augustine, FL.
- 7.2 The Race committee (RC) will announce the course including start direction and laps via VHF 72 not less than 10 minutes prior to the warning time. Check in with RC by sailing past the committee boat and hailing on VHF Channel 72 and specify boat name, mixed or all women crew, spinnaker or non-spinnaker.
- 7.3 Courses will be in accordance with SI Appendix A

8 Marks

- 8.1 Marks are described in SI Appendix A standard river course.
- 8.2 All marks to be rounded to port.

9 The Start

- 9.1 The start-finish line shall be as described in SI Appendix A, an orange flag on the committee boat and government mark 55.
- 9.2 Races will be started by using RRS 26 with the warning signal made 5 minutes before the starting signal
- 9.3 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races
- 9.4 A boat that does not start within 30 minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS A4 and A5.
- 9.5 At the discretion of the Race Committee, the two classes starts may be combined

10 The Finish

- 10.1 The start-finish line shall be set between an orange flag on the committee boat and government Mark 55
- 10.2 If the race committee is absent when a boat finishes, she should report her finishing time, and her position in relation to nearby boats, to the race committee at the first reasonable opportunity.

11 Penalty System

- 11.1 For all classes RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

12 Time Limits

- 12.1 For all classes the time limit will be 3 hours
- 12.2 If no boat has passed the first mark of the course within 60 minutes the race will be abandoned. Failure to meet this time will not be grounds for redress. This changes RRS 62.1(a).

13 Protests and Requests for Redress

- 13.1 Protest forms are available at the Saint Augustine Yacht Club. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 13.2 For each class, the protest time limit is 90 minutes after the last boat has finished the last race of the day or the race committee signals no more racing today, whichever is later.
- 13.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held at the St. Augustine Yacht Club as soon as practical thereafter.

14 Scoring

- 14.1 Low Point Scoring will be used.
- 14.2 Corrected times will be calculated using PHRF Time on Time.
- 14.3 A five (-5) second per mile adjustment be made for each male on-board in mixed crew.

15 Safety Regulations

- 15.1 A boat that retires from a race shall notify the race committee as soon as possible.
- 15.2 All boats must check-in with the Race Committee, via VHF Channel 72, or by sailing within hailing distance of the committee boat, no later than 5 minutes before the warning of the first start.
- 15.3 See RRS 27.1 and 40.

16 Radio Communication

- 16.1 Except in an emergency, or to comply with above instructions, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.
- 16.2 Race Committee will use VHF Channel 72 for course announcements and registration.

17 Prizes

- 17.1 Prizes will be awarded both classes at the St. Augustine Yacht Club after race party, starting at 1700.

18 Disclaimer of Liability

- 18.1 Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury, or death sustained in conjunction with or prior to, during, or after the regatta.
- 18.2 A signed current [Race Waiver Form](#) is required to be on file with SAYC.

19 Insurance

- 19.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum coverage of \$250,000 per incident or the equivalent.

20 Further Information

- 20.1 For further information please contact Brigitte Wagner, Rear Commodore of Sail 973-452-9417, rcos@sayc.club