



2026 LNYC Board Bash
SAILING INSTRUCTIONS
A SAYRA Grand Prix event and ILCA D-12 Qualifier,
September 19 and 20, 2026

Lake Norman Yacht Club is the organizing authority for this event.

The notation [DP] in a *rule* means that the penalty for a breach of the *rule* may, at the discretion of the protest committee, be less than disqualification.

The notation [NP] in a *rule* means that a boat may not protest another boat for breaking that rule. This changes rule 60.1.

1. RULES

- 1.1. The event is governed by the rules as defined in *The Racing Rules of Sailing* (RRS).
- 1.2. [DP] [NP] Rule 40.1 shall be in effect. "Each competitor shall wear a personal flotation device."
- 1.3. Appendix V1, Penalty at the Time of Incident will be in effect.
- 1.4. [DP] No competitor shall be towed any portion of the distance to the start area.
- 1.5. [DP] Only competing boats and official vessels (designated as such by the race committee) may enter the racing area while boats are racing. The racing area is the space encompassing the course, the starting area, and the finishing area. It extends 50 yards beyond any racing boat and all marks.
- 1.6. The Scores for OPTI Green will not be published (SAYRA Grand Prix NOR Section 8) parents may request their sailors finishes by race but not ranking, by email to the event scorer pking@lnyc.org beginning 24 hours after the close of the closing ceremony.
- 1.7. The rules are changed as follows:
 - 1.7.1. Rules 35, A5.1, and A5.2 are amended to add: "Boats failing to finish within 20 minutes of the first boat to finish in its class and not subsequently retiring, penalized or given redress will be scored Did Not Finish (DNF) without a hearing and scored for the finishing place one more than the points scored by the last boat that finished within her Finishing Window."
 - 1.7.2. The following is added to rule 61.1: "If any part of a boat's hull is on the course side of the starting line at her starting signal and she is identified; the race committee will attempt to hail her sail number. Failure to hail her

number, failure of her to hear such hail, or the order in which boats are hailed will not be grounds for a redress request.”

1.7.3. The US Sailing prescriptions to the preamble to Part 5, Section B and Rule 63.2 are deleted.

1.7.4. Appendices A5.1 and A5.2 are amended to add: “A boat that has not met the definition of *start* 4 minutes after her starting signal will be scored DNS.”

1.7.5. Rule 60.4(a)(2) is changed as follows: (2) if it alleges a breach of a rule of Part 2 of rule 31 and is from a boat that was not involved, and did not see, the incident, or

2. CHANGES TO SAILING INSTRUCTIONS

2.1. Any change to the Sailing Instructions will be posted by 0915 on Saturday, September 19 and 0800 on Sunday, September 20 except that any change in the racing schedule will be posted by 1800 on the day before it will take effect.

2.2. Changes to a sailing instruction may be made on the water by displaying the “L” flag and attempting to hail competitors prior to their Warning Signal.

3. COMMUNICATION

3.1. The official notice board is located online at

<https://lakenormanyc.org/regatta/XyflHZcgaL/#notice-board>

3.2. The race office is located at the Race Management Center (RMC).

3.3. [DP][NP] From the first warning signal until the end of the last race of the day, except in an emergency or to inform race committee that a boat is retiring before finishing, a boat shall not make voice transmissions and shall not receive voice communication that is not available to all boats. This does not include Tracezone.

4. SIGNALS MADE ASHORE

4.1. Signals made ashore will be displayed from the flagstaff at the Race Management Center.

4.2. When flag AP is displayed ashore, ‘1 minute’ is replaced with ‘not less than 30 minutes’ in Race Signals AP.

4.2.1. For Circle 1 only, Numeral Pennant One  will be displayed over the AP Flag.

4.2.2. For Circle 2 only, Numeral Pennant Two  will be displayed over the AP Flag.

4.2.3. For circle 3 only, Numeral Pennant Three  will be displayed over the AP Flag

4.2.4. For the Green fleet only, Green Fleet class  flag will be displayed over the AP Flag

5. SCHEDULE OF RACES

Day	Date	Time	
Friday	September 18, 2026	17:00 -21:00	Check-In, Clubhouse
Saturday	September 19, 2026	0700 – 0830	Check-In, Clubhouse
Saturday	September 19, 2026	0900	Competitors' Meeting – Clubhouse Lawn
Saturday	September 19, 2026	1030	1 st Warning Signal Additional races to immediately follow
Sunday	September 20, 2026	0815	Competitors' Meeting – Clubhouse Lawn* (* Only if required)
Sunday	September 20, 2026	0915	1 st Warning Signal Additional races to immediately follow
Sunday	September 20, 2026	1300	No Warning Signal after this time

6. CLASS FLAGS

Class flags will be as follows:

	Classes	Class Flag	
Green Fleet	Opti – Green Fleet	Green Flag with White Logo	

	Classes	Class Flag	
Circle 1	Opti R, W, B	Class Flag White with Blue class logo	
Circle 1	O'Pen Skiff	Class Flag	

Circle 2	420's	Class Flag White with blue 420	
Circle 2	Melges 15	Class Flag White with Red Class Logo	
Circle 2	MC Scow	Class Flag White with Red Class Logo	
Circle 2	Vanguard 15	Class Flag White with Blue and Red Class Logo	

Circle 3	ILCA 7	Class Flag White with Red class logo	
Circle 3	ILCA 6	Class Flag Green with Red class logo	
Circle 3	ILCA 4	Class Flag Yellow with Red class logo	
Circle 3	Sunfish and SOL	Class Flag White with Red Sunfish	

7. COURSES

- 7.1. The courses to be sailed are described in Section 16.
- 7.2. The general vicinity of each Race Circle is shown in Attachment A.
- 7.3. The course designation will be displayed as follows:
 - 7.3.1. Green Fleet: On a black board with yellow segments on the starboard side of the signal vessel, Shamrock power boat, JL Davidon
 - 7.3.2. Circle 1: On a black board with yellow segments on the starboard side of the signal vessel, pontoon boat LNYC Race 1.
 - 7.3.3. Circle 2: On a black board with yellow segments on the starboard side of the signal vessel, pontoon boat LNYC Race 2
 - 7.3.4. Circle 3: On a black board with yellow segments on the starboard side of the signal vessel, Parker 25 power boat, JS Livingstone.
- 7.4. On the "T" Courses only, with the exception of a boat's start and her finish, both the starting and finish lines will be closed and considered an obstruction.

8. MARKS

- 8.1. Circles 1, 2, and 3
 - 8.1.1. The starting mark will be a staff with an orange flag in a white buoy or an Yellow Mark Set Bot with an orange flag.
 - 8.1.2. Mark 1 will be an Orange Cylinder or Orange Mark Set Bot.
 - 8.1.3. Mark 1S will be an Orange Tetrahedron.
 - 8.1.4. Mark 2 will be a White Ball.
 - 8.1.5. Mark 3 will be an Orange Tetrahedron or Orange Mark Set Bot.
 - 8.1.6. The finishing mark will be a red ball.
 - 8.1.7. New Marks 1 and 3 will be yellow tetrahedrons. New Mark 1S will be a yellow ball. If the course is changed again, the original marks will be used.
- 8.2. Green Fleet
 - 8.2.1. The starting/finishing mark will be a red ball.
 - 8.2.2. Mark 1 will be a Green Ball.
 - 8.2.3. Mark 2 will be a Yellow Ball.

9. SAFETY CHECK-IN

[DP] [NP] Each boat shall check in before its first warning signal each day. Competitors shall sail past the stern of the race committee signal vessel on starboard tack and hail their sail number until acknowledged by the race committee.

10. THE START

10.1. On Circles 1 and Green fleet, Appendix U will be in effect.

10.2. On Circles 2 and 3, Races will be started utilizing RRS 26.

10.3. The starting line will be between the “Orange” flag on the race committee signal vessel at the starboard end and the starting mark at the port end.

10.4. The starting signal for each race may be preceded by short repetitive sound signals to alert competitors that a starting sequence is about to begin.

10.5. [DP] [NP] Boats whose warning signal has not been made shall keep clear of the starting area.

10.6. If any part of a boat’s hull is on the course side of the starting line at her starting signal and she is identified, the race committee will attempt to hail her sail number. Failure to hail her number, failure of her to hear such hail, or the order in which boats are hailed will not be grounds for a redress request.

10.7. A boat that has not met the definition of *start* within 4 minutes after her warning signal will be scored DNS.

11. CHANGE OF THE NEXT LEG OF THE COURSE

11.1. To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

12. THE FINISH

12.1. The finish line will be between the “Blue” flag on a race committee vessel and the finishing mark.

12.2. Boats that retire before finishing shall inform the race committee as soon as possible.

12.3. If the race committee finish vessel displays Code Flag “A” with no sound signal while boats are finishing, it means ‘No more racing today’.

13. TIME LIMITS

13.1. The Race Time Limit (see rule 35) and Finishing Window are shown in the table below.

Race Time Limit	Finishing Window
45 minutes	20 minutes

13.2. If no boat in a class has finished within the Race Time Limit, the race for that class will be abandoned.

13.3. The Finishing Window is the time for boats to finish after the first boat in that class sails the course and finishes. Boats in that class failing to finish within the Finishing Window, and not subsequently retiring, penalized or given redress, will be scored Did Not Finish (DNF) without a hearing. A boat scored DNF shall be scored points for the finishing place one point more than the points scored by the last boat that finished within the Finishing Window.

14. HEARING REQUESTS

14.1. Hearing Request Forms will be available at the RMC.

14.2. The protest time limit for each circle is 45 minutes after the race committee signal vessel for that circle docks. The race committee will blow a horn to signify the beginning of their protest period. The protest time limit shall be posted on the Notice Board.

14.3. Notices will be posted no later than 15 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the upper level of the clubhouse.

15. SAFETY REGULATIONS

15.1. [DP] [NP] Each boat shall be equipped with all required safety gear and is subject to inspection by the race committee.

15.2. Rule 40.1 shall be in effect. "Each competitor shall wear a personal flotation device."

16. COURSE DIAGRAMS

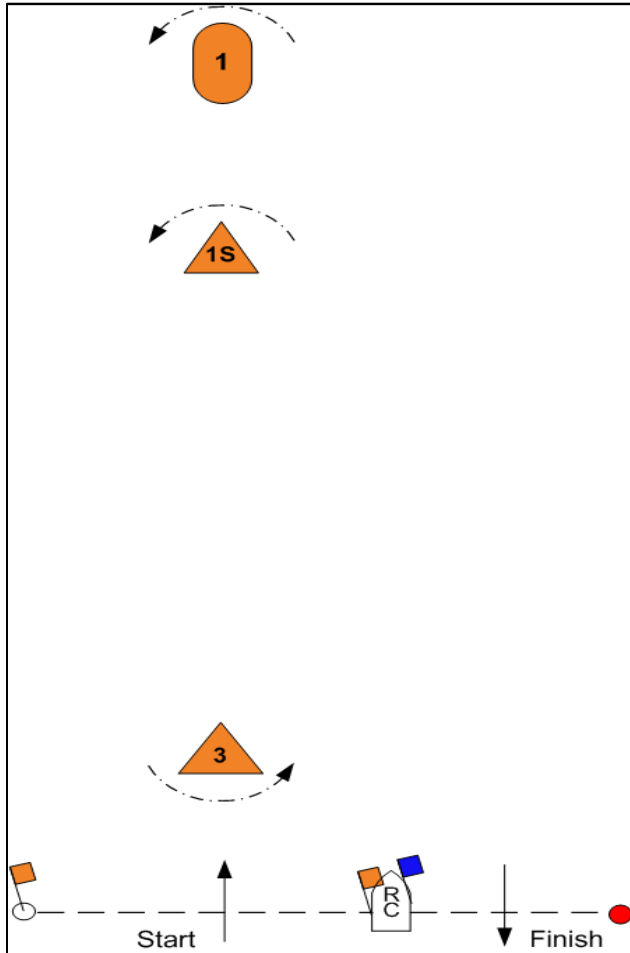
16.1. The diagrams show the courses, the order in which marks are to be passed, and the side on which each mark is to be left.

16.2. All marks shall be left to port.

16.3. The course number designates the number of legs of the course.

16.4. The course will be designated on the starboard side of the race committee signal vessel prior to the warning signal for each start.

COURSE DIAGRAMS continued
Circles 1, 2, 3

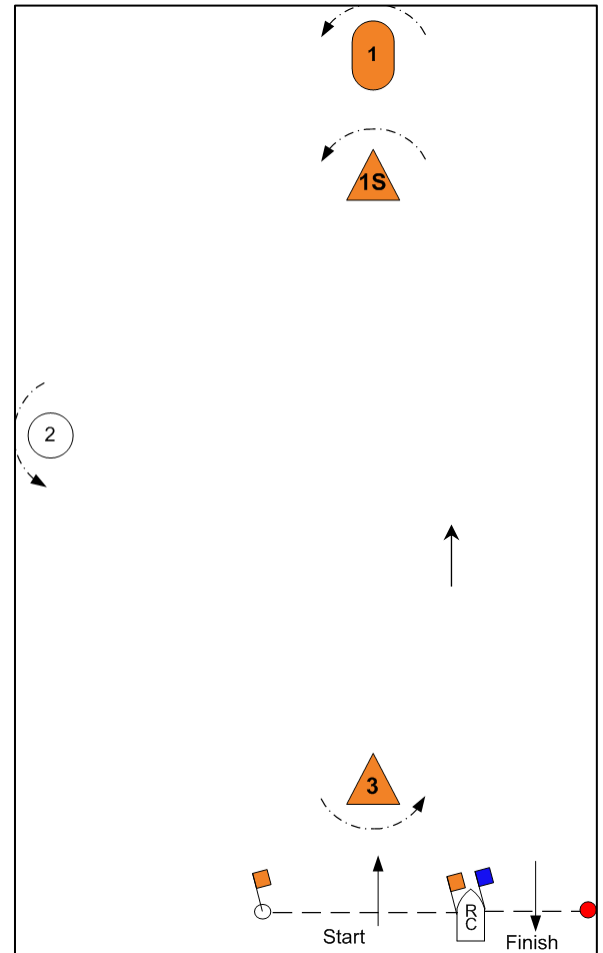


W-2: Start – 1S – Finish

W-4: Start – 1S – 3 – 1S - Finish

WL-2: Start – 1 – Finish

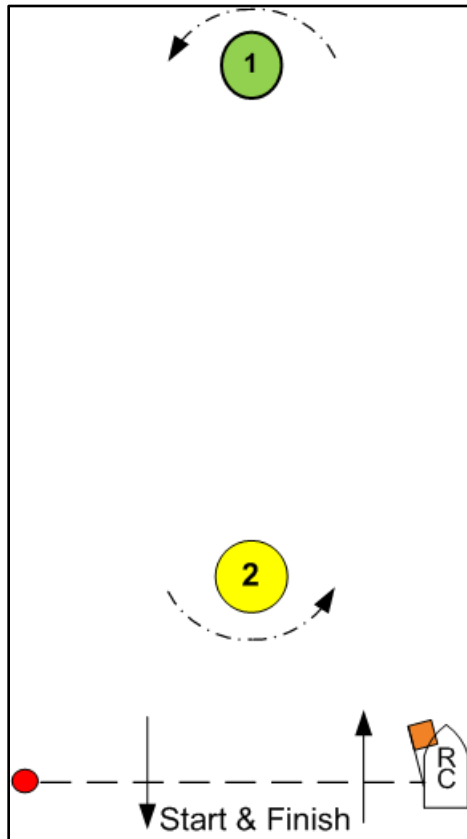
WL-4: Start – 1 – 3 – 1 – Finish



O-4: Start – 1S – 2 – 3 – 1S – Finish

OL-4: Start – 1 – 2 – 3 – 1 – Finish

COURSE DIAGRAMS continued
Green Fleet



W-2: Start – Green – Finish

W-4: Start – Green – Yellow – Green –Finish

Attachment A

