

Star of the North Regatta 2026

September 18-20, 2026

Sailing Instructions ("SIs")

The notation [NP] in a *Rule* means that a boat may not *protest* another boat for breaking that *Rule*.
This changes RRS 60.1(a).

1. **Rules.** The event is governed by the rules as defined in the *Racing Rules of Sailing* ("RRS"). The Notice of Race (NoR), and these Sailing Instructions.
 - 1.1. For any conflict between the NoR and the SIs, the SIs shall prevail.
2. **Changes to Sailing Instructions.**
 - 2.1. Any change to SI(s) shall be posted on WYC's Official Notice Board (without needing to fly flag "L" or make any sound signal) before 0900 on the day it shall take effect, except that any change to the schedule of races shall be posted by 2000 on the day before it shall take effect.
 - 2.2. In addition, changes to any SI(s) (including timing of race schedule) may be made on the water by the Race Committee ("RC") by hail and/or radio transmission after displaying Flag "L" with one sound in the *racing* area.
3. **Communications with Competitors.**
 - 3.1. *Onshore*: Notices to competitors shall be posted on WYC's Official Notice Board.
 - 3.2. The race office is located at Wayzata Yacht Club, located at 1100 Eastman Lane, Wayzata MN 55391.
 - 3.3. *On-the-water*: RC intends to monitor VHF radio channel **68**. If RC communicates with competitors, RC may make such communications via verbal hail and/or VHF radio channel **68**.
 - 3.4. *On the water*, the race committee intends to monitor and communicate with competitors on VHF radio channel **68**.
 - 3.5. [DP] [NP] While racing until the end of the last race of the day, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.
 - 3.6. The race committee (RC) may report all visual signals displayed by the RC and report OCS boats after the start on the courtesy channel. Information reported by the RC is provided as a courtesy to competitors, failure to hail her sail number, failure to hear such hail, or the order in which boats are hailed will not be grounds for redress. This changes 61.4 (b).
4. **Code of Conduct.** [NP][DP] Competitors and *support persons* shall comply with reasonable requests from OA, host club, Principal Race Officer ("PRO"), RC, Technical Committee ("TC") and Protest Committee ("PC").
5. **Signals Made Ashore.**
 - 5.1. Signals made ashore shall be displayed from WYC's flagpole and/or RC vessel at or near WYC's docks.
 - 5.2. When flag AP is displayed ashore, 1 minute' is replaced with 'not less than 30 minutes.' This changes "Race Signals" AP.
6. **Race Area.** Attached **Exhibit B** shows location of race area.

Abbreviated Schedule:

Date	Time	Item
September 17, 2026	1745 hrs	Warning signal for practice race.
September 18, 2026	1000 hrs	First warning signal
September 19, 2026	1000 hrs	First warning signal
September 20, 2026	1000 hrs	First warning signal
September 20, 2026	1200 hrs	No warning signal will be made after this time

7. **The Courses.** RC signal vessel shall display each class's course on a course board. Courses shall be buoy courses.

7.1. *Courses.*

7.1.1. Attached **Exhibit A** shows various windward/leeward courses, including the order and required side that *marks* are to be passed.

7.1.2. Number of legs and the approximate bearing to the first *mark* shall be designated on the board on the RC boat, except no race shall be less than a course 3. Length of legs, use of leeward gate and/or use of offset *mark* at the windward *mark* shall be at RC's discretion. If gate *marks* are not set or a gate *mark* is missing, each boat is required to round the remaining existing *mark* to *port*.

7.1.3. Diagram is illustration only, including only the approximate angles between legs. Actual distance and angles of legs (including placement of offset *mark* and gate *marks*) for each race shall be at discretion of RC.

8. **Class Flags & The Start.**

8.1. Races shall be started using RRS *Rule 26*.

8.2. The starting line will be between a staff displaying an orange flag on the signal vessel at the starboard end and the course side of the port-end starting mark.

8.3. The starting order and associated warning signal class flag for each fleet shall be as follows:

Start Order	Fleet	Class Flag
First Start	Capri 25	Capri 25 burgee
Second Start	Sonar	Sonar class flag
Third Start	S2 7.9	S2 7.9 class flag

8.4. [DP] Boats whose warning signal has not been made, shall avoid the start area during the start sequence for other races.

8.5. *Recalls.*

8.5.1. Individual Recalls: When signaling an individual recall, RC may announce *via* VHF radio channel (and/or hail) the sail number(s) of boat(s) being recalled.

8.5.2. General Recalls: RRS *Rule 29.2*.

8.5.3. Failure or delay to provide, receive or hear hails or announcement(s) of individual or general recalls shall not be grounds for redress under RRS *Rule 61.4(b)(1)*. This changes RRS *Rule 61.4(b)(1)*.

8.6. A boat that does not start within 5 minutes after her starting signal shall be scored "Did Not Start" without a hearing. This changes RRS *Rules A5.1* and *A5.2*

9. **Buoys.** Buoys shall be inflatable tetrahedrons in the colors of orange, yellow and green.

10. **Change of Course.** Change of course shall follow RRS *Rule 33*, except minor alterations of course may not be signaled. This changes RRS *Rule 33*.

11. **The Finish.**

11.1. *Windward Finish*: The finish line shall be between a staff displaying a blue flag on a RC boat and the course side of the closest *mark*. A windward finish may be at a course side of a windward *mark* or at a course side of a new *mark* set upwind of the windward *mark*. The original windward *mark* is not a *mark* of the course for boats required to sail to a finish line set upwind of the original windward *mark*. This changes Race Signals.

11.2. *Leeward Finish*: For a leeward finish, the finish line shall be between a staff displaying a blue flag on the port side of the Signal vessel and the course side of the closest *mark*. This changes RRS *rule 32.2(a)*, *32.2(c)*, and Race Signals.

11.3. In order to expedite the start of the next race, RC may assign *finish* position(s) to boat(s) not yet *finished*. This changes RRS *Rules 35*, *90.3(a)* and Appendix *A4*, *A5.1*, *A5.2* and *A10*.

12. **Time Limit.**

12.1. The time limit for the first boat of each fleet to *finish* shall be **1.5 hours** from their starting signal.

- 12.2. Boats *finishing* more than 30 minutes after the first boat of her fleet *finishes*, or by sunset (whichever occurs first), and not subsequently retiring, penalized or given redress, shall, without a hearing, be scored "Time Limit Expired" (TLE). RC shall use GPS time for sunset. A boat scored TLE shall be scored with a finishing place of one more than the number of boats that did *finish* the race. This changes RRS 35, A4.2, A5 and A10.
- 12.3. Failure to finish within any time limit shall not be grounds for redress. This changes RRS 61.4(b)(1).

13. Protests, Arbitration and Requests for Redress.

- 13.1. Except as specified in RRS 61.2(b)(2) and 63.7(b), time limit for filing a protest or request for redress/reopening is **one (1) hour** after docking of the RC boat after the last race of the day. The time shall be posted on the official noticeboard.
- 13.2. Hearing request forms are available at WYC on the front side of the Protest Filing Box that is in the North East corner of the club house.
- 13.2.1. Location of hearings will be posted on the official notice board.
- 13.3. PC shall post date, time and location for arbitration meetings and *protest* hearing on the WYC Official Notice Board as soon as practical. Arbitrator may also be a member of the Jury panel hearing the same *protest*.

14. Safety.

- 14.1. [NP][DP] A boat that retires from a race shall notify the RC *via* hail or VHF radio channel **68** at the first reasonable opportunity. If a boat is unable to notify RC via hail or radio, the boat shall contact RC as soon as possible.
- 14.2. [NP][DP] When a PFD is required to be worn under RRS *Rule 40*, while *Racing*, all participants shall wear a USCG, ISO or applicable government approved PFD intended for small boat sailing or other active boating, except the PFD may be briefly removed is changing clothing. **Notwithstanding the foregoing, Minnesota law and WYC's Special Event Permit requires each and every 'individual event staff member and participant shall have immediate access to his/her U.S. Coast Guard ("USCG") approved wearable PFD while onboard a watercraft'.** This modifies RRS *Rule 40*.
- 14.3. [DP] Safety & Equipment Checks. OA, RC, TC and/or PC may (but are not obligated to) inspect a boat at any time for compliance with class rules and these SIs, including without limitation, showing USCG-approved PFDs and throwables.
- 14.4. [DP] Except when an outboard engine is in use, outboard engines shall either be stowed in the boat or mounted on the stern with the shaft in the vertical position.

15. Publicity & Photographer's Rights.

As a condition of participation, each participant (on behalf of him/herself and their children/minors) grant Event Organizers, Organizing Authority, fleets, classes, sponsors and their designated photographers the perpetual, irrevocable right, license and permission to use, publish and distribute the participant's name, photos, video, images, finishes, results, and statements of them and their boat and crew in all forms and media worldwide (including without limitation Internet) for any purposes whatsoever (including without limitation advertisements, promotions, public sale of pictures, etc.) without compensation or further permission.

16. RISKS; DISCLAIMER OF LIABILITY; WAIVERS AND RELEASE.

- 16.1. **"Event Organizer(s)"** means Wayzata Yacht Club, Organizing Authority, Race Committee, Principal Race Officer, race officers, Protest Committee, judges, competition managers, fleets, sponsors, promoters, advertisers, licensors, venue providers, supporting organizations, Wayzata Sailing Foundation (WSF), Wayzata Sailing (WS), host club and venue provider(s) (and each of their respective insurers, shareholders, officers, directors, board members, personnel, supervisors, managers, employees, staff, licensees, contractors, officials, members, guests, volunteers, agents, representatives and all other persons or entities involved or associated with an **Event(s)**).
- 16.2. **"Event(s)"** includes without limitation race(s), series, cup(s), regatta(s), social(s), party(ies), and/or associated or related activity(ies) or event(s) sponsored, promoted, scheduled, conducted, or operated by **Event Organizer(s)**.

- 16.3. RRS Rule 3, "Decision to Race", states: "The responsibility for a boat's decision to participate in a race or to continue *racing* is hers alone."
- 16.4. Each person (including without limitation competitor, *support person*, volunteer, and/or spectator) attends and/or participates in **Event(s)** entirely at his/her own risk.
- 16.5. **ACKNOWLEDGEMENT OF INJURIES**. By attending or participating in **Event(s)**, each person knowingly, willingly, and voluntarily acknowledges and agrees that sailing, sailboat racing and/or associated **Event(s)** are potentially dangerous activities with inherent dangers, hazards and risks of injury and/or death [including without limitation hypothermia; drowning; personal injury; pain and suffering; trauma; bodily injury (including broken bones, head or neck injuries, and serious bodily injury); sickness, disease or illness (including without limitation **COVID 19**, virus and other infectious or communicable diseases); paralysis; dismemberment, disability and permanent disability; and/or loss or damage to boat, vehicle or personal property] (collectively, "**Injuries**").
- 16.6. **ACKNOWLEDGMENT OF DANGERS**. Dangers, hazards and risks that may result in **Injuries** include without limitation: close physical proximity or contact with crew, skippers, other persons and/or other boats; weather, lake conditions or other acts of God (including without limitation cold water, gusts, downburst, straight line winds, strong winds, rough waves, sudden changes in weather, storms, etc.); boat or equipment failure; poor seamanship or boat handling errors by participant, participant's boat or other boats; loss of balance on an unstable platform; fatigue; falling overboard; exposure to extreme conditions and circumstances; facilities issues and/or premises conditions; inadequate (or failure by) protective equipment, safety equipment, or safety measures; accidents, contact or collision with other participants or natural or manmade objects; contact with (or actions or inactions of) others (including without limitation competitors, spectators, race officers, and others on the lake); receiving/giving assistance, aid, care, emergency care, advice, rescue, first aid, treatment or emergency medical services; situations beyond the control of the participant(s) or **Event Organizer(s)**; act, error, omission or alleged negligence by participant or other participant(s); act, error, omission or alleged negligence or misconduct of attendees, participants, spectators, **Event Organizer(s)**, or other boats or traffic on the water; AND/OR OTHER UNDEFINED, NOT READILY FORESEEABLE AND PRESENTLY UNKNOWN DANGERS, HAZARDS AND RISKS. The foregoing dangers, hazards, and risks are collectively "**Dangers**".
- 16.7. **ASSUMPTION OF RISK**. Each participant understands the **Injuries** may be caused in whole or in part or result directly or indirectly from **Dangers** or from the negligence of the actions, inactions, errors or omissions of participant, **Event Organizer(s)**, or others. Each participant knowingly, willingly, and voluntarily assumes the risk of all such **Injuries** and **Damages**, whether known or unknown, or foreseen or unforeseeable. Each participant agrees to be responsible for damages, liabilities, losses, or expenses that are incurred by him/her as a result of his/her participation in any **Event(s)**. Participant also agrees to be responsible for any **Injury** or **Danger** caused by participant at any **Event(s)**.
- 16.8. **DISCLAIMER OF LIABILITY. EVENT ORGANIZERS WILL NOT BE RESPONSIBLE OR LIABLE FOR ANY PRESENT AND/OR FUTURE DEMANDS, ACTIONS, SUITS, AND CLAIMS, WHETHER KNOWN AND UNKNOWN, IN LAW OR IN EQUITY, IN CONTRACT, IN TORT, OR UNDER COMMON LAW, OR UNDER ANY STATE OR FEDERAL STATUTE OR OTHERWISE, (COLLECTIVELY, "CLAIM(S)"), INJURY(IES), DAMAGES, LOSSES, LIABILITY, ACCIDENT, COST, FEE OR EXPENSE (INCLUDING COURT COSTS AND REASONABLE ATTORNEYS FEES) OF ANY KIND OR NATURE (COLLECTIVELY, "DAMAGES") TO ANY ATTENDEE, PARTICIPANT, RELEASORS (DEFINED BELOW), PROPERTY OR BOAT THAT MAY BE SUFFERED, BASED UPON, ARISING OUT OF, LOGICALLY, OR CAUSALLY RELATED TO, OR IN ANY WAY CONNECTED WITH PARTICIPATION IN OR PRESENCE AT ANY EVENT(S), INCLUDING WITHOUT LIMITATION INJURIES, DAMAGES OR CLAIMS THAT MAY BE CAUSED BY OR ARISE OUT OF, IN WHOLE OR IN PART, BY NEGLIGENCE OR FAULT OF EVENT ORGANIZER(S).**
- 16.9. **WAIVERS AND RELEASE OF LIABILITY**
- 16.9.1. IN CONSIDERATION OF ATTENDANCE OR PARTICIPATING IN ANY **EVENT(S)**, TO THE FULLEST EXTENT PERMITTED BY LAW, EACH PARTICIPANT (FOR THEMSELF AND ON BEHALF OF THEIR SPOUSE, EXECUTORS, ADMINISTRATORS, HEIRS, NEXT OF KIN, LEGAL AND PERSONAL REPRESENTATIVES, AND SUCCESSORS AND ASSIGNS, AND ANYONE ELSE WHO MAY SUE ON BEHALF OF PARTICIPANT) (COLLECTIVELY, "**RELEASORS**") HEREBY FOREVER WAIVES, DISCHARGES, AND RELEASES ALL **CLAIMS** AGAINST **EVENT ORGANIZERS** FOR ANY **INJURIES, DANGERS, AND DAMAGES** OF ANY KIND OR NATURE THAT PARTICIPANT OR **RELEASORS** MIGHT SUFFER, BASED UPON, ARISING OUT OF, LOGICALLY, OR CAUSALLY RELATED TO, RESULT FROM, OR IN ANY WAY CONNECTED WITH PARTICIPATION IN OR PRESENCE AT ANY **EVENT(S)** (INCLUDING WITHOUT

LIMITATION **INJURIES, DAMAGES OR CLAIMS** THAT MAY CAUSED BY OR ARISE OUT OF, IN WHOLE OR IN PART, THE NEGLIGENCE OR FAULT OF **EVENT ORGANIZER(S)**).

16.9.2. WITHOUT LIMITING THE FOREGOING, PARTICIPANT FURTHER WAIVES, DISCHARGES AND RELEASES ALL **EVENT ORGANIZERS** FROM ALL **CLAIMS, INJURIES, DANGERS, AND DAMAGES** WHATSOEVER ON ACCOUNT OF **EVENT ORGANIZER(S)** AUTHORIZING (OR GIVING) ASSISTANCE, AID, CARE, EMERGENCY CARE, ADVICE, RESCUE, FIRST AID, TREATMENT OR EMERGENCY MEDICAL SERVICES (INCLUDING WITHOUT LIMITATION **INJURIES, DAMAGES OR CLAIMS** THAT MAY BE CAUSED BY OR ARISE OUT OF, IN WHOLE OR IN PART, THE NEGLIGENCE OR FAULT OF **EVENT ORGANIZER(S)**).

16.10. **AGREE NOT TO SUE**. ALL ATTENDEES, PARTICIPANTS AND **RELEASORS** WILL NOT SUE, OR MAKE ANY **CLAIM(S)** AGAINST, ANY **EVENT ORGANIZERS** (AND SURRENDER ANY RIGHT ATTENDEE, PARTICIPANT OR **RELEASORS** MAY HAVE OR MAY LATER ACCRUE TO RECOVER, THROUGH A COURT OF LAW OR BY OTHER MEANS, COMPENSATION) FOR ANY **INJURIES, DANGERS, OR DAMAGES** BASED UPON, ARISING OUT OF, LOGICALLY OR CAUSALLY RELATED TO, OR IN ANY WAY CONNECTED WITH PARTICIPATION IN OR PRESENCE AT ANY **EVENT(S)**, (INCLUDING WITHOUT LIMITATION SUITS, **CLAIMS, INJURIES OR DAMAGES** THAT MAY ARISE OUT OF NEGLIGENCE OR FAULT OF **EVENT ORGANIZER(S)**).

16.11. **CHILDREN & MINORS**. WHERE A MINOR OR CHILD PARTICIPATES IN ANY **EVENT(S)**, ALL PARENTS AND GUARDIANS HEREBY ACCEPT AND AGREE TO THE TERMS AND CONDITIONS OF THE FOREGOING **ACKNOWLEDGMENTS, ASSUMPTION OF RISK, DISCLAIMER OF LIABILITY, WAIVERS AND RELEASE OF LIABILITY, AND AGREE NOT TO SUE** ON BEHALF OF, AND FOR, THEIR CHILD(REN) AND/OR MINOR(S).

17. **Insurance.** Each boat shall be insured with valid third-party liability insurance not less than \$300,000. Each boat will present proof of insurance upon OA's request.

18. **Further Information.** The host club is Wayzata Yacht Club, located at 1100 Eastman Lane, Wayzata MN 55391. For further information, please contact:

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|-------|--------------------------|---|
| 18.1. | Organizing Authorities: | Nils Brennom - nbrennom@yahoo.com
Sue Truax - struaxsail@gmail.com |
| 18.2. | Capri 25 Representative: | Todd Myers – myersmn4@gmail.com |
| 18.3. | Sonar Representative: | John Sligh - john.p.sligh@gmail.com |
| 18.4. | S2 7.9 Representative: | Kurt Wintheiser - klwintheiser@gmail.com |

Exhibit A – Windward/Leeward Courses

Regatta Courses:

Course 3: Start – W – Gate – Upwind to Finish

Course 4: Start – W – Gate – W – Downwind to Finish

Course 5: Start – W – Gate – W – Gate – Upwind to Finish

Course 6: Start – W – Gate – W – Gate – W – Downwind to Finish

Pass all marks to port unless passing between gate marks or otherwise noted. If a gate mark is missing, round the remaining mark to port.

Mark colors/shapes can be changed at RC discretion. Diagrams not to scale.

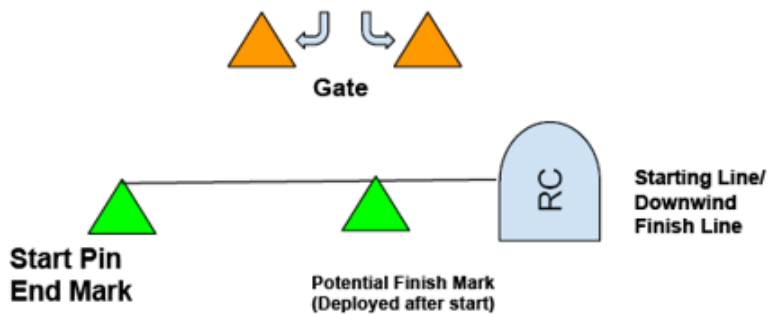
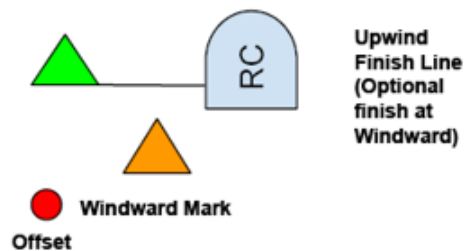


Exhibit B - Map of Lake Minnetonka

Racing Area Map

