



I-LYA Optimist Championship
Organizing Authority: Cleveland Yachting Club
Rocky River, Ohio
July 18, 2026



Sailing Instructions

Posted on 7/15/26

The notation '[NP]' in a rule in the SI means that instruction is not grounds for protest or a request for redress by a boat. This changes RRS 60.1.

1. RULES

- 1.1. Races will be governed by the rules as defined in "The Racing Rules of Sailing 2025-2028"
- 1.2. Verbal hails will be allowed. *This changes RRS 90.2(a)*
- 1.3. If there is a conflict between the Notice of Race and the Sailing Instructions, the Sailing Instructions shall prevail (RRS 63.7 2025-2028).
- 1.4. Each competitor shall wear a USCG-approved life jacket, in good condition, that is 100% dependent on foam for flotation and the appropriate size for the sailor, at all times while on the water, except for brief periods while adding or removing clothing (US Sailing Regulation 10). A violation of this instruction may be protested by race officials or a competitor; however, a breach of this instruction may receive a penalty less than disqualification at the discretion of the protest committee. This changes rule 64.2.

2. NOTICES TO COMPETITORS

- 2.1. Notices to competitors will be posted on the official notice board on Clubspot and announced verbally

3. CHANGES IN SAILING INSTRUCTIONS

- 3.1. Any change to the sailing instructions will be posted no later than 15 minutes after the conclusion of the skipper's meeting.
- 3.2. Verbal changes may be made on the water in accordance with *RRS 90.2(c)*. Each skipper will be hailed for the change on the water and will acknowledge the change with a visual signal.

4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore will be in accordance with Race Signals and displayed on the flagpole near the CYC clubhouse.
- 4.2. Flag AP flown ashore is changed to "The race is postponed. The warning signal will be made not less than 30 minutes after AP is lowered." This changes *definition AP*.

5. SCHEDULE

July 18, 2026

- | | |
|--|---|
| 0830-1000 | Registration check-in for sailors and safety boats |
| 1000 | Skipper's meeting |
| 1055 | Warning Signal for Race 1 (multiple races may follow) |
| No warning signal shall be made after 1500 | |

6. CLASS FLAGS

Class Optimist Green – **Green Flag with Optimist class insignia**

Class Optimist Gold – **White Flag with Optimist class insignia**

Optimist Gold will be further divided into red (13+), blue (11-12), and white (10 and under)

7. RACING AREAS

- 7.1. Racing will take place on the open waters of Lake Erie north of the Cleveland Yachting Club on the west or east side of the break wall depending on the wind direction.

8. THE COURSE & MARKS

- 8.1. The diagrams in Illustration 1 show the courses for both Opti Gold & Green
- 8.2. No later than the warning signal, the course to be sailed will be designated on a placard on the RC signal boat.
- 8.3. All course marks will be orange tetrahedrons. If an offset is present, it will be an orange ball.
- 8.4. The start/finish pin will be a yellow cylinder.
- 8.5. Change marks will be yellow tetrahedrons.

9. THE START

- 9.1. The starting line will be between the staff from which an orange flag is displayed on the race committee signal boat at the starboard end and the course side of the port-end starting mark as described in SI 8.4.
- 9.2. A boat starting later than 4 minutes after her starting signal will be scored DNS without a hearing. This changes *RRS A4 and A5. [NP]*
- 9.3. Except when starting and finishing, boats shall not cross the starting/finishing line. *[NP]*

10. RECALLS

- 10.1. The Race Committee will hail the sail numbers of OCS boats. The failure of any boat to hear the hail, the accuracy of the hail, the hail of some but not all OCS boats, the untimely hail of some or all OCS boats, or failure to hail any or all boats shall not be grounds for granting redress. *This changes RRS 62.1.*

11. CHANGE TO THE NEXT LEG OF THE COURSE

- 11.1. To change the next leg, the race committee will drop a new mark and signal the change made. Failure of the next mark being set in position at the change of course signal shall not be grounds for redress. *This changes RRS 62.1.*
- 11.2. In the case of a course change, the offset mark (if used) shall be disregarded.

12. THE FINISH

- 12.1. The finishing line will be between a staff displaying an orange flag on a race committee boat and the course side of the nearby finishing mark as described in SI 8.4
- 12.2. See SI 9.3. Boats shall not cross the starting/finishing line except when starting/finishing.

13. TIME LIMIT

- 13.1. There is no time limit. Boats lagging significantly behind may, at the discretion of the RC, be finished on the course and awarded a finishing place determined by the RC so as to facilitate the start of the next race.

14. PROTESTS

- 14.1. Competitors must notify the RC signal boat of the intent to protest immediately upon finishing the race in which the infraction may have occurred.

- 14.2. Protests shall be written on forms available at the registration desk and delivered there within 30 minutes after the time of the docking of the race committee signal boat.
- 14.3. Protests will be heard in approximately the order of receipt as soon as possible.
- 14.4. Protest notices will be posted within 15 minutes of the protest time limit to inform competitors where and when there is a hearing in which they are parties to a hearing or named as witnesses. This posting shall constitute the notification required by RRS 63.2 and RRS 61.1(b).

15. SCORING

- 15.1. A minimum of 1 race shall be sailed to constitute a series.
- 15.2. When 5 or more races are completed, a boat's series score will be the total of all races scored excluding her worst score.

16. SUPPORT BOATS

- 16.1. Team leaders, coaches and other support personnel shall not be in the racing area from the time of the preparatory signal for the start until all boats have finished or the race committee signals a postponement, general recall, or abandonment. *[NP]*
- 16.2. Optimist Green Fleet: Coaching is permitted during the race for Green Fleet competitors. Coaching is encouraged during the starting sequence, around marks, and for staying generally "on course." Green Fleet support boats must identify themselves to the Race Committee and be careful not to interfere with any racing boats. Safety is paramount. *[NP]*
- 16.3. All coach boats and other support boats/support personnel must aid any competitor in distress or requesting assistance of any sort. *[NP]*
- 16.4. All coach or support boats must check in with the Race Committee boat on the course they will be monitoring and have VHF capabilities while on the water. *[NP]*
- 16.5. A boat that retires from a race shall notify the RC signal boat, or a safety boat. If that boat is done for the day, she shall be escorted back to CYC with a coach boat or safety boat. *[NP]*

17. DISPOSAL OF TRASH

- 17.1. Trash may be placed aboard support or official boats.

18. SAFETY REGULATIONS

- 18.1. All boats shall check-in with the RC boat displaying the "L" flag on their assigned race course before the first warning signal of the day; by sailing past the committee boat on starboard tack and hailing her sail number until acknowledged by the RC staff. *[NP]*
- 18.2. Safety boats should monitor the appropriate course channel and switch to the safety channel 71 to notify shore assistance when returning to shore with a competitor. *[NP]*
- 18.3. Assigned Radio channels for ALL Opti courses will be VHF 72. The safety channel will be VHF 71.

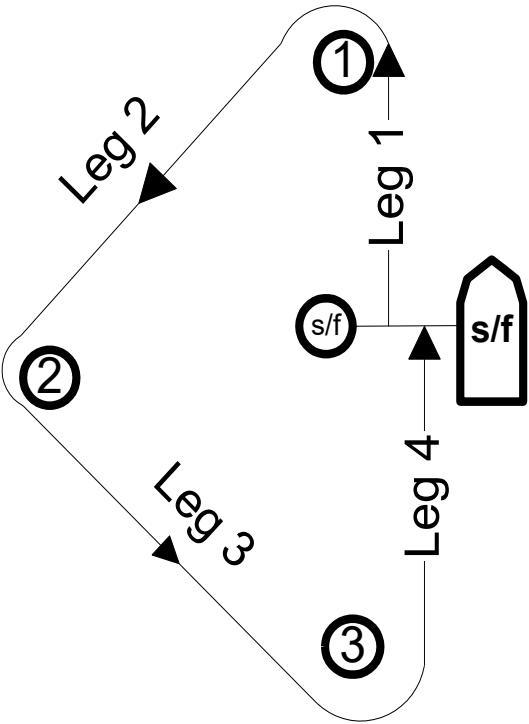
19. PRIZES

- 19.1. Prizes will be awarded to the top 3 finishers in each fleet (Red, White, and Blue) and top 3 finishers overall.
- 19.2. Green fleet will not be scored, and each sailor will receive a participation trophy.

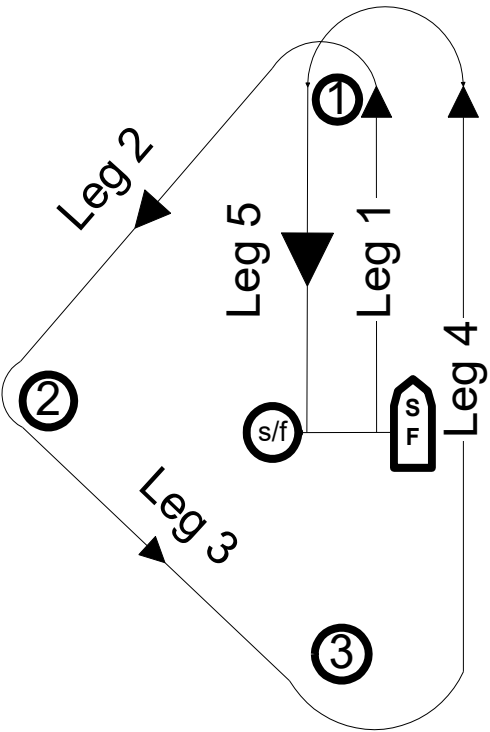
Attachments

Illustration 1: Course diagrams

Course 1: S-1-2-3-F



Course 2: S-1-2-3-1-F



Course 3: S-1-offset-F

Course 4: S-1-offset-2S/2P-1-offset-F

