



Sailing Instructions & Amendment 1

Octoberfest

Sail Sand Point

September 12 & 13, 2026

1 RULES

- 1.1 The regatta will be governed by the rules as defined by the current Racing Rules of Sailing, as modified by the [2026 NWYRC Notice of Series](#), the Notice of Race, and these Sailing Instructions.
- 1.2 Class rules shall be observed and enforced by the competitors, except that competitors may use a “club sail” in place of a class legal sail, provided it is of the same dimensions and provides no added advantage.
- 1.3 Rule 60.4 (a)(2) is changed as follows: “(2) if it is from a boat that alleges a breach of Part 2 or rule 31, but she was not involved in and did not see the incident, or”.

2 CHANGES TO SAILING INSTRUCTIONS

- 2.1 Any change to the schedule of races will be posted at least 24 hours before the change will take effect. Other changes to a sailing instruction will be posted on the official notice board and may also be made on the water by verbally communicating the instructions to sailors with an accompanying hail to coaches and support boats over the radio.

3 NOTICES TO COMPETITORS

- 3.1 Notices to competitors will be posted on the electronic notice board:
<https://theclubspot.com/regatta/fYHttVpkA/#notice-board>
- 3.2 On the water, the race committee intends to monitor and communicate with competitors on VHF radio channel 69 for the Alpha Course, channel 71 for the Bravo Course, and channel 72 for the Green Course.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed from the flag pole on the SSP Pier.
- 4.2 When flag AP is displayed ashore, ‘1 minute’ is replaced with ‘not less than 30 minutes’ in Race Signals AP.

5 SCHEDULE

Saturday, September 12th, 2026		Sunday, September 13th, 2026	
0900 - 1030	Regatta Check-in	0900 - 1000	Rigging & Launching
1000	Safety/Support Boat Meeting outside of SSP Office	0930	Safety/Support Boat Meeting
1030	Competitors Meeting outside of SSP Office	1000	Green Fleet Competitors Meeting

	Green Fleet Competitors Meeting to follow immediately after		
1200	First Warning	1100	First Warning
	Racing to continue throughout the day	1530	No starts after this time Green Fleet Awards
1800 (approx.)	Dinner	1730	ILCA/c420/FJ/Championship Fleet Awards and Summer Series Awards

*Any changes to the schedule above will be directly communicated to competitors 24 hours prior to said change.

6 CLASS FLAGS

- 6.1 The Opti Green Fleet Class flag is a green flag with a white Optimist logo.
- 6.2 The Opti Championship Fleet Class flag is a white flag with a blue Optimist logo and blue rectangle.
- 6.3 The c420 Fleet Class flag is a yellow flag with "420" in black.
- 6.4 The ILCA 4 (Laser 4.7) Class flag is a yellow flag with the red ILCA logo.
- 6.5 The ILCA 6 (Laser Radial) Class flag is a green flag with the red ILCA logo.
- 6.6 The ILCA 7 (Laser Full Rig) Class flag is a white flag with the red ILCA logo.
- 6.7 The CFJ Class flag is a pink flag with a "FJ" in black..

7 RACING AREA

- 7.1 The racing area for Alpha and Bravo courses will be on Lake Washington in the vicinity of Sail Sand Point.
- 7.3 The Green Fleet Course will be immediately east of the Sail Sand Point pier and public beach.

8 NUMBER OF RACES

- 8.1 A minimum of one race shall constitute a regatta.
- 8.2 For the c420s and all classes on the Alpha Course, a maximum of six (6) races may be completed in one day and nine (9) races are scheduled for the regatta.
- 8.3 There will be no maximum number of races for the FJ class.
- 8.4 There will be no maximum number of races for the Green Fleet Course.

9 STARTS and FINISH WINDOWS

- 9.1 Starts shall be conducted in accordance with Rule 26 (5 Minute Sequence), except that the Green Fleet Course will use the 3-Minute Start Sequence as described in RRS Appendix U.
- 9.2 The Race Committee will attempt to hail boats that are over early. This is only a courtesy and will not be grounds for redress. Redress shall not be granted if the Race Committee fails to hail a sail number, is tardy in hailing a sail number, or if a competitor does not hear the hail.
- 9.3 Boats failing to finish within 15 minutes after the first boat finishes shall be scored Did Not Finish without a hearing.

10 COURSES ASSIGNMENTS

- 10.1 **Alpha Course**
ILCA 4, 6, 7 (Laser 4.7, Radial, Standard)- May start together, but shall be scored separately
Opti Championship Fleet
- 10.2 **Bravo Course**

C420 & FJ Fleets

- 10.3 **Green Course**
Optimist Green Fleet

11 COURSES

- 11.1 See "Attachment A" for course diagrams
- 11.2 Green Course will discuss their courses and how they will be communicated at their Competitors Meeting.
- 11.3 The target race length on Green Course is approximately 20 minutes. A race which runs significantly longer or shorter than the target times shall not be grounds for redress.
- 11.4 The target race length on Alpha Course is approximately 30-45 minutes. A race which runs significantly longer or shorter than the target times shall not be grounds for redress.
- 11.5 The target race length for the c420s on Bravo Course is approximately 30-45 minutes. The target race length for the FJs is approximately 20 minutes. A race which runs significantly longer or shorter than the target times shall not be grounds for redress.
- 11.6 Course numbers on the Alpha Course will be displayed using course flags.
- 11.7 Course numbers on the Bravo Course will be displayed using the course board.

12 ROUNDING MARKS

- 12.1 *Alpha Course:* The marks for ILCA fleets will be yellow inflatable marks. The Opti Championship fleet will have a shortened windward and first reach marks, which will be orange balls, but will otherwise use the same marks as the ILCA fleets.
- 12.2 *Bravo Course:* The marks will be red inflatable marks.
- 12.3 *Green Course:* Marks will be described at the Green Fleet Competitors meeting.

13 START AND FINISH LINES

- 13.1 *Alpha Course:* The start will be between the orange flag on the signal boat and an orange mark. The finish will be between a blue flag on a committee boat and an orange mark. Alpha course will have separate start and finish lines. After completing the first leg of the course, a boat shall not cross the start or finish line unless she is finishing. A boat that fails to observe this restriction may exonerate herself by taking a Two-Turn Penalty as described in RRS 44.2. This changes RRS 28.1. A boat that fails to exonerate herself will be scored DNF without a hearing. This changes RRS 63.1 and Appendix A5.
- 13.2 *Bravo Course:* The start will be between an orange flag on the signal boat and an orange mark to port. The finish will be between a blue flag on the signal boat and an orange mark to starboard.
- 13.4 On Alpha and Bravo courses, a boat not racing shall keep clear of the starting and finishing lines.

14 PROTESTS AND APPEALS

- 14.1 A boat intending to protest about an incident that occurs in the racing area shall notify the race committee finish boat of her intention as soon as possible after finishing, including the sail number of the boat(s) being protested. This adds to RRS 61.1(a).
- 14.2 Protest forms are available in the Sail Sand Point office. Completed protest forms shall be delivered there within the protest time limit.
- 14.3 The protest time limit is 30 mins after the race committee arrives back at the dock after each day's racing.

- 14.4 Notices will be posted within 10 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.
- 14.5 FJ and Green fleet protests will be heard using the Expedited Protest Procedure, detailed in “Attachment B”.

15 SCORING & PENALTY SYSTEMS

- 15.1 The Low-Point scoring system of Appendix A will apply.
- 15.1(a) When fewer than 5 races have been completed, a boat’s overall score will be the total of her race scores.
- 15.1(b) When between 5 and 9 races have been completed, a boat’s overall score will be the total of her race scores excluding her worst score.
- 15.1(c) If a competitor is disqualified, they may discard that score, provided they were not disqualified for poor sportsmanship (Rule 69), they did not gain significant advantage by breaking a rule (Rule 2), or the NWYRC Code of Conduct. Only in cases where one of these rules was broken shall their next worse score be excluded instead.
- 15.2 Results of this regatta will count toward the 2026 NWYRC Summer Series.

16 COACHING

- 16.1 Coaching on the water is permitted between races. At the warning signal for a given race, all coaching shall cease until a competitor has finished that race. To avoid any interference with boats still racing, competitors shall be required to sail to an area at least 75 feet away from the start/finish line when meeting with coach/support boats between races.
- 16.1(a) Coaching the back 25% during races is permitted. Coaches must avoid interfering with the race of other sailors. This changes RRS 41.

17 SUPPORT & SPECTATOR BOATS

- 17.1 Except in the case of emergencies, support and spectator boats must remain a distance of 75 feet from the racing area at all times, and shall not cause significant wake in the racing area.
- 17.2 Coach, support, and spectator boats are required to carry a working VHF radio. They shall monitor either VHF Channel 69 (Alpha Course), or VHF Channel 71 (Bravo Course), or VHF Channel 72 (Green Course) at all times.

18 SAFETY

- 18.1 Each competitor shall wear a USCG-approved life jacket, in good condition, that is 100% dependent on foam for flotation and the appropriate size for the sailor, at all times while on the water except briefly while changing or adjusting clothing or personal equipment.
- 18.1(a) The personal flotation device must meet at least ISO 12402-5 (50N), USCG Type III, AS 4758 Level 50, or equivalent (except briefly while changing or adjusting).
- 18.1(b) The PFD must be worn outside of all clothing except that a thin shirt or bib may be worn over the PFD to prevent snagging.
- 18.2 Single handed boats shall carry a bow line of at least 20’ and double handed boats shall carry a bow line of at least 30’ which is to remain affixed to a tow point at all times while racing.
- 18.3 Sailors are required to hail the signal boat with their sail number upon arrival to the race course.
- 18.4 If possible, sailors shall notify the race committee before leaving the race course. Once on shore they must notify the on shore safety officer that they are on shore.

19 BOAT STORAGE

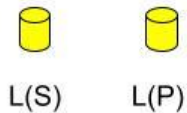
- 19.1 Competitors' boats shall be stored Saturday night in the SSP boatyard. Please see the regatta site map for details.

20 PRIZES

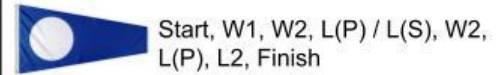
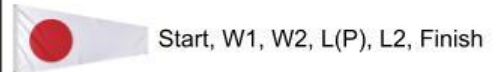
- 20.1 Thank you to our sponsor, West Coast Sailing, for generously donating awards. Prizes will be awarded to the skippers and crews of the top three finishers in the C420 fleet, ILCA 4, 6 & 7 fleets, CFJ fleet and Optimist Championship and Green fleets. All Optimist Green Fleet competitors will receive a reward for their participation.

Attachment A

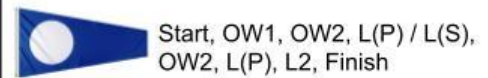
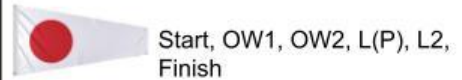
Alpha Course



ILCA Courses:



Opti Championship Courses:



Notes:

*All marks rounded to port, except leeward gate mark L(S)

*For courses 1 & 2: When proceeding to L3, competitors shall leave mark L(P) to port.

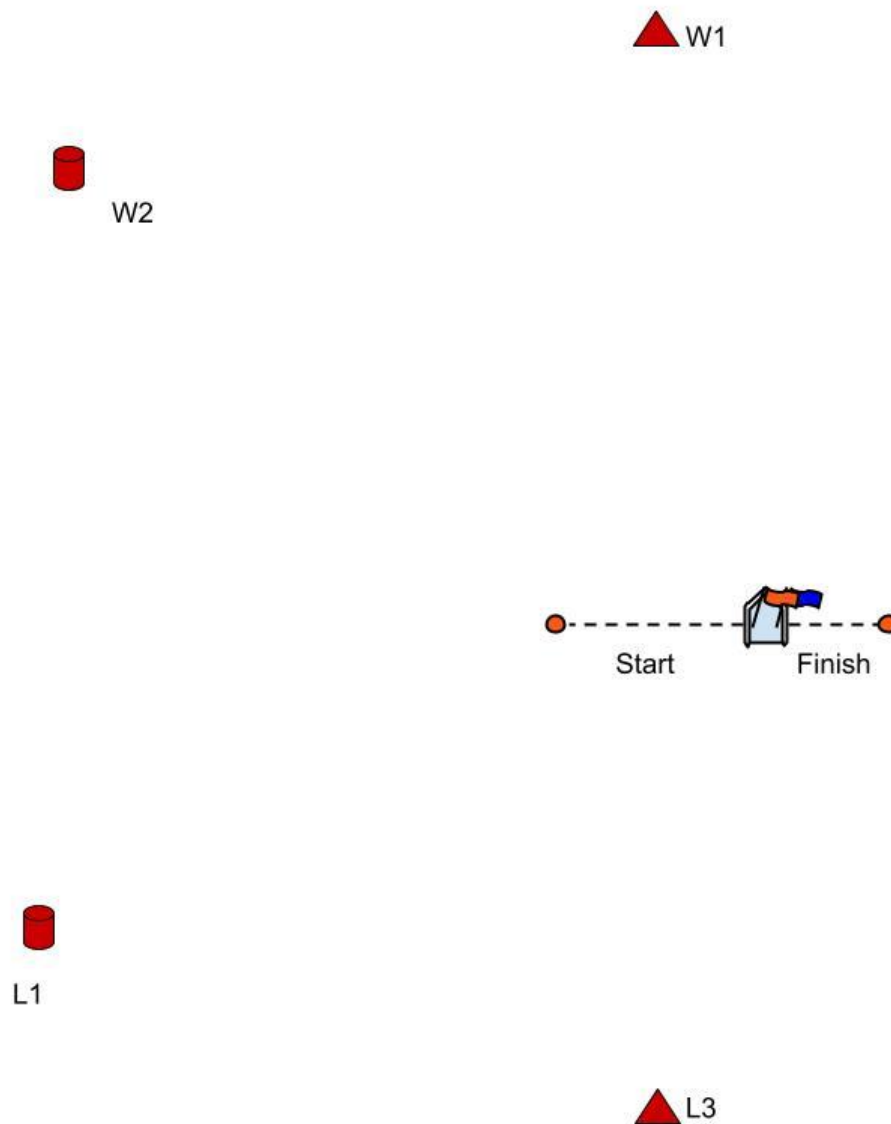
*Marks might be a different color and/ or shape.

*Diagram not drawn to scale, all angles approximate.

*The start line may only be crossed when starting.

*The finish line may only be crossed when finishing.

Bravo Course



Course 1:

Start, W1, W2, L1, L3
Finish

Course 2:

Start, W1, W2, L1,
W2, L1, L3, Finish

Course 3: Start, W1,
L3, Finish

Course 4:

Start, W1, L3, W1, L3,
Finish

Notes:

*All marks rounded to port.

*Marks might be a different color and/ or shape. Diagram not drawn to scale, all angles approximate.

*The start line and finish line may only be crossed when finishing.

Attachment B

EXPEDITED PROTEST PROCEDURE:

- B1 Protests involving rules of RRS Part 2 (except RRS 14), RRS 31, 42 or 44 shall use the Expedited Protest Procedure:
- a) The hearing will begin as soon as all parties are assembled.
 - b) If no one raises an objection, the protest will be determined to be valid.
 - c) Each party will be given about 1 minute to state their case.
 - d) The judges may question the parties and/or call witnesses.
 - e) Each party will be given about 1 minute to question the other party.
 - f) The parties are excused. The umpires will determine the facts and make their decision.
 - g) The judges inform the parties of the decision orally.
- B2 A competitor may not reopen expedited protest hearings after a decision has been made. (Changes RRS 63.7)
- B3 Expedited hearings may be used to consider requests for redress involving breakdowns.