

Wild Harbor Sailing
Unkie Cup
Monday, August 10th, 2026
Sailing Instructions

1. RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing* (RRS), the Optimist Class rules, and amendments to such rules defined below.

2. ENTRIES

- 2.1 Boats eligible to compete will be from Buzzards Sailing School, Megansett Yacht Club, Chapoquoit Yacht Club, Quissett Yacht Club, and Wild Harbor Sailing.
- 2.2 Entry into the series is accomplished by completing the Registration form and corresponding Release of Liability on ClubSpot.
- 2.3 Boats eligible to compete will comply with the International Optimist class rules.

3. NOTICES TO COMPETITORS

- 3.1 Instructions specific to the race day shall be included in the Notice of Race (NOR) document.
- 3.2 Notices to competitors outside of the NOR will be posted on an official Regatta notice board.
- 3.3 Changes to these sailing instructions or to the RRS must be posted no later than 0900 on the day of racing.
- 3.4 RRS 86.1(b) is removed

4. SCHEDULE OF RACES

- 4.1 The Harbor Start for Championship Fleet will be at 0915. The Harbor start for the Green Fleet will be at 0945.
- 4.2 Each race may begin as soon as 2 minutes following the last competitor's finish, or their retirement from a race.
- 4.3 No races shall start after 1330, unless in the opinion of the majority of coaches present from represented yacht clubs it would benefit the sailors to do so. If this occurs, a competitor may not request redress under 62.1(a).

5. RACING AREA

- 5.1 The racing area is designated at the end of this document

6. THE COURSE

- 6.1 The Championship fleet will sail one of two courses each race:

Course W3: A four leg windward-leeward with a windward offset and a leeward gate start and finish in the middle.

Course T: A modified trapezoid with a start and finish in the middle

6.2 The Green Fleet will be sailing a modified triangle.

6.3 No later than the warning signal, the race committee signal boat will display the course by letter, or otherwise make all competitors aware of the course.

7. MARKS

7.1 All courses will consist of portable marks.

8. THE START/FINISH LINE

8.1 The start/finish line will be between an orange flag on the committee boat and a designated buoy to her port.

8.2 The starting line may be shortened to comprise the finish line, with no other visible distinctions.

9. THE START

9.1 Races will be started using the 3-minute dinghy start system. This changes RRS rule

26. An outline of the sequence is found below:

Multiple warning horns/whistles

3 long blasts 3 minutes

2 long blasts 2 minutes

1 long – 3 short 1 minute 30 seconds

1 long blast 1 minute

3 short blasts 30 seconds

2 short blasts 20 seconds

1 short 10 seconds

Individual blasts for 5, 4, 3, 2, 1, and 0 seconds

10. PENALTY SYSTEM

10.1 Competitors in the Unkie Cup regatta series must adhere to the RRS primary rule of sportsmanship, "Competitors in the sport of sailing are governed by a body of rules that they are expected to follow and enforce. A fundamental principle of sportsmanship is that when competitors break a rule they will promptly take a penalty, which may be to retire."

10.2 RRS rule 44.1 shall be in effect, indicating that sailors must take a two-turn penalty after breaking one or more rules from Part 2 of the RRS or a one-turn penalty if rule 31 has been broken. In compliance with RRS rule 44.2, penalty turns must be taken as soon after the penalty as possible and well clear of other Competitors.

11. PROTESTS

- 11.1 A boat that wishes to protest must inform the offending competitor as soon as possible and notify the Race Committee upon finishing the race.
- 11.2 A completed protest form must be submitted to the Race Committee within 30 minutes of the Race Committee arriving on shore. This time limit may be extended at the discretion of the Race Committee should conditions prevent a racer from accessing a protest form in a timely manner.
- 11.3 Protests will be heard by a committee consisting of representatives from each of the participating clubs. If an unbiased representative cannot be attained for a participating club, the primary race office may designate another representative to the committee or choose to leave it empty.
- 11.4 Protests hearings will be open to all competitors. Any competitor wishing to learn may listen so long as they remain quiet and do not distract from the hearing.

12. SCORING AND TIME LIMITS

- 12.1 One race constitutes a regatta.
- 12.2 The low point system will be used.
- 12.3 A racing day consisting of 5 or more races will drop a sailor's worst numerical score for that day.
- 12.4 The Race Time Limit will be 45 minutes and the finishing window will be 20 minutes after the first finisher and will be scored DNF.
- 12.5 If conditions dictate such action, the Race Committee will finish a boat(s) in place, but only with the consent of all coaches.
- 12.5 The championship fleets and green fleets will be scored independently

RACING AREAS

