

USA JUNIOR OLYMPIC SAILING FESTIVAL  
CHESAPEAKE BAY  
JULY 10-11  
HAMPTON YACHT CLUB, HAMPTON, VIRGINIA  
**Sailing Instructions**

**1. RULES:**

- 1.1 The regatta will be governed by *The Racing Rules of Sailing*.
- 1.2 RRS 49 is changed to allow the use of hiking pads.
- 1.3 The Opti, c420, and ILCA fleets shall use Appendix V penalty system.

**2. CHANGES TO THE SAILING INSTRUCTIONS**

- 2.1 Any written changes to the sailing instructions or the schedule will be approved by the Principal Race Officer (PRO) and posted on the online notice board on Clubspot. Any change to the schedule requiring racing to begin earlier or later than scheduled will be posted on the official notice board by 1900 hours on the day before the schedule change takes effect.
- 2.2 Any oral changes to the sailing instructions on the water will be communicated to each boat by the race committee and will be effective immediately. These changes will also be communicated to coaches on VHF channels **69** for RWB Course and **72** for ILCA/c420 Course and posted on the official Clubspot notice board at the end of that day's racing.

**3. COMMUNICATIONS WITH COMPETITORS**

- 3.1 Notices to competitors will be posted on the The Club Spot Notice Board online; paper scores may be published on the HYC porch window.
- 3.2 Sailing Instructions will be available on The Club Spot Notice Board online.

**4. SIGNALS MADE ASHORE:**

- 4.1 Signals made ashore shall be displayed from the HYC flagpole.
- 4.2 Flag "AP" when displayed with two sounds means "Racing is postponed". When lowered with one sound, it means "Proceed to the race course. No Warning Signal will be made in fewer than 60 minutes". This changes Race Signals "AP".

**5. SCHEDULE:**

- |                          |   |
|--------------------------|---|
| <b>Thursday July 8</b>   | <b>1200 Competitors Welcome to Arrive and Practice</b>  |
| <b>Friday, July 9</b>    | <b>0900-1600 CBYRA Clinic</b><br><b>1600-1800 Competitor Check-In</b>   |
| <b>Saturday, July 11</b> | <b>0700-0800 Competitors Check-In</b><br><b>0815 Competitor's Meeting at the Flagpole</b><br><b>0830 Green Fleet Meeting a Flagpole</b><br><b>0900 Harbor Start</b> |

## 1000 First Race of the Series

Sunday, July 12

0900 Harbor Start

1400 No Warning after 1400

**\*\* A maximum of five (5) races may be run each day.**

**\*\* Code Flag "A" displayed with no sound as boats are finishing means "No more racing today".**

### 6. COURSES & MARKS:

Courses will be windward-leeward with a gate, twice around with a short reach finish to starboard of the committee boat as per Appendix B, sailors must round through the gate keeping S2 to port before the final leg to the finish.

Mark Descriptions for the Opti and ILCA/c420 Course:

- (1) Weather Mark = 2' Red Inflatable
- (1a) Offset Mark = Small Orange Polyball
- (P2, S2) Gate Marks = Large Orange Polyballs
- Start Mark = Small White Polyball
- Finish Mark = Yellow Polyball

Opti Greens will sail a modified course as determined by the RC.

### 7. CLASSES AND ORDER OF STARTS:

ILCA/420 Course:

<u>Class</u>	<u>Class Flag</u>
ILCA 6	Laser Logo
Club 420	420 Logo
ILCA 4.7	Purple Flag

Opti Course:

<u>Class</u>	<u>Class Flag</u>
Opti R-W-B	Opti Logo

Greenies = Green Flag

### 8. STARTS:

8.1 RRS 26 will be used. To alert boats that a new sequence is about to begin, the RC will make an Attention Signal consisting of a series of short sounds approx. one (1) minute prior to Warning. This is not a timed signal.

8.2 The starting line will be between the staff displaying an orange flag on the RC Signal Boat anchored at the STAR end of the line and the starting mark at the PORT end.

Boats not starting within five (5) minutes of the start of their fleet will be scored Did Not Start (DNS) without a hearing. This changes RRS 63.1, A4, and A5.

8.3 Each boat is required to Check-In with the RC prior to their first race each day by sailing past the stern of the RC Signal Boat and hailing their sail number until acknowledged by the RC.

**9. CHANGE OF THE NEXT LEG OF THE COURSE:**

9.1 To maintain course configuration or adjust course length, marks will be moved as necessary without any sound or visual signals. No mark will be moved when a boat is on a leg of the course which that mark ends. This changes RRS 33.

**10. THE FINISH:**

The finish line will be between a staff displaying an Blue flag on the RC Finish Boat and the finish mark.

**11. PENALTIES:**

RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

**12. TIME LIMIT AND TARGET TIMES:**

The Target Time for a race is 45 minutes. Failure to meet the Target Time is not grounds for granting redress. This changes RRS 61.1(a).

The Time Limit for a race is 90 minutes.

A boat still racing but not finished 20 minutes after the first boat in her fleet sails the course and finishes will be scored Time Limit Expired (TLE). This changes RRS 35, A4, and A5.

**13. PROTESTS:**

13.1 A boat intending to protest another boat for an infraction in the racing area shall notify the RC immediately upon finishing or retiring. A written protest must be filed with the RC within 45 minutes of the RC docking at HYC. Protest forms are available from the RC. A list of protests filed will be posted within 15 minutes of Protest Time. This posting also satisfies the requirement for PC/RC protests under RRS 61.1(b) Protests will be heard as soon as possible after being submitted.

**14. SCORING:**

14.1 The Low Point System of Appendix A will be used, except that, if 5 or more races are completed, a boat's score will be the total of her race scores excluding her worst excludable score.

14.2 Time Limit Expired (TLE) will be scored one (1) point more than the number of boats in that fleet who sailed the course and finished within the Time Limit.

**15. COACHES:**

15.1 Coaches shall have a working VHF radio. Opti coaches should monitor VHF-69 and ILCA/420 coaches should monitor VHF-72. Coaches please respond to calls from the RC and may be asked to help move marks or provide aid to endangered sailor.

15.2 The conduct of all support boats will be governed by *The Racing Rules of Sailing* and these Sailing Instructions.

15.3 Coaches are requested to bring a numbered flag for their boat.

15.4 Coaches are further requested to remain well clear of the racing area when the boats are racing.

## 16. SAFETY:

16.1 Unvaccinated persons are encouraged to wear masks while on shore and while interacting on the water with any coach, RC official, or support vessel.

16.2 A US Coast Guard approved personal flotation device shall be worn, properly fastened, at all times while launching and sailing, except briefly when adding or removing clothing. Each competitor is urged to have a whistle attached to their PFD. Failure to comply may result in disqualification.

16.4 An adult (coach, parent, or designated adult) is responsible for the safety of each sailor. It is the sole responsibility of that adult to decide if the sailor should sail in the weather and sea conditions that might arise during the event. The adults supervising the competitors are ultimately responsible for the risks.

16.5 Parents not personally attending the event must ensure that another adult is authorized and designated to make these decisions for their sailor and each competitor shall indicate in writing the parent or adult representative that shall be responsible for the competitor throughout the event.

The designated adult will accept full responsibility for all actions of the competitor during any activity related to the event. This includes on-shore activities before, during, and after the Regatta.

## 17. CHECK IN/CHECK OUT

17.1 Prior to launching each day, competitors shall check-out with a volunteer at the dinghy dock, indicating their departure to the race course. A competitor who will not be racing that day shall notify a host venue volunteer before the Harbor Launch, or email [sailingdirector@hamptonyc.com](mailto:sailingdirector@hamptonyc.com).

17.2 Immediately upon returning to **but not later than 30 minutes** after the race committee signal vessel docks, competitors shall check-in with a volunteer at the dinghy dock, indicating their return to the venue.

17.3 [DP] A competitor retiring from racing before a day's racing is over shall notify a race committee or safety vessel before leaving the course area or notify the race committee immediately upon returning to shore.

## 18. DISCIPLINE:

As per US Sailing Regulation 10.03, no participant or competitor shall use, possess, either on or off the water: 1) marijuana or any other substance if possession is illegal under state or federal law; or 2) any alcoholic beverages. This regulation is in effect from date and time of arrival through date and time of departure from the venue.

**DISCLAIMER OF LIABILITY:**

Sailing is an activity that has an inherent risk of damage or injury. Competitors in this event are participating entirely at their own risk. See RRS 4, Decision to Race. The race organizers (organizing authority, race committee, protest committee, host club, sponsors, or any other organization or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this event. By participating in this event, each competitor agrees to release the race organizers from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.

**CONTACTS:**

Event Coordinator: Maxwell Plarr, Sailing Director  
Hampton Yacht Club  
(757)969 3973

Principal Race Officer: Mitch Brindley  
Leigh Chapman  
Maxwell Plarr

## APPENDIX A: Sailing Area



## APPENDIX B: Course

W4



Must honor S2 to port  
on the 2 downwind leg  
prior to the finish

