



ROYAL LAKE OF THE WOODS YACHT CLUB

Richardson Regatta 2026

ILCA Provincials + 29er Provincials + ILCA Division 4 Championships

Saturday, July 25th and Sunday, July 26th, 2026

Lake of the Woods, Ontario

www.rlwyc.com

SAILING INSTRUCTIONS

(subject to change prior to regatta date)

1. RULES

- 1.1. The regatta will be governed by the Rules as defined in [The Racing Rules of Sailing \(RSS\)](#) and the [Sail Canada Code of Conduct and Prescriptions as at January 1st, 2025-2028](#).

2. NOTICES TO COMPETITORS

- 2.1. Notices to competitors will be given at the Skipper's meeting.

3. CHANGES TO SAILING INSTRUCTIONS

- 3.1. Changes to the sailing instructions can be made, and will be given at the Skipper's meeting.

4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore will be displayed at the flagpole above the swim docks.
4.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.

5. ENTRIES

- 5.1. All competitors, including crew, must be members in good standing of a Canadian yacht club or Sail Canada, or their countries' equivalent.
5.2. The event will be open to all classes and ages.
5.3. All ILCA-fleet competitors shall be current members of the International Laser Class Association. You can join using this link:
<https://ilcana.theclubspot.com/login/login-type>

6. SCHEDULE

- 6.1. All classes shall race on [Saturday, July 25th, 2026](#), and [Sunday, July 26th, 2026](#).
6.2. Seven (7) races are scheduled with the times noted:

Saturday, July 25th, 2026

Registration + ILCA/29er Measurements	08:30 to 10:30 AM
Competitors Meeting	10:30 AM
Warning signal for 1st race of the day	11:00 AM (four or more) races will be started, conditions permitting

Water and lunch will be provided by the Club between races on the water or on shore, as conditions and time permit. After the races, BBQ Dinner will be provided for all racers at the Yacht Club.

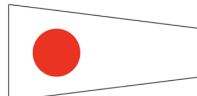
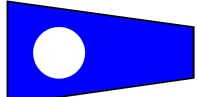
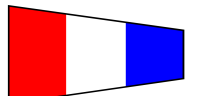
Sunday, July 26th, 2026

Warning signal for 1st race of the day	10:00 AM (three or more races will be started, conditions permitting)
Lunch will be provided on the water, weather permitting, otherwise will be held at the club.	
Awards Ceremony will commence shortly following the last race of the day in the Sailing Centre at the Club.	3:00 - 4:00 (pending no delays or protests)

- 6.3. The Race Committee boat on station at the start/finish line of a race will display code flag "R" if additional races are to follow the four races on Saturday.
- 6.4. On Sunday, no warning signal will be made after 2:00pm.

7. CLASS FLAGS

- 7.1. Class flags will be used to designate classes for the purposes of starting, shortening course, and any other class dependent signals. When no class flags are displayed the signals apply to all classes.
- 7.2. Class flags will be:

Class	Boats	Flags
Class 1	Scows	Numeral 1 
Class 2	ILCA 4-6-7 and Double Handed (Fevas, 29er, Argos...)	Numeral 2 
Class 3	Optimists, Prams, and BICs	Numeral 3 

Class 2 will start first.

8. RACING AREA

- 8.1. Races will be held on Lake of the Woods in the vicinity of the Royal Lake of the Woods Yacht Club.

9. THE COURSES

- 9.1. The courses, including the approximate angles between legs, the order in which marks are to be passed, are illustrated in Appendix A of the Sailing Instructions.
- 9.2. Optimists/Prams/BICS will sail on their own course.
- 9.3. The approximate distance between the windward and leeward marks will be 0.5 to 0.75 miles on the open course.
- 9.4. All course marks shall be left to port.

10. MARKS

- 10.1. All course marks will be orange or yellow marks, except that if required, marks for the separate Optimist course may be smaller orange spherical marks.

11. START

- 11.1. Races will be started by using rule 26 with the addition that there shall be an "attention signal" of multiple horn blasts one minute before the "Warning Signal" for each set of races.
- 11.2. The starting line shall be between that point on the Race Committee boat displaying an "RC" flag (or an all blue flag) at the starboard end of the line and a mark (as described in Instruction 10.1.1) at the port end of the line.
- 11.3. Classes will start with Class 2, followed by Class 1, with 5 minute repeating starts, unless they are started together. Optimists/BICs will have their own start and course.
- 11.4. Boats whose signal has not been made shall keep clear of the starting area.
- 11.5. A boat starting later than three (3) minutes after her starting signal will be scored Did Not Start (DNS). This changes rule RRS A4.1.

12. RECALLS

12.1. Individual Recalls

- 12.1.1. Rule 29.1 will apply for Individual Recalls.
- 12.1.2. The Race Committee may attempt to notify boats over early by hailing the sail number of each. Delay or failure by the Race Committee to notify OCS boats shall not be used for grounds for redress. This changes Rule 41.

12.2. General Recall:

- 12.2.1. The 'First Substitute' will be displayed with two (2) sound signals.
- 12.2.2. A new warning signal for class recalled shall be made as soon as possible and the starting sequence for the other classes will follow and not change.

13. THE FINISH

- 13.1. The finishing line shall be between that point on the Race Committee boat displaying an "RC" flag (or an all blue flag) and a mark at the port end of the line. The finish will be downwind as shown in Schedule 'A'.

14. PENALTY SYSTEM

- 14.1. Appendix P will apply as changed by instructions 15.2. As per Rule 44.1, competitors are encouraged to take a one turn penalty for breaking a rule or a one turn penalty for touching a mark. This alters Rule 44.1
- 14.2. RRS P2.2 and P2.3 will not apply.

15. TIME LIMIT

- 15.1. If no boat properly rounds the first mark of the course within 20 minutes of her start, the race will be abandoned.
- 15.2. If no boat properly finishes the course within 40 minutes of her start, the race will be abandoned.

- 15.3.** Boats failing to finish within 15 minutes of the first boat to properly finish the course of the same class will be scored in the approximate position they are in at that 15 minute time limit.

16. PROTESTS

- 16.1.** Penalties for breaches of the Event Rules, rules in the Notice of Race, class rules and Sailing Instructions marked DP (Discretionary Penalties) are at the discretion of the protest committee. The scoring abbreviation for a discretionary penalty imposed under this instruction is DPI (Discretionary Penalty Imposed).
- 16.2.** Penalties for breaches of Sailing Instructions marked (NP) will not be grounds for a protest by a boat. This changes RRS 60.1(a).
- 16.3.** Protest forms will be available in the Sailing office. Protests and requests for redress or reopening shall be delivered to the Race Office within the protest time limit.
- 16.4.** For each class, the protest time limit is 45 minutes after the last boat has finished the last race of the day or the race committee signals no more racing today, whichever is later.
- 16.5.** Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings may be scheduled to begin up to 30 minutes before the end of protest time limit. Hearings will be held in the Clubhouse. We encourage all boats to eliminate protests by doing their penalty turn. (Only one turn required to exonerate yourself.)
- 16.6.** Notices of protests by the race committee or jury will be posted to inform boats under RRS 61.1(b).
- 16.7.** On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.
- 16.8.** On the last scheduled day of racing a request for reopening a hearing shall be delivered within the protest time limit if the requesting party was informed of the decision on the previous day; no later than 30 minutes after the requesting party was informed of the decision on that day. This changes RRS 66. Reopening a hearing will happen after the awards ceremony on the final day.

17. SCORING

- 17.1.** The Low Point scoring system of Appendix A will apply. Each fleet will be scored separately.
- 17.2.** For the Richardson Regatta overall scoring, a boat's placement and subsequent score in a race will be based on her corrected finishing time using the time-on-time 2019 or later non-wind adjusted Portsmouth Handicapping System. A boat's corrected finishing time shall be calculated as follows:

$$CT = ET \times 100 / HC$$

Where:

CT = Corrected Finishing Time

ET = Elapsed Time (i.e., the time between the boat's class starting time and the boat's actual finish time)

HC = The boat's published Basic Portsmouth Number (D-PN)

- 17.3.** The boat with the shortest corrected finishing time will place first, the boat with the next shortest corrected finishing time will place second, and for each place thereafter add one position. Boats with equal corrected finishing times, to a precision of 1 second, will be tied.
- 17.4.** Classes 1 and 2 will be scored together as one (1) fleet for the Richardson Regatta trophy. The Optimist/BIC Class will be scored as a separate fleet.
- 17.5.** One (1) race is required to be completed to constitute a series. Each boat's total series score shall be calculated as follows:

- 17.5.1. if fewer than five (5) races have been completed, each boat's series score will be the sum of her scores for all races;
- 17.5.2. if between five (5) and seven (7) race have been completed, each boat's series score will be the sum of her scores for all races excluding her worst score.

18. SAFETY REGULATIONS

- 18.1. A boat that retires from a race shall notify the race committee as soon as possible.
- 18.2. For safety and towing, each boat must have a 5 meter long by 7 mm buoyant tow rope attached to its mast or an approved bow attachment at all times.
- 18.3. All competitors shall wear a Canadian Coast Guard-approved or Transport Canada approved personal flotation device (PFD) of appropriate size and fit at all times while afloat. The PFD may be temporarily removed while adjusting clothing. This revises RRS 40.

19. SUPPORT BOATS

- 19.1. Team leaders, coaches and other support personnel shall, except when asked to assist by the Race Committee, stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or the race committee signals a postponement, general recall or abandonment, except that for the Optimist Class, coaches may occasionally offer verbal coaching assistance to last place boats. This changes Rule 41.
- 19.2. All coach and support boats for the ILCA and 29er fleets shall register with the OA, carry VHF, monitor the channel designated at the competitors' meeting, and may be required to assist with safety when requested by the race committee.
- 19.3. All team leaders, coaches and other support boats shall keep well clear of all boats racing and be cognizant of their boat wake at all times. Coaches making unnecessary wake can have their competitor DSQed for races.
- 19.4. These conditions are waived if any competitor safety concerns are seen.

20. RADIO COMMUNICATION

- 20.1. Except in an emergency, a boat shall neither make radio or cell phone transmissions while racing nor receive radio or cell phone communications not available to all boats. This restriction also applies to mobile cellular telephones.

21. PRIZES

- 21.1. Prizes will be awarded to the top three (3) positions of each class (top 5 in Optimist, FEVA and BIC) where there are at least five (5) participants. Prizes will be awarded to the top five (5) positions overall in the open class of the Richardson Regatta.

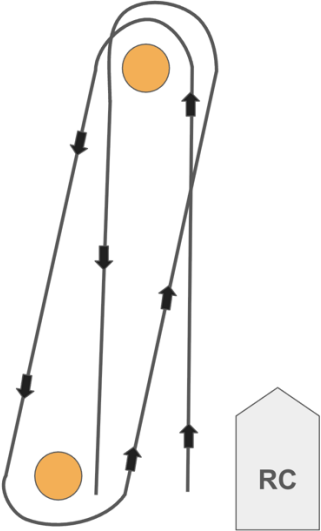
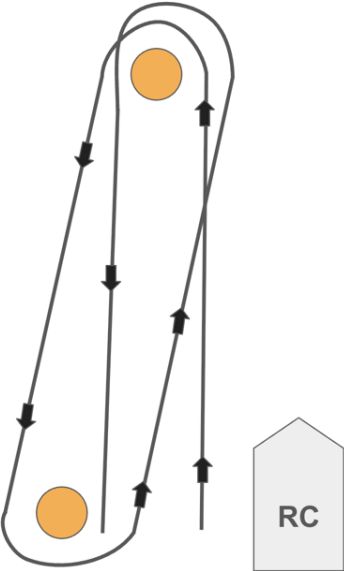
22. DISCLAIMER OF LIABILITY

- 22.1. Competitors participate in the regatta entirely at their own risk. See Rule 4, Decision to Race.
- 22.2. Prior to competing, competitors shall agree in writing to hold harmless and keep indemnified the Royal Lake of the Woods Yacht Club (RLWYC), Sail Manitoba and Sail Canada, their sponsors, their organizers and their respective agents, officials, servants, and representatives, from and against all claims, actions, costs, expenses, and demands in respect to death, injury, loss or damage to the Competitor's property, however caused, arising out of or in connection with Competitor's taking part in the event, notwithstanding that the same may have been contributed to or occasioned by the negligence of the same bodies, or any of them or their agents, officials, servants, or representatives. Competitors shall further understand and agree that this Release is binding upon them, their crews, their heirs, executors and assigns.

23. ILCA and 29er Measurement and Inspection

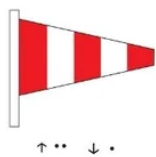
23.1. All ILCA and 29er boats may be subject to sail-number inspection and spot checks for ILCA and 29er legal equipment in accordance with Guideline ILCA and 29er guidelines.

Appendix 'A'

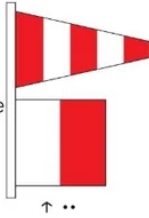
Class 1 and 2 (Scows, ILCAs, Fevas, 29ers...) Course Diagram:	Class 3 (Optis, Prams, Bics...) Course Diagram:
 1. Start 2. Windward 3. Leeward Pin 4. Windward 5. Downwind Finish	 1. Start 2. Windward 3. Leeward Pin 4. Windward 5. Downwind Finish

Race Signals

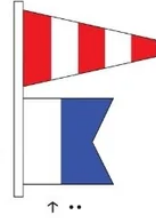
Postponement Signals



AP Races not started are postponed. The warning signal will be made 1 minute after removal unless at that time the race is postponed again or abandoned.

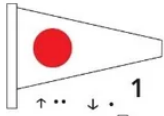


AP over H
Races not started are postponed. Further signals ashore.

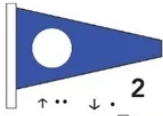


AP over A
Races not started are postponed. No more racing today.

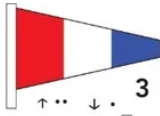
AP over a numeral pennant 1–9 Postponement of 1–9 hours from the scheduled starting time.



1



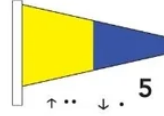
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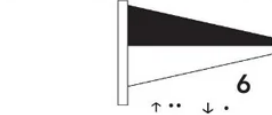
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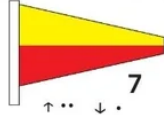
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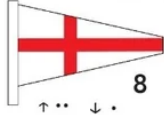
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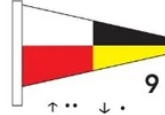
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7



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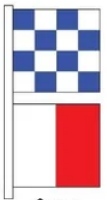


9

Abandonment Signals



N All races in progress are abandoned. Return to the starting area. The warning signal will be made 1 minute after removal unless at that time the race is abandoned again or postponed.



N over H
All races in progress are abandoned. Further signals ashore.

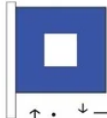


N over A
All races in progress are abandoned. No more racing today.

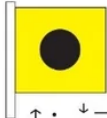


Safety
V Monitor communication channel for safety instructions (see rule 37).

Preparatory Signals



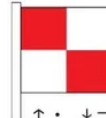
P
Preparatory signal.



I Rule
30.1 is in effect.



Z Rule
30.2 is in effect.



U Rule
30.3 is in effect.



Black flag. Rule 30.4 is in effect.

Recall Signals



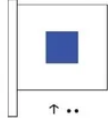
X Individual recall.



First Substitute

General recall. The warning signal will be made 1 minute after removal.

Shortened Course



S The course has been shortened. Rule 32.2 is in effect.

Course Change Signals



C The position of the next mark has been changed: - - - -



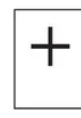
to starboard;



to port;

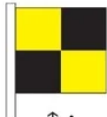


to decrease the length of the leg;



to increase the length of the leg.

Other Signals



L Ashore: A notice to competitors has been posted.

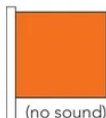
Afloat: Come within hail or follow this vessel.



M The object displaying this signal replaces a missing mark.



Y Wear a personal flotation device (see rule 40).



Orange flag. The staff displaying this flag is one end of the starting line.



Blue flag. The staff displaying this flag is one end of the finishing line.

The meanings of visual and sound signals for 2025-2028 are stated above. An arrow pointing up or down (↑ ↓) means that a visual signal is displayed or removed. A dot (•) means a sound; five short dashes (- - - -) mean repetitive sounds; a long dash (—) means a long sound. When a visual signal is displayed over a class flag, fleet flag, event flag or race area flag, the signal applies only to that class, fleet, event or race area. © 2025 US Sailing