

Sailing Instructions

Commodores Race

July 11, 2026

First warning – 11:55 am | First Start – 12:00 pm

1. Rules

- 1.1. The Race will be governed by the rules as defined in the current edition of the Racing Rules of Sailing (RRS), including US Sailing Prescriptions, except US Sailing Prescriptions to Rules 60 and 63.2 will not apply.
- 1.2. USCG “Navigation Rules, International-Inland” (www.navcen.uscg.gov/) apply when a vessel that is sailing under the Racing Rules of Sailing meets a vessel that is not.
- 1.3. Racing boats encountering non-racing craft shall conform to 1.2 above, USCG Navigation Rules, International-Inland. Be advised that no vessel has the “right-of-way” over a large ship in the deep-water channel. USCG Navigational Rule 9 will be strictly enforced. All competitors are asked to observe USCG Navigational Rule 9, which in part reads ***“A vessel shall not cross a narrow channel or fairway if such crossing impedes the passage of a vessel which can safely navigate only within such channel or fairway.”*** Further, USCG Navigational Rule 34, in part reads “...When vessels in sight of one another...doubt whether sufficient action is being taken by the other to avoid collision, the vessel in doubt shall immediately indicate such doubt by giving at least five short and rapid blasts on the (horn).” RRS 60.2, 63.1 and A5 are modified to add that the R/C may disqualify a yacht infringing this instruction without a hearing when observed by or reported to the Race Committee.
- 1.4. Per RRS 42.3(h), competitors may use an engine or other propulsion method to avoid situations in 1.3 provided they gain no significant advantage in the race.
- 1.5. International Regulations for Preventing Collisions at Sea or government right-of-way rules shall replace Section 2 of RRS between the hours of sunset to sunrise, Pacific Standard Time. Attention is called to RRS Rule 48 concerning fog signals and lights.
- 1.6. **Owner’s responsibility for safety:** Notwithstanding any above safety requirements, the safety of a yacht and her crew is the sole inescapable responsibility of the owner, who must do his or her best to ensure that the yacht is fully sound, thoroughly seaworthy, and manned by an experienced crew who are physically fit to face bad weather. He or she must ensure that all safety equipment is properly maintained and stowed and that the crew knows where it is kept and how it is used.
- 1.7. **NAVAL and CRUISE SHIP PROTECTION ZONE:** The Naval AND Cruise Ship Protection Zone is a 500 yard regulated area of water surrounding all US Naval and Cruise Ship Vessels. All vessels within 500 yards of such vessel shall operate at the minimum speed necessary to maintain safe course and speed and shall proceed as directed by any official patrol. **NO VESSEL IS ALLOWED WITHIN 100 YARDS OF US NAVAL VESSEL or CRUISE SHIP traffic.** These zones are permanently in effect.
- 1.8. Sailing Instructions 1.3, 7.5, 7.10, 13.1, 14.1, and 16.1 modify the RRS.
- 1.9. Amendments to these Sailing Instructions will be posted to the web site no later than 1700 on the Friday before the race. Amendments to the Sailing Instructions may also be given orally by the race committee, prior to the first warning, on **VHF channel 72**.

2. Eligibility

- 2.1. This race is open to any sailboat in the SGYC Handicap Fleet (SGHF), SGYC PHRF Fleet, San Diego Catalina Association Fleet (SDCatA), or any other invited boat/fleet.

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3. Entries & Check-In

- 3.1. Check-in will commence when the “L” flag is hoisted.
- 3.2. Eligible yachts may check in with the Race Committee boat prior to the first warning signal. *Yachts checking in shall pass the RC boat SLOWLY to starboard and hail with her sail number and class or classes entered.* Radio check-in (**VHF channel 72**) is acceptable prior to the first warning signal (11:55) and must include sail number and class or classes entered.
- 3.3. IF A R/C IS NOT ON STATION by 11:30am, you must check-in via radio on **VHF channel 72** and be acknowledged by the R/C. Check-in time in this situation will be between 11:30am and 11:55am.
- 3.4. *Failure to properly check in will result in being scored DNS without a hearing.*

4. Safety

- 4.1. After checking in with the R/C, a boat that retires MUST notify the R/C as soon as the decision to retire is made. This is regardless of whether or not the boat is *enroute* to or in the vicinity of the starting area or the racecourse.
- 4.2. Contacting the R/C after returning to the dock does not satisfy this requirement.
- 4.3. Notifying the R/C on **VHF channel 72** is acceptable but MUST be acknowledged by the R/C.

5. Classes and Class Pennants

- 5.1. There will be 3 classes for this race.
- 5.2. A minimum of 3 boats must be entered in a class for that class to be scored separately. Any boat entered in a class that does not meet the minimum should start with the SGHF/SDCatA classes.
- 5.3. Pennants will be displayed from the yacht’s backstay. Boats without a backstay shall display their pennants in a prominent manner on the stern. Members of SGYC who are also members of SDCatA MUST display two pennants.

Silver Gate Handicap Fleet	Class “S”	BLUE pennant
San Diego Catalina Fleet	Class “C”	YELLOW pennant
PHRF Fleet	Class “P”	GREEN pennant

6. Schedule of Races

- 6.1. One race is scheduled.
- 6.2. The scheduled time for the first warning signal is 11:55 AM.

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7. The Start and Racing Area

- 7.1. The start line will be in San Diego Bay in the vicinity of buoy 17 at the south end of Shelter Island.
- 7.2. The racing area covers the general locale known as San Diego Bay. For navigation, refer to NOAA chart #18773, San Diego Bay.
- 7.3. Yachts whose class warning signals have not been posted shall keep clear of the starting area and vessels attempting to start.
- 7.4. All races are started in accordance with RRS 26. To signal the "Sequence Start", one minutes prior to the first warning the R/C may sound 5 long horn blasts as a courtesy. The hoisting of the appropriate class pennant(s) and a warning sound will signal "Sequence Start Time". NOTE: The R/C may cancel or combine starts. It is the responsibility of a yacht to start at its signaled start time.
- 7.5. **A boat starting later than 5 minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes rule A5.**
- 7.6. The start will be between a staff displaying an orange flag on the R/C boat and the SD Buoy (Green) designated by the R/C. IF A R/C IS NOT ON STATION by 11:30am, the start will be between a staff with an orange flag displayed on shore and SD Channel Buoy 17 (green).
- 7.7. If the Race Committee boat is damaged as a result of a boat breaking a rule, that boat shall pay for the repairs.
- 7.8. The SGHF and SDCatA Fleet will start together and begin racing at the first warning.
- 7.9. RRS 28 is changed as follows:
 - 7.9.1. Add new rule **28.3 Exoneration** as "The penalty and scoring abbreviation for not crossing the starting line as required by rule 28.1 (see definition of *Start*) will be 10 minutes added to the corrected finishing time with a scoring abbreviation of OCS. This changes rules A4, A5.1, A5.2, A5.3, and A10."

8. Courses

- 8.1. Course numbers will be displayed on a white board on the R/C boat no later than the Warning signal for the class starting. Courses will be selected from the list of courses that are a part of these Sailing Instructions.
- 8.2. IF THE R/C IS NOT ON STATION the Course Numbers will be broadcast over **VHF channel 72** at 11:45am and at the warning signal of each class.

9. Start Sequence

- 9.1. The expected starting sequence is described below. **Please NOTE: we will have a 1 minute break between classes.**

TIME	SIGNAL	CLASSES	FORM	SOUND
11:54	<i>Courtesy</i>	<i>ALL</i>	<i>No form</i>	<i>5 HORN BLASTS</i>
11:55	<i>Warning</i>	<i>"S" & "C"</i>	<i>Blue & Yellow Flags UP</i>	<i>HORN</i>
11:56	<i>Preparatory</i>	<i>"S" & "C"</i>	<i>"P" FLAG UP</i>	<i>HORN</i>
11:59			<i>"P" Flag Down</i>	<i>LONG HORN</i>
12:00	<i>START</i>	<i>"S" & "C"</i>	<i>Blue & Yellow Flags DOWN</i>	<i>HORN</i>

- 9.2. If the R/C is not on station, the starting sequence will be broadcast on **VHF channel 72**

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10. Postponement

- 10.1. In the case of a postponement, the warning signal will be one (1) minute after the Answering Pennant (AP) flag comes down.

11. Recalls

- 11.1. Individual recalls will be signaled in accordance with RRS 29.1 (display of 'X' flag and one (1) sound). The Race Committee shall not hail premature starters. It is the responsibility of yachts to start properly.
- 11.2. In the event that a General Recall is signaled (display of 'First Substitute' pennant and Two (2) sounds), the recalled class will be restarted in accordance with RRS 29.2. Starts for succeeding classes shall follow the new start for the recalled class.

12. The Finish

- 12.1. The finish will be between a staff with an orange flag displayed on the R/C boat and San Diego Channel buoy 17 (Green). Boats shall finish on a direct approach to the finish line regardless whether the R/C boat is to port or to starboard.
- 12.2. IF A R/C IS NOT ON STATION, 12.1 does not apply. The finish will be between a staff with an orange flag displayed on shore and SD Channel Buoy 17 (green).
- 12.3. SGHF and SDCatA boats using spinnakers or asymmetrical spinnakers MUST NOTIFY the race committee of that fact immediately after finishing the race. This can be done by either hailing the R/C on **VHF channel 72** or by sailing by the R/C boat in a manner that does not interfere with other competitors finishing the race.

13. Time Limit

- 13.1. Boats failing to finish by 16:00 will be scored DNF without a hearing. This modifies RRS 35. If no boats in a class finish within the time limit, the race will be abandoned.

14. Penalties

- 14.1. A boat that may have broken a rule while racing may exonerate herself from the infraction by executing one 360-degree turn (including 1 tack & 1 jibe) as soon as possible after the infraction. This modifies RRS 44.1.
- 14.2. The 360-degree turn must be performed prior to rounding the next mark approached from the point of infraction.

15. Protests

- 15.1. Boats must come by the RC boat and give notice of intent to protest immediately after finishing. Information given should include which boat you are protesting and the reason for the protest.
- 15.2. Protests must be submitted using the standard US Sailing form. The protest must be presented to a member of the R/C at Silver Gate Yacht Club no later than one hour after the R/C boat docks.
- 15.3. The Protest Committee will post the results of their hearing on the SGYC club web site.

16. Radio Communications

- 16.1. The Race Committee will use **VHF channel 72** for giving course instructions, for all communication with competitors on the water, and as an aid to provide information. This modifies RRS 41(c).
- 16.2. Except in an emergency a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile devices.

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17. Scoring

- 17.1. The race will be scored using SGYC adjusted ratings (Cruising adjustments) for the SGHF and the SDCatA Fleets, PHRF RLC Area G ratings for the Silver Gate PHRF Fleet, and the appropriate ratings of other classes as recognized by the Race Committee.
- 17.2. SGHF and SDCatA boats NOT using spinnakers or asymmetrical spinnakers will be rated with their spinnaker offset. The NSO used will be the LESSOR of the calculated NSO or the NSO as noted on the yacht's PHRF certificate.
- 17.3. A NSO will not be used for boats in the Silver Gate PHRF Fleet.
- 17.4. Non-SGYC member-owned boats, regardless of crew membership, will be scored with the appropriate class but will be ineligible for consideration in the annual fleet standings.
- 17.5. Rule A5.3 applies to the scoring for this race

18. Series Scoring

- 18.1. Races to Count and Minimum Required - To qualify for inclusion in the final series results, a boat shall compete in (come to the starting area for) at least 6 of the completed races listed in **SI 21**.
- 18.2. Race Scores - Define 'N' to be the number of boats that compete in a particular race. Each boat finishing a race and not thereafter retiring, being penalized or given redress will be scored as follows:

<u>Finishing place</u>	<u>Points</u>
First	N+1
Second	N
Third	N-1
Fourth	N-2
Each place thereafter	Subtract 1 point

Boats that come to the starting area but do not start (DNS) or do not finish (DNF) will be awarded 1 point. Boats that retire (RET) or are disqualified (DSQ) are awarded 0 (zero) points.

- 18.3. Series Scores - The series score for each boat will be a percentage calculated as follows: divide the sum of her race scores by the sum of the points she would have scored if she had placed first in every race in which she competed; multiply the result by 100. The qualified boat with the highest series score is the winner, and others are ranked accordingly. *No scores* will be excluded.
- 18.4. Ties and Other Rules - Race ties will be scored using rule A7. Series ties will be broken using rule A8.1. Rules A1, A3, A5, A6, A9 and A10 also apply.

19. Notice of Cancellation or Postponement of Race

The Fleet Captain or the Sail Fleet Chair may cancel or postpone a race early in the race day BEFORE the Race Committee Boat has left the dock. **Race cancellations will be transmitted on VHF channel 72.** Racers may call (619) 222-1214 to verify a race cancellation or postponement. A visual notice will be placed in the SGYC lobby announcing the decision.

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20. Disclaimer of Liability

Competitors participate in this race entirely at their own risk. See RRS 4 – Decision to Race – “The responsibility for a boat’s decision to participate in a race or to continue racing is hers alone.” Silver Gate Yacht Club will not accept any liability for material damage or personal injury or death sustained in conjunction with, prior to, or after the regatta.

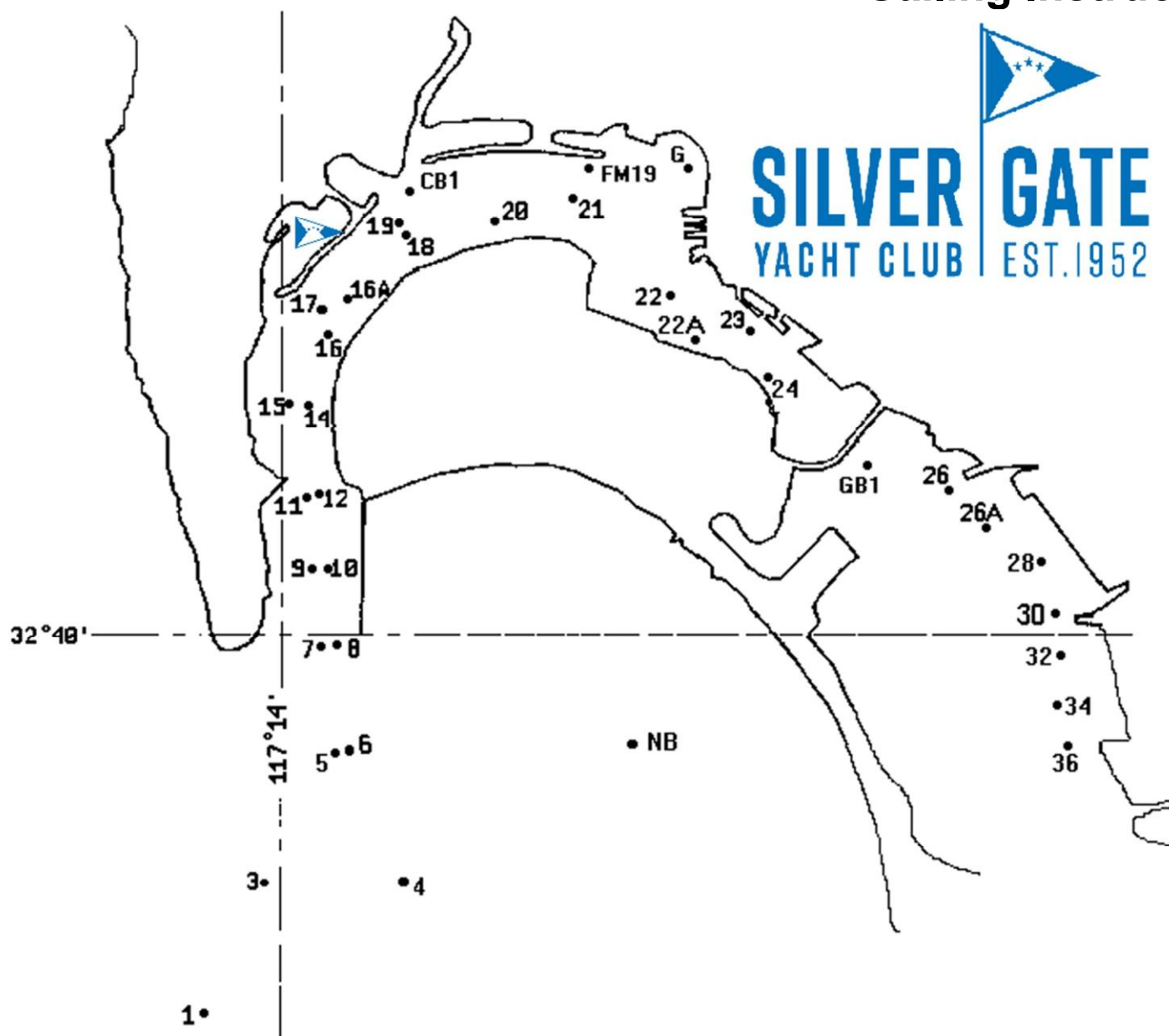
21. Series Race Calendar

1/10/26	Frostbite Race
2/21/26	Presidents Day Race/Midwinters
3/21/26	St. Patrick's Day Race
4/11/26	Jane Swett Regatta
5/9/26	Galleon Race
6/13/26	Clipper Race
7/11/26	Commodores Race
8/8/26	Windjammer Race
9/12/26	Dennis Jackson Regatta
10/17/26	Man O'War Race
11/14/26	Turkey Day Race

SGYC Web Site: <http://sgyc.org/activities-and-fleets/racing-fleet/>

For additional information, please contact sailing@sgyc.org

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SAN DIEGO BAY – This chart not intended for navigational purposes

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Race Course Information

- The standard start/finish area for **Silver Gate Yacht Club** races will be near **SD17** at the south end of Shelter Island.
- The course number for each class racing will be displayed on boards on the RC boat no later than the warning signal.
- Courses have been designed taking into account the fleets that are racing and the conditions prevailing at the start. It is entirely at the discretion of the Race committee which course(s) are assigned.
- Most racing marks on the course list are San Diego Bay channel buoys approximately as shown on the bay outline above. (All racing boats should verify actual mark positions on San Diego Bay navigation charts.)

Other marks used on these racecourses are described below:

- **Mark "CB##"** is a numbered Channel Buoy as shown on NOAA chart 187723 (Dec 2005)
- **Mark "NB"** is a large concrete Naval Mooring buoy in the Coronado roads at approximately 95 degrees magnetic and 2.9NM from buoy SD8. **NOTE:** For maintenance or other reasons, this mark may be temporarily replaced by a colored float or other device not readily visible until within 100 yards of the mark. ***Racers are advised to establish this mark as a waypoint in their GPS/Chartplotter systems and navigate accordingly.***

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Courses for Light Air conditions at the Start (Allows RC to shorten the course if conditions remain light)

1	▲ CB17 to Port	▲ CB15 to Port	▲ CB11 to Port	▲ CB12 to Port	▲ CB17 to Starboard					Leg 1	2.94
		▲ CB20 to Port	▲ CB19 to Port	▲ CB17 to Port						Leg 2	5.70
		▲ CB11 to Port	▲ CB12 to Port	▲ CB16A to Port	▲ CB17 to Port					Leg 3	8.90
2	▲ CB17 to Port	▲ CB15 to Port	▲ CB14 to Port	▲ CB18 to Port	▲ CB19 to Port	▲ CB17 to Port				Leg 1	2.95
		CB16 ▲ To Starboard	▲ CB18 to Port	▲ CB20 to Port	▲ CB19 to Port	▲ CB17 to Port				Leg 2	6.10
		▲ CB15 to Port	▲ CB14 to Port	▲ CB16A to Port	▲ CB17 to Port					Leg 3	7.70
3	▲ CB17 to Port	▲ CB15 to Port	▲ CB14 to Port	CB19 ▲ To Starboard	CB20 ▲ To Starboard	▲ CB17 to Port				Leg 1	4.02
		▲ CB15 to Port	▲ CB14 to Port	CB19 ▲ To Starboard	▲ CB21 to Port	▲ CB19 to Port	▲ CB17 to Port			Leg 2	9.40

Courses for Prevailing Wind conditions (SW - NW)

11	▲ CB17 to Port	▲ CB15 to Port	▲ CB21 To Port	▲ CB19 to Port	▲ CB17 to Port						5.30
12	▲ CB17 to Port	▲ CB15 to Port	▲ CB14 to Port	▲ CB19 To Starboard	▲ CB21 To Port	▲ CB19 to Port	▲ CB17 to Port				5.40
13	▲ CB17 to Port	▲ CB15 to Port	▲ CB11 To Port	▲ CB12 To Port	▲ CB16 To Starboard	▲ CB18 To Starboard	▲ CB21 to Port	▲ CB19 to Port	▲ CB17 to Port		7.10
14	▲ CB17 to Port	▲ CB15 to Port	▲ CB14 to Port	▲ CB20 To Starboard	▲ CB22 To Port	▲ CB21 to Port	▲ CB19 to Port	▲ CB17 to Port			7.40
15	▲ CB17 to Port	▲ CB15 to Port	▲ CB14 to Port	▲ CB16 To Starboard	▲ CB19 To Starboard	▲ CB21 To Starboard	▲ CB22 To Port	▲ CB21 to Port	▲ CB19 to Port		7.75
		▲ CB18 To Starboard	▲ CB16A to Starboard	▲ CB17 to Port							
16	▲ CB17 to Port	▲ CB15 to Port	▲ CB12 To Port	▲ CB16 To Starboard	▲ CB18 To Starboard	▲ CB22 To Port	▲ CB21 to Port	▲ CB19 to Port	▲ CB17 to Port		8.80
17	▲ CB17 to Port	▲ CB15 to Port	▲ CB14 to Port	▲ CB20 To Starboard	▲ CB24 To Port	▲ CB23 To Port	▲ CB21 to Port	▲ CB19 to Port	▲ CB17 to Port		9.20
18	▲ CB17 to Port	▲ CB15 to Port	▲ CB8 To Port	▲ NB To Starboard	▲ CB8 To Starboard	▲ CB15 To Starboard	▲ CB16A to Port	▲ CB17 to Port			10.40

Courses for Stormy Wind conditions (SSE - SSW or NNW - NNE)

51	▲ CB17 to Port	▲ CB15 to Port	▲ CB14 to Port	▲ CB19 To Starboard	▲ CB20 To Starboard	▲ CB17 to Port					4.00
52	▲ CB17 to Port	▲ CB15 to Port	▲ CB9 To Port	▲ CB10 To Port	▲ CB16A to Port	▲ CB17 to Port					4.25
53	▲ CB17 to Port	▲ CB15 to Port	▲ CB8 To Starboard	▲ CB7 To Starboard	▲ CB12 To Port	▲ CB16A To Port	▲ CB17 to Port				5.30

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54	▲ CB17 to Port	CB14 ▲ To Starboard	CB8 ▲ To Starboard	CB7 ▲ To Starboard	▲ CB14 To Port	CB15 ▲ To Starboard	▲ CB16A to Port	▲ CB17 to Port			5.40
55	▲ CB17 to Port	CB12 ▲ To Starboard	CB11 ▲ To Starboard	CB16A ▲ To Starboard	▲ CB18 To Port	▲ CB19 to Port	▲ CB15 To Port	▲ CB14 to Port	▲ CB16A to Port		6.10
		▲ CB17 to Port									
56	▲ CB17 to Port	▲ CB15 to Port	▲ CB9 To Port	▲ CB8 To Port	CB14 ▲ To Starboard	CB16A ▲ To Starboard	▲ CB18 To Port	▲ CB19 to Port	▲ CB17 to Port		6.70
57	▲ CB17 to Port	CB14 ▲ To Starboard	▲ CB15 to Port	CB6 ▲ To Starboard	CB5 ▲ To Starboard	CB14 ▲ to Port	CB15 ▲ To Starboard	▲ CB16A to Port	▲ CB17 to Port		7.10
58	▲ CB17 to Port	▲ CB5 To Port	CB15 ▲ To Starboard	▲ CB19 to Port	▲ CB17 to Port						8.00
59	▲ CB17 to Port	▲ CB15 To Port	CB7 ▲ To Starboard	▲ CB3 To Port	▲ CB6 To Port	CB14 ▲ To Starboard	▲ CB16A to Port	▲ CB17 to Port			8.80
60	▲ CB17 to Port	▲ CB15 to Port	▲ CB5 To Port	▲ CB6 To Port	CB15 ▲ To Starboard	▲ CB20 to Port	▲ CB19 to Port	▲ CB17 to Port			9.20
61	▲ CB17 to Port	▲ CB15 to Port	CB4 ▲ To Starboard	CB3 ▲ To Starboard	CB14 ▲ To Starboard	▲ CB16A to Port	▲ CB17 to Port				9.60
62	▲ CB17 to Port	▲ CB15 to Port	▲ CB1 To Port	▲ CB16A to Port	▲ CB17 to Port						10.40

Longer Distance courses (primarily for PHRF Fleet)

81	▲ CB17 To Port	▲ CB3 To Port	▲ CB5 To Port	▲ CB20 To Port	▲ CB19 To Port	▲ CB17 To Port					10.90
82	▲ CB17 To Port	▲ CB15 To Port	▲ CB5 To Port	▲ CB4 To Port	CB11 ▲ To Starboard	▲ CB16A To Port	▲ CB20 To Port	▲ CB17 To Port			11.30
83	▲ CB17 To Port	▲ CB15 To Port	▲ CB8 To Port	NB ◊ To Starboard	CB8 ▲ To Starboard	CB15 ▲ To Starboard	▲ CB18 To Port	▲ CB17 To Port			11.60
84	▲ CB17 To Port	▲ CB15 To Port	▲ CB8 To Port	NB ◊ To Starboard	CB8 ▲ To Starboard	CB15 ▲ To Starboard	▲ CB16 To Port	▲ CB19 To Port	▲ CB17 To Port		11.70
85	▲ CB17 To Port	▲ CB15 To Port	▲ CB3 To Port	NB ◊ To Port	CB8 ▲ To Starboard	CB9 ▲ To Starboard	CB14 ▲ To Starboard	▲ CB16A To Port	▲ CB17 To Port		12.50
86	▲ CB17 To Port	▲ CB15 To Port	▲ CB8 To Port	NB ◊ To Starboard	CB1 ▲ To Starboard	▲ CB6 To Port	CB15 ▲ To Starboard	▲ CB16A To Port	▲ CB17 To Port		14.50

Courses with Downwind starts (in Prevailing wind conditions)

91	CB17 ▲ To Starboard	▲ CB18 To Port	CB19 ▲ To Starboard	CB21 ▲ To Starboard	▲ CB22 To Port	▲ CB21 To Port	▲ CB19 To Port	▲ CB17 To Port			6.30
92	CB17 ▲ To Starboard	CB19 ▲ To Starboard	▲ CB17 To Port	▲ CB15 To Port	▲ CB7 To Port	▲ CB16 To Port	▲ CB17 To Port				6.80
93	CB17 ▲ To Starboard	CB19 ▲ To Starboard	CB18 ▲ To Starboard	▲ CB15 To Port	▲ CB5 To Port	▲ CB6 To Port	CB15 ▲ To Starboard	▲ CB16A To Port	▲ CB17 To Port		8.60
94	CB17 ▲ To Starboard	▲ CB21 To Port	▲ CB19 To Port	▲ CB17 To Port	▲ CB5 To Port	▲ CB6 To Port	CB15 ▲ To Starboard	▲ CB16A To Port	▲ CB17 To Port		11.00