



Sailing Instructions

ATLANTIC CLASS NATIONAL CHAMPIONSHIP

Seawanhaka Corinthian Yacht Club
Centre Island, Oyster Bay, New York
AUGUST 12 – 15, 2026



Issued 1 August 2026 · Version 1.1 · RRS 2025–2028

1.0 RULES

1.1 The Regatta will be governed by the *rules* as defined in *The Racing Rules of Sailing (RRS)*, including all US Sailing Prescriptions, the Rules of the Atlantic Class Association, the Notice of Race and these Sailing Instructions.

1.2 The Rules of the Atlantic Class Association shall apply and shall govern in the event of a conflict with the US Sailing Prescriptions and RRS. If there is a conflict between the Notice of Race and these Sailing Instructions, these Sailing Instructions shall prevail. This changes RRS 63.5(c).

1.3 As permitted by RRS 44.1, the One-Turn Penalty replaces the Two-Turns Penalty. A boat may take a One-Turn Penalty, consisting of one tack and one gybe, when she may have broken one or more rules of Part 2 or RRS 31.

1.4 A paragraph of these Sailing Instructions that changes a racing rule refers specifically to that rule and states the change, as required by RRS 85.1. No other paragraph changes a RRS.

1.5 All times stated in these Sailing Instructions are Eastern Daylight Time, taken from the Race Committee Signal Boat.

2.0 ENTRIES, ELIGIBILITY AND EQUIPMENT

2.1 Any boat belonging to, or under charter to, an active member in good standing of the Atlantic Class Association and of a recognized yacht club shall be eligible for entry in this Championship.

2.2 A boat is entered only when her entry form, entry fee, signed waivers for all skippers and crew, valid measurement certificate and certificate of insurance have been received and accepted, as required by the Notice of Race.

2.3 Section 17 (Championship Series) of the Atlantic Class Association Rules shall apply.

2.4 All sails intended for use at the Championship should be measured before arrival. Sails may also be measured at SCYC by prior appointment with the measurer of the competitor's choice.

2.5 As required by RRS 78.1, a boat and her equipment shall comply with the Atlantic Class Rules while she is racing. The Race Committee or the Class Measurer may conduct equipment inspection or measurement checks at any time during the Championship.

2.6 Haul-out restrictions are per the Atlantic Class Rules shall apply for the duration of the Championship, except with the prior written permission of the Race Committee.

3.0 NOTICES TO COMPETITORS

3.1 Notices to competitors will be posted on the official notice board on **Clubspot** at <https://theclubspot.com/regatta/S1hyXBRAN0> and at the main clubhouse of SCYC.

3.2 The online **Clubspot** notice board and the physical notice board at SCYC together constitute the official notice board. Where the two differ, the **Clubspot** posting shall govern.

4.0 CHANGES TO THE SAILING INSTRUCTIONS

4.1 Any change to these Sailing Instructions will be posted on the official notice board before 09:00 on the day it takes effect, except that any change to the schedule of races will be posted by 19:00 on the day before it takes effect.

4.2 Changes to these Sailing Instructions may also be made orally on the water by the Race Committee, provided the change is signaled to all boats before the warning signal of the race concerned.

5.0 SIGNALS MADE ASHORE

5.1 Signals made ashore will be displayed at the SCYC flagpole.

5.2 When displayed ashore, Code Flag AP with two sound signals means "racing is postponed." The warning signal will be made not less than 90 minutes after AP is lowered, at which time one sound signal will be made. *This changes Race Signals, AP.*

5.3 When displayed ashore, Code Flag L with one sound signal means "a notice to competitors has been posted on the official notice board."

6.0 SCHEDULE OF EVENTS

Wednesday, August 12

10:00 . 16:00 . Registration at SCYC front desk
14:30 . Practice Sailing
18:30 . Drinks and dinner available at SCYC for purchase (casual attire; reservations suggested)

Thursday, August 13

08:00 . Breakfast
08:00 . 09:00 . Late Registration at SCYC front desk may be made upon request
09:00 . Skipper's Meeting
10:00 . Harbor Start
11:30 . Warning Signal, Race 1
Post Racing . Gathering, Daily Debrief & "Salty Dog" BBQ Dinner

Friday, August 14

08:00 . Breakfast
09:30 . Harbor Start
11:00 . Warning Signal, first race of the day
Post Racing . Gathering, Daily Debrief & Buffet Dinner

Saturday, August 15

08:00 . Breakfast
09:30 . Harbor Start
11:00 . Warning Signal, first race of the day
15:00 . No initial warning signal will be made after 15:00
After Racing . Closing Ceremony and presentation of keeper trophies

6.1 Two races are scheduled for each day of racing. One additional race per day may be sailed, provided the Championship does not become more than one race ahead of the above schedule and no more than three races are sailed on any one day. A maximum of six races will be completed.

6.2 On each day after the first race of the day, the warning signal for each succeeding race will be made as soon as practicable after the finish of the preceding race. A warning signal for a succeeding race may be made without further notice.

7.0 RACING AREA

7.1 The racing area is the open water between outer Oyster Bay Harbor and Long Island Sound mid-Sound buoy 32A, subject to 7.2 below.

7.2 The racing area may be closer to shore than 1.0 mile at the sole discretion of the Principal Race Officer (PRO).

8.0 NUMBER OF RACES

8.1 Six races are scheduled, two on each day of racing. Make-up races may be sailed in accordance with paragraph 6.1.

8.2 At least three races shall be completed to constitute a valid Championship Series.

8.3 On Saturday, August 15, no initial warning signal will be made after 15:00.

9.0 COURSES

9.1 The courses will be windward-leeward courses of four or five legs, as illustrated in Attachment A: Course Diagrams.

9.2 The course as set shall be not less than five (5) nautical miles and not more than ten (10) nautical miles in total length.

9.3 A windward offset mark and leeward gate marks will be used.

9.4 No later than the warning signal, the Race Committee will display on the Signal Boat the course designation — "A" (four legs) or "B" (five legs) — together with the compass heading and the distance to the first mark. Failure of the Race Committee to display this information, or an error in it, shall not be grounds for redress. This changes RRS 61.4(b)(1).

Board display	Example	Meaning									
Course: A Heading: 245°M Distance: 1.5 nm	<table><tr><td>2</td><td>1</td><td>A</td></tr><tr><td>4</td><td>5</td><td></td></tr><tr><td>5</td><td></td><td></td></tr></table>	2	1	A	4	5		5			Course A — four legs: windward, leeward, windward, leeward to finish. Magnetic bearing 245° from the starting line to the first mark; 1.5 nautical miles to the first mark.
2	1	A									
4	5										
5											

9.5 All courses shall be laid out with the windward mark and the offset mark to be left to port.

9.6 If the leeward gate is not in place, boats shall round the existing leeward mark, leaving it to port.

10.0 MARKS

10.1 Original rounding marks, the offset mark, the leeward gate marks and the finishing mark will be inflatable buoys.

10.2 Change marks will be inflatable buoys of the same or a different color from the original marks. A change mark may simply be an original mark in a new position.

10.3 Mark-set boats and support boats are not marks, except that a vessel displaying Code Flag M and making repetitive sound signals, substituted for a missing mark in accordance with RRS 34, shall be a mark.

10.4 Mark-Set-Bots may be used.

10.5 The color of all marks will be clarified at the Skippers Meeting.

11.0 CHECK-IN, CHECK-OUT AND RETIRING

11.1 Each day, prior to the warning signal of the first race of the day, every boat shall check in with the Race Committee on VHF Channel 72 or by hailing the Signal Boat, and shall be acknowledged by the Race Committee.

11.2 A boat leaving the racing area shall notify the Race Committee. A boat returning to the racing area, or arriving late, shall check in before her next warning signal.

11.3 A boat that retires from a race shall notify the Race Committee as soon as practicable, and in any event before the protest time limit for that day.

12.0 THE START

12.1 Races will be started using RRS 26.

12.2 The starting line will be between a staff displaying an orange flag on the Race Committee Signal Boat and the pin end. The pin end may be either an inflatable buoy or a vessel displaying an orange flag. When the pin end is an inflatable buoy, the center of the buoy defines the leeward end of the starting line.

12.3 The Signal Boat may trail an orange inflatable buoy 5 to 10 feet to leeward. While attempting to start, a boat shall not touch this buoy nor pass between it and the Signal Boat to which it is attached. A boat breaking this rule shall be deemed to have touched a mark as described in RRS 31.

12.4 A boat that does not start within four (4) minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

12.5 At ten minutes prior to the start an orange flag or flags will be displayed on the Race Committee boat at the windward end and, if a pin end vessel is used it will also display an orange flag. The orange flag(s) indicate that the starting line is in position and will not be changed before the start. The display of the orange flags will be accompanied by a sound signal.

13.0 RECALLS

13.1 Individual Recall: in addition to the signals required by RRS 29.1, the Race Committee will attempt to hail the sail numbers of premature starters on VHF Channel 72. Failure to hail, any delay in hailing, or the failure of a boat to hear a hail, shall not be grounds for redress. This changes RRS 61.4(b)(1).

13.2 General Recall: as provided in RRS 29.2, the warning signal for the new start will be made one (1) minute after the First Substitute is removed, unless at that time the race is postponed or abandoned.

14.0 CHANGES OF COURSE AFTER THE START

14.1 To change the next leg of the course, the Race Committee will move the original mark, or the finishing line, to a new position, or lay a change mark and remove the original mark as soon as practicable. The change will be signaled in accordance with RRS 33. Since the change mark may be the original mark in a new position removal of the original mark may not be necessary or possible.

14.2 Where the course of an upwind leg is changed, the offset mark may, or may not, accompany the change mark.

14.3 The Race Committee may adjust the course during the race, provided no boats are on the leg to be adjusted, of no more than 10 degrees or 0.1nm, to maintain course alignment, without signaling a change. This changes RRS 33.

14.4 The Race Committee may shorten the course to an existing mark of the course and counted toward the Championship so long as there are at least three legs including two windward legs. The five mile minimum length is waived however the intent is to have races of appropriate length.

15.0 THE FINISH

15.1 For an upwind finish, the finishing line will be between a staff displaying an orange flag on a Race Committee boat and the windward mark.

15.2 For a downwind finish, the finishing line will be between a staff displaying an orange flag on the starboard side of the Race Committee Signal Boat and a finishing mark, which shall be left to port.

16.0 TIME LIMITS AND FINISHING WINDOW

16.1 The time limit for each race is three (3) hours from the starting signal. If no boat sails the course within the time limit, the race will be abandoned. See RRS 35.

16.2 Boats finishing within thirty (30) minutes after the first boat sails the course will be scored in their order of finish.

16.3 A boat still racing after the expiry of the thirty (30) minute finishing window, and not subsequently disqualified or retired, will be scored Time Limit Expired (TLE) and given points equal to one more than the number of boats that finished within the finishing window, without a hearing. This changes RRS 35, A5.1, A5.2 and A10.

16.4 Failure of a boat to finish within the time limit or the finishing window shall not be grounds for redress. This changes RRS 61.4(b).

17.0 PROTESTS AND REQUESTS FOR REDRESS

17.1 Protests, requests for redress and requests to reopen a hearing shall be governed by *RRS Part 5*, as modified by the following paragraphs.

17.2 As required by RRS 60.2(a)(1), a boat intending to protest shall hail "Protest" at the first reasonable opportunity and, the hull length of an Atlantic being greater than 6 metres, shall also conspicuously display a red flag at the first reasonable opportunity and keep it displayed until she is no longer racing.

17.3 A boat intending to protest is also requested to notify the Race Committee, after finishing or as soon as practicable after retiring, of her own sail number and the sail number of the boat she intends to protest.

17.4 The protest time limit each day is sixty (60) minutes after the Race Committee Signal Boat is docked. One sound signal will be made when the Signal Boat is docked, and a second sound signal will be made sixty (60) minutes later to signal that the protest submission period has ended. This time limit applies as provided in RRS 60.3(b), and to requests for redress as provided in RRS 61.2(b).

17.5 Protests, requests for redress and requests to reopen a hearing shall be delivered to the race office at the location announced at the Skipper's Meeting. Forms will be available at that location and on [Clubspot](#).

17.6 Notices will be posted on the official notice board within thirty (30) minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses, and of the time and place of those hearings.

17.7 A request to reopen a hearing shall be delivered within the time limits stated in RRS 63.7(b).

18.0 SCORING

18.1 Scoring shall be in accordance with *RRS Appendix A, Low Point System*.

18.2 As permitted by RRS A2.1, each boat's worst score will be excluded only if five (5) or more races are scored. The excluded score shall be determined subject to *RRS 90.3(b)*.

18.3 Three (3) races must be completed to constitute a valid Championship Series.

19.0 SAFETY, SUPPORT BOATS AND TRASH

19.1 RRS 40.1 applies as provided in RRS 40.2. When Code Flag Y is displayed afloat with one sound before or with the warning signal, each competitor shall wear a personal flotation device while racing in that race. When Code Flag Y is displayed ashore with one sound, each competitor shall wear a personal flotation device at all times while afloat that day.

19.2 All boats shall carry a working VHF radio capable of receiving and transmitting on VHF Channel 72, together with the safety equipment required by the Atlantic Class Rules and by law.

19.3 Support boats, coach boats, and spectator boats shall remain 100 meters outside the racing area from the time of the warning signal for any race of the day until all boats have finished or retired from that race, or the Race Committee has signaled a postponement, or abandonment.

19.4 Towing is encouraged by support boats and spectator boats. The Race Committee will also endeavor to assist with towing.

19.5 Competitors and support persons shall not put trash in the water. Trash may be placed aboard support or Race Committee vessels. See *RRS 47*.

20.0 RADIO COMMUNICATION

20.1 The Race Committee will communicate with the fleet on VHF Channel 72. SCYC monitors VHF Channel 10 for shoreside and mooring matters.

20.2 Except in an emergency, a boat while racing shall neither make nor receive radio transmissions that are not available to all boats. This restriction applies equally to mobile telephones and all similar devices.

21.0 PRIZES

21.1 Regatta keeper trophies will be awarded at the Closing Ceremony on Saturday, August 15.

21.2 Perpetual and Class prizes will be awarded at the Atlantic Class Annual Meeting.

22.0 DISCLAIMER OF LIABILITY

22.1 Competitors participate in this Championship Series entirely at their own risk. See *RRS 3, Decision to Race*. The Organizing Authority, the Seawanhaka Corinthian Yacht Club, and their members, employees, governors and agents will not accept any liability for material damage, personal injury or death sustained in conjunction with, prior to, during or after the Regatta.

22.2 Each boat shall carry liability insurance with minimum coverage of \$300,000 per incident, or the equivalent, as required by the Notice of Race. Proof of insurance is required either on **Clubspot** or at Registration.

23.0 EVENT CONTACTS

23.1 Principal Race Officer: Amanda Clark.

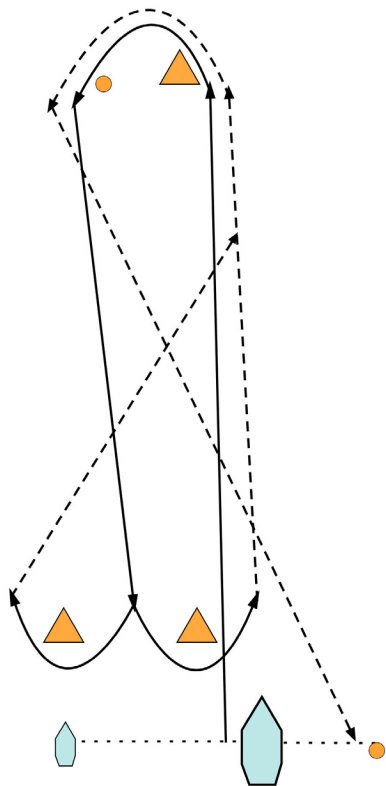
23.2 Regatta Chairman: Dennis Collins — bar32331@aol.com; SCYC Front Desk 516-922-6200.

23.3 SCYC Sailing Director (crane, dock, slip, boatyard and on-water logistics): Brian Reilly — breilly@seawanhaka.org, 516-922-6200.

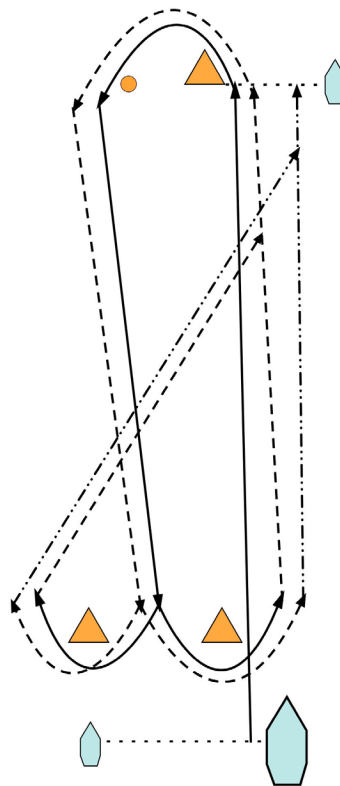
— END OF SAILING INSTRUCTIONS —

ATTACHMENT A

COURSE DIAGRAMS



COURSE A
WINDWARD / LEEWARD — 4 LEGS



COURSE B
WINDWARD / LEEWARD — 5 LEGS

Notes: Mark 1 is the windward mark and Mark 1a is the offset mark; both are left to port. Marks 2s and 2p form the leeward gate. Where the leeward gate is not in place, boats shall round the existing leeward mark leaving it to port. The course designation, the magnetic heading to the first mark and the distance to the first mark will be displayed on the Race Committee Signal Boat no later than the warning signal.