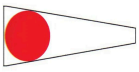
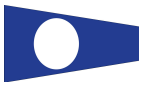
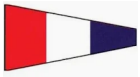
Girls Got Guts 2026
Sailing Instructions
Grapevine Sailing Club

1. The organizing authority is the Grapevine Sailing Club (GSC) and the J24 District 14.
2. Rules: this Event shall be governed by:
    a. The rules as defined in The Racing Rules of Sailing (RRS), the prescriptions of the United States Sailing Association THE RACING RULES OF SAILING 2025-2028. Applicable class rules except for any of those that are altered by these sailing instructions.
    b. (J24 D14 Texas Women's Championship Only) Competitors must also comply with the 2026 J24 D14 Sailing Instructions Addendum
    c. Each race boat shall have a VHF Radio, monitoring Ch. 68, actively receiving during the entire race.
        i. Medical exemption is allowed for this rule.
    d. Appendix T, Arbitration, shall be used.
3. Notices to Competitors
    a. Notices to competitors shall be posted on the official regatta notice board, located at the GSC office window (or GSC Announcements board outside GSC office door) and online on the 2026 Girls Got Guts website under 'Documents.'
4. Changes to Sailing Instructions
    a. Any change/addendum to the sailing instructions shall be posted to the same location identified in part 3.a above 2 hours prior to the first warning on the day it shall take effect.
5. Code Of Conduct
    a. Competitors and support persons shall comply with reasonable requests from race officials
6. Signals Made Ashore
    a. Signals made ashore shall be displayed near the GSC office using the mounted flag holder.
    b. Following a harbor postponement, the first warning signal shall be made no earlier than forty-five (45) minutes after the harbor AP is lowered.
7. Skippers' Meetings
    a. Skipper's meeting: 9:00AM, Saturday, October 17th in accordance with the NORs.
8. Decision to Race by the Principal Race Officer (PRO)
    a. Races shall not be started in less than a sustained 4 knots of wind (not a gust or puff) measured at the Committee Boat as determined by the PRO.
9. Schedule of Races
    a. Racing schedule key points:
        i. The first warning for Saturday is: 10:30AM, Saturday, October 17th with the last warning of the day no later than 3:30PM.
    b. The NOR contains more detailed schedule info, including scheduled number of races.
    c. A subsequent race for a fleet may be started when every boat within that fleet has finished or scored for the previous race of the day.
    d. Completion of one race shall constitute a regatta.
10. Class Flags
    a. All Women  Co-ed with Female Skipper  J24 D14 Texas Women's Championship (Female Skipper) 

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b. At the discretion of the PRO, a one-design fleet may also be established if there are sufficient entries of a single class to support competitive racing, not already identified. Boats assigned to this fleet will race under their class rules and be assigned a class flag at the Skipper's Meeting.

11. Racing Area
    a. The regatta racing area shall be the southeast half of Lake Grapevine, stretching from the dam to the area outside the entrance of Twin Coves.
12. Courses
    a. No later than the warning signal for the first start for the first fleet, the signal boat (aka race committee boat) shall display the courses and the approximate compass heading to the first mark for each course.
        i. A mid-leg start/finish line shall be noted by an "M" at the end of the course description.
        ii. The course board at a minimum shall display "Offset" if an offset mark is set.
        iii. An offset may be added at the W mark, at the PRO's discretion. The distance between the W mark and the offset will be measured and included in the course length.
    b. The course diagrams are found in Appendix A GSC Course Diagrams. This shows the courses, the order in which marks are to be passed, and the side on which each mark is to be left.
    c. The mid-leg start and finish lines are an obstruction: Except when crossing to finish, any boat crossing the start or finish line after starting shall be scored DNF. This modifies RRS63.1 and A5.
        i. A boat may absolve itself from the penalty for crossing the restricted line by passing the string test as described in RRS definitions, *Sailing the Course*; or
        ii. By taking a Two-Turns Penalty as soon as possible after the infraction.
13. Marks
    a. Windward (W) and Leeward (L) marks shall be red/orange buoys.
    b. The start and finish marks shall be yellow buoys.
    c. The L mark may be a gate.
    d. An offset may be added at the W mark, at the PRO's discretion, and shall be a yellow buoy. The distance between the W mark and the offset will be measured and included in the course length.
14. Check-in
    a. Once the race committee boat is on station and the 'Come Within Hail' flag is flying, the skipper can check in with the race committee.
        i. Before a boat starts their first race of the day, the skipper shall sail by the race committee boat on starboard, announce his/her sail number and say "Checking-In".
        ii. The race committee shall acknowledge each hail and record each check-in. This constitutes being in the starting area for purposes of RRS A5.3.
15. The Start
    a. Races shall be started by using RRS 26.
    b. The starting line shall be between the orange flag of the race committee boat and a yellow mark.
    c. Keep clear of the starting line: Boats whose warning signal has not been made shall remain outside of fifty (50) yards from the starting line and its extensions.
    d. The order of fleet starts shall be determined by flags.
    e. The race committee may make several brief sound signals (courtesy warning) approximately one (1) minute before the first warning signal for the first sequence.



f. Rolling starts: The race committee may use rolling starts where the start signal for a fleet starting is the warning signal for the next fleet. However, the race committee may break the sequence (for any reason deemed necessary) by not hoisting the fleet flag for the next start.

16. Abandonment
    a. A race may be abandoned for an individual fleet and shall be signaled by displaying code flag "N" in conjunction with the fleet flag for which the race is being abandoned and by making three sound signals. This modifies RRS 32.1 and clarifies Race Signals and RRS 27.3.
        i. "N" flag over fleet flags - Racing abandoned for fleets designated. Return to the starting area. The warning signal will be made 1 minute after removal unless at that time the race is abandoned again or postponed.
        ii. "N" flag over "A" flag - Racing is abandoned for all fleets. Further signals ashore.
        iii. "N" flag over "H" flag - Racing is abandoned for all fleets. No more racing today.
17. Time Limits
    a. The first warning signal of the day must occur no later than 1.5 hours after the NOR scheduled time, otherwise all races for that day shall be abandoned (no more racing this day).
    b. A race (for a fleet) shall be abandoned when no boat in that fleet completes the leg to the first mark within 1 hour. A race (for a fleet) shall be abandoned when the first boat in that fleet fails to finish within 3 hours after the start signal for that fleet.
    c. Any boat in a race, failing to finish within 45 min after the first boat in her fleet has finished, shall be scored DNF without a hearing. This changes RRS 35, A5.1 and A5.2.
18. The Finish
    a. The finish line shall normally be between the orange flag of the race committee boat and the course side of a yellow buoy. This changes RRS, Appendix S.
    b. If PRO has shortened the course, the finish will be between the blue flag on the GSC Chase boat and either W or L marks.
19. Protests / Redress
    a. A boat intending to protest another boat concerning an incident in the racing area that she is involved in or sees shall, at the first reasonable opportunity after she finishes, inform the race committee of her intent to protest and, when applicable, the identity of the protestee.
    b. Protests shall be written and submitted to the race committee within 30 min after the committee boat signals they are ashore, using the protest form that is available online in the regatta documents on the 2026 Girls Got Guts website under 'Documents'. This modifies RRS 60.3(b)
    c. Notices shall be posted no later than 30 minutes after the protest time limit informing competitors of hearings in which they are parties or witnesses as well as hearing location.
    d. Notices of protests by the race committee, technical committee or protest committee shall be posted to inform boats under RRS 60.2.
    e. Protest Requests and Protest Decisions will be documented using paper forms.
20. Scoring
    a. The low point scoring system (RRS A4) shall be used.
    b. Ties for the regatta shall be broken using RRS A8.

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c. (Girls Got Guts Competitors Only) The following throw-out system shall be used: one throw-out shall be allowed for each 5 races sailed by the fleet/class. Thus:

Races Completed	Throwouts
1-4	0
5-9	1
10	2

d. 2026 J24 D14 Texas Womens Championship competitors do not get throw-outs.
e. RRS A5.3 applies for GSC Regattas.
f. Any boat that checks-in with the race committee prior to the first race of the day shall be considered to have come to the starting area for the entire day for purposes of scoring DNS, DNF, OCS, DSQ or DNC. This clarifies the *starting area* within RRS A5.3.
g. DNC - Did not come to the starting area. A boat that did not come to the starting area shall be scored points for the finishing place two (2) more than the number of boats that came to the starting area. This changes the last sentence of RRS A5.3.

21. Further Information
    a. Vice Commodore: Scott Scherer - (410) 212-8177 - vicecommodoregsctx@gmail.com

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