



2024 SDAYC Luff-In Series

February 10th, 2024: Single Handed
February 11th, 2024: Double Handed and O'Pen Skiff

SAILING INSTRUCTIONS



1. RULES

- 1.1. The regatta will be governed by the rules as defined in the current *Racing Rules of Sailing*.
- 1.2. The rules of the INSA, Laser, Open Skiff, CFJ, International 29er, and Club 420 Class Association shall apply.

2. Entries

- 2.1. Eligible competitors may enter by completing a registration form and paying the necessary fees prior to the competitor's meeting. Each day is a separate event, with separate fees.

3. NOTICES TO COMPETITORS

- 3.1. Notices to competitors will be posted on the official notice board located on the east face of the Malin Burnham Sailing Center.

4. CHANGES TO SAILING INSTRUCTIONS

- 4.1. Changes to these instructions will be posted on the bulletin board before 1045 of the day they will take effect.
- 4.2. The Race Committee may provide oral modifications to these sailing instructions on the water, signaled by a long horn and flags "L" over "A".

5. SIGNALS MADE ASHORE

- 5.1. Signals made ashore will be displayed at the SDYC Flagpole.
- 5.2. When the flag "AP" is displayed ashore, the first warning signal will be made not less than 30 minutes after "AP" is lowered.

6. SCHEDULE (SAT AND SUN)

Registration	0900 – 1020
Coach & Volunteer Meeting	1020
Competitor's Meeting	1030
First Warning	1200
Subsequent races to follow	
No Start After	1530
Trophies (approximately)	1600

7. RACING AREA, COURSE AND MARKS

- 7.1. The intended racing area for all Sabot fleets will be the La Playa basin.
- 7.2. The intended racing area for the ILCA6 fleet will be in the San Diego Bay near Harbor Island.
- 7.3. The intended racing area for the O'Pen Skiff, CFJ, and C420 fleets will race in the San Diego Bay near Harbor Island.
- 7.4. The intended racing area for the 29er fleet will be in the ocean, approximately .5 km south of the Zuninga Jetty in the area known as the Coronado Roads.
- 7.5. Courses are illustrated in Attachment A.
- 7.6. Marks will be inflatable balls and cylinders.

8. STARTING ORDER AND SIGNALS

- 8.1. Races will be started in accordance with US SAILING Appendix U. This changes RRS 26.

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- 8.2. The order of starts will be communicated orally from the RC boat and may be altered throughout the day.
- 8.3. The starting line will be between a staff displaying an orange flag on the RC Signal Boat at the starboard end and the port end starting mark.
- 8.4. Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 8.5. A boat starting later than 3 minutes after her starting signal will be scored Did Not Start without a hearing. This changes rules A4 and A5.
- 8.6. The Race Committee will attempt to hail the sail numbers of OCS boats. The failure of any boat to hear the hail, the hail of some but not all OCS boats, the untimely hail of some or all OCS boats, or failure to hail any or all boats shall not be grounds for granting redress. This changes RRS 62.1.
- 8.7. The starting line is restricted only to starting and finishing boats. Sailors must navigate around either end of the line while racing.

9. UNREASONABLE DELAY

- 9.1. If a yacht, as a result of a capsize or mechanical breakdown, etc., is unreasonably delaying the finish of a race, the Race Committee may order the craft rescued and score it DNF unless it has otherwise infringed a rule.

10. PROTESTS AND REQUESTS FOR REDRESS

- 10.1. Protesting yachts must notify the Race Committee shortly after finishing with the identity of the yacht they are protesting.
- 10.2. Protests shall be written on forms available outside the SDYC Jr. Sailing Office and shall be must be delivered to the SDYC Jr. Sailing Office within 30 minutes after the time of the docking of the race committee signal boat for that competitor's course. Protests will be heard in approximately the order of receipt as soon as possible.
- 10.3. Protest notices will be posted within 10 minutes of the protest time limit to inform competitors where and when there is a hearing in which they are parties to a hearing or named as witnesses. This posting shall constitute the notification required by RRS 63.2 and RRS 61.1(b).
- 10.4. Protests will be used hearing three-minute justice. Each party will have the opportunity to present their case in one minute. The jury will have one minute to make a decision. Decisions made by the jury are final. If no decision can be made in one minute, the protest will be disallowed.

11. EVENT SCORING

- 11.1. The Low-Point Scoring System, Appendix A2 of the Racing Rules, is modified so that all scores shall be counted (there is no throw out).

12. SAFETY REGULATIONS

- 12.1. All competitors shall properly wear a USCG approved life jacket (type I, II, or III) while on the water. The Race Committee may disqualify a competitor, who is not properly wearing a life jacket. The Race Committee may order that competitor immediately back to shore. This alters RRS 40.
- 12.2. Any competitor wishing to retire must inform the Race Committee before leaving the sailing area. Failure to do so may result in disqualification.

13. COACHING

- 13.1. Instruction or any other communication shall not occur with competitors from the 3-minute signal for their start until they have crossed and cleared the finish line.
- 13.2. It is highly recommended that all instructions and discussion come from a coach representing a participating yacht club junior program.
- 13.3. Coaches may provide instruction to the back of the C3 fleet for sailors who are consistently stuck in Irons and are obviously struggling.

14. SPECIAL RULES

- 14.1. The use of illegal drugs or alcohol on or off the race course during the course of the regatta shall be considered gross misconduct and is subject to a hearing under RRS 69.1 Gross Misconduct and disqualified from all races.
- 14.2. A competitor, who uses foul language, demonstrates actions that are a breach of good manners, sporting conduct or safety may be subject to a hearing with the protest committee under RRS 69.1 and disqualified from all races.
- 14.3. Any competitor who knowingly discards debris or trash on the ground or in the water is subject to a hearing under RRS 69.1 and may be disqualified from all ongoing and subsequent races.

Attachment A

Course Chart

Course	Marks
1	Start – W - L - Finish
2	Start – W – L – W – L - Finish
3	Start - W – R - L - Finish
4	Start - W – R – L – W – L - Finish
6	Start – W – R – L – W – R – L - Finish
7	To Be Determined by RC

All marks of the course shall be left to port, except L, which shall be a leeward gate, when two L buoys are in present.

