



Seawanhaka Corinthian Yacht Club
Sagamore Yacht Club



Dooley Roosevelt Memorial Regatta One Day Pursuit Race

SAILING INSTRUCTIONS

Saturday, August 1, 2026

1. RULES AND ELIGIBILITY

1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing* (RRS), the PHRF Regulations, as administered by the YRA of Long Island Sound (YRALIS), and United States Sailing Safety Equipment Recommendations, with this event classified as a "Nearshore" event, and or the safety requirements for One Design Classes.

1.1.1 All eligible yachts shall be owned by a member of either Seawanhaka Corinthian Yacht Club or Sagamore Yacht Club or permitted to enter at the discretion of the Principal Race Officer.

1.2 Racing Rule 26.1 is changed to a "Pursuit Start". This is defined in section 8 of these Sailing Instructions.

1.3 RRS 35 is changed such that boats not completing the course by the time limit will be scored TLE (Time Limit Expired).

1.4 RRS 61 is modified as stated in Section 12.

1.5 Eligible competitors shall be yachts who have a *current* YRALIS PHRF Certificate, completed an entry form, and paid the entry fee prior to 1200 on Friday, July 31, 2026. Late entries may be accepted at the sole discretion of the Race Committee. Yachts without valid PHRF certificates may enter but will be subject to a five second penalty on their last know rating.

2. NOTICES TO COMPETITORS AND SCRATCH SHEETS

Notices to competitors and scratch sheets will be posted online at

https://www.seawanhaka.org/On_The_Water/Regattas_Results

3. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted on the club's regattas webpage before 0900hrs on the day it will take effect and will be announced at the skippers' meeting

4. SCHEDULE OF RACES

4.1 There is one day of racing on August 1, 2026, for all classes. There will be a skippers' meeting held at or near the Linburn Terrace of the Seawanhaka Corinthian Yacht Club at 10:30 hours on Saturday, August 1, 2026.

4.2 Number of Races

Class	Division	Races per day
Spinnaker	1	1 race
Jib & Main	2	1 race

4.3 The scheduled time of the first warning signal for all classes is 1255 hrs.

5. RACING AREAS

5.1 The race area will be in the vicinity of Oyster Bay, Cold Spring Harbor, and Long Island Sound.

5.2 Unless weather conditions are prohibitive, the Race will start and finish at Seawanhaka Club Mark "S" and will include legs in Long Island Sound. Communications for all boats will be conducted on the VHF Channel unless otherwise stated by the Race Committee. In the event weather conditions are, in the discretion of the Principal Race Officer, inconsistent with fair racing, the Principal Race Officer may commit to moving the start and finish line to Seawanhaka Club Mark "4".

6. THE COURSES

6.1 For PHRF; The Race Committee Signal Boat will signal the PHRF Course by the course Letter as described in Addendum "C". All Marks shall be left to port (P) or to starboard (S) and rounded in the order described in Addendum "C".

7. MARKS

Marks will be Government Marks and SCYC Racing Marks. The locations of the marks are indicated in Addendum A for the Sound Course and Addendum B for Course "O" the Oyster Bay Course.

8. THE START

8.1 The start shall use a "Pursuit" format wherein each boat's handicap will be determined prior to the start of the race and the time correction shall be used to create their assigned start time. Races will be started as follows: A warning signal shall be made at 5 minutes prior to the start for the first boat and will follow the sequence used under RRS 26. After the first start, the Race Committee will make a sound signal for each boat's starting time. The first start is planned to be at 1300.

8.2 Each boat will start no earlier than its appointed starting time which will be given in the scratch sheet available at the Skippers' Meeting and will be available on the club's regattas webpage

The Race Committee may also broadcast start times on the **VHF channel 68** for each Course for information only. Failure to hear the radio transmission will not be grounds for redress.

8.3 For all Divisions the starting line will be between a staff displaying an orange/yellow flag on a Race Committee Signal Boat and SCYC racing mark "S" or Seawanhaka Club Mark "4".

8.4 Boats whose start time is not immediately impending shall keep clear of the starting area.

8.5 The Race Committee will attempt to identify boats that are on course side before their start time and to broadcast their sail numbers on the **VHF channel 68**. Failure of a boat to see or hear her recall notification shall not be cause for redress.

9. THE FINISH

9.1 For all Divisions the finishing line will be between a staff displaying an orange/yellow flag on the Race Committee Boat displaying a blue Race Committee flag and Seawanhaka Club Mark "S" or Seawanhaka Club Mark "4".

9.2 The course will not be shortened.

10. PENALTY SYSTEM

At the first reasonable opportunity immediately after a race, a boat that has taken a One or Two-Turns Penalty shall report that fact to the Race Committee on the VHF channel and identify the other boat(s) involved in the incident.

11. TIME LIMITS AND TARGET TIMES

All boats must finish by 1700. Boats not finishing by 1700 will be scored TLE.

12. PROTESTS AND REQUESTS FOR REDRESS

12.1 RRS 61.1(a) is modified to require the conspicuous display of a red flag from the backstay, or, in the absence of a backstay, on the stern rail.

12.2 RRS 61.1(a) is modified to include the following procedure: Immediately after finishing, a protesting boat shall notify the Race Committee over the racecourse the VHF channel of its intent to lodge a protest.

12.3 The Race Committee will identify all protests for that race received by the Committee by broadcast on the VHF channel. Broadcasts will commence after protest is received. These broadcasts constitute the notification of hearing to a protested boat required by RRS 61.1.

12.4 Written protests shall be delivered to the front desk at the Seawanhaka Clubhouse within one hour of the time that the Race Committee signal boat docks.

12.5 Protest hearings will be held at Seawanhaka Corinthian Yacht Club as soon as possible after racing.

13. SCORING

The scoring system is as follows: Each Division will be scored separately. Results will be posted to the club's regattas webpage.

14. SAFETY REGULATIONS

A boat that retires from a race shall notify the race committee as soon as possible.

15. DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See RRS 3, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury, or death sustained in conjunction with or prior to, during, or after the regatta.

Dated: 7/27/26

Principal Race Officer: Anne Mooney

ATTACHMENT A



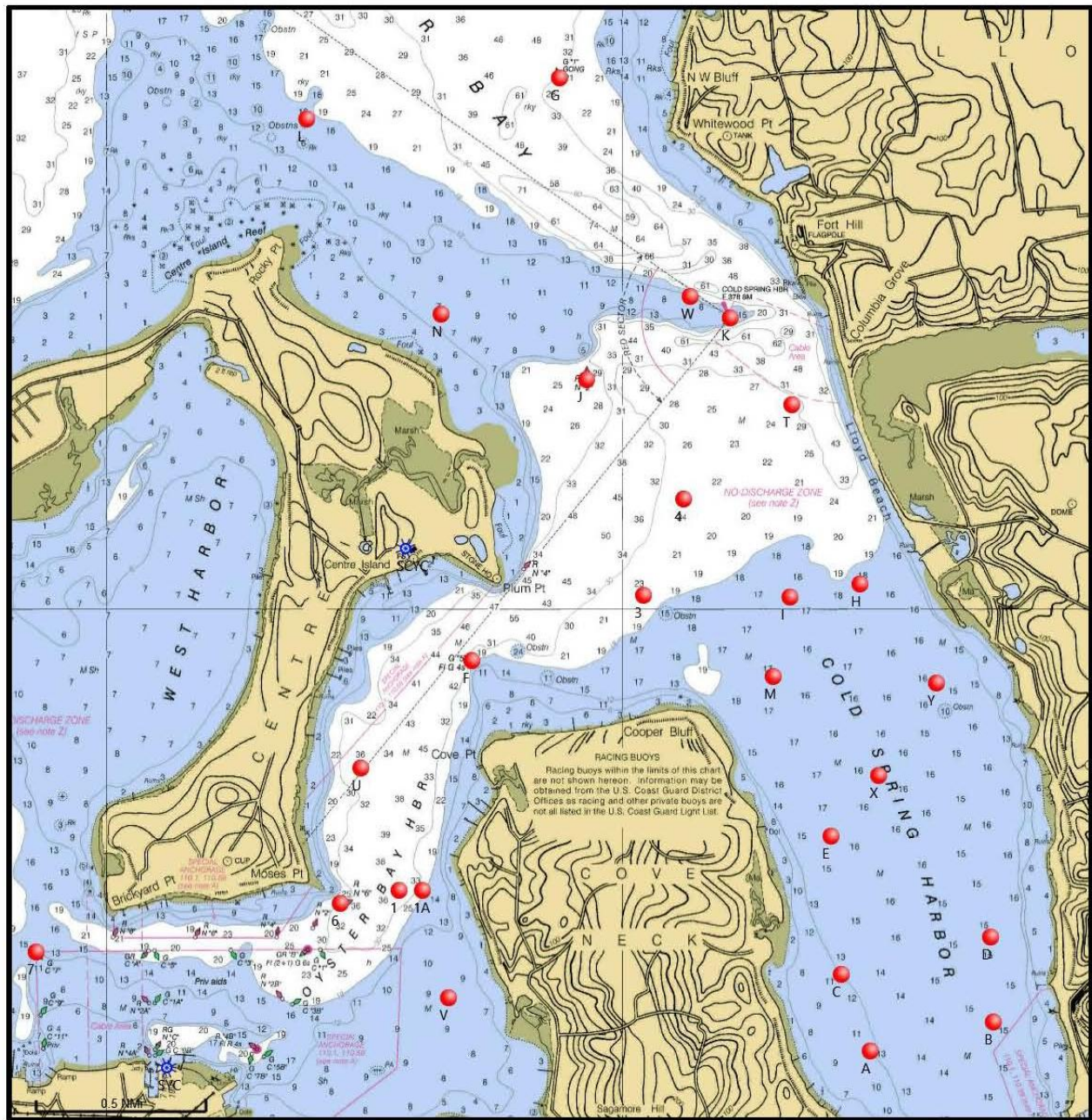
Mark	Location	Study	Characteristics
JJ	Edson's Neck	GR'E"	Can. Red & Green
JJ	Sandbar - off C.I.	R'2"	Hum
K-R	Oak Neck	G'19"	Can
K	Lighthouse	Grnd	Spiral - Red/white
P	Centre Island/Reef	G'17"	Del
R	North of Lloyd Neck	G'16"	Grng
T	Mid-Sound buoy	R'32A"	PR 2.2 sec Del

Mark	Location	Buoy	Characteristics
A-6	Manasnecks Harbor	R-42*	Fl R 2.5 sec Bell
B-8	Transport Shoal	R-38*	Fl R 4 sec Bell
C-4	Bluefish Shoal	R-36*	Bell
D-0	Little Captain I. (then & Chickens)	G-41	Fl G 2.5 sec Gong
E-2	Greenwich Point	R-34*	Flun
F-F	The Coves (Slamford)	R-32*	Fl R 6 sec Bell
G	Clubhouse Channel	G-3*	Fl G 4 sec
H	West of Lloyd Neck	G-41	Gong
H-H	Cable & Anchor Reef	R-20C*	Fl R 4 sec Bell
J-4	Miles Sound N. of Eaton's Neck	G-11B*	Fl G 4 sec Gong

All races start and finish at Mark 5, a club mark located between Mark P and the end of Lloyd Neck Point.

ATTACHMENT B

Approximate Mark Positions in OB/CSH



Updated 5/28/2024

ATTACHMENT C

2024 SCYC PHRF COURSES

Course A Northeast			
From-To	TRUE	MAG	Distance
S->HH	071	058	6.1
HH->FF	292	279	4.7
FF->S	200	187	4.0
14.61			

Course B North			
From-To	TRUE	MAG	Distance
S->FF	020	007	4.0
FF->S	200	187	4.0
7.86			

Course C North Northwest			
From-To	TRUE	MAG	Distance
S->T	348	335	2.4
T->R	126	113	2.7
R->S	246	233	1.9
6.87			

Course D West			
From-To	TRUE	MAG	Distance
S->AA	292	279	8.6
AA->S	112	099	8.6
17.39			

Course E West			
From-To	TRUE	MAG	Distance
S->KK	271	258	2.9
KK->S	091	078	2.9
5.80			

Course F Southwest			
From-To	TRUE	MAG	Distance
S->L	338	325	0.6
L->R	226	213	2.5
R->S	100	087	1.9
5.00			

Course G East			
From-To	TRUE	MAG	Distance
S->II	084	071	6.3
II->T	277	264	5.6
T->S	207	194	1.4
13.30			

Course H Northwest			
From-To	TRUE	MAG	Distance
S->DD	334	321	4.9
DD->KK	190	177	4.4
KK->S	091	078	2.9
12.20			

Course I South			
From-To	TRUE	MAG	Distance
S->N	207	194	1.8
N->FF	021	008	5.4
FF->S	198	185	3.6
10.80			

Course J South			
From-To	TRUE	MAG	Distance
S->X	185	172	3.3
X->S	365	352	3.3
6.60			

Course O In-Habor			
From-To	TRUE	MAG	Distance
4->B	175	162	1.8
B->T	369	356	1.9
T->F	256	243	1.2
F->T	076	063	1.2
T->4	246	233	0.5
6.60			

Bearings and Distances are rounded.

Overall Course Length is GPS measured.

Course displayed with a number after it means that many times around.

Mag Declination 2024

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When a course is displayed followed by the letter "R", the course is to be sailed in reverse sequence.