



Jack & Jill Race
July 19, 2026
Monterey Peninsula Yacht Club
Monterey, CA

NOTICE OF RACE and SAILING INSTRUCTIONS

1. BACKGROUND

- 1.1. The Jack and Jill is a double-handed buoy race that must be sailed by one man and one woman. Either sailor can skipper the boat at any time

2. RULES

- 2.1. This race will be governed by the rules as defined in the 2025-2028 *Racing Rules of Sailing* (RRS), and MPYC 2026 Standing Sailing Instructions.
- 2.2. All boats shall be crewed by a woman and a man.
- 2.3. Racing rule 52 is changed to allow the use of autopilots during the race.

3. ELIGIBILITY AND ENTRY

- 3.1. Entry is open to all MPYC registered boats.
- 3.2. There is no fee for boats currently registered for MPYC Specialty Races.
- 3.3. Non-Specialty Race registered boats may enter and pay a one-time \$50 fee by contacting the race chair at race@mpyc.org.
- 3.4. Registration is via the MPYC event website and must be submitted by 10:00 hours on July 19, 2026 so the race committee knows the number of entrants.
- 3.5. All skippers must e-sign the MPYC liability waiver as part of the registration process. If the waiver is not e-signed during the registration process, it can be downloaded from the MPYC website and forwarded to race@mpyc.org.
- 3.6. There is no skippers meeting.

4. SCHEDULE

- 4.1. The warning signal for the start of the race will be at approximately 12:55 hours on Sunday, July 19, 2026.

5. SAILING INSTRUCTIONS

- 5.1. Oral changes to the Sailing Instructions may be announced on the water by the race committee prior to the start on VHF channel 68 as per RRS 90.2(c).
- 5.2. **THE START:** Will be between the race committee boat and Mark 1 ("MY1").
 - 5.2.1. All boats are required to check in with the Race Committee on VHF 68 prior to starting.
 - 5.2.2. There will be one start for all boats.

5.3. **THE COURSE:** Will be posted by the Race Committee on Duncan's Watch prior to the warning signal.

5.4. **THE FINISH:** The finish will depend on the course selected by the Race Committee.

6. SCORING

6.1. PHRF, S22 and Shields fleets will be scored separately if a minimum of two boats in each fleet check in with the race committee.

6.2. If there are less than two boats in any fleet then all boats will be scored together using Monterey Bay PHRF (MBPHRF) ratings and will be scored time-on-time as per RRS Appendix A.

6.3. For PHRF scoring S22's will be assigned a rating of 243 and Shields 174.

7. PRIZES

7.1. The names of the winning boats in each fleet will be engraved on the "Jack & Jill" perpetual trophy. Additional prizes may be awarded based upon the number of entries at the discretion of the organizing authority.

8. DISCLAIMER OF LIABILITY

8.1. Sailing in an activity that has an inherent risk of damage and injury. Competitors in this race participate entirely at their own risk. See RRS 3, Decision to Race. The race organizers (OA, race committee, host club, or any other organization or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this race. By participating in this race, each competitor agrees to release the race organizers from all liability associated with each competitor's participation in this event to the fullest extent permitted by law.

9. FURTHER INFORMATION

9.1. For further information contact race@mpyc.org or Jean du Preez (831) 917-8757.