SAILING INSTRUCTIONS

2026 CYC Vice Commodore's Cup

Sunday, July 12th

1. **Rules**
   1. The regatta will be governed by the current Racing Rules of Sailing. Performance Handicap Racing Fleet (PHRF) boats will race under a distance/non-spinnaker rating. Melges 15s will race under one design rules.
   2. Entries will be divided into divisions at the discretion of the race committee. The scratch sheet will identify division assignments. If there is only a single division it will be assigned Division One.
   3. A pursuit format will be used to start all PHRF boats. Boats will start based on handicaps – The slowest boat with the highest PHRF rating will start first; faster boats with lower-PHRF ratings will start later; and the fastest boat with the lowest PHRF rating will start last Each boat will have their own start time. Hence, faster boats will PURSUE the slower ones. The first boat across the finish line is the winner! See section 9. Scoring below.

2. **Notices to Competitors**
   Notices will be posted on the official regatta notice board located at the south end of Centerport Yacht Club's front porch and on CYC website. Any change to the sailing instructions will be posted no later than 8:30 AM race day.

3. **Signals Made Ashore**
   1. Signals made ashore will be displayed from Centerport Yacht Club's flag pole.
   2. Flag AP with two sound signals means "The race is postponed." The warning signal will be made not less than 45 minutes after AP is lowered.
   3. Flag N over A with three soundsignals means "The race is cancelled for today." Any rescheduling of the race will be posted on the notice board.

4. **Class Flags**
   Numeral pennants will serve as division flags. PHRF will be division I and Melges will be class flag.

5. **Schedule**
   Warning for Division One will be at 1100 hours. If more than one division is required, Division Two warning and subsequent Division warnings will be as soon as practicable following Division One. A second race may be held, time permitting, at the Race Committee's discretion. If a second race is to be held it will be announced via radio.

6. **Racing Area**
   The racing area will be in Northport and Huntington Bays. The race will start and finish in Northport Bay unless shortened.

7. **The Course**
   The course shall be displayed directly under the division numerals on the race committee's course board from each division's warning signal until its starting signal. Melges will use one design courses.

8. Marks

The marks of the course shall be government marks or orange inflatable marks, their locations are detailed in the drawing below. All other government and private aids, when not designated as marks of the course, may be disregarded at the discretion of the skipper.

9. Scoring

The start time for each boat will be calculated per PHRF procedures and will be based on rhumb line length of courses sailed as calculated by the Race Committee. Assuming no disqualification or other correction, the boat that crosses the Finish Line first will be award First Place, the boat that crosses the Finish Line second will be awarded Second Place, and the boat that crosses the Finish Line third will be awarded Third Place.

10. The Start

1. The first boat, with the highest handicap, will start first.

2. The RC will announce start times over VHF 72 prior to the starting sequence (e.g. 10:32.47)- competitors must acknowledge their start times.

3. The race will be started in accordance with the RRS Rule 26 as follows:

Signal	Time	Sound	Visual
Warning	5 minutes	1 blast	Division flag hoisted
Preparatory	4 minutes	1 blast	Preparatory Flag hoisted
One Minute	1 minute	1 long blast	Preparatory Flag lowered
Start	0	1 blast	Division flag lowered

4. Each subsequent boat will start a specified length of time after the preceding boat(s), calculated based on their handicap. Start time for slowest boat is when division flag is lowered. Start times for yachts will be detailed as length of time after the class flag is lowered on the scratch sheet.

5. The starting line will be between an orange flag on a race committee boat and the flag on the starting mark.

11. Recalls

1. Individual recalls will be signaled by Flag “X” and one sound signal. The race committee will attempt to hail the sail numbers of boats that are over early. A sailor not hearing their number called shall not be grounds for redress.

2. A general recall will be signaled by flag “First Substitute” and two sound signals. After a general recall, the five-minute sequence will begin one minute after the lowering of flag “First Substitute.”

12. The Finish

The finish line will be between and blue flag on the race committee boat and the finish mark, unless course is shortened, it will then be between an orange flag on a signal boat and a mark. The finish times will be recorded and position adjusted according to their rating and shortened course distance.

13. Time Limit

1. The time limit for the first boat to finish in each division will be four hours from start. All other boats must complete the race within thirty minutes (adjusted time) of the first boat's finish.
2. The first boat's finish time in each division may be announced to help competitors gauge their ability to complete the race.

14. Penalties at the Time of the Incident

Section A - *Penalties at the Time of the Incident* - The first two sentences of RRS rule 44.1 are changed to: 'A boat may take a One-Turn Penalty when she may have broken an RRS rule of Part 2 or RRS rule 31 while *racing*. However, when she may have broken an RRS rule of Part 2 while in the zone around a *mark* other than a starting *mark*, her penalty shall be a Two-Turns Penalty.'

15. Penalties Taken After A Race

Section B - *Post-Race Penalties* - of *The Alternative Procedures for Dispute Resolution* of Appendix T shall apply.

16. Protests

Protests must be filed with the Race Committee and or their designee not later than one hour after RC docks. Skippers of each yacht involved in a protest should make all reasonable attempts to be at the Centerport Yacht Club following the event. All hearings will be held at the Centerport Yacht Club within two hours after RC docks.

17. Arbitration

The Alternative Procedures for Dispute Resolution of Appendix T shall apply.

18. Radio Communication

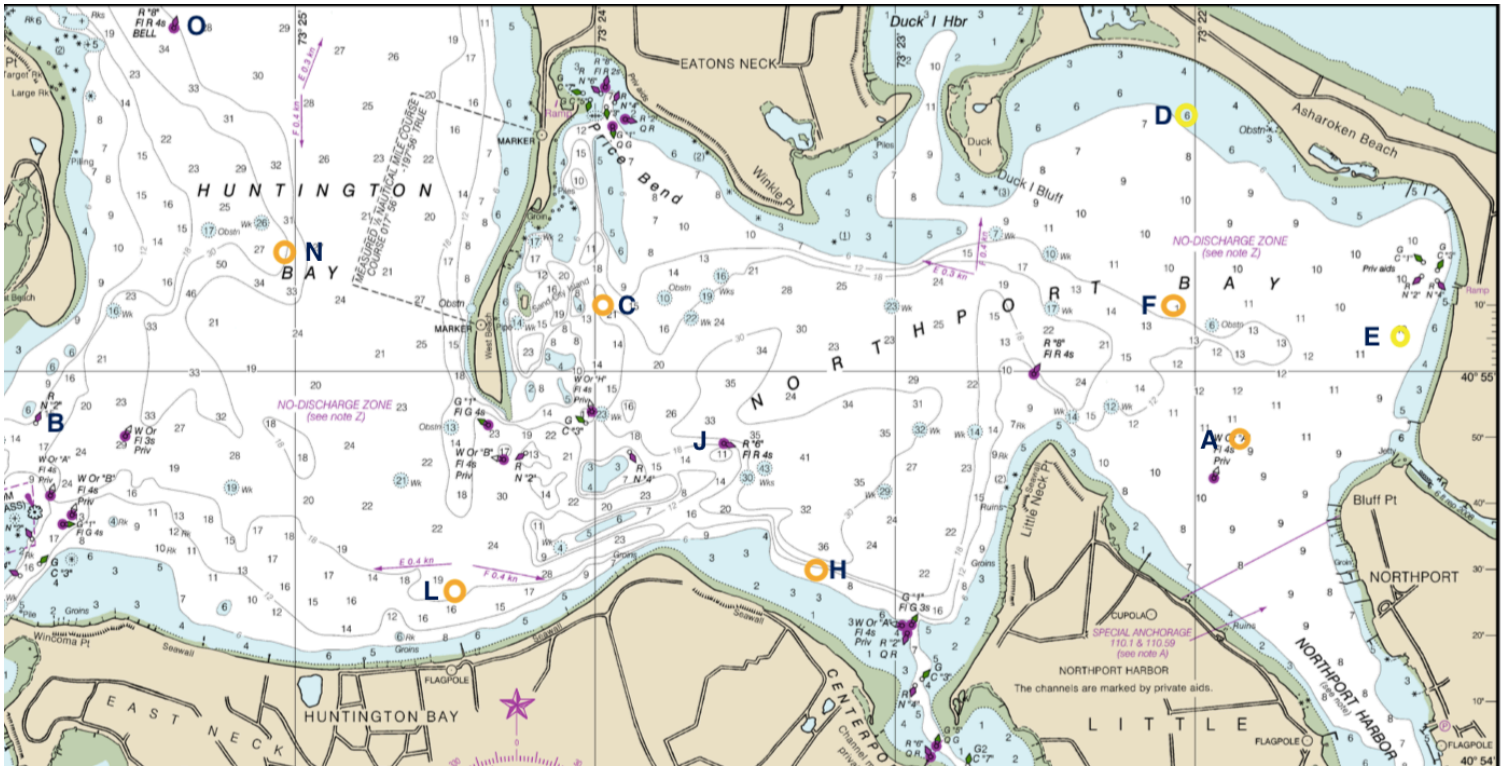
The race committee will announce shortened course or abandonment on VHF Channel 72 as well as by visual and sound signals. The race committee may make other announcements on VHF Channel 72 to aid the progress of the race. Failure of any boat to hear announcements shall not be grounds for redress. Boats retiring from the race must notify the race committee by hail or VHF Channel 72 and receive an acknowledgment.

19. Prizes

Prizes will be awarded at the CYC Fleet Activities Dinner. The number of participants will determine the number of prizes. 1st, 2nd when greater than 5, 3rd when greater than 8.

20. Responsibility for Safety

Responsibility for evaluating wind, sea and weather conditions rests with each participant as does the responsibility for the safe condition of the boat including safety equipment and rigging and wearing a life jacket. Responsibility is the skipper's to decide whether to participate.



Huntington Bay

B. Nun #2 off Lloyd Harbor.
L. Inflatable orange mark off Bay Club Beach
N. Inflatable orange mark in Huntington Bay
O. Flasher #8 off Target Rock
S. Nun #6 off Lloyd Neck (NW of "O" off chart)

Northport Bay

A. Inflatable orange mark off Northport Harbor
C. Inflatable orange mark off Price's Bend
D. Inflatable orange mark off Asharoken Beach
E. Inflatable orange mark off Asharoken Town Beach
F. Inflatable orange mark in Northport Bay
H. Inflatable orange mark in Centerport Harbor
J. Flasher #6 entrance Centerport Harbor