Royal Victoria Yacht Club

Sailing Instructions
The Thermopylae Trophy Race Sept 13, 2026

The notation '[NP] 'in a rule means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a). The notation '[DP] 'refers to a discretionary penalty, which follows guidance from World Sailing and is applicable to certain infractions - safety, code of conduct, class rule and technical breaches - some of which cannot be protested by competitors.

This document must be read in conjunction with the 2026 Notice of Race for this event found at the Thermopylae Trophy Race page on Clubspot which contains information governing Rules, Changes to Rules, Divisions, Ratings, Prescriptions, Eligibility, Entry, Registration, Communications, Scoring, Prizes, Berthing, Disclaimer of Liability, Insurance and Safety.

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1. NOTICES TO COMPETITORS

1.1. Notices to competitors will be posted on the Notice board at the Thermopylae Trophy Race Clubspot Event page .

1.2. Supplementary sailing instructions may be posted on the notice board at the Dinghy Shed, VHF Channel 09, the Clubspot Event page and/or the RVYC WhatsApp message service Royal Victoria WhatsApp Trophy Race Group.

1.3. [DP] All boats shall monitor marine VHF channel 09 before and during the race.

2. CHANGES TO SAILING INSTRUCTIONS

2.1. Changes to the Sailing Instructions made at or before 1800 hrs the previous date of the race will be posted to the official notice board (1.1).

2.2. Changes to the sailing instructions made after 1800 hrs on the day before the race but before the warning signal will be announced from the race committee boat. The race committee will display code flag “L” indicating that boats shall come within hail to receive any changes.

3. SCHEDULE

3.1.The race will be held on Sunday, September 13, 2026.

3.2. There will be no skippers meeting for this race.

3.3. Time of First Warning (Class Flag) is 10:25 GNSS.

4. CLASS FLAG

4.1. First Warning will be signaled by marine flag “D”



5. THE COURSE

5.1. The course will be determined on the morning of the race using the marks described in Appendix 1 of this document.

5.2. The course will be indicated on the race committee boat and will be verbally announced on VHF Channel 09 prior to the start of the race.

6. THE START

6.1. The race will be started by using RRS 26.

6.2. The start will be in the waters off Clover Point.

6.3. There will be a single start for all Divisions.

6.4. The starting marks will be an orange flag on the committee boat on the starboard end of the start line and a mark at the port end of the start line. If no committee boat is on station then the start line shall be a line extending for 300 meters on a bearing of 180°T from the southern-most point on Clover Point.

6.5. No start sequence will be initiated after 1225.

7. THE FINISH

7.1. The finish line will be between the blue flag on the committee boat and a mark nearby. If no committee boat is on station then the finish line shall be a line extending for 300 meters on a bearing of 180°T from the southern-most point on Clover Point. If no committee boat is on station then boats shall take their own finish time and report them with the online timesheet at the club website under Racing / Race Results / Submit Long Distance Times / Submit Form (https://rvyc.bc.ca/Racing/Race_Results) no more than two hours after the time limit.

8. TIME LIMITS

8.1. The time limit is 5 hours for boats sailing in Division 1, and 6 hours for boats sailing in Divisions 2,3.

8.2. If fewer than 1/3 of the boats in a division finish within the time limit then the finish time of each boat in that division will be its rounding or passing time at the last mark at which more than 1/3 of the boats rounded. Skippers should record their mark rounding times and report them under these circumstances with the online timesheet at the club website under Racing / Race Management / Enter LD finish Times no more than two hours after the time limit for their division.

9. RETIREMENT

[DP] A boat that retires from the race after the start should report its retirement to the race committee by calling the race committee on marine VHF channel 09 or, upon receiving no response to its call, by using the Enter LD finish Times tab on the Race Management menu of the RVYC website: Racing / Race Management / Enter LD finish Times or by announcing retirement on the RVYC Trophy Series WhatsApp group no more than one hour after the time limit for the first boat in their division.

10.NAVIGATIONAL RESTRICTIONS AND AREAS THAT ARE OBSTRUCTIONS

10.1 While racing, boats shall not sail:

10.1.1 between Flower Island and Vancouver Island.

10.1.2 Between Brinn Rock and Discovery Island.

10.1.3 In the Oak Bay Marina and within 100 metres of its northern or southern entrances, which lie to the west of Mary Todd Island.

10.1.4 Between the north cardinal buoy "VJ", North of the Harris Islet Group and Lee Rock buoy "V25". Between Enterprise Channel buoy "VE" and Gonzales Point (Victoria Golf Club course)

10.2 A graphical representation of RVYC marks and navigational restrictions is included in Appendix 2 of this document.

11.PROTESTS AND REQUESTS FOR REDRESS

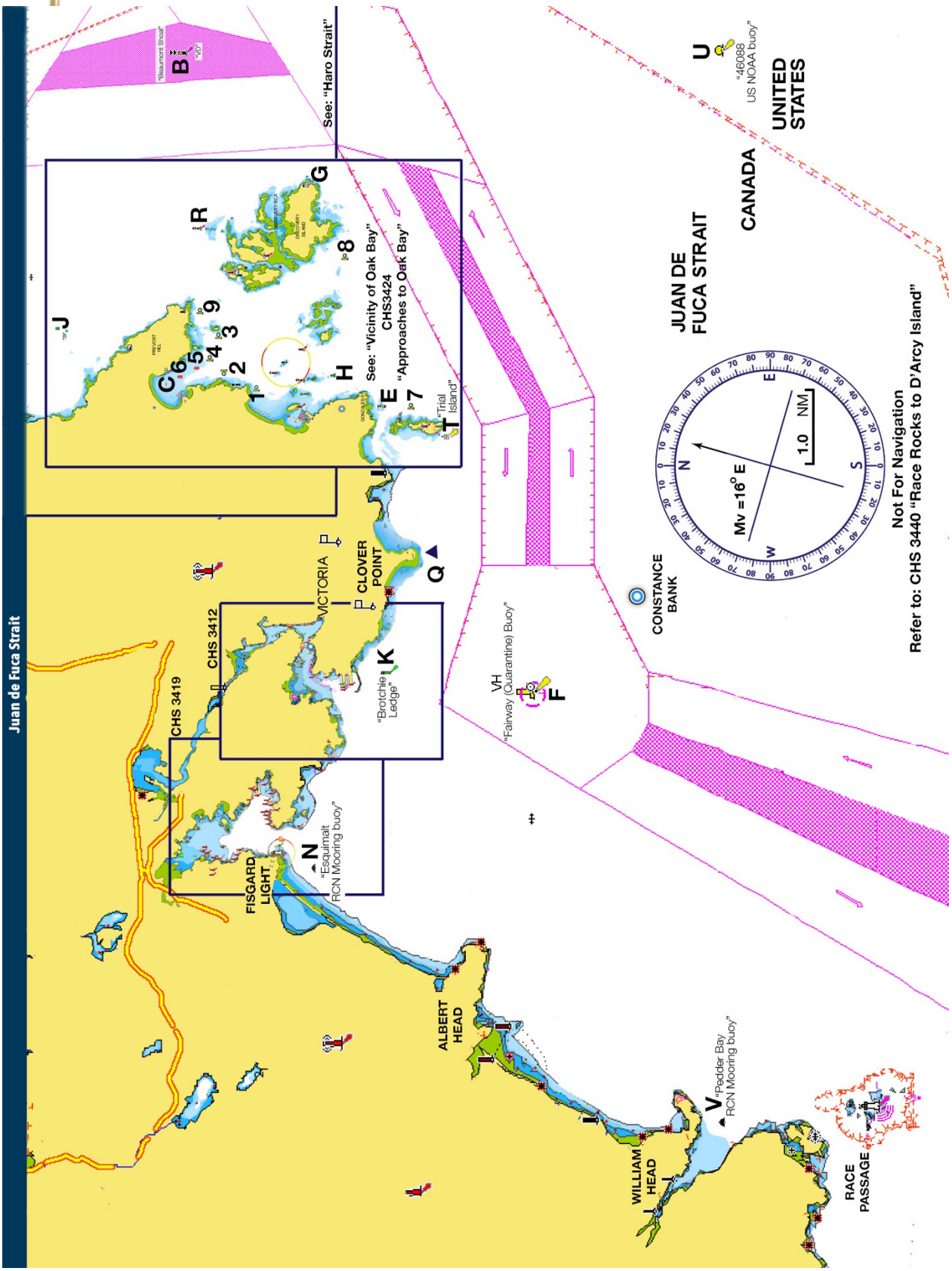
11.1. The protest time limit is 30 minutes after either the last boat finish or the race time limit, whichever is earlier.

11.2. See the protest procedure at https://rvyc.bc.ca/Racing/Racing_Overview under "Protest Forms and Procedures."

11.3. Notices will be posted online at RRS.org/schedules within 15 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.

APPENDIX 1: MARK DESCRIPTIONS

Code	Name	Lat	Long
B	Beaumont Shoal “VD”	48 27.10	123 10.85
C	Mini 12 Mooring Buoy “Cookie”	48 27.23	123 17.48
E	Enterprise Channel buoy "VE"	48 24.45	123 17.91
F	Fairway (Quarantine) buoy "VH"	48 22.51	123 23.57
G	Discovery Island (Seabird Point	48 25.35	123 13.52
H	Lee Rock Buoy “V25” (Harris Island)	48 25.11	123 17.29
J	Johnson Reef Buoy “V29”	48 28.75	123 16.38
K	Brotchie Ledge	48 24.40	123 23.29
N	Esquimalt RCN mooring buoy	48 25.36	123 27.18
Q	inflatable mark near Clover Point	48 24.18	123 20.93
R	Fulford Reef Buoy “VK”	48 26.88	123 14.37
T	Trial Island	48 23.61	123 18.23
U	US NOAA buoy "46088"	48 19.91	123 10.67
V	Pedder Bay RCN mooring buoy	48 19.87	123 32.21
1	RVYC Private Mark NW of Todd Rock	48 26.11	123 17.62
2	RVYC Private Mark E of Funnel Cove	48 26.54	123 17.20
3	RVYC Private Mark W of Jemmy Jones I	48 26.63	123 16.56
4	RVYC Private Mark at throat of Cadboro Bay	48 26.74	123 17.09
5	RVYC Private Mark middle Cadboro Bay	48 26.90	123 17.16
6	RVYC Private Mark Upper Cadboro Bay	48 27.16	123 17.37
7	RVYC Private Mark E of Trial Island	48 24.08	123 17.94
8	RVYC Private Mark SE of Virtue Rock	48 24.94	123 14.99
9	RVYC Private Mark SW of Ten Mile Point	48 26.78	123 16.10


Juan de Fuca Strait
See: "Haro Strait"
See: "Vicinity of Oak Bay"
CHS3424
"Approaches to Oak Bay"
"Trial Island"
CHS 3412
CHS 3419
VICTORIA
CLOVER POINT
"Brotchie Ledge"
FISGARD LIGHT
"Esquimalt RCN Mooring buoy"
ALBERT HEAD
WILLIAM HEAD
"Pedder Bay RCN Mooring buoy"
RACE PASSAGE
VH
"Fairway (Quarantine) Buoy"
CONSTANCE BANK
JUAN DE FUCA STRAIT
CANADA
UNITED STATES
"46088 US NOAA buoy"
Mv =16° E
1.0 NM
Not For Navigation
Refer to: CHS 3440 "Race Rocks to D'Arcy Island"

APPENDIX 2: NAVIGATIONAL RESTRICTIONS

