



2026 IQFOIL NORTH AMERICAN CHAMPIONSHIP



July 25th to 27th 2026

SAILING INSTRUCTIONS

1. CHANGES TO THE SAILING INSTRUCTIONS

- 1.1. Any change to the sailing instructions will be posted at least 90 minutes prior to the first warning signal on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

2. COMMUNICATION

- 2.1. On the water, the race committee intends to monitor and communicate on VHF channel 68.

3. CODE OF CONDUCT

- 3.1. [DP] Competitors and support persons shall comply with reasonable requests from race officials.
3.2. [DP] Boats that are not racing shall avoid any area where boats are racing and shall avoid any official vessel.

4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore will be displayed on the flagpole at Alamitos Bay Yacht Club.
4.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in Race Signals AP.

5. SCHEDULE OF RACES

- 5.1. The order of starts for the first race each day will be announced at the daily competitor's briefing. The race committee may change the starting order of classes for subsequent races.

6. CLASS FLAGS

- 6.1. The class flags are:

iQFOIL Men	iQFOIL on Blue flag
iQFOIL Women	iQFOIL on Pink flag
iQFOIL Youth and Junior	Green flag

7. RACING AREA

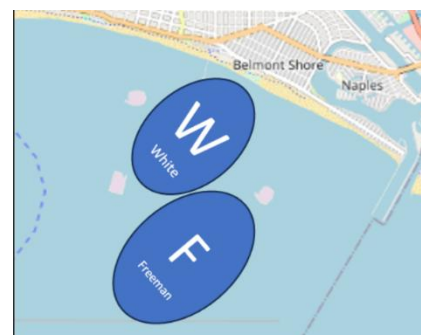
- 7.1. The racing areas are shown opposite.

Saturday	Sunday	Monday
Freeman	Freeman	Freeman

- 7.2. Any change of racing areas will be posted by 0900 on the day it will take effect.

8. COURSES

- 8.1. The diagrams in Addendum A show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.
8.2. The course will be signaled by placards displayed on the race committee signal vessel.
8.3. No later than the warning signal, the race committee signal vessel will display the approximate compass bearing of the first leg.





2026 IQFOIL NORTH AMERICAN CHAMPIONSHIP



9. MARKS

- 9.1. Marks are
- Rounding marks 1, 2, 3p, 3s, 4, 4p, 4s, will be yellow inflatable shapes.
 - The starting and finishing marks will be orange inflatable shapes.
- 9.2. Routine movement of the autonomous marks will not be considered an improper action of the race committee so shall not be grounds for redress. This includes minor readjustments or marks returning to station after being pushed away by a boat.

10. CHECK IN

- 10.1. [DP] Prior to the warning signal for the first race of her class in which a boat intends to compete each day, each boat shall sail past the stern of the signal vessel and hail her number and obtain the acknowledgment of the race committee.

11. THE START

- 11.1. To alert boats that a race or sequence of races will begin soon, the orange starting line flags will be displayed with one sound at least two minutes before a warning signal is made.
- 11.2. The starting line is between a staff displaying an orange flag on the signal vessel and the course side of the starting mark or a staff displaying an orange flag on a race committee vessel.
- 11.3. [DP] When a starting sequence is in progress, boats whose warning signal has not been made shall avoid the starting area. The starting area is defined as a rectangle 50 meters from the starting line and marks in all directions.
- 11.4. The starting sequence will be as follows.

Minutes before starting signal	Visual Signal	Sound Signal	Means
3	Class Flag	One	Warning Signal
2	Uniform or black flag	One	Preparatory Signal
1	Uniform or black flag removed	One long	1 minute
0	Class flag removed	One	Starting Signal

12. CHANGE OF THE NEXT LEG OF THE COURSE

- 12.1. Marks may be moved up to 10 degrees in bearing without a signal, provided the change is made prior to the lead boat beginning that leg of the course. This changes RRS 33.

13. THE FINISH

- 13.1. The finishing line is between a staff displaying a blue flag on the signal vessel or another race committee vessel and the course side of the finishing mark.

14. RACE TIME LIMITS AND TARGET TIMES

- 14.1. Time limits and target times are as follows:

Event	Race Time Limit	Mark 1 Time Limit	Finish Window	Target Time
Sprint Slalom	8'	1'30"	4'	6'
Upwind Sprint	12'	5'	5'	7'
Course Racing	23'	10'	6'	16'

- 14.2. If no boat passes Mark 1 within the Mark 1 Time Limit the race committee shall abandon the race.



2026 IQFOIL NORTH AMERICAN CHAMPIONSHIP



14.3. Failure to meet the target time will not be grounds for redress. This changes rule 61.4(b)(1).

~~14.4. Boats failing to finish within the time stated in the Finish Window after the first boat sails the course will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored points for the finishing place two more than the points scored by the last boat that finished within the finishing window. This changes RRS 35, A5.1, A5.2 and A10.~~

15. HEARING REQUESTS AND REQUESTS FOR REDRESS

- 15.1. All hearing requests, inquiries or declarations that are required by the notice of race or sailing instructions can be filed online at https://www.racingrulesofsailing.org/protests/new?event_id=15429, or in writing and delivered to the race office.
- 15.2. For each class, the protest time limit is the later of:
- (a) 30 minutes after the race committee signals 'No more racing today' ashore, or
 - (b) 30 minutes after the race committee signal vessel for that racing area has returned to the dock for the last time that day.
- The protest time limits will be posted on the official notice board.
- 15.3. The redress time limit is 30 minutes after scores are posted but no earlier than the protest time limit if the scores are posted prior to the signal boat docking. The redress time limits will be posted on the official notice board.
- 15.4. Notices of hearings regarding incidents in the racing area will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room in the main clubhouse.
- 15.5. A boat that has broken a rule subject to a discretionary penalty should inform the protest committee by submitting a question at https://www.racingrulesofsailing.org/questions/new?event_id=15429 stating as such.
- 15.6. Parties wishing to present photographic evidence should either upload the footage to a public platform such as YouTube and share the link with the protest committee, provide a link to the photographic evidence if it is already publicly available (e.g., TV coverage) or provide equipment to display the photographic evidence with a minimum screen size of 12 inches.

16. SAFETY REGULATIONS

- 16.1. [DP] Check-Out and Check-In Procedures: Before the warning signal on the first race each day, all boats shall sail by the stern of the race committee signal vessel, hail her sail number and get acknowledged by the race committee.
- 16.2. [DP] A boat that retires from a race shall notify the race committee as soon as reasonably possible.

17. OFFICIAL VESSELS

Official vessels will be marked as follows:

Race Committee



Blue flag marked with white 'RC' and red anchor

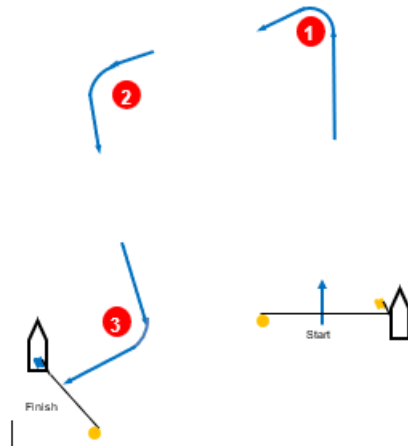


2026 IQFOIL NORTH AMERICAN CHAMPIONSHIP



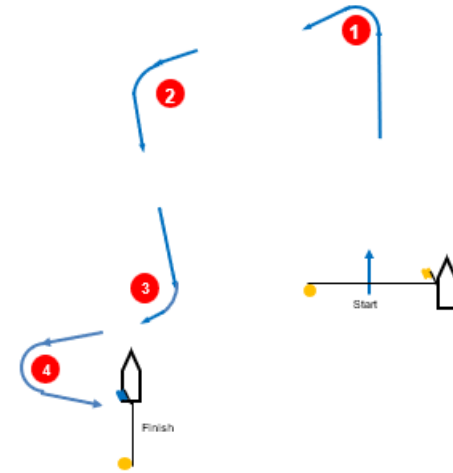
Sprint Racing

US



Signal	Mark Rounding Order
US3	Start-1-2-3—Finish

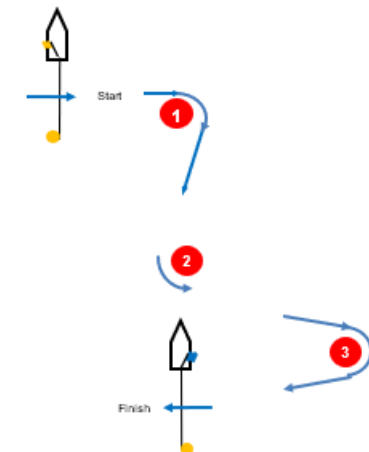
US



Signal	Mark Rounding Order
US4	Start-1-2-3-4-Finish

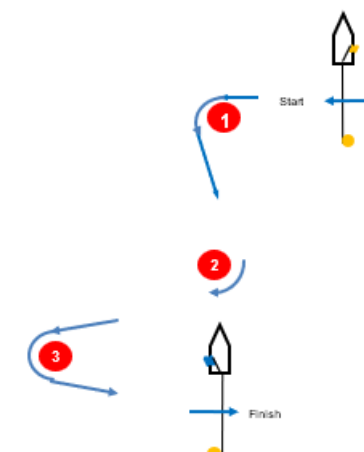
Slalom Racing

PD



Signal	Mark Rounding Order
PD3	Start-1-2-3-Finish

SD



Signal	Mark Rounding Order
SD3	Start-1-2-3-Finish



SI Addendum B –Support Team Regulations

These regulations are in addition to the Support Person Vessel rules in the NoR.

B.1 General

- B.1.1 These Support Team Regulations (STR) shall apply from 0900 of the first day until sunset of the last day of the event.
- B.1.2 For the purposes of these regulations, a support vessel includes any vessel that is under the control or direction of a person who is or may provide physical or advisory support to an athlete, including the gathering of data that may be used at a later time.
- B.1.3 The organizing authority may inspect vessels at any time to ensure that they comply with these regulations, and the person responsible for the vessel shall facilitate such inspection.
- B.1.4 An alleged breach of any of these regulations may be referred to the protest committee for a hearing. As a result of the hearing, the International Jury may instruct the Organizing Authority to withdraw accreditation and access rights from the driver or person in charge, with or without the option of substitution, either for a specified period or for the remainder of the competition.
- B.1.5 The organizing authority may change these regulations at any time. Any changes will be posted on the Official Notice Board.
- B.1.6 The organizing authority may, at its discretion, refuse to register support vessels not deemed to be suitable. Generally, open vessels more than 4.0m and less than 7.5m in length and having minimal or no superstructure (cabin, coach house, bridge, etc) are considered suitable.
- B.1.7 Support vessels and designated drivers shall be registered at the Regatta Office either before leaving the venue by water for the first time .
 - B.1.7.1 Only registered persons may be designated drivers.
 - B.1.7.2 The person registering the support boat shall confirm that:
 - (a) the designated driver has a motorboat driving license recognized by a national authority appropriate to that boat; and
 - (b) anyone who will be using a radio has an appropriate radio operation license recognized by a national authority.
- B.1.8 Support vessels while afloat must display a numbered flag supplied by the organizing authority.

B.2 Sailing Venue

- B.2.1 Support vessels shall use the designated slipway/area for launching. Once launched, trailers shall be moved immediately to the trailer park or as otherwise directed by the Organizing Authority.
- B.2.2 Only registered support vessels will be allowed into the sailing venue. (Allocated berths or area will be provided at registration)
- B.2.3 When not in use, support vessels shall be appropriately berthed at the sailing venue in the allocated areas for support vessels for the entire time that these SBR apply.
- B.2.4 Support vessels shall not use the dinghy launching slipways or keelboat pontoons for any purpose whatsoever, including mooring, launching and retrieval, and loading and unloading of equipment.

B.3 Safety

- B.3.1 Support vessels shall carry on board:
 - (a) life jackets / buoyancy aid for all passengers and the driver;
 - (b) first-aid kit;



2026 IQFOIL NORTH AMERICAN CHAMPIONSHIP



- (c) VHF radio;
- (d) device for making a sound signal;
- (e) compass;
- (f) adequate anchor and tackle for conditions and depth;
- (g) tow rope (minimum 15m long and 10mm thick);
- (h) operational engine kill cord (also known as a safety lanyard or automatic engine immobilizer);
- (i) hand pump or bailer;
- (j) knife; and
- (k) any additional safety equipment required by local maritime law.

B.3.2 It is mandatory that the kill cord switch is used at all time when the engine is running.

B.3.3 The maximum plated / certified passenger limits for the vessel shall never be exceeded.

B.3.4 At all times, the registered driver(s) of a support vessel shall comply with directions given by a Race Official. In particular, this includes assisting in rescue operations when requested to do so.

B.3.5 Support vessels shall comply with local harbor and marina regulations, including speed limits.

B.4 General Restrictions

B.4.1 The registered driver(s) of a support vessel will be responsible for the control of the vessel at all times and will be held responsible for any inappropriate behavior, dangerous actions or improper practices, or actions affecting the fairness or safety of competition.

B.4.2 Support vessels shall not leave any device, piece of equipment, buoy, marker or similar item permanently in the water. Temporary use of floating objects is allowed for current measurement. These objects shall be removed as soon as the measurement has been taken.

B.4.3 Support vessels shall take particular care to minimize their wash when transiting the course areas. Support vessels shall not interfere with boats racing or official vessels, or create a wake that affects boats racing.

B.5 Support Vessel Zone

B.5.1 Support vessels shall not be positioned:

B.5.1.1 Closer than 50 meters of any boat racing

B.5.1.2 Within 50 meters of the starting line and marks from the time of the preparatory signal until all boats have left the starting area, or the race committee signals a postponement, general recall or abandonment.

B.5.1.3 Between any boat racing and the next mark of the course.

B.5.1.4 Between the inner and outer trapezoid courses when boats are racing on both courses.

B.5.1.5 Within 50 meters of any mark of the course while boats are in the vicinity of that mark.

B.5.1.6 Within 50 meters of the finishing line and marks while boats are finishing.

B.5.2 In addition, support vessels that are motoring above 5 knots shall remain at least 150 meters from any boat racing.

B.5.3 When the race committee displays flag V with repetitive sounds, all official and support vessels shall monitor the race committee radio channel for search and rescue instructions and not leave the race course until approved by the CRO.

~~B.5.4 The use of drones is prohibited.~~

B.5.5 In the racing area, there is a line of yellow buoys that constitute a swim line which is absolutely restricted from power boat access.

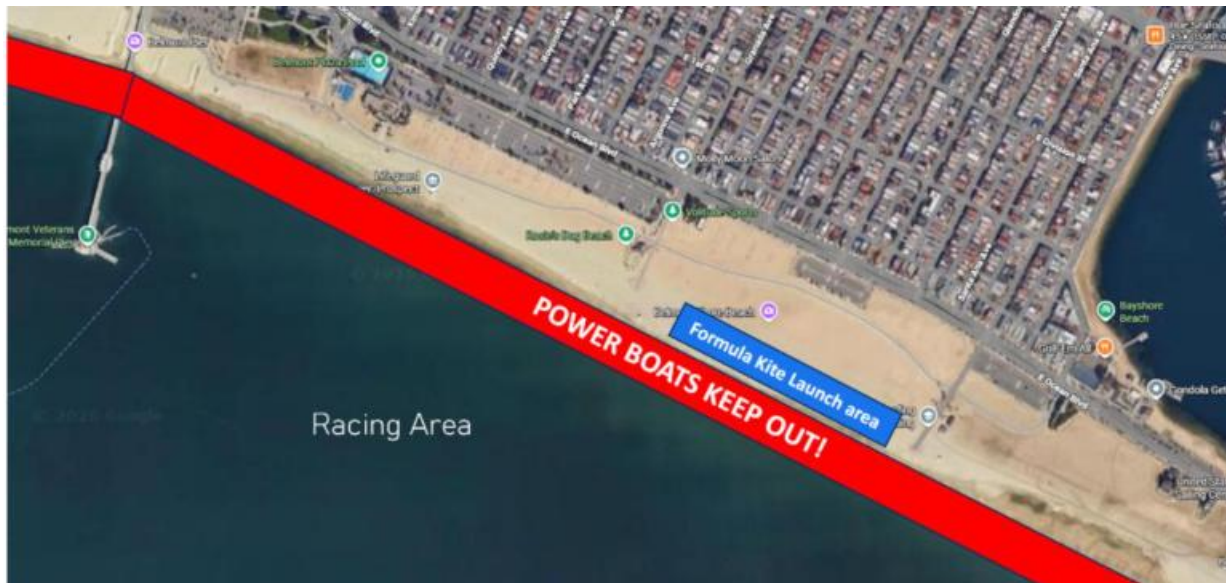


2026 IQFOIL NORTH AMERICAN CHAMPIONSHIP



The restriction is enforced by the City of Long Beach / Long Beach Lifeguards. If an infraction occurs, we will be forced to shut down the regatta.

The only time a power boat may enter this area is if in an extreme emergency, and only if instructed to enter the area by the Lifeguard. No one from the Regatta can grant you permission. You must be in contact with the Lifeguards directly.



B5.6 [DP] [SP] Entering and Leaving Alamos Bay

- Breaches of the following may result in a Standard Penalty of 5% applied by the race committee without a hearing. This changes RRS A5.
- The Alamos Bay entrance channel is designated as a no wake zone with a maximum speed limit of 5 mph (4 knots). No foiling.
- A series of centerline buoys from the edge of the Alamos Bay Yacht Club basin to the end of the Alamos Bay entrance channel (including "A Mark" at the end of the channel) mark the center of the channel. When entering or exiting Alamos Bay stay to starboard of these when traveling in either direction (see diagram).
- The Long Beach Transit Ferry operates within Alamos Bay and is classified as a vessel restricted in its ability to maneuver.
- Interference with Commercial Vessels:** Recreational vessels (boats and support vessels) must not impede the safe passage or operation of commercial traffic at any time. Under **46 U.S. Code § 2302**, violations may result in civil penalties of up to **\$5,000**. Gross negligence may escalate to criminal penalties, including fines and imprisonment.

