



**Don Jessome Memorial Monday Night Race Series (MNR)
 May 25th – Sept 28th, 2026, Sailing Instructions (SIs)
 Issue Date May 16, 2026**

1. Rules	<ul style="list-style-type: none"> a) This series shall be governed by the rules as defined in The Racing Rules of Sailing .RRS 2025- 2028 b) If there is a conflict between the Notice of Race and the Sailing Instructions, the Sailing Instructions shall take precedence.
2. Organizing Authority	<ul style="list-style-type: none"> a) The Dartmouth Yacht Club is the organizing authority for this regatta.
3. Sailing Instructions and changes to SIs	<ul style="list-style-type: none"> a) The Sailing Instructions will be available on-line at https://www.dartmouthyachtclub.ca/dyc-racing at least one week prior to the event. b) Any change to the sailing instructions will be posted before 5:00 pm on the day it will take effect and will be announced by the Race Officer and Race Committee (“RC”) before the start of the race on VHF channel 68.
4. Signals made ashore	<ul style="list-style-type: none"> a) Signals made ashore will be displayed from the club’s flagpole. b) When flag AP is displayed ashore, ‘1 minute’ is replaced with ‘not less than 30 minutes’ in Race Signals AP.
5. Communications with competitors	<ul style="list-style-type: none"> a) Notices to competitors will be posted on the official notice board located in the DYC clubhouse. b) The race office is located in the boardroom in the main clubhouse, email: raceofficer@dartmouthyachtclub.ca. c) On the water, the Race Committee (the “RC”) intends to monitor and make courtesy broadcasts and communicate with competitors on VHF radio channel 68.
6. Schedule of Races	<ul style="list-style-type: none"> a) The schedule for series races and start times is noted in the MNR NOR.
7. Handicaps	<ul style="list-style-type: none"> a) Yachts shall compete with handicaps supplied by the Sail NS PHRF-NS. b) If a yacht does not have a handicap, one will be provided by DYC’s handicapper on an interim basis. c) A 24-hour notice to get a handicap is required, but yachts will be accommodated where possible and deemed to have her full inventory until otherwise determined.
8. Class splits and flags	<ul style="list-style-type: none"> a) Classes shall be defined by Win the Night class (blue flag A) and series classes (Yellow Flag C).
9. Courses	<ul style="list-style-type: none"> a) Courses for the Series may consist of a combination of windward-leeward, triangle, and around-the-buoy courses using marks as laid out in the DYC Course Card. b) Marks used for Series racing are outlined on the DYC course card. Prior to the warning signal, the RC will announce the course(s) on VHF channel 68. The official course will be posted on a course board displayed on the RC

	<p>boat and consist of a list of marks and the side to which they are to be left, “P” for port and “S” for starboard. Prior to the warning signal, the RC will announce the course(s) to be sailed on VHF channel 68.</p> <p>c) The start will be as announced in the vicinity of DYC mark 11. (unless otherwise advised by the RC)</p> <p>d) The Course Card at https://dartmouthyachtclub.ca/sailboat-racing/course-card shows the marks that maybe used. In addition, the following marks may be used:</p> <ul style="list-style-type: none"> • Orange inflatable tetrahedron is Mark O • Yellow inflatable pin is Mark Y • Green inflatable pin is Mark G
10. Starts	<p>a) Races will be started by using RRS 26,</p> <p>b) Win the Night class shall always start first. Newcomers class shall start last. In the event that three boats or more elect to fly a spinnaker and three boats or more select to race non-spinnaker the classes shall be split and may or may not have their own start at the discretion of the race officer.</p> <p>c) Boats whose warning signal has not been made shall avoid the starting area.</p> <p>d) If any part of a boat’s hull is on the course side of the starting line at her starting signal and she is identified, the race committee will attempt to hail her sail number on VHF channel 68.</p> <p>e) Failure to hail her number, failure of her to hear such a hail, or the order in which boats are hailed will not be grounds for a redress for request. This changes RRS 62.1 (a)</p> <p>f) A yacht that does not start within 5 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.</p>
11. Change, Shorten or Abandon Course	<p>a) In the event of a change, shorten or abandon of course, the RC shall communicate this on VHF channel 68 and display the shortened course on the course board.</p> <p>b) After the starting signal in the event of a change of course, C flag over Class Flag will be displayed along with repetitive sound before the first boat in the affected class reaches the next turning mark. The RC shall communicate the new course over VHF 68 and display the new course on the course board.</p> <p>c) After the start signal, and in the event of a shortened course, flag S over the class flag(s) will be displayed and there will be 2 sounds and the RC shall communicate this over VHF channel 68 and display the shortened course on the course board. The first boat in the class shall define the course and will round the next mark and finish. In the event that Mark 11 is being used in starboard or port rounding, the RC reserves the right to finish boats at this mark.</p> <p>d) In the event of an abandoned race, RC will display flag N over the class flag(s) and make 3 sounds and communicate this over VHF channel 68.</p> <p>e) If one boat completes the course within the time limit, the race shall not be abandoned.</p> <p>f) In the alternative, if the RC shortens the course, the RC may move the finish line to a position between a race mark of the course and the RC boat.</p>
12. The Finish	<p>a) The finishing line will normally be between RC staff on the RC boat and mark 11.</p>

	<ul style="list-style-type: none"> b) In the event the RC committee boat moves off station, The RC reserves the right to use an existing or a floating mark for finish. c) Crossing between the RC boat and the mark in compliance with the RRS definition of finish is required to finish.
13. Time Limits and Target Race Times	<ul style="list-style-type: none"> a) The time limit for each class is 2.5 hours after their respective starts. b) Boats failing to finish within the time shall be scored Did Not Finish. This changes RRS 35 and A4. Also note that if the first boat finishes at anytime after 2 hours of racing the time limit will be extended by 30min from the first boats finishing time. c) The RC displays N over A and the class flag with 3 sounds (racing done for the day) to indicate when the time limit has expired for all classes. d) The RC will communicate to classes affected on VHF 68 of the abandonment.
14. Protests and Hearings	<ul style="list-style-type: none"> a) The protest time limit is 30 minutes after the last yacht finishes the last race of the day or the race committee signals no more racing today, whichever is later. Protest forms are available online at https://dartmouthyachtclub.ca/sailboat-racing/protest-form b) Affected parties will attempt to be notified in person by the RC at the dock. Emails to affected parties will be sent no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. c) Protest hearings will be scheduled as required.
15. Penalty System	<ul style="list-style-type: none"> a) For all classes <i>RRS 2025-2028</i> 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty for incidents outside the zone.
16. Interference with shipping	<ul style="list-style-type: none"> a) Any boats which interfere with the orderly passage of naval or commercial shipping may be subject to disqualification from the race. Such disqualification shall be reported to SAIL NOVA SCOTIA and may result in further disciplinary action, including denial of entry into future events. b) Engines may be used in an emergency. c) Details of the emergency must be reported to the Race Committee immediately after the race. This alters RRS 42
17. Scoring	<ul style="list-style-type: none"> a) As per NOR
18. Additional information	<ul style="list-style-type: none"> b) Additional information may be provided via the DYC website www.dartmouthyachtclub.ca or DYC email blasts. c) For further information please contact the Rear Commodore at rearcommodore@dartmouthyachtclub.ca or the Race Officer at raceofficer@dartmouthyachtclub.ca