MD State Championship Clinics at Rock Hall Yacht Club on Tuesday August 9, 2022

There will be two clinics at 10:30am at RHYC, they will be held concurrently, one for Opti Green Fleet Sailors and the other for C420 sailors. Both clinics will be approximately 15-20 minutes.

Opti GREEN Fleet - in the RHYC Pavilion 10:30 am

RHYCSS Coach Wade Anthony will present to Opti Green sailors. Wade is a rising junior at Connecticut College and has been on the varsity sailing team there since he was a freshman. Wade has over 12 years experience sailing, racing, and coaching on the Chesapeake Bay and has been in the top 5 in CBYRA highpoint standings twice as a junior sailor out of RHYC. Wade will discuss a topic geared to the newer Opti racers to help get their strategy set for the MD State Championships.

All Opti Green Fleet Sailors, Coaches, and Parents are encouraged to attend.

C420 – at the RHYC Beach under the grey sunshade at 10:30 am

The C420 clinic will be led by Lachlan Hooper. Lachlan is currently a rising sophomore at Boston University, has been a key member of the sailing team there this past year, and had been one of NERYC's best 420 sailors (crew position) for many years. The last time the MD State Championships were at Rock Hall in 2018, he and his skipper won the C420 class. Lachlan has truly perfected the role of a crew in double-handed sailing and will share the importance of the role of C420 crew with C420 teams.

All C420 Sailors, Coaches, and Parents are encouraged to attend.

