



SAILING INSTRUCTIONS



2026 True Blue Spencer Evans ILCA Regatta

Blue Hill, Maine

Host: Kollegewidwok Yacht Club

July 12, 2026

Kollegewidwok Yacht Club Blue Hill, Maine

1. **Rules:** The regatta will be governed by the Racing Rules of Sailing 2025-2028, including prescriptions of US Sailing, the ILCA Class rules and these sailing instructions. ILCA Class rules apply with the exception of Non-ILCA class sails which may be used if they are built according to the ILCA handbook and are made of Dacron, mass produced and readily available.
2. **Notices to Competitors:** Notices to competitors will be (i) posted on the event website or (ii) communicated to competitors at the competitors' meeting.
3. **Changes to Sailing Instructions:** Any change to the sailing instructions or schedule of races will be posted on the event website before 10:00am on the day it will take effect or will be communicated to the Competitors at the Competitors meeting.
4. **Signals Made Ashore:** Signals made ashore will be displayed from the Kollegewidwok Yacht Club flagpole and posted on the Official Notice Board.
 - 4.1 When flag AP is displayed ashore, removing it means either an abandonment signal will follow immediately, or a race signal will be made on the water not less than 60 minutes after removal. This changes the description of race signal AP.
5. **Boat Identification:** Each yacht shall display a mainsail number that matches the number used for regatta registration.
6. **Schedule of Races:**

Sunday	July 12, 2024
9:00am	Check-in and late registration
10:00am	Competitors meeting
11:30am	First warning signal
4:00pm	No warning signal to be sounded after this time

7. **Racing area:** The racing area will be Blue Hill Bay.
8. **Courses and Marks:** See Appendix A for the course diagrams and descriptions.
 - 8.1 Race committee will note the approximate upwind course length and heading prior to each start.
 - 8.2 All turning marks will be large orange or yellow shapes.
 - 8.3 There will be a windward offset mark for the WL and WL2 courses.
 - 8.4 The starting marks will be the Race Committee boat and the pin at the other end of the starting line. The finishing marks will be Race Committee boat and pin at the end of the finish line.
 - 8.5 Competitors may cross through the start and finish lines at all times during racing.

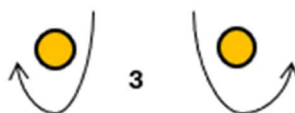
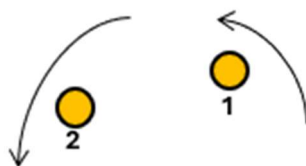
9. **The Start:** Races will be started by using a 3-minute countdown sequence. There will be an attention signal before the 3-minute warning signal.
- 9.1 The starting line will be: Between a staff or halyard with flags on Race Committee boat and the pin.
- 9.2 A boat that starts more than 4 minutes after her starting signal will be scored DNS without hearing. This changes RRS 63.1, A4, and A5.
10. **Recalls:** After the starting signal, the Race Committee may announce the sail number of recalled boat(s)
11. **Penalty System:** RRS Appendix V (Alternative Penalties) shall apply. See Attachment B
12. **Time Limit:**
- 12.1 The time limit for each race is 1 hour.
- 12.2 Boats still racing more than 10 minutes after the first boat sails the course and finishes will be scored TLE (Time Limit Expired) without a hearing. Boats scored TLE will receive two more points than the number of boats that finished within the time limit, but not worse than DNF. This changes rules 35, A4 and A5.
13. **Protests and Requests for Redress:**
- 13.1 In addition to the requirements of rule 61.1(a), a boat intending to protest about an incident that occurs in the racing area shall notify the Race Committee of its intention, including the sail number of the boat(s) being protested, at the earliest time reasonably possible after finishing or withdrawing from the race.
- 13.2 Protest forms are available at the race office. Protests shall be delivered there within 60 minutes after the Race Committee signal boat docks. The docking time will be posted on the Official Notice Board.
- 13.3 Notices will be posted within 15 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Protests will be heard in the approximate order of receipt in the race office as soon as practical.
14. **Scoring:**
- 14.1 When at least 5 races have been completed, a boat's series score will be the total of her race scores excluding her worst score, subject to rule 90.3(b). If we were to complete 10 races- we would have two throw-outs.
- 14.2 one race must be completed to constitute a championship.
15. **Safety:**
- 15.1 Prior to the warning signal for the first race of each day in which it intends to compete, each boat shall sail past the stern of the Race Committee signal boat on starboard tack to check in (skipper's name and sail number), which will be acknowledged by the Race Committee.
- 15.2 A boat retiring from a race or leaving the racing area early shall notify the Race Committee.
16. **Prizes:** Prizes will be awarded to the winners at the conclusion of the regatta.

Appendix A

Course W Windward-Leeward

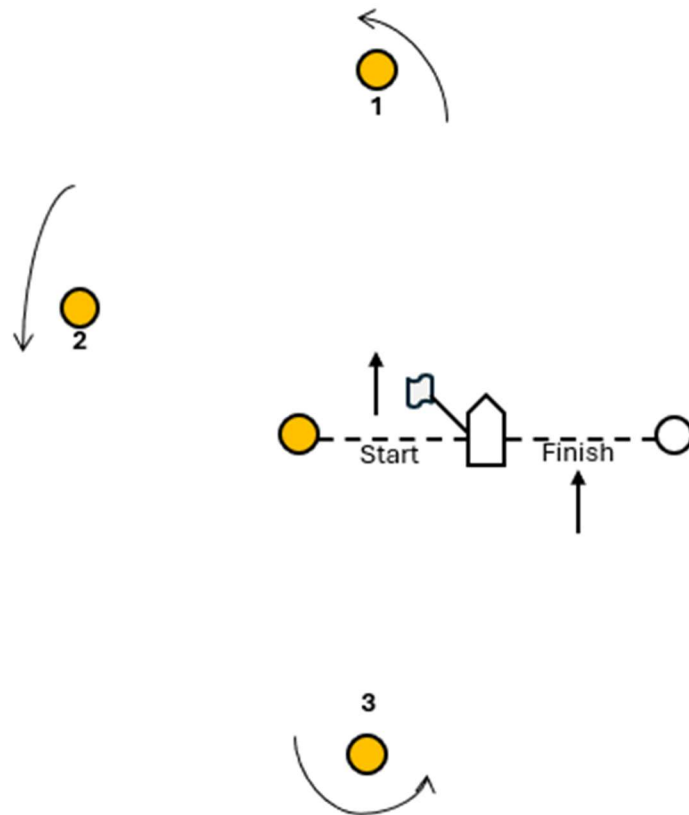
W = Start, 1, 2, 3, Finish

W2= Start, 1, 2, 3, 1, 2, 3, Finish



Course TWL Windward Leeward

TWL = Start, 1, 2, 3, 1, 3, Finish



Attachment B – Penalties

APPENDIX V

ALTERNATIVE PENALTIES

This appendix is a US Sailing prescription.

Rules V1 and V2 provide alternative penalties that encourage competitors to take a penalty when they may have broken one or more rules of Part 2 or rule 31 in an incident. One or both of these rules apply only if the notice of race or sailing instructions so state. When rule V2 applies it does not replace any penalty that may be taken under rule 44.1.

Please report your experiences with and evaluations of these rules to US Sailing by sending an email to rules@ussailing.org.

V1 PENALTY AT THE TIME OF AN INCIDENT

The first two sentences of rule 44.1 are changed to: ‘A boat may take a One-Turn Penalty when she may have broken one or more rules of Part 2 or rule 31 in an incident while racing. However, when she may have broken one or more rules of Part 2 while in the zone around a mark other than a starting mark, her penalty shall be a TwoTurns Penalty.’

V2 POST-RACE PENALTIES

- (a) Provided that rule 44.1(b) does not apply, a boat that may have broken one or more rules of Part 2 or rule 31 in an incident may take a Post-Race Penalty at any time after the race until the beginning of a protest hearing involving the incident.
- (b) A Post-Race Penalty is a 30% Scoring Penalty calculated as stated in rule 44.3(c). However, rule 44.1(a) applies.
- (c) A boat takes a Post-Race Penalty by delivering to the race office a written statement that she accepts the penalty and that identifies the race number and where and when the incident occurred.