

Groton Long Point Yacht Club

Optimist Regatta

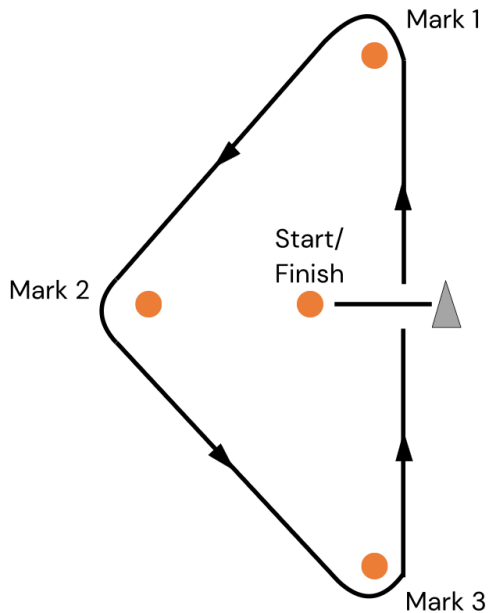
August 4, 2024

Notice of Race and Sailing Instructions

1. Rules: This regatta will be governed by The Racing Rules of Sailing, the notice of race (NOR), and by these sailing instructions (SIs).
2. Changes to the Sailing Instructions: The Race Committee reserves the right to make verbal changes to the NOR and the SIs at the competitors' meeting.
3. Eligibility: Eligible sailors must be eighteen years or younger as of December 31, 2023. RWB Fleets age eligibility see USODA. Green see USODA.
4. Notice to the Competitors: will be posted on a whiteboard outside the Groton Long Point Yacht Club.
5. Registration and Lunch:
 - a. \$45.00 per sailor.
 - b. **Lunch will NOT be provided.** Please bring your own lunch and a reusable water bottle. Single-use plastic water bottles are not allowed.
6. Schedule: One race makes the event a regatta
 - o 9:00-10:00: Registration
 - o 10:00: Competitors' Meeting
 - o 10:30: HarborStart
 - o 11:00: First Start
 - o 3:30: No race will start after 3:30
 - o Awards at GLPYC back deck after racing
7. Protests: Boats protesting will act according to RRS 61 except as modified in these sailing instructions. Upon finishing the race, you must tell the race committee whom you are protesting. You must deliver your protest to the race committee within 30 minutes of the RC boat docking. Protests are not allowed in Green fleet.
8. Safety: Each competitor/instructor must wear a USCG approved PFD, properly secured at all times while on the water.
9. The Start: Three- minute dingy starts will be used for both Red/White/Blue Fleet and Green Fleet.
10. Recalls: Individual Recalls: will be signaled by Flag "X" and one sound signal. The race committee will attempt to hail the sail number of any boats over early. Failure to hear a hail shall not be considered ground for redress. General Recall will be signaled with two horn blasts and the first repeater will be hoisted. After a General Recall, or by the choice of the Race Committee, the I-flag may be flown, signaling the one-minute rule is in effect.

11. **Time Limit:** The time limit for the first boat to finish will be 30 minutes. Those boats that do not finish within 30 minutes of the first boat in their division will be scored DNF. At the discretion of the Race Committee, the race may be abandoned if it seems futile. The Race Committee may also give boats their position in order to expedite the regatta.
12. **Scoring:** Low Point System, Appendix A of the racing Rules of Sailing, will be used. If 6 races are sailed, the worst score will be dropped.
13. **Support Craft Spectator boats:** shall stay clear of the race area(s) at all times and stay outside of the course area. For Red/White/Blue fleets, coaching may occur only between races, up to the warning signal and well clear of the finishing area and any boats still on the course. Coaching the back half of the Green fleet is allowed and encouraged.
14. **Racing Areas:** Red/White/Blue fleet will sail in front of Main Beach (turn left outside the harbor). Green Fleet Will Sail off of Bluff Point (turn right outside the harbor).
15. **Course:** The course letter will be posted on the committee boat. For Red/White/Blue fleet, there will be orange inflatable marks. The start and finish marks will either be an orange ball or a pin boat. For Red/White/Blue fleet, the line will be sighted from the orange flag on the Committee boat and the pin, or a flag on the pin boat. For Green fleet, the line will be sighted from a Green optimist flag on the Committee Boat, and an orange ball as the pin.
 - a. Red/White/Blue Fleet will do either course T or course W
 - b. Course W will have a closed gate
 - c. Green Fleet will do Course T with inflatable animal marks.

Course T: Modified Triangle



Course W: Windward

