

2026 LONGBOARD REGATTA Sailing Instructions

Thursday, July 30, 2026

MDI Community Sailing Center – Southwest Harbor, Maine

Sponsored by MDI Longboards

1. RULES

The regatta will be governed by the rules as defined in The Racing Rules of Sailing 2025–2028, the Notice of Race, and these Sailing Instructions.

2. SCHEDULE

12:15 PM – Skippers Meeting at the Pavilion

12:45 PM – First Race

3:30 PM – No race will be started after this time

4:00 PM – Awards & Ice Cream

The Race Committee intends to complete five or more races, conditions permitting.

3. NOTICES AND CHANGES

Any changes to these Sailing Instructions will be announced to competitors by the Race Committee.

4. RACING AREA

Racing will take place around Greening Island in Southwest Harbor. The exact location of the racecourse will be determined by the Race Committee based on conditions.

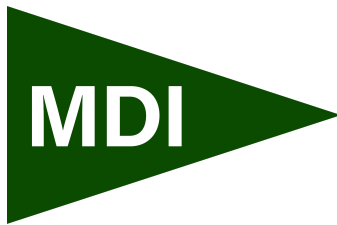
5. COURSES

Courses will generally be windward/leeward. Triangle courses may also be used, particularly in higher wind conditions.

The Race Committee may use any of the following courses:

Windward/Leeward – One Lap

Start – W – L – Finish



Windward/Leeward – Two Laps
Start – W – L – W – L – Finish

Triangle
Start – W – R – L – Finish

Additional laps may be used at the discretion of the Race Committee.

Marks shall be rounded to port unless otherwise announced.

The course and number of laps will be announced by the Race Committee before each race and reviewed at the skippers' meeting.

6. STARTS

Races will be started using a 3-minute dinghy start.

The starting line will be between a staff displaying a blue RC flag on the Race Committee boat and the course side of the starting mark.

Boats whose warning signal has not been made shall avoid the starting area.

7. THE FINISH

The finishing line will be between a staff displaying a blue RC flag on the Race Committee boat and the course side of the finishing mark.

The Race Committee may shorten the course in accordance with the Racing Rules of Sailing.

8. TIME LIMITS

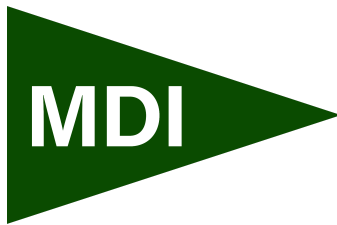
The Race Committee may finish boats in place if doing so will allow racing to continue efficiently.

Boats that are significantly behind the rest of the fleet may be scored in their observed position at the discretion of the Race Committee.

9. PROTESTS AND 3-MINUTE JUSTICE

Sailors are encouraged to resolve incidents on the water whenever possible by taking an appropriate penalty.

When a protest cannot be resolved, protests will normally be heard on the water using the 3-Minute Justice system.



Each sailor involved will be given a brief opportunity to explain what happened, after which the judges or Race Committee will make a decision.

The intent of this procedure is to resolve protests quickly and fairly while maximizing time spent racing.

10. SCORING

The Low Point System of RRS Appendix A will be used.

A boat finishing first will receive 1 point, second will receive 2 points, third will receive 3 points, and so on.

Boats scored **FIP** will receive the finishing position assigned by the Race Committee.

If seven or fewer races are completed, a boat's score will be the total of all race scores.

If eight or more races are completed, a boat's series score will exclude her worst score.

11. SAFETY

Competitors shall wear a properly secured US Coast Guard-approved personal flotation device at all times while on the water, except briefly while changing or adjusting clothing or personal equipment.

A competitor who retires from a race shall notify the Race Committee or a coach as soon as reasonably possible.

Competitors shall follow instructions from the Race Committee and safety boats.

12. COACHES AND SUPPORT BOATS

Coach and support boats shall remain clear of the racing area from the preparatory signal until all boats have finished or retired, unless assisting a sailor in distress or directed by the Race Committee.

Safety assistance shall always take priority over racing.

13. SPORTSMANSHIP

Competitors are expected to demonstrate good sportsmanship and respect toward fellow sailors, coaches, volunteers, and race officials throughout the event.