

2026 No Tears Regatta Tuesday August 4th Toms River Yacht Club

Sailing Instructions

1. RULES

1.1 The Regatta will be governed by the rules as defined in the Racing Rules of Sailing, these Sailing Instructions, and by the rules of the USODA.

1.2 The rules for all classes are altered so that membership in the class association is not required

1.3 All sailors must wear a PFD at all times when afloat

1.4 RRS 44.1 & RS 44.2 are changed so that the Two Turns penalty is replaced by a One-Turn penalty for the white fleet. Green fleet sailors will not be penalized for infractions.

1.5 RRS A2.1 is changed to provide one discard with five races

1.6 RRS 63.7 is replaced with; "if there is a conflict between a rule in the notice of race and one in the sailing instructions, the sailing instructions shall apply."

2. ELIGIBLE CLASSES:

Optimist Dinghy. The Optimist class will be divided into a Green Fleet (no regatta experience) and White Fleet (10 years and younger, 2-3 years experience). White fleet is based upon the competitor's age on the day of the regatta. An exception will be made for older competitors, who may compete in the Green Fleet with no prior regatta experience.

3. NOTICE TO COMPETITORS

Notices to competitors will be posted on the official notice board located on the south porch of the Toms River Yacht Club. Notices shall be considered as given to the competitors once they are posted on the notice board.

4. CHANGES TO SAILING INSTRUCTIONS

4.1 Any changes to the sailing instructions will be posted forty-five minutes before the first warning.

4.2 Oral instructions or advice by the Race Committee or official patrol board personnel may be given on the water to clarify signals or to promote safety.

5. SIGNALS MADE ASHORE

5.1 Signals made ashore will be displayed on the club's flagpole.

5.2 When AP is displayed ashore, "1 minute" is prelaced with not less than 30 minutes in race signal AP.

6. NUMBER OF RACES

6.1 Five races are scheduled for the white fleet and three races are scheduled for the green fleet.

6.2 The completion of one (1) race shall constitute the Regatta.

6.3 No Warning after 3:00pm (15:00),

7. SCHEDULE OF EVENTS

Arrival of Boats:

Boats should not arrive before 1PM on Monday August 3rd and must be parked in the grassy lot. All trailers may be stored in the grassy lot.

Tuesday August 4th, 2026

8:00-9:00: Check-In at the clubhouse on the back porch

9:30: Skippers Meetings

10:00 First Warning

Pizza and Awards to follow racing

8. RACING AREA

8.1 The sailing area is designated as south of the Toms River Yacht Club.

8.2 Sailing Area A- Opti Green: Location to be advised at the Competitor's meeting.

8.3 Sailing Area B- Opti White Location to be advised at the Competitor's meeting.

9. Courses

Opti Green fleet and white fleet will both sail modified port triangles.

10. MARKS

10.1 Marks on the Opti Green course will be yellow tetrahedrons.

10.2 Marks on the Opti White fleet will be orange tetrahedrons.

10.3 Starting pin and finish pin will be a small orange mark..

11. THE START

11.1 Races will be started by using RRS Appendix U, with an attention signal (a series of shore sounds) at approximately 1 minute before the three minute warning signal.

11.2 The starting line will be between a staff displaying an orange flag on the committee boat and the starting pin.

11.3 A boat starting later than five minutes after her starting signal will be scored a DNS. This changed RRS A4.1

11.4 The display of Code flag "I" at or before the warning signal of a race means the Round-an-End rule is in effect as provided by RRS 30.1.

Individual Recalls will be made as provided by RRS U4.

11.5 All other race signals will be made as provided by RRS Race Signals.

12. THE FINISH

The finish line will be between a staff displaying an orange flag on the start/finish boat at the starboard end and the finish mark on the port end.

13. TIME LIMIT

13.1. If no boat has passed the first mark within thirty (30) minutes, the race will be abandoned. If no boat has finished within sixty (60) minutes, the race will be abandoned. This changes RRS 35 and A4.1.

13.2. Boats failing to finish within twenty (20) minutes after the first boat in a race sails the course and finishes will be scored Did Not Finish (DNF) without a hearing. This instruction changes RRS 35, A4, and A5

14. PROTESTS AND REQUESTS FOR REDRESS

No protests. See NOR.

15. SCORING

15.1. The Low Point scoring system of RRS Appendix A as modified herein will apply.

15.2. When fewer than five (5) races have been completed, a boat's series score will be the total of all her race scores. This changes A2 of RRS Appendix A.

15.3. A DSQ, resultant from a failed safety equipment inspection, shall not be excluded for any reason regardless of the number of races completed. This changes RRS 90.3b.

15.4. No race shall be declared official unless three or more entrants come to the starting line.

16. SAFETY

16.1. USCG approved PFD must be worn zippered and with whistle attached at all times while afloat. This changes RRS 40 and RRS Part 4 preamble.

16.2. A competitor retiring from a race shall notify a race committee boat or safety boat before leaving the course or notify the race committee immediately upon returning to shore.

17. DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. Toms River Yacht Club will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

18. PRIZES

18.1 Opti Green Fleet: Participation awards.

18.2 Opti White Fleet and Opti Green Fleet: Trophies will be given to the Top 10 Place finishers.

COURSE DIAGRAM

