

**AYC Green Fleet Gala
American Yacht Club
July 28th, 2026**

SAILING INSTRUCTIONS

1. RULES

- 1.1. The regatta will be governed by the rules as defined in the current version of The Racing Rules of Sailing (RRS).
- 1.2. The 2065 Rules for JSA of LIS (JSA) Events will apply.

2. NOTICES TO COMPETITORS

Notices will be posted on the event webpage on ClubSpot. Coach boats and support vessels shall be registered for the regatta through the event webpage.

3. CHANGES TO SAILING INSTRUCTIONS

- 3.1. Any change to the sailing instructions will be posted on the event webpage no fewer than 75 minutes before the first warning on the day the changes take effect.

4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore will be displayed from the Junior Clubhouse.
- 4.2. The harbor start will be signaled by 10am. No boat shall leave dock until the harbor start has been signaled.

5. SCHEDULE OF RACES

- 5.1. The race committee will run as many races as reasonably possible.
- 5.2. Flag A displayed, with no sound, while boats are finishing means 'No more racing today.'

6. RACING AREA

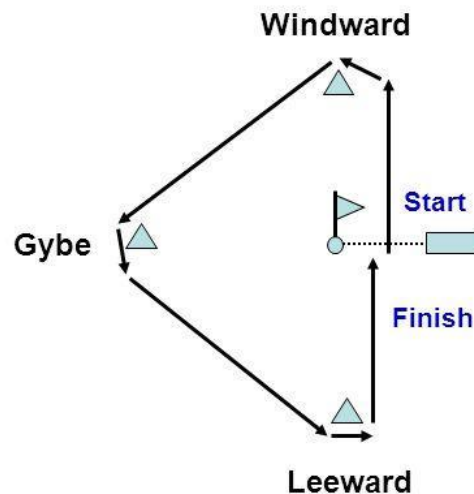
The racing area will be either in the inner harbor (also known as the Cove) or immediately to the southeast of the mouth of Milton Harbor.

7. THE COURSE

- 7.1. The course shall be a triangle. The start/finish line will be to the port side of the RC signal boat and course marks shall be rounded to port.
- 7.2. The diagram below shows the course, including the approximate angle between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

Triangles 1

“T1” Course (One Triangle) **Windward – Gybe – Leeward – Finish**



8. MARKS

- 8.1. Rounding marks 1, 2 and 3 will tentatively be the windward whale, gybing gator, and downwind duck. Marks are subject to change based on availability and will be announced in the competitor's meeting.
- 8.2. The starting and finishing marks will be a race committee signal boat at the starboard end and pin peacock at the port end.

9. THE START

- 9.1. Races will be started using Appendix S, "Sound-Signal-Starting-System" (3 minute start). This changes rule 26.

10. RECALLS OF OCS BOATS

- 10.1. The race committee will attempt to hail the sail numbers of all boats that are OCS. This changes rule 29.1.

11. THE FINISH

The finishing line will be between a staff displaying an orange flag on the race committee signal boat and the pin penguin.

12. SCORING

- 12.1. Scoring and prizes will be at the discretion of the race committee. The majority of prizes will not be based on scores.
- 12.2. Based on # of entries, sailors may be broken up into two fleets with separate start and finish lines, Yellow & Green

13. SUPPORT BOATS

- 13.1. Coaches, support personnel and spectators shall stay outside areas where boats are racing from the time of the preparatory signal.
- 13.2. Coaches and support personnel shall monitor the race committee VHF channel #72 and follow any safety instructions issued by the race committee.
- 13.3. Coaches and support boats will monitor VHF channel #72 for the coaches meeting as described in the schedule.

14. TRASH DISPOSAL

Boats shall comply with Rule 55. Trash may be placed aboard support and race committee boats.

15. RADIO COMMUNICATION

Coaches and support personnel are required to monitor the race committee VHF channel and follow any safety instructions issued by the race committee. The VHF channel to be used will be 72.

Regatta Chairperson: *Melissa Wirth melissa.m.wirth@gmail.com*

Principal Race Officer: *TJ Danilek juniorayc@gmail.com*