



Ice Cream Cup

Centerport Yacht Club
Beach Plum Drive, Centerport NY 11721

Friday July 31, 2026

Class: Optimist

Open to: All boats of the Optimist Class Red, Blue, White, and Green age groups that meet JSA and Regatta Eligibility Requirements in Rules for JSA Events 3 and 4..

Qualifier for: JSA Optimist Champs 2026

Notice of Race

- Centerport Yacht Club is the Organizing Authority (OA) in partnership with the Junior Sailing Association of Long Island Sound.
- **[DP]** The notation '[DP]' in a rule means that the penalty for a breach of the rule may, at the discretion of the protest committee, be less than disqualification.

Abbreviations:

PC - Protest Committee	RC - Race Committee
OA - Organizing Authority	SI - Sailing Instructions
RRS - Racing Rules of Sailing	JSA - Junior Sailing Association of LIS
NoR - Notice of Race	

1 RULES

1.1 The event will be governed by

1. the rules as defined in *The Racing Rules of Sailing*.
2. the Optimist Class Rules.
3. the [Rules for JSA Events](#).
4. the [JSA Code of Conduct](#).
5. the US Sailing [Athlete Safety Handbook](#).
6. RRS Appendix V1 Penalty at the Time of an Incident, and Appendix V2, Penalty Taken After a Race, will apply.
7. Appendix T, Arbitration will apply.

8. Rule 60.3 will be changed to permit the protest committee to protest a boat when, from its own observation or a report received from any source, it believes a competitor may have committed a breach of sportsmanship or the Rules for JSA.

2 SAILING INSTRUCTIONS

- 2.1 The Sailing Instructions will be available on Club Spot (theclubspot.com/regatta) as soon as possible before and during the regatta and copies available at registration.

3 COMMUNICATION

- 3.1 This Notice of Race, results, and other information will be available at the clubspot.com/regatta.
- 3.2 [DP] Each coach and support vessel shall carry a VHF radio capable of communicating on all US channels.
- 3.3 [DP] All coaches and support vessels shall monitor VHF channel 72. Support persons shall maintain silence on this channel unless safety-related communication with the race committee or safety patrol is necessary. Centerport Yacht Club base can be reached on VHF channel 72 for operational and emergency support.
- 3.4 [DP] While racing, from the first warning signal until the end of the last race of the day, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication not available to all boats.

4 ELIGIBILITY AND ENTRY

- 4.1 This regatta is open to all competitors who meet JSA and regatta eligibility requirements.
- 4.2 This event is open as a qualifier for JSA Optimist Champs to sailors representing member programs in JSA Areas A, B and C.
- 4.3 The regatta is open to JSA members' racing boats of the Optimist Class that meet the age requirements set forth below and who have also been certified as competent for this event by, and are under the aegis of, the Head Instructor or Program Chair of the Junior Sailing Program at their club, or a similar competent organization.

Class	Minimum Age (As of)	Maximum Age (As of)
Optimist White	8 (as of Birthday)	10 (as of Birthday)
Optimist Blue	11 (as of Birthday)	12 (as of Birthday)
Optimist Red	13 (as of Birthday)	15 (as of Birthday)
Optimist Green	–	15 (as of Birthday)

- 4.4 Eligible boats may enter by registering online at clubspot.com. To be considered an entry in the event, a boat shall complete all registration requirements and pay all fees.
- 4.5 Questions regarding eligibility and registration should be directed to centerportyacsailing@gmail.com.

5 MEASUREMENT, SAFETY AND EQUIPMENT

- 5.1 Each boat shall carry the safety equipment specified by either the Optimist Class Association or JSA.
- 5.2 Each sailor shall complete a safety check, pass such check before sailing, and present their completed self-check safety form to registration.

- 5.3** Each boat shall display a streamer designating their Division (red, blue, white or green) from the top of their sail. Streamers will be provided at registration.

6 FEES

- 6.1** The entry fee is \$100 per sailor due by Tuesday July 28 at 1700 hrs. The fee for entries submitted after the due date is \$115 per sailor. No refunds of the entry fee will be made after July 28th at 1700 hrs. There is no fee to send an instructor. The entry fee includes regatta wear, breakfast bar, post-race ice cream, and awards.

- 6.2** All skippers, crews, and Instructors are required to check in (in person) during registration.

7 SCHEDULE

Day	Date	Time	Activity	Location
Thursday	7/30/26	1800 - 2100	Early boat drop off	North Parking Lot
Friday	7/31/26	0800 – 0930	Registration	Front Deck
		0830 – 0930	Safety Check	Waterfront
		0800 - 0930	Breakfast Bar	
		0915	Instructors Meeting	
		0930	Competitors Meeting	
		1000	Harbor Start	
		To be Announced	First Warning Signal	
			Lunch	On the Water (BYO)
		1530	No Warning Signal after	
		Post Racing	Snacks and Awards	

8 VENUE

- 8.1** The racing area will be the waters of Northport Bay.

9 COURSES

- 9.1** The course to be sailed will be either a triangle or trapezoid as described in the Sailing Instructions.

10 SCORING

- 10.1** 5 races are scheduled. One race is required to be completed to constitute a series.

- 10.2** When fewer than five (5) races have been completed, a boat's series score will be the total of her race scores. When five (5) or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- 10.3** The White, Blue and Red age groups may start together and be scored overall. Alternatively, at the discretion of the RC and OA, the Red and Blue age groups may start together and be scored overall and the White age group may start and be scored separately.
- 10.4** Green Fleet will race on a separate racecourse and be scored separately.

11 PRIZES

- 11.1** Prizes will be awarded to the top three finishers in the Red, Blue and White age groups, and to the top five in the Green fleet.
- 11.2** A sportsmanship trophy may be awarded at the discretion of the race committee.

12 SUPPORT VESSELS

- 12.1** Any program entering three or more boats shall supply an instructor with a support vessel equipped with a working VHF radio, an anchor and a first aid kit.
- 12.2** Any program entering fewer than three boats that will not supply a support vessel shall arrange with another program to allow the supervising instructor out onto the water. In no circumstance shall competitors be allowed to sail without a designated instructor on the race course.
- 12.3** [DP] All support vessels shall be equipped with a functioning engine safety cut-out switch (kill switch) which shall remain attached to the operator at all times while the engine is running.
- 12.4** [DP] Instructors shall register with the OA at registration.
- 12.5** [DP] Instructors shall attend the instructors' meeting to receive safety assignments.

13 DRONE USAGE

- 13.1** Drones are not allowed at the event unless they are authorized by the Organizing Authority (OA). Content from OA authorized drones should not be used for coaching during the event. If the content is used for coaching (or other similar purposes) it shall be made available to all competitors at the same time and not during competition hours. Further, the content shall be made available to the JSA for promotional purposes by promptly emailing said content to news@jsalis.org.

14 TRANSPORTATION AND PARKING

- 14.1** [DP] Neither competitor nor coach boats may arrive before Thursday, July 30th at 1800 hrs without permission from centerportycsailing@gmail.com.
- 14.2** [DP] All boats and trailers that arrive on 7/30/26, shall be stored on the North Lawn & parking lot.
- 14.3** [DP] Coach boats that arrive by water should contact the Dockmaster on VHF channel 68 for docking instructions.
- 14.4** [DP] Coach boats shall not launch by hoist without assistance from Yacht Club staff.

15 RISK STATEMENT

15.1 RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.

I agree to be bound by all rules that govern this event.

Regatta Chairpersons: Erin Perrotta; erinmarieperrotta@gmail.com and Alyson Storck; alyson.storck@gmail.com

Principal Race Officer: Spencer Kriegstein; spencerkrieg@gmail.com

Questions: centerportycsailing@gmail.com

Centerport Yacht Club

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VHF Channel 68