



2026 South Atlantic Yacht Racing Association (SAYRA)

Invitational Regatta

August 1-2, 2026

Organizing Authority (OA): Carolina Yacht Club

401 South Lumina Avenue, Wrightsville Beach, NC 28480



SAILING INSTRUCTIONS

Posted: 7/30/26

The notation '[NP]' in a rule means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1. The notation '[DP]' in a rule means that the rule is subject to a discretionary penalty, which can be less than disqualification.

1. RULES

- 1.1. The regatta will be governed by the rules as defined in *The Racing Rules of Sailing (RRS)*.

2. CHANGES TO SAILING INSTRUCTIONS

- 2.1. Amendments to the Sailing Instructions will be posted on Clubspot, the event's Official Notice Board, before 0800 on the day the amendments take effect, except any change to the schedule of races will be posted by 2000 on the day before the change takes effect. It is the responsibility of each competitor to check the Official Notice Board for any amendments or notices.
- 2.2. Oral changes to the Sailing Instructions may be given on the water by hail from the Signal vessel in accordance with RRS 90.2(c). RC will display Code Flag L with one sound and announce any changes before the next warning signal.

3. COMMUNICATIONS WITH COMPETITORS

- 3.1. The Official Notice Board is located on Clubspot [here](#).
- 3.2. The Ocean North course Race Committee (RC) will use VHF 80A.
- 3.3. The Ocean South course RC will use VHF 77.
- 3.4. The Sound side course RC will use VHF 69.
- 3.5. The Safety RC will use VHF 78A.
- 3.6. On the water, the RC will communicate with the competitors via the VHF channels listed above regarding its intentions, postponements, flag and timing information, and potential weather/safety issues. Such broadcasts are a courtesy only and do not relieve competitors of their responsibilities to monitor and respond to RC flags and signals.
- 3.7. [DP]From the first warning signal until the end of the last race of the day, except in an emergency or when retiring, a boat shall not make voice or data transmissions and shall not receive voice or data communications that are not available to all boats.
- 3.8. Failure of the Race Committee to make a broadcast, timing of a broadcast, or failure of a boat to hear a broadcast shall not be grounds for redress. This changes RRS 61.1.
- 3.9. The OA may use WhatsApp to provide courtesy communication with competitors. WhatsApp

may also be used to draw attention to racing-related information posted on the Official Notice Board. The primary method of communicating racing-related information will be via Clubspot, the event's official noticeboard. [The Competitors WhatsApp link can be found here.](#)

4. [DP] CODE OF CONDUCT

- 4.1. Competitors and support persons shall comply with reasonable requests from race officials.
- 4.2. Competitors and support persons shall handle any equipment provided by the OA with care and seamanship, in accordance with any instructions for its use and without interfering with its functionality.

5. SIGNALS MADE ASHORE

- 5.1. Signals made ashore will be displayed from the flagpole at the sound side gazebo.
- 5.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in Race Signals AP.

6. SCHEDULE OF RACES

- 6.1. The Race Committee will attempt to complete as many races as practical for each class, conditions and safety permitting. The number of races completed may vary by class and by racecourse.
- 6.2. Harbor Start will be indicated by the Sound Side Flag Pole. Courses will be designated by the following:
 - 6.2.1. Ocean North Course: Pennant Flag 1
 - 6.2.2. Ocean South Course: Pennant Flag 2
 - 6.2.3. Soundside Course: Pennant Flag 3



Saturday – August 1	0930 1130	Harbor Start: designated by 6.2 First warning signal
Sunday – August 2	0930 1130 1430	Harbor Start: designated by 6.2. First warning signal No warning signal made after this time

7. CLASS FLAGS AND RACING AREAS

- 7.1. Racing areas are shown in approximate locations on ATTACHMENT D.
- 7.2. The Race Committee may assign any class to race on the Sound Course when, in its discretion, conditions, safety, weather, or operational considerations warrant. Competitors will be notified of the assigned racing area by the Race Committee.

Ocean NORTH Course		Ocean SOUTH Course	
Lightning	White – Red lightning bolt	C420	White – Blue C420 logo
ILCA 7	White – Red ILCA	Opti RWB	White – Blue Opti logo
ILCA 6	Green – Red ILCA	ILCA 4	Yellow – Red ILCA
ISCA/Sunfish®	Yellow – Blue fish logo		
Melges 15	White - Red M15		
SOUND SIDE Course: Optimist Green = Solid Green Flag			

8. CONTINGENCY RACING ARRANGEMENTS

- 8.1. When conditions, safety, weather, or operational considerations warrant, the Race Committee may conduct racing for any class on the Sound Course. The RC may establish and operate up to three separate race courses in the Sound simultaneously. Each course may serve one or more classes, as designated by the RC. Alternatively, the RC may operate one or two Sound courses and rotate classes among those courses. Announcements made on the water concerning changes to course locations, racing-area assignments, or other related arrangements will be communicated in accordance with SI 2.2. Announcements made ashore will be posted on the Official Notice Board. Any such assignment, consolidation, rotation, or change of racing area will not be grounds for redress. This changes RRS 61.4(b).

9. COURSE-SPECIFIC RACE COMMITTEE ACTIONS AND INDEPENDENT RACECOURSE OPERATIONS

- 9.1. The Ocean North Course, Ocean South Course, and Sound Course are separate race areas and may operate independently.
- 9.2. Abandonment, postponement, suspension of racing, or termination of racing for the day on one racecourse shall not require the same action on any other racecourse. Each racecourse may continue racing when, in the judgment of the Race Committee for that course, conditions and safety resources permit racing to continue.

10. OCEAN NORTH COURSE

10.1. Marks

Mark	Original Mark (Change Mark)
Start Pin	White Ball
1	Large Yellow Tetrahedron (Medium Orange Cylinder)
1a	Small Yellow Ball
3	Medium Green Tetrahedron (Yellow Cylinder)
2s, 2p	Medium Orange Tomato
Finish	Red Ball for W Courses
Finish	Mark 1 for L Courses

- 10.2. Attachment A and A.1 shows the Ocean North courses.
- 10.3. RC will display the heading and course to be sailed on a board before each warning signal.
- 10.4. Races will be started in accordance with RRS 26.
- 10.5. The starting line will be between an orange flag displayed on the RC signal vessel at the starboard end and a white ball at the port end.
- 10.6. [DP] Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 10.7. A boat that has not met the definition of Start within 4 minutes of her starting signal will be scored DNS without a hearing. This changes RRS 35, A5.1, and A5.2.
- 10.8. The finishing line will be between a blue flag on the RC finish vessel and a red ball for Course Attachment A. The finishing line will be between a blue flag on the RC finish vessel and the Windward Mark 1 for Course Attachment A.

- 10.9. If a mark is missing or out of place at Mark 2s/2p, boats shall round the remaining mark to port. Boat(s) that have not finished may be scored in place to allow additional race(s) to start, provided their finish position can be determined in a reasonable manner.
- 10.10. North Course classes sailing back to CYC should avoid the South Course if classes are still racing on the South Course.

11. OCEAN SOUTH COURSE

11.1. Marks

Mark	Description (Change Mark)
Start Pin	White Ball
1, 2, 3	Medium yellow tetrahedron (Medium Orange Cylinder)
Finish	Red Ball

- 11.2. Attachment B shows the Ocean South courses.
- 11.3. RC will display the class and course to be sailed on a board before each warning signal.
- 11.4. The Ocean South Course will use Appendix U (3-minute sound-signal starts) as amended to allow the use of RRS 30.3 and RRS 30.4. The class flag shall be displayed at the 3-minute warning signal. The Preparatory Signal will be made at the 2-minute mark with two long sounds. At the Preparatory Signal, if a Starting Penalty is to be used, it will be displayed. The Preparatory down at 1 minute with a Long sound will start the penalty period if RRS 30.3/.4 is being used. At the starting signal, the class flag is removed.
- 11.5. The starting line will be between an orange flag displayed on the RC signal vessel at the starboard end and a white ball at the port end.
- 11.6. [DP] Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 11.7. A boat that has not met the definition of Start within 4 minutes of her starting signal will be scored DNS without a hearing. This changes RRS 35, A5.1, and A5.2.
- 11.8. The finishing line will be between a blue flag displayed on the RC signal vessel at the port end and a red ball at the starboard end.
- 11.9. Boat(s) that have not finished may be scored in place to allow additional race(s) to start, provided their finish position can be determined in a reasonable manner.

12. THE SOUND COURSE

12.1. Marks

Mark	Description
1,2	Red Ball
Start Pin	White ball

- 12.2. Attachment C shows the Sound courses.
- 12.3. RC will display the class and course to be sailed on a board before each warning signal.
- 12.4. Races will be started in accordance with RRS Appendix U (Audible-Signal Racing System).
- 12.5. The starting and finishing line will be between a staff displaying an orange flag on the signal vessel at the starboard end and a white ball on the port end. This changes the Race Signals Blue (finishing line) flag.

- 12.6. Boat(s) that have not finished may be scored in place to allow additional race(s) to start, provided their finish position can be determined in a reasonable manner.

13. CHANGE OF THE NEXT LEG OF THE COURSE

- 13.1. RC may, without signals, make minor adjustments to change the direction of a leg, or the length of a leg, or adjust the angle or width of the leeward gate, provided that no boat is on that leg and sailing to the mark.
- 13.2. When signaled in accordance with RRS 33, RC will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.
- 13.3. Notwithstanding any course diagram, when a change of course is signaled in accordance with RRS 33, no offset mark will be set at a changed mark.

14. TIME LIMITS

- 14.1. The time limit for the first boat to sail the course and finish is 75 minutes for the Ocean North Course and 60 minutes for the Ocean South and Sound Courses. If no boat finishes within the applicable time limit, the race will be abandoned.
- 14.2. Finishing window: Boats failing to finish within 15 minutes after the first boat sails the course and finishes, and not subsequently retiring, penalized or given redress will be scored "Time Limit Expired" (TLE) without a hearing. This changes RRS A10, A5.1, and RRS 35.
- 14.3. Failure to meet the Race Time Limit (14.1) or the Finish Window (14.2) will not be grounds for redress. This changes RRS 61.4 (b).

15. HEARING REQUESTS

- 15.1. Hearing request forms are available on the Sound Side Bulletin Board. Hearing request forms will be turned in at the 1853 Room across from the CYC Club Store.
- 15.2. For each course, the protest time limit is 60 minutes after the RC signal vessel docks or after RC signals no more racing for the day, whichever is later.
- 15.3. Notices will be posted on the official notice board no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room located in the 1853 Room, which is upstairs and roughly across from the CYC Club Store, beginning at the time posted.

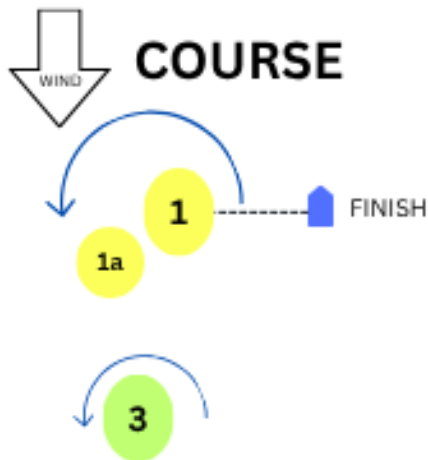
16. [DP] [NP] SAFETY REGULATIONS

- 16.1. A boat that retires from a race shall notify a race official at the first reasonable opportunity before leaving the racing area. Additionally, a boat will notify a Dock Master or the Club Office after arriving ashore.
- 16.2. Wearing a personal flotation device is **required for all classes**.
- 16.3. [DP] [NP] All Lightning class boats shall have a properly installed and functional centerboard preventer. The preventer shall be engaged at all times while the boat is afloat. A boat that does not comply shall not launch or race. The RC or OA may inspect any Lightning class boat at any time to verify compliance. Any boat found not in compliance may be subject to a discretionary penalty up to and including, disqualification.
- 16.4. Prior to the warning signal for the first race each day, each boat is required to check in by sailing near the stern of the signal vessel on starboard tack and hail her sail number until receiving a clear sign of acknowledgement from the RC.
- 16.5. [DP] [NP] All coach and support vessels must register by the close of registration on August 1, 2026. Such boats shall list all sailors associated with that vessel and must conspicuously display a flag, if provided by the OA.

17. TRASH DISPOSAL

- 17.1. Boats shall not dispose of trash in the water. Trash may be placed aboard official or support vessels.

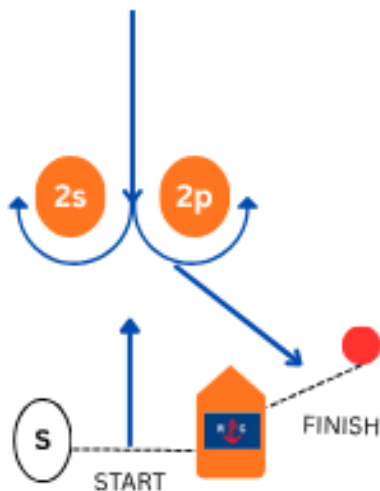
ATTACHMENT A



OCEAN NORTH COURSE

POSSIBLE COURSES

Course	Mark Rounding Order
W 0 1	Start - 1 - 1a - 2p - Finish
W 0 2	Start - 1 - 1a - 2s/2p - 1-1a-2p - Finish
W I 1	Start - 3 - 2p - Finish
W I 2	Start - 3 - 2s/2p - 3 - 2p - Finish
L 0 1	Start - 1 - 1a - 2s/2p - 1/Finish
L I 2	Start - 3 - 2s/2p - 1/Finish



ATTACHMENT B



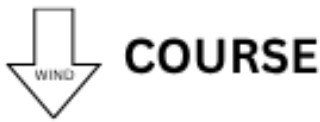
OCEAN SOUTH COURSE

POSSIBLE COURSES

Course	Mark Rounding Order
W 1	Start - 1 - 2p - Finish
W 2	Start - 1 - 2s/2p - 1 - 2p - Finish
W 3	Start - 1 - 2s/2p - 1 - 2s/p - 1 - 2p - Finish



ATTACHMENT C



SOUND COURSE

POSSIBLE COURSES

Course	Mark Rounding Order
1 lap	Start - 1 - 2 - Finish
2 lap	Start - 1 - 2 - 1 - 2 - Finish

ATTACHMENT D

COURSE LOCATIONS

